

Therapists:

Matthew Witter
matthew@witterwellness.com
415-794-7932

Megan Sayre, WPATH Gender Therapist
Libertyville
847-309-7316
www.sayrecounseling.com

Susan DeLuca
Buffalo Grove
847-309-0393
www.arborcounselingcenter.com

Jenni Nierstheimer Jaroscak
Northshore Medical Group
847-425-6400

Kyle, Parmelee
Libertyville
847-348-9501
www.broadreachcounseling.com

Jean Odwazny
Highland Park
847-363-3665

David Gray
Libertyville
440-714-8822

Lynn Moosman
Libertyville
847-977-8235

Aimee Rodolff
Libertyville
847-220-4877

Sara Solheim
708 Church St., Unit 17
Evanston
sarasolheimtherapy@gmail.com
www.sarasolheimtherapy.com

Andrea Bercos
Grayslake
224-424-9934

Einav Tivers
4160 Rt. 83 Suite 208
Long Grove
EinavTivers.LCPC@gmail.com
224-286-4567
einavtivers.com

Dana Cohen
Cohen Counseling, LLC
Glenview
dana@cohen-counseling.com
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Megan Medina
Oak Point Counseling
1207 McHenry Rd.,
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Buffalo Grove
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224-575-5541
oakpointcounseling.com

Angie Dellise
Professional Services Group
6233 39th Ave
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262-654-1004
psgcp.com

Dana Ballewski
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Kelly Hoaglund-Zumstein
Lakes Counseling Center
N3219 Co Trunk H
Lake Geneva, WI 53147
kelly@laketherapy.com
262-865-4176

Medical Resources:**Primary care physicians:**

Toni Steres, NP
Lake County Community Health Center:
224 W Clarendon Dr,
Round Lake Beach
847-377-8450

Alison Holloway
Northwestern Medical Group
Grayslake
847-548-8430

Adult trans clinic:

Howard Brown Center
Chicago
773-388-1600
www.howardbrown.org

Pediatric trans clinic:

Lurie Children's Hospital of Chicago
Gender Development Program
Chicago
1-800-KIDSDOC

Psychiatrists:

Jonathan Chernaik
Northshore Medical Group
Gurnee
847-425-6400

Laura Carlson
Park Ridge
847-759-9110

Gender confirmation surgeons:

Loren S. Schechter MD
4700 N. Marine Drive, Suite 515,
Chicago
888-393-8705

Mark Zukowski
Wilmette
847-853-8869

Alison Shore
Chest surgery
Lakeview Plastic Surgery
Chicago
773-883-8234

J Weinzweig
JW Plastic Surgery
Chicago
773-883-8234

Katrien Eerdeken
UCFS Transgender Care (California)
video sessions
415-885-7770
www.2passclinic.com

Vocal Coaches:

Northwestern Communication Center for Audiology,
Speech, Language and Learning
Transgender Voice and Communication Therapy
Evanston
847-491-3165
www.nucasll@northwestern.edu

Elizabeth Terrel
Oak Park
www.ElizabethTerrelCoaching.com

Lake County LGBTQ+ Resources:

Youth employment opportunity 16-24 LGBTQ+
224-436-8002
900 North Shore Drive, Suite 185
Lake Bluff, IL 60044
kate@havenforyouth.org

STD/HIV testing:

Lake County Health Department
2400 Belvidere Road
Waukegan, IL 60085
Phone: 847-377-8450
OR
Planned Parenthood:
1601 N Lewis Ave, Waukegan, IL 60085
Phone: 847-672-2237

Domestic Violence and Human Trafficking:

A Safe Place
2710 17th St Ste 100, Zion, IL 60099
Phone: (847) 731-7165

Sexual Abuse:

Zacharias Center
4275 Old Grand Ave, Gurnee, IL 60031
Phone: 847- 244-1187

LGBTQ+ Veterans:

sarah.bognanno@va.gov

LGBTQ+ CENTER

LAKE COUNTY

Lawyers:

Lori Ecker 312-855-1880 www.loriecker.com
Rosemary Mulryan www.mulryanandnyork.com/
Melissa Marin www.dupagedivorcelawyers.com/attorneys/melissa-m-marin
Denise Patton www.growyourfamily.net/
Latoyia Kimbrough 773-234-5029
Jill Metz www.metzandjoneslaw.com/
Heather Ross www.rossandzuckerman.com/

Miscellaneous Trans-affirming Info:**AMAB waxing:**

Ooh La La Boutique & Spa
726 Milwaukee Ave, Gurnee 60031
847-680-5252
Mrs. Shirley

AFAB gender gear:

Early To Bed
5044 N Clark St.
Chicago, IL 60640
773-271-1219
www.early2bed.com

Trans-femme secondhand clothing:

Transformations
110 S Arlington Heights Rd.
Arlington Heights, IL 60005
847-454-0600

National LGBTQ+ Resources:**LGBTQ Suicide Helpline:**

The Trevor Helpline: 1-866-4UTREVOR
www.thetrevorproject.org

Trans Lifeline US:

877-565-8860
www.translifeline.org

LGBT National Youth Talkline:

1-800-246-7743
www.glbthotline.org/talkline.html

National Suicide Prevention Hotline:

1-800-RUNAWAY/1-800-786-2929
preventionlifeline.org/help-yourself/lgbtq

National Runaway Switchboard:

1-800-RUNAWAY/1-800-786-2929
www.1800runaway.org

National Domestic Violence Hotline:

1-800-799-SAFE (7233)
www.thehotline.org

National Child Abuse Hotline:

1-800-4-A-CHILD
www.childhelp.org

RAINN - Rape Abuse & Incest National Network:

1-800-656-HOPE (4673)
www.rainn.org

Support Groups:**FLOQ:**

All LGBTQ+ 18+
Mondays 7:00-8:00pm
114 S. Genesee Waukegan, Suite 303
call Nikki for info (224-419-4095)

PFLAG Grayslake:

www.facebook.com/
PFLAGGrayslakeRoundLake

Transgender Nonbinary Questioning Support Group:

2400 Belvidere Road
Lower Level Conference Room
Waukegan, IL 60085
(847) 377-8450
1st & 3rd Monday, 5:00-7:00pm