# **Reclaim - Family Advocacy Collective**

"Reclaiming our community, our joy, and Our Future"

#### **OVERVIEW**

Community-based family support collective that is equipped to help families navigate educational, medical/health, and governmental services to ensure positive outcomes for our children's future.

- Equipped to provide and/or connect families with
  - Developmental Screenings & Special Needs Advocacy
  - o Parental Resilience and Family Wellness Education
  - Reproductive Healthcare Access
  - Adult Literacy & Education Access
  - Medicaid & MIBridges Navigation

#### **CONCERN ADDRESSED**

Within Kalamazoo, there has been a significant decrease in the community's ability to access behavioral health support, special needs parenting guidance, and parenting services for families with low resources and school-aged children. Program participants will receive appropriate education, guidance, and toolkits that will help them to feel more confident in their role as advocates for their child.

#### **GOALS**

- Increase access to quality of life supports and organizations for families and children, "Many hands make light work"
- 2. Establish a touchpoint for families in need who do not feel heard in traditional settings, "Amplify the voice and publicize the need".
- Build trusted relationships and connections as a safety net for all families, "Rebuilding intentional social safety nets based on mutual aid and trust."

#### $PL\Delta N$

- Parent Meetups (3rd Thursdays)
  - Activities for children, across age groups (simple activities and crafts)

- Wellness modalities normalized for parents (tea blends, breathwork, self care)
- Child development info and screenings readily available
- Medicaid/MIBridges navigation (paperwork, certs, etc.)
- Fellowship with other families, creating an intentional community and opportunities to belong to a village

### **SUPPORT AREAS & INITIATIVES**

#### • Family Function and Concrete Resources

- Establish MDHHS cases and adjust standing for assistance services (Have 1 Community Navigator, need a minimum of 4 on staff)
- Education/Credential attainment for adults (Adult Education, GED, Literacy, etc.)
- Job Training for adults (MI Works, Momentum, Trades @ KVCC, etc.)
- o Michigan Reconnect, Kalamazoo Promise access to higher ed

#### • Parenting Education

- Exploration of Basic Parenting Types
- Parenting for Development
- o Personal Exploration What Kind of Parent Am I and What Kind Do I Want to Be?
- Gentle Parenting Private Sessions (mediated family discussions)

#### Parent-Child Attachment and Bonding Activities

Parents as Teachers Curriculum, ASK Family Services (Erin & Mackenzie),
 Emotional refueling work to help family members see each other rather than the title and duties they carry.

### • Educational Advocacy and Support for Student Needs

- o IEP/504 Plan development
- Step-by-step guidance through the process
- Templates for request letters and information requests
- Accompany participating families to IEP/504 meetings to provide support as the family's advocacy partner (draft release as needed)
- Educational resources for explaining different disabilities and conditions,
  improving the family's understanding of why children have the needs they do
- o Improve access to the local school system's student support department

#### Social Emotional Learning for Youth & Young Adults

- Young Scholars programming
- Teen Rite of Passage/Personal Development Program Torchbearers (Tagline: Finding purpose and lighting the way for others)

## PARTNERS/COLLABORATORS

- <u>PRIMARY</u> Healthy Families Kalamazoo County (local parent support agency within health dept.)
- PRIMARY Institute of Public Scholarship (community-based academic nonprofit)
- KRESA (pending confirmation)
- Maternal Counseling Svcs (pending confirmation)
- Fatherhood Initiative (pending confirmation)
- Kalamazoo Community Foundation (Marcel Price Community Impact Officer/Activist)
- MSUE (Nutritional Education Demos)