

Pre-Appointment Instructions for Dermal Filler Treatment

Thank you for choosing Rêve Med Spa for your Dermal Filler treatment! To ensure optimal results and a smooth experience, please follow these pre-appointment instructions:

1. **Avoid Blood Thinners:** For at least 24 hours before your appointment, refrain from taking blood-thinning medications and supplements, such as aspirin, ibuprofen, vitamin E, and fish oil, unless instructed by your doctor
2. **Limit Alcohol Consumption:** Please avoid alcohol for 24 hours prior to your treatment, as it can increase the risk of bruising and swelling
3. **Stay Hydrated:** Drink plenty of water in the days leading up to your appointment to minimize irritation
4. **Avoid Certain Skin Treatments:** Do not have any facials, chemical peels, or laser treatments at least one week before your appointment to minimize irritation
5. **Arrive Makeup-Free:** If possible, come to your appointment without makeup on the treatment areas
6. **Consultation and Medical History:** Be prepared to discuss your medical history, including any medications you are currently taking, allergies, or previous treatments
7. **Plan for Aftercare:** Arrange your schedule to allow for some downtime after your treatment. While most people can return to normal activities immediately, it's best to have a non-strenuous day planned
8. **Discuss Expectations:** Consider what areas you would like to enhance and any specific outcomes you desire. This will help guide your consultation

If you have any questions or concerns prior to your appointment, please feel free to contact us at 248-817-6704. We're here to support you and to ensure you have a seamless, positive experience!

Thank you for choosing Rêve Med Spa for your aesthetic needs. We look forward to your next visit with us!

Best regards,

The Rêve Team

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