

Wednesday-Friday
9AM-4PM
Saturday
9AM-2PM

OLD McDONALD
HAD A



60 E. High St.
New Freedom, PA

FARM STAND

Produce~Flowers~Bakery~Gifts
Female-Veteran Owned~Family Operated

This Week's Box:

1. Cabbage
2. Eggplant
3. White Potatoes
4. Yellow Beans
5. Sweet Dark Cherries
6. Red Beets
7. Hydroponic Lettuce
8. Tomatoes
9. Basil
10. Bakery Item



Farm Favorite Recipes:

Red Beet Jelly

Ingredients:

- 1 1/2 lb. red beets
- 2 boxes Sure-Jell
- 1/2 c. lemon juice
- 8 c. sugar
- 1 (6 oz.) box of red raspberry Jello



Instructions:

1. Scrub raw beets well.
2. Cover with water and boil until tender.
3. Drain off the juice.
4. Put red beets aside and use the juice to make jelly.
5. Beets can be pickled or buttered.
6. Bring 6 cups of beet juice, lemon, and Sure-Jell to a hard boil; add sugar and Jello all at once and boil for 6 minutes.
7. Skim, pour into glasses, and seal.
8. The beet juice can be kept in the refrigerator for some time.

Farm Favorite Recipes:

Pennsylvania Dutch Cabbage

Ingredients:

- One cabbage
- 6 potatoes, cooked and mashed
- 6 slices of bacon
- 3 tbsp. bacon drippings
- 2 tbsp. Flour



Instructions:

1. Chop cabbage and cook in boiling water.
2. Chop bacon and fry until crisp.
3. Make gravy using bacon drippings, flour, and cabbage broth.
4. Drain the cabbage and mix with bacon and gravy.
5. Put into a buttered baking dish and top with mashed potatoes.
6. Bake in a preheated oven at 350 degrees until bubbly and potatoes begin to brown.

Scalloped Egg Plant

Ingredients:

- 1 med. eggplant, cubed
- 1 egg, beaten
- 1/2 c. milk
- 2 tbsp. butter
- 1 sm. onion chopped fine
- 1 c. dry bread crumbs



Instructions:

1. Boil eggplant in salted water for about 8 minutes. Drain.
2. Saute onion in the butter until translucent.
3. Combine all ingredients together and put them into greased casserole dish.
4. Top with 1/2 cup buttered bread crumbs or cracker crumbs.
5. Bake for 30 minutes at 350 degrees.

Scan the QR code for more
farm-favorite recipes!



OLD MCDONALD HAD A FARM STAND

PRESENTS
THE BRODBECKS BAND
CONCERT

JUNE 30TH, 2023
6 PM

WWW.BRODBECKSBAND.COM



Hello Summer!

Bring on the cookouts, night swims, and outdoor games. The first day of summer is determined by the tilt of the earth's axis as it rotates around the sun. The day that the North Pole is pointed closest to the sun, the northern hemisphere receives the most light for the longest amount of time. The first day of summer will always fall on or between June 20 and June 22.



PICNIC
Teddy Bear

FOOD | FUN | FRIENDS

Celebrate Teddy Bear Picnic Day with us!

Be sure to bring your favorite Teddy Bear & a blanket to sit on. Boxed lunches will be available for children (boxed lunches will be available for purchase for adults).

JULY 8TH
10AM - 2PM

OldMcDonaldFarmStand.com

DID YOU KNOW ?

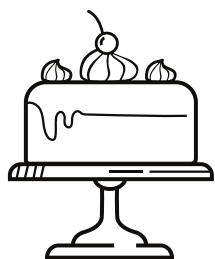
Potatoes Top Bananas in Potassium: We need potassium to help strengthen our muscles and control our blood pressure. They don't have any fat and are a good source of vitamins and iron, too.



Lettuce turnip the beet



Hydroponic lettuce grows in water mixed with a nutrient solution instead of in soil. Lettuce is a trendy hydroponic plant because it's not all that difficult to grow. Growing lettuce hydroponically allows for growing throughout the year.



Specialty Cakes:

Specialty cakes are just that!
Order one for your next party or just because.



Reese's Cup Cake: Chocolate cake filled with peanut butter buttercream, ice with chocolate buttercream, topped with crumbled Reese's cups, and drizzled with chocolate and melted peanut butter.

Oreo Cookie Cake: Chocolate cake filled with whipped topping mixed with crushed Oreo cookies, ice with whipped topping, and Oreo crumbles.

Lemon Raspberry Cake: moist lemon cake filled with seedless raspberry puree, iced with homemade vanilla butter cream.