



Elite Feet 3v3 – Friday Night League Rules

1. Rosters

- Maximum of **7 players**, minimum of **3 players**
 - No roster additions after Week 2
 - All players must be registered prior to participation
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2. Equipment

- **Shin guards are required** for all players
 - Cleats or turf shoes allowed (no metal studs)
 - Game balls will be provided
 - Size 4: U8–U12
 - Size 5: U13+
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3. Field & Format

- 3v3 format (no goalkeeper)
 - Field Size:
 - Width: 16–20 yards
 - Length: 24–30 yards
 - Goals: 4 ft high × 6 ft wide
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4. Game Duration

- Two **12-minute halves**
 - **4-minute halftime**
 - Running clock (no stoppage time)
 - Games may end in a tie during regular season
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5. Substitutions

- Substitutions are **on the fly**
 - Player must fully exit field before sub enters
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6. Goal Box Rule

- No players may touch the ball inside the goal box
- Players may run through the box but cannot play the ball

If the ball enters the goal box:

- Defensive touch = Goal awarded
 - Offensive touch = Goal kick
 - Ball stops in box = Goal kick
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7. Scoring Rules

- Goals must be scored from the **offensive half**
 - No goals directly from kick-ins or indirect kicks
 - No goals from defensive half without a touch
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8. Game Restarts

- Kick-ins replace throw-ins
 - All restarts are **indirect** (except corners & PKs)
 - Defenders must give **10 yards (or 10 feet minimum space)**
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9. Fouls & Gameplay

- No offsides
 - No slide tackling
 - No tackling from behind
 - Heading allowed for U12+ only
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10. Penalty Kicks

- Awarded for:
 - Denial of goal-scoring opportunity
 - Serious fouls
- Taken from midfield spot
- All players behind midfield
- Not a live ball after shot

11. League Scoring System

- Win = 3 points
- Tie = 1 point
- Loss = 0 points
- Forfeit = 3-0 loss

12. Standings & Tie Breakers

1. Points
2. Goal Differential
3. Goals Scored
4. Head-to-Head
5. Coin Toss

13. Playoffs / Championship Week

- Top teams advance to Week 6 Finals
- If tied in playoff games:
 - 3-player shootout
 - Sudden death if still tied

14. Discipline

- Yellow Card = Warning
- Red Card:
 - Player removed from game
 - Suspended next game
- Referee decisions are final

15. Sportsmanship

- Zero tolerance for:
 - Referee abuse
 - Fighting
 - Unsportsmanlike behavior

Violation may result in:

- Ejection
 - Suspension
 - Removal from league
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16. Forfeits

- 3-0 loss
 - Opponent awarded 3 points
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17. Game Management

- Referee keeps official time
- Ref may penalize time-wasting
- Tournament/League Director has final say on disputes

***Weather Policy & Game Cancellation**

Elite Feet 3v3 and Winter Haven Soccer Club always prioritize player safety. In the event of severe weather, including lightning, heavy rain, or unsafe field conditions, games may be delayed or canceled at the discretion of league officials.

If games are canceled due to weather and cannot be safely resumed or rescheduled:

The game will be recorded as a 1–1 tie

Each team will receive 1 point in the standings

League officials will make all final decisions regarding weather delays, cancellations, and field conditions.

Participants will be notified of any changes or cancellations as soon as possible through league communication channels.