

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12pm – 1pm 10 th Planet Jiu Jitsu (All Levels)	5am – 6am 10 th Planet Jiu Jitsu Beginners	12pm – 1pm 10 th Planet Jiu Jitsu (All Levels)	5am – 6am 10 th Planet Jiu Jitsu Beginners	5pm – 6pm 10 th Planet Jiu Jitsu Women's Only (All Levels)	9am – 10:30am Leg Locks	
5pm – 6pm 10 th Planet Jiu Jitsu Women's Only (All Levels)	6pm – 7pm Kids 10 th Planet Jiu Jitsu	5pm – 6pm 10 th Planet Jiu Jitsu Women's Only (All Levels)	6pm – 7pm Kids 10 th Planet Jiu Jitsu	6pm – 7:30pm Freestyle Friday (Open Mat)		
6pm – 7pm Kids 10 th Planet Jiu Jitsu	7pm – 8pm 10 th Planet Jiu Jitsu Comp Class	6pm – 7pm Kids 10 th Planet Jiu Jitsu	7pm – 8pm 10 th Planet Jiu Jitsu (Advanced)			
7pm – 8pm 10 th Planet Jiu Jitsu (All Levels)		7pm – 8pm 10 th Planet Jiu Jitsu (All Levels)	8pm – 9pm Adult MMA			

8pm – 9pm Adult MMA						
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