

TBB NEWS

Oct. Events

Oct. 11 Karate

Karate at NXPT. We will have a Karate instructor from US Karate Academy to lead us in a Karate style workout. Bring a friend.

Oct. 13 (Holiday)

No workout, federal holiday (Columbus / Indigenous People Day)

Oct. 18 NXPT

Our 2nd Saturday class. Bring a friend with you to share the experience a TBB workout.

Oct. 25 (Halloween Party)

We will be hosting our 4th annual Halloween Party. The event will be held at our gym in Eastlake (SDSW), 5:00 - 8:00pm. We will send more information to RSVP and how you can help us host one of our most popular events of the year.



Bring a Friend Saturday's

We are offering two free Saturday classes this Month. Classes will be held at our new location NXPT in west Chula Vista from 10:00am - 11:30am. This is a great way to get your weekend started, come join and join us, get to know our newest location, and invite a friend.

Oct. 11th and 18th

Location; NXPT 649 Anita St. Unit A3, Chula Vista 91911

Time: 10:00 - 11:30am

Access 2 Waves

This past Saturday we partnered with access 2 waves to offer our athletes the opportunity to surf in the ocean. I would like to thank everyone that joined us. Our athletes were so brave and courageous. If you missed out on this event, Access 2 Waves is planning to host more Surf Camps in 2026.

TBB Gear

We still have plenty of grey TBB shirts and limited black shirts available. We also have 5 TBB trucker hats left. Please let me know if you would like one. Hats and Shirts are \$15.