



Idaho Heart Foundation's 2022 Youth Cardiovascular Health Awareness Event

635,000 Americans have a heart attack every year and account for every 1 in 3 deaths. This equates to every 34 seconds 1 American will have a heart attack and that every 1 minute someone will die of their cardiovascular event. Current data shows 22% of these persons are already dead by the time help arrives, 37% of persons having a heart attack outside of a hospital are witnessed by someone. But there is hope, 33% received CPR (cardiopulmonary resuscitation) by someone before help arrived! Of the persons who had CPR, 11% survived compared to the persons who had a witnessed heart attack and did not get CPR (only 7% survival). An Automatic external defibrillators (AEDs) was used in 4% of victims before help arrived and of these 30% survived!

CPR and AEDs save lives!

Idaho Heart Foundation is a non-profit 501c(3) organization (EIN 81- 3600228) dedicated to the education and awareness of cardiovascular health in the community. The youth of our community is an important part of our education campaign! Training and engaging the youth will hopefully ensure a healthier and more aware community. The Idaho Heart Foundation Youth Ambassadors and Leaders have planned an experience to entertain and engage their peers with an event that combines CPR and AED awareness, fitness challenges, safety education with fun, music, food and entertainment! There is opportunity for representation from the community business to be part of the event. First responders from both the police department and fire department will also be providing demonstrations and challenges.

Our youth is our future.

We are asking for support for this youth health awareness event.

When: May 20, 2022, 4 - 11 pm

Where: Waterfront at Snake River Landing

Cost to youth (ages 13 to 18): Free

Thank you for your support

Peyton Colvin

Dr. Blake Wachter and Jake Gilbert

Idaho Heart Foundation Youth Leader

President and Vice President



IDAHO HEART
FOUNDATION