

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Orange * Blue ** Brown ***</p>	<p>Purple **** Green **** Red *****</p>		<p>1 New Year's Day 9:30 Level 2 (Ellen) No Other Classes Today</p>	<p>2 9:30 Slow Flow (Vicki) 4:15 Level 3 (Debi) 5:50 Basic 1 (Eileen) 7:15 Level 2 (Stu)</p>	<p>3 9:30 Level 3 (Vicki) 11:30 Yin/Restore (Brenda) 4:15 Level 2 (Beverly) 6pm First Friday Restorative (Beverly)</p>	<p>4 9:30 Vinyasa Flow (Susanlee) 11am Chakra Workshop (Susanlee) * Registration Only</p>
<p>5 9:30 Level 3 (Ken) 11:00 Level 2 (Ken) 1:00 Basic 1 (Eileen)</p>	<p>6 9:30 Level 2 (Dee) 11:00 Chair Yoga (Cyndi) 1:00 Chair to Mat (Brenda) 4:15 Slow Flow (Vicki) 5:45 Vinyasa Flow (Vicki) 7:00 Level 3 (Ken)</p>	<p>7 9:30 Level 3 (Dee) 11:15 Basic 1 (Beverly) 4:15 Level 2 (Kamini) 5:45 Tai Chi 7:00 Basic 1 (Dee)</p>	<p>8 9:30 Level 2 (Ellen) 11:00 Chair Yoga (Jen) 1:00 Basic 1 (Cyndi) 4:15 Level 3 (Vicki) 5:50 Level 2 (Patti) 7:15 Meditative Yoga (Kim)</p>	<p>9 9:30 Slow Flow (Vicki) 4:15 Level 3 (Debi) 5:50 Basic 1 (Eileen) 7:15 Level 2 (Stu)</p>	<p>10 9:30 Level 3 (Vicki) No 11:30 Yin class today 4:15 Level 2 (Debi)</p>	<p>11 9:30 Vinyasa Flow (Beverly)</p>
<p>12 9:30 Level 3 (Ken) 11:00 Level 2 (Ken) 1:00 Basic 1 (Patti)</p>	<p>13 9:30 Level 2 (Dee) 11:00 Chair Yoga (Cyndi) 1:00 Chair to Mat (Brenda) 4:15 Slow Flow (Vicki) 5:45 Vinyasa Flow (Vicki) 7:00 Level 3 (Ken)</p>	<p>14 9:30 Level 3 (Dee) 11:15 Basic 1 (Beverly) 4:15 Level 2 (Kamini) 5:45 Tai Chi 7:00 Basic 1 (Dee)</p>	<p>15 9:30 Level 2 (Ellen) 11:00 Chair Yoga (Jen) 1:00 Basic 1 (Cyndi) 4:15 Level 3 (Vicki) 5:50 Level 2 (Patti) 7:15 Meditative Yoga (Kim)</p>	<p>16 9:30 Slow Flow (Vicki) 4:15 Level 3 (Debi) 5:50 Basic 1 (Eileen) 7:15 Level 2 (Stu)</p>	<p>17 9:30 Level 3 (Vicki) 11:30 Yin/Restore (Brenda) 4:15 Level 2 (Roseann)</p>	<p>18 9:30 Vinyasa Flow (Vicki) 11am Stress Mgmt Workshop (Ken / Vicki) * Registration Only</p>
<p>19 9:30 No Class Today 11:00 Level 2 (Ken) 1:00 Basic 1 (Patti)</p>	<p>20 9:30 Level 2 (Dee) 11:00 Chair Yoga (Cyndi) 1:00 Chair to Mat (Brenda) 4:15 Slow Flow (Vicki) 5:45 Vinyasa Flow (Vicki) 7:00 Level 3 (Ken)</p>	<p>21 9:30 Level 3 (Dee) 11:15 Basic 1 (Beverly) 4:15 Level 2 (Kamini) 5:45 Tai Chi 7:00 Basic 1 (Dee)</p>	<p>22 9:30 Level 2 (Ellen) 11:00 Chair Yoga (Jen) 1:00 Basic 1 (Cyndi) 4:15 Level 3 (Vicki) 5:50 Level 2 (Patti) 7:15 Meditative Yoga (Kim)</p>	<p>23 9:30 Slow Flow (Vicki) 4:15 Level 3 (Debi) 5:50 Basic 1 (Eileen) 7:15 Level 2 (Stu)</p>	<p>24 9:30 Level 3 (Vicki) 11:30 Yin/Restore (Brenda) 4:15 Level 2 (Ellen)</p>	<p>25 9:30 Vinyasa Flow (Vicki)</p>
<p>26 9:30 Level 3 (Ken) 11:00 Level 2 (Ken) 1:00 Basic 1 (Patti)</p>	<p>27 9:30 Level 2 (Debi) 11:00 Chair Yoga (Cyndi) 1:00 Chair to Mat (Brenda) 4:15 Slow Flow (Vicki) 5:45 Vinyasa Flow (Vicki) 7:00 Level 3 (Ken)</p>	<p>28 9:30 Level 3 (Ellen) 11:15 Basic 1 (Beverly) 4:15 Level 2 (Kamini) 5:45 Tai Chi 7:00 Basic 1 (Patti)</p>	<p>29 9:30 Level 2 (Ellen) 11:00 Chair Yoga (Jen) 1:00 Basic 1 (Cyndi) 4:15 Level 3 (Vicki) 5:50 Level 2 (Patti) 7:15 Meditative Yoga (Kim)</p>	<p>30 9:30 Slow Flow (Vicki) 4:15 Level 3 (Debi) 5:50 Basic 1 (Eileen) 7:15 Level 2 (Stu)</p>	<p>31 9:30 Level 3 (Vicki) 11:30 Yin/Restore (Brenda) 4:15 Level 2 (Debi)</p>	<p>Notes:</p>