

A Grain of Salt

COPPER KNOB
SYNCHRONISTIC

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Marc Abramson (USA) & Kathy Kircher (USA) - May 2021

Music: Salt, Lime & Tequila - Ryan Griffin



Dance Starts After 16 Counts (about 9 seconds)

(S1) Side Rock R, Recover, Cross Shuffle, ½ Turn R, Cross Shuffle

- 1-2 Side Rock R, Recover L
- 3&4 Cross Shuffle Right over Left R,L,R
- 5-6 ¼ turn R stepping back on L, ¼ turn R stepping side on R
- 7&8 Cross Shuffle Left over Right L,R,L

(S2) Side Rock R, Recover ¼ Turn L, ½ Turn L, ½ Turn L, Rocking Chair

- 1-2 Side Rock on R, Recover ¼ turn L
- 3-4 ½ turn L, stepping back on R, ½ Turn L Stepping forward on L
- 5 - 8 Forward R Rock, Recover L, Back Rock R, Recover L

(S3) Kick Step Point X2, Forward Rock, Recover, 1/2 Turn Shuffle R

- 1&2 Kick R Forward, step on R, point L to L side
- 3&4 Kick L Forward, step on L, point R to R side
- 5-6 Forward Rock R, Recover L
- 7&8 Shuffle ½ turn to right R,L,R

(S4) Step Forward, 1/4 turn R, Behind Side Cross, Step Back R, ¼ Turn L, Cross Rock, Recover

- 1-2 Step forward L, ¼ turn R onto R foot
- 3&4 Step L behind R, R to Side, Cross L over R
- 5-6 Step back on R, ¼ turn L stepping on L
- 7-8 Cross Rock R over L, Recover on L

Keepin' It Country

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