



Pre-Appointment Instructions for Neurotoxin Treatment

Thank you for choosing Rêve Med Spa for your neurotoxin treatment! To ensure the best results and a smooth experience, please follow these pre-appointment instructions:

1. **Avoid Blood Thinners:** For at least 24 hours before your appointment, refrain from taking blood-thinning medications and supplements, including aspirin, ibuprofen, and vitamin E, unless prescribed by your doctor.
2. **Limit Alcohol Consumption:** Please avoid alcohol for 24 hours prior to your treatment to reduce the risk of bruising.
3. **Stay Hydrated:** Drink plenty of water in the days leading up to your appointment to keep your skin hydrated and healthy.
4. **Avoid Certain Skin Treatments:** Do not schedule facial treatments, chemical peels, or laser procedures at least one week before your neurotoxin appointment.
5. **Consultation and Medical History:** Be prepared to discuss your medical history, including any medications you are currently taking, allergies, or previous treatments.
6. **Arrive Makeup-Free:** If possible, come to your appointment without makeup in the treatment area to ensure a clean application.
7. **Plan for Aftercare:** Arrange your schedule to allow for some downtime after your treatment. While most people return to normal activities immediately, it's a good idea to have a relaxed day planned.

If you have any questions or concerns prior to your appointment, please feel free to contact us at 248-817-6704. We're here to help and ensure you have a positive experience!

Thank you for trusting Rêve Med Spa with your aesthetic needs. We look forward to seeing you soon!

Best regards,

Linda Zmud
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