



Abortion Recovery Awareness Month

...was founded in 2005 by Abortion Recovery InterNational, Inc and organization president, Stacy Massey. Suggestions that are shared below has been granted by Stacy and ARIN (now Abortion Recovery Awareness) to use in encouraging and promoting healing opportunities and to educate the community as to the impact of abortion on individuals and families. In promoting the event, please use hashtags: #abortionrecoveryawareness. #abortionrecoveryawarenessmonth

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GOALS OF ABORTION RECOVERY AWARENESS MONTH: ~ Encourage and promote healing opportunities to those hurting from abortion. ~ Educate the community on the impact of abortion on individuals and families.	1 Email your friends and family with an explanation of Abortion Recovery Awareness Month and the many opportunities for healing in their area.	2 Create Abortion Recovery Drop Cards for your organization (sample in on our media page) and carry them when out in the community. Drop one in the "jar" for a free lunch ... or leave one out with your tip at the local establishment.	3 Women and men hurt by abortion can rise from the pain and suffering of their "choice". Share the news with your friends at church. To reach older women and men, offer to share your story at a senior home, in a senior newspaper and at retirement homes.	4 Add a message to your voice mail, answering machine or automatic text response, that abortion recovery opportunities are available in your area ... and site the link or toll free number.	5 Talk to local radio stations about sharing your personal testimony on how abortion has affected your family. Make sure to include the amazing blessing of abortion recovery and how it helps heal people and families.	6 Community Awareness Night Class on "Teen Pregnancy Outcomes". Tonight discuss the social, emotional and physical consequences of parenting.
7 Hold a One Day Healing Seminar for those in your community. Invite your church leadership, city officials, school administrators and neighbors.	8 Call TV stations and encourage them to feature the message of abortion recovery to their audiences through a PSA spot. Contact an AVON / MaryKay / Tupperware etc. representative in your area. Share Abortion Recovery opportunities with her.	9 Ask the local high school what is shared with students who have unplanned pregnancies. Offer to be a mentor to those students.	10 Offer to assist Abortion Recovery organizations or counselors providing recovery efforts. If you can not donate your time/talent, consider donating your treasures and/or prayers.	11 Create after abortion recovery testimonies and post them to your social media channels. Either in script, video or even short reels. Use the hashtags: #abortionrecoveryawareness #abortionrecoveryawarenessmonth	12 Approach your local Alcohol Anonymous Group today, or an eating disorder or abuse support group. The tie in between abortion and those areas of pain are well connected. Share the impact of healing from an abortion with those group leaders. It might help someone they work with.	13 Community Awareness Night Class on "Teen Pregnancy Outcomes". Tonight discuss the social, emotional and physical consequences of adoption. Pray for those today involved in the sex industries... many who unfortunately have experienced multiple abortions due to their jobs.

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14 Share abortion consequences with your employer and encourage them to support women and men who may want to participate in an Abortion Recovery Support Group.	15 Call radio stations and offer to share your testimony and account of healing if they'll provide you the air time.	16 Supreme Court has said, "Some women come to regret their choice to abort the infant life they once created and sustained. Severe depression and loss of esteem can follow". Contact The Justice Foundation for further information: txjf.org	17 Take a donation from friends and family and donate it to a pregnancy center or abortion recovery program in your area. Maybe collect funds to help purchase an ultrasound machine with https://preborn.com/	18 Encourage local high schools and college campuses to place books on Abortion Recovery opportunities into their libraries. Donate the books and videos.	19 Write to senators and your governor asking them to incorporate the mental health risks of abortion to the state's sex education curriculum. Pray for those today who may have a physical complication from a previous abortion.	20 Community Awareness Night Class on "Teen Pregnancy Outcomes".. Tonight discuss the social, emotional and physical consequences of abortion.
21 Offer to stay in touch with local clergy so that you can keep them up to date on after abortion issues.	22 If you know someone who's been recently had an abortion... do something kind for them today. Take them flowers or send a sympathy card. Families who often choose abortion, don't get to grieve in the same manner that the loss through miscarriage or still birth allows.	23 Share your ARAM creative ideas with us through our Facebook or Instagram accounts. https://www.instagram.com/abortionrecoveryawareness/ https://www.facebook.com/groups/abortionrecoveryawarenessmonth	24 Volunteer your time to assist resource centers to provide services to those needing help from past abortion experiences. If you cannot donate your time/talent, consider donating your treasures and/or prayers.	25 Encourage bereavement counselors in your area to work with you, as you help families mourn the loss of their unborn child. Offer abortion recovery support to OB/GYNs in your local community. Yes, even those that perform abortions.	26 Talk to clergy about adding the message of an unplanned pregnancy and the consequences of abortion to a service. Offer to hold an Abortion Recovery Support Group at the local churches in your area.	27 Pray for those today who may struggle with an abortion decision (or who chose abortion) due to a pre-natal diagnoses.
28 Visit your local library and review the books they have available on abortion recovery topics. If they don't have any (which we will assume they won't) offer to donate some.	29 Call Heartbeat International or CareNet and find a local pregnancy center in your area in which to volunteer.	30 Share your upcoming Abortion Recovery Program dates with other community organizations so that they know what dates are available in the coming months,			DEDICATION FOR 2024: <i>Abortion Recovery Awareness Month is dedicated ,in April of this year, to the memory of Joyce Zounis Brown for her decades of devotion to the life issues; both saving the unborn and the healing of families, after abortion!</i>	