

FRESH FAITH

A 30 Day Devotional Journey

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INTRODUCTION

Fresh Faith isn't just a devotional—it's a journey. A journey of reflection, participation, and growth. Each day, you'll find a scripture, thoughts, a prayer, and questions designed to help you read and engage.

I encourage you to write down your thoughts. Your reflections will become a record of growth, reminders of God's faithfulness, and maybe even answers to prayers you didn't realize were forming.

So don't rush. Pause. Reflect. Participate. Let's take this journey together, one step and one chapter at a time. And when you look back, I pray you'll see just how far you've come.

So, let's begin!

DAY 1

“What’s In Your Hand?”



Exodus 4:1-5 New International Version

Moses answered, “What if they (the Israelites) do not believe me or listen to me and say, ‘The LORD did not appear to you?’” **2** Then the LORD said to him (Moses), “What is that in your hand?” “A staff,” he replied.

God had just called Moses to lead the Israelites out of slavery in Egypt—a terrifying task. Overwhelmed and doubtful, Moses questioned his abilities and worried that no one would believe that God had sent him. Instead of giving Moses a motivational speech or listing all his strengths, God asked, **“What’s in your hand?”**

Moses looked down at his shepherd’s staff—a plain, ordinary tool he used daily. But that staff became

extraordinary when he placed it in God's hands. It turned into a snake, then back into a staff, and eventually became a tool for miracles: parting the Red Sea, bringing water from a rock, and demonstrating God's power to an entire people.

Like Moses, we often underestimate the value of what we already have. We focus on what we lack—skills, resources, or confidence—rather than recognizing the potential in what God has already placed in our lives. Let's dive deeper into what it means to release what's in our hands.

1. Let Go of “What Ifs”

How often do we feel the same way as Moses—focused on what we don't have instead of what we already do? What if God asks you today, “What's in your hand?” Could it be that the things you think are too ordinary or insignificant are exactly what He wants to use for something extraordinary?

Like Moses, many of us live on the negative side of “what ifs.” Moses allowed the insecurities in his head to dictate the possibilities in his hands. Our thoughts, especially doubts and fears, can paralyze us and keep us from using what God has already equipped us with.

- *What if I try and it doesn’t go as planned?*
- *What if I didn’t hear God right?*
- *What if it backfires?*
- *What if it’s not supposed to happen for someone with a past like mine?*

“What ifs” are the great assassins of purpose! We’ve allowed these thoughts to postpone our progress and keep us from stepping into what God has for us. But here’s the truth: there will always be “what ifs” in life, yet we can’t let them outweigh what’s possible with God.

Matthew 19:26 (NIV) reminds us, “With God, all things are possible.” That means:

- *What if I fail? God will teach you through it.*
- *What if no one supports me? God’s favor will connect you to the right people.*
- *What if I don’t have enough? God will provide exactly what you need.*

Instead of letting fear ask the questions, let faith answer them. God doesn’t need our perfection—He needs our willingness. When we choose to trust Him, our “what ifs”

transform into opportunities for Him to show His power in our lives.

2. Let Go of Control

It's easy to grip tightly to the familiar, fearing what might happen if we let go. But holding on often limits the potential of what God wants to do. God told Moses to throw the staff on the ground. When Moses obeyed, the staff transformed into a snake. This moment teaches us a powerful truth: before God can **transform** what we have, we must first **transfer** it to Him. When we transfer what's in our hands to Him, we allow His power to work through it.

So, what are you holding onto so tightly that you're afraid to let God use it?

- Is it your career?
- A relationship you're trying to control?
- The fear of failure?
- That perfectly laid-out plan for your life?

Think of a helium balloon. If you hold the string, it stays on the ground. But when you let it go, the balloon rises, reaching heights it could never achieve while in your hand.

In the same way, what you release to God isn’t lost—it’s lifted. What you give to God, He’ll give back better.

3. Embrace the Change

Transformation isn’t easy—it’s often uncomfortable and unfamiliar. It requires trusting God in ways we’ve never have before. When Moses saw his staff transform, it wasn’t just the staff that changed—it was also a moment of transformation for Moses himself. His ordinary shepherd’s staff symbolized leadership, authority, and the miracles God would perform through him.

As clay spins on the potter’s wheel, the potter shapes it with precision and care, pressing and molding it into something extraordinary. The process isn’t gentle—it involves pressure, reshaping, and sometimes starting over. But the potter sees the masterpiece even before it takes form.

In the same way, when we surrender to God, He doesn’t just transform what’s in our hands—He transforms how we see ourselves. Our past, failures, or limitations no longer define us. Like Moses, we become a vessel for God’s purpose—capable, chosen, and called.

PRAYER

*Lord, remind me that what I have is
enough for You to transform the
ordinary into extraordinary. Amen!*

REFLECT

What’s in your hand right now? Take a moment to identify the gifts, talents, resources, or opportunities God has already given you. How might He want to use them for His purpose?

What “what ifs” are holding you back? How can you let faith answer those questions instead of fear?
