

Come to the Table

"In the same way also he took the cup, after supper, saying, 'This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me'" (1 Corinthians 11:25).

Along with Baptism, the Lord's Supper is one of the two ordinances that Christ gave the Church. These outward and symbolic ordinances were given by Christ to represent the inward truth of the gospel. The Lord's Supper serves multiple roles for our souls as we partake of the bread and juice. I believe a brief overview of the Lord's Supper, its meaning, and significance for us as God's people, is necessary from time to time. Here are some thoughts that hopefully will inspire your meditation, repentance, and worship of King Jesus when you come to the table today and in the days to come.

1.) The Lord's Supper is an act of remembrance.

"This is my body, which is given for you. Do this in remembrance of me" (Luke 22:19). We forget where we put our car keys. We forgot what we had planned for this coming weekend. The bottom line is that we are forgetful people. That is why it is essential that we frequently remind ourselves of the life, death, and resurrection of our Lord and Savior, Jesus Christ. Come to the table remembering the eternal weight of God's love.

2.) The Lord's Supper is an initiator of repentance.

"Let a person examine himself, then, and so eat of the bread and drink of the cup" (1 Corinthians 11:28). As we remember the Savior of sinners, may we examine, confess, and repent from any sin that is tripping us up. For the One who broke His Body and poured out His Blood can forgive you from all your sin (1 John 1:9). Come to the table as a confessor of sins.

3.) The Lord's Supper is an affirmation of God's eternal covenant with us.

"This cup that is poured out for you is the new covenant in my blood" (Luke 22:20). Each time we partake of the Lord's Supper, we affirm by faith the unconditional covenant of grace in which Jesus has made through His life blood. Come to the table under the comforting grace of the New Covenant.

4.) The Lord's Supper is a time to celebrate Christ and give Him thanks!

"When he had given thanks, he broke it..." (1 Corinthians 11:24). The Greek word "Eucharist" that is used in reference to the Lord's Supper in some denominations, literally means "to give thanks." This is the ultimate Thanksgiving feast! Come to the table with gratitude.

5.) The Lord's Supper is an assurance of our communion with Christ as the body of Christ.

"The cup of blessing that we bless, is it not the participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ?" (1 Corinthians 10:16). Often referred to as Holy Communion, the Lord's Supper is a picture of the reality that as believers we are "in Christ." And our life as the body (the Church) is connected to the Head (Christ) in an eternal bond of love. Come to the table as one in Christ with your fellow brothers and sister in Christ.

6.) The Lord's Supper is an anticipation of supping at a future table in the Kingdom of Heaven.

"Blessed are those who are invited to the marriage supper of the Lamb..." (Revelation 19:9). Come to the table with hope that the best is still to come. Blessings!

Respect the Blood,
Dalton Mathis