

Skincare Program - 3 months

COURSE CODE	COURSE NAME	COURSE HOURS
CAPS	Cells, Anatomy & Physiology of the Skin	30
DDSK	Disorders & Diseases of the Skin	30
HYBS	Hygiene, Bacteriology and Sterilization	30
CSPP	Client Service: Pre & Post-Service	20
IEQ	Implements & Equipment	20
SCPC	Skincare Products and Chemistry	30
SPEC	Facials & Facial Treatments	60
HR	Hair Removal - Dep./Tweezing	30
SBMG	Salon/Spa Business Management	25
CPES	Career Planning and Employment Skills	25
	TOTAL HOURS	300

PROGRAM OBJECTIVES

Eternal Beauty Institute is proud to deliver a well-rounded and detailed Skin Care Technician program. In a supervised learning environment, the program objective is to provide individuals with theoretical and practical application to perform various treatments using professional skin care products and the latest technology.

CAREER OPPORTUNITIES

This skincare program prepares the student for offering your basic component of skincare, along with added features that are new and trending in the industry. With these options, the student can specialize in facial treatments and assess the skin for each client.

PROGRAM PREREQUISITES

- Personal interview to determine suitability for the program
- Grade 12 graduate or Equivalent
- Mature Student Status (18 years old and at least one year out of high school); must successful completion of the entrance assessment

GRADUATION REQUIREMENT

In order to graduate and receive a diploma a student must obtain an average of at least 70% in each course of the program.



CAPS - Cells, Anatomy & Physiology of the Skin (30 hours)

This unit focuses on understanding the basic structural units of the human body and the composition, structure and function of the skin.

- Cytology – Study of Cells, Metabolism and Body Systems
- Anatomy and Physiology of the Skin
- Principal Structures and Functions of the Skin

DDSK - Disorders and Diseases of the Skin (30 hours)

This unit will enable the learner to recognize common skin diseases, disorders and disturbances; determine those that can be treated by the esthetician and those that require medical treatment.

- Disorders and Diseases of the Skin
- Common Dermatological Terms
- Skin Conditions, Pigmentations and Allergies
- Skin Cancers
- Scope of Practice

HYBS - Hygiene, Bacteriology & Sterilization (30 hours)

This course focuses on the following:

- The Science of Bacteriology
- Proper Hygiene Practices
- Classification of Pathogenic Bacteria
- General Methods of Sterilization and Disinfection
- Practical Application of Sterilization and Disinfection
- Sterilizing Sanitizing and Disinfecting implements and equipment within the treatment areas
- Storing Implements and product
- Proper Hand Sanitizing Steps
- Waste disposal

CSPP - Client Service Pre-Service & Post Service (20 hours)

Client Services teaches salon practices and procedures whereby students learn client consolation, how to discuss the cost of treatments and products and record keeping.

- Procedures for Skin Analysis
- Allergy Testing procedures
- Client Consultation and Skin Analysis
- Client Preparation and Draping
- Client Pre & Post Care instructions and practices
- Sanitization of implements and equipment
- Station preparation, clean up and waste disposal



IEQ - Implements & Equipment (20 hours)

In this unit, you will become knowledgeable with utilizing implements and equipment related to the face.

Implements & Acne Care

Facial Units, Cleansing Practices and other equipment new to the market

Understand the use of the magnifying lamp, the skin scope, and the Wood's lamp.

Understand the purpose of and how to use the facial vaporizer and the brushing machine.

Know how to care for machines and observe safety precautions when they are in use.

SCPC - Skincare Products & Chemistry (30 hours)

This unit, will cover all things from ingredients, products and makeup of professional vs medical lines.

Know the definition of "chemistry."

Understand the meaning of organic and inorganic chemistry.

Know the definitions of "matter," and the structure and types of matter.

Understand elements and the classes of compounds and mixtures.

Understand why the study of basic chemistry is important to the technician

Understanding ingredients, branding and products and how to utilize each

Techniques That Are Trending

Getting Your Clients What They Want

SPEC - Facials & Advanced Facials (60 hours)

This unit, will cover PMU liner, for the top and bottom, as well as advanced techniques sought after in the industry today.

