

What the Health?

How can I get better access to healthcare?

How can I get more from my healthcare provider?

How do I navigate healthcare systems?

Learn from Élan Bridges, and a panel of local healthcare professionals, how to better advocate for yourself!

Join Us

- **Wednesday, September 25**
- **6:00pm**
- **Delta Hotels by Marriott Kalamazoo Conference Center**
2747 S. 11th St, Kalamazoo

Register

- qrco.de/Whatthehealth



Élan Bridges

A Kalamazoo native, Élan (pro: Ay-Lahn) Bridges has worked in community health for over a decade, specializing in maternal-child and family wellbeing. While completing her Master of Public Health at Central Michigan University, Élan works as a Family Support Specialist with Kalamazoo County Healthy Families America and is also a member of The Institute of Public Scholarship's Leadership Team (Theipsnow.org). She is a wife, mother of 2, traditional herbalist, and health equity consultant. For more information, visit ElanBridges.com.



Presented By:

