

A War Story & A Theology on HELP

"I lift up my eyes to the hills. From where does my help come? My help comes from the LORD, who made heaven and earth" (Psalm 121:1-2)

Are you in need of help? If so, you are in good company because even the great Moses needed a helping hand or two during his ministry as the spiritual leader of Israel. The Israelites had found themselves in a battle with one of their common opponents of the day, the Amalekites. Joshua, the young warrior, had been commissioned to lead the troops, while Moses, Aaron, and Hur went up to the top of the nearby hill where, under the Lord's command, Moses was to hold up his staff. We read that: "Whenever Moses held up his hand, Israel prevailed, and whenever he lowered his hand, Amalek prevailed" (Exodus 17:11). The historical account continues by telling us that Moses grew weary and needed both Aaron and Hur to steady and strengthen his grip on the staff. And through this team and Divine effort, "Joshua overwhelmed Amalek and his people with the sword," and the Israelites worshiped the Lord, saying: "The LORD Is My Banner" (17:13,15).

Now, there are many things that we can draw from this Biblically unique war story of God's people. But let me briefly give you three quick lessons regarding the truth that, as God's people, our help certainly does come from the LORD:

1.) God is our Supreme Helper!

The supernatural power in the battle came from Moses holding up his staff. This was a sign that the Israelites' ultimate dependence and strength came from the One True God. And as God's people today, no matter the battle we face, we too can find comfort in knowing that we have God on our side (Psalm 118:6; Romans 8:31). Even more so, through the Holy Spirit, we have God inside us, helping us fight our battles. For Jesus Himself referred to the Holy Spirit as our "Helper" (John 14:16,26).

2.) Don't be afraid of asking for Help!

Now granted, yes, we aren't specifically told that Moses asked for help. He very well might have grunted and groaned and said: "No, I am fine..." When Aaron and Hur walked over to ask if they could help him. But then again, we are told in the Bible that Moses was the meekest person on the face of the earth (Numbers 12:3). And it takes a humble person at heart to ask for help. Humble yourself before the Lord and never be ashamed to ask for help, for the Lord very well might be answering your prayer for His help through the aid of others.

3.) Go be a Helping hand for someone else!

Like Aaron and Hur run to the side of your brother or sister in the Lord. Seek to be a helping hand where needed and allow God to bring forth His righteous right hand of help through you (Isaiah 41:10). For as the Church, we are to be the hands and feet of Christ, bearing one another's burdens (Galatians 6:2).

"For I, the LORD your God, hold your right hand; it is I who say to you, 'Fear not, I am the one who helps you'" (Isaiah 41:13).

Respect the Blood,
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