

# BLUSH

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### BLUSHING BREAKFAST

★ - SIGNATURE

♥ - BESTSELLER

🌱 - VEGETARIAN

#### BAKED BREAKFAST CROISSANT ★♥ \$38

Flaky butter croissant filled with soft scrambled eggs, crispy bacon, pepper jack cheese, served with side salad topped with Blush's signature vinaigrette.

*Add guacamole and tomato jam \$5*

#### VEGGIE BREAKFAST BURRITO 🌱

##### THE MEXICAN \$40

Tortilla filled with scrambled eggs, cheddar cheese, black beans, golden potatoes, cilantro sour cream, served with Pico de Gallo salsa.

##### FETA IS BETTA \$35

Scrambled eggs, feta, spinach, tomato

#### BIG BLUSH BREAKFAST \$40

##### BLUSH'S FULL ENGLISH ♥

Two eggs with bacon, sausage, baked beans, fried tomatoes, golden potatoes and toast.

##### MAKE IT VEGETARIAN 🌱

Two eggs with mushrooms, plantains, baked beans, fried tomatoes, sauteed vegetables, golden potatoes and toast.

##### 'FIT GIRL' BREAKFAST \$25

Two scrambled eggs topped with avocado, crumbled bacon, tomato and yogurt dressing.

##### FLIRTY FRUIT BOWL 🌱 \$35

Mixed seasonal fruit, berries, toasted coconut, yogurt and granola bowl drizzled with local raw honey.

##### LOX CROISSANT \$45

Smoked salmon with lemon, dill cream cheese, grilled red onions and capers topped with two eggs your way.

##### WAFFLE OR PANCAKES \$40

*With you choice of topping.*

##### BERRIES & CREAM 🌱

Fruit compote, berries and chantilly cream.

##### BACON & EGGS ♥

Scrambled eggs and bacon with maple syrup.

#### BLUSHIN' AVO TOAST ★🌱 \$35

Sourdough toast topped with signature beetroot hummus, avocado, feta cheese and drizzled with balsamic vinaigrette.

*Add eggs \$5, bacon \$10, smoked salmon \$15*

#### HOT HONEY AVOCADO TOAST 🌱 \$25

Mashed avocado on toasted sourdough bread, drizzled with hot honey and topped with chili flakes.

*Add egg \$5, feta cheese \$5*

#### OMELETTE \$35

Two eggs filled with your choice of any three: ham, cheddar cheese, mushrooms, feta cheese, spinach, tomatoes or onions, served with toast and a side salad.

#### EGGS BENEDICT \$45

English muffin topped with poached egg, bacon and Blush's signature beet hollandaise sauce.

#### EGGS ROYALE \$55

English muffin topped with poached egg, smoked salmon and Blush's signature beet hollandaise sauce.

#### BREAKFAST TOSTADA 🌱 \$30

Two tortillas with fried egg your way, creamy refried beans, avocado, tomato, cheese and drizzle of tangy lime sour cream. \*Includes cilantro sour cream.

#### TURKISH EGGS 🌱 \$25

Perfectly poached eggs on a bed of creamy, garlicky yogurt drizzled with aromatic chili-infused butter and sprinkled with a medley of herbs and spice. Served with toasted garlic bread.

### SATISFY YOUR SWEET TOOTH

*Ask the team about our fresh daily specials from our patisserie!*

Please notify your server of any dietary requirements.

Prices shown in Bds\$ inclusive of VAT. Gratuity at your discretion.

📶 password: youmakemeblush

📍 @blushcafebarbados