Students will learn how to use the facial area chart to identify areas during facial cleansing.

They will learn to how to apply and to remove cleanser in a professional manner.

Students will learn the classification and benefits of various masks.

Students will able to prepare, apply, and remove a facial mask.

Students will learn the procedures, application and removal of the Wax Mask.

They will learn how to give beneficial facial treatments without the aid of machines.

Know how to give a facial treatment for acne and problem blemished skin.

Understand how to give a beneficial facial treatment for couperose skin as well as learning epidermabrasion treatments

Students will review different types of skin based treatments offered in the industry.

Brief refresh of the structure of the skin.

types and disorders of the skin.

Technologies for Skin Improvement.

Introduction to Product lines available for various skin ailments and conditions

Galvanic current and accupressure for facial improvements to tone and texture and tightness.

Advanced Identification of various products for specialized facial treatments.

Light based skin care treatments (and introduction and overview)



High Frequency Therapy and how it applies to skincare

Facial Steamer Equipment and usage.

Facial Extractions

Infrared light therapies and blue light therapies for restorative skin treatments

Microdermabrasion, Dermaplaning (alternative exfoliation methods)

Students will complete a comparative evaluation of 2 major skin care lines: outlining in this project the following (why they have chosen each brand and a comprehensive comparison of the top products for both acne care and anti- aging for both lines)

HR - Hair Removal - Depilatory & Tweezing - Lips (30 hours)

This unit, will cover PMU lips, for the top and bottom, as well as advanced techniques sought after in the industry today.

Learn basic histology of hair and it's structure

Learn the function and composition of hair and learn how to analyze hair types.

Understand contra-indications.

Be familiar with various methods of unwanted hair removal.

Know the definition of terms used in unwanted hair removal.

Know how to prepare the client for treatments.

Understand the use of the shortwave machine.

Know the after-treatment procedures.

Receive enough practical hours of hair removal procedures to become confident in this field.

SBMG - Salon/Spa Business Management (25 Hours)

This module outlines important aspects of successful salon/spa business management skills.

Salon/SPA Business Management

Types of Business Ownership

Business Licensing, Law, Regulations and Insurance

Opening a Spa/Salon Business

Strategies for a Successful Business

Daily Operations and Functions

Record Keeping and Inventory Control

Marketing, Advertising and Promotions

Telephone Communication and Reception Service

Customer Service and Building a Clientele

Managing Personnel

Human Relations Pertaining to Labor Laws and Employee/Management Expectations



CPES - Career Planning and Employment Skills (25 Hours)

This unit outlines important aspects of career planning, gaining employable skills and basic computer literacy.

- Skills for Success – Resumes, Cover Letters, Interview Skills
- Career planning and Employment Skills
- Exploring the Job Market and Networking
- Methods of Compensation
- Basic Remedial Computer Skills and Literacy
- Internet Navigation, Accessing Information and Email capabilities

Please note:

- a) The courses listed above may not be presented in the order that they appear on this outline.
- b) A portion of a program may be delivered through the use of on-line and/or computer assisted learning modules or a blended use of learning modalities including computer assisted, instructor moderated and/or on-line delivery.
- c) In order to facilitate the ongoing development and updating of programs, the College may implement amendments or modifications to programs in order to accommodate these revisions at any time. Examples of possible amendments include modification of content, curricular updates, changes in course titles, changes in course materials, textbooks, class schedules, distribution of course time or content across the program, sequencing of course delivery, instructor or course substitution, changes in the technology, software or equipment used. Changes are effective when made.
- d) The practicum is mandatory. Students will be evaluated on practicum performance and are required to receive a passing grade to successfully complete the program.
- e) As practicum placement generally takes place towards the end of a student’s program, students are advised that the location of a practicum may vary depending on the circumstances at the time the student is to go into his/her practicum. Students are also advised that to facilitate practicum placement, practicums and clinical experiences may take place outside of the area in which the College is located, outside of local municipalities, and/or in other regions. In unusual circumstances, a practicum may be delayed due to unforeseen circumstances e.g. clinical based practicum delayed due to the flu outbreak, etc. Students are required to demonstrate a high level of professional responsibility in maintaining successful practicums.

Student Name

Student Signature

Date