



Guide to Body Protectors

Body protectors with these labels should **NOT** be worn



(Pre 2000) Class 1, 2 & 3

You should have **REPLACED** this



2000 - Level 3

You **SHOULD** be wearing this



Level 3 is suitable for all types of riding including hacking and jumping

What to look for in a correctly fitting body protector...

THE FRONT

BP's should be a close, firm fit without being uncomfortably tight and should be worn over light clothing

- ★ Neat, close fit over shoulders
- ★ Just reaches top of sternum (breastplate)
- ★ Appropriate overlap of garment at sides (if any coloured markers are showing body protector is too small)
- ★ Bottom of body protector should be at least 25mm below ribcage (1-2 fingers width)



THE BACK

- ★ Top end of BP should fit up to the prominent bow of the base of your neck (C7)
- ★ Minimum gap between bottom edge of body protector and saddle or most recent (or 5-7 fingers width) - (very important)



Examples of badly fitting body protectors...



Too high on shoulders and possibly too long at the back. If it touches the saddle it could cause the rider to be unbalanced (hat also too large)



Body protector too small - coloured markers are showing at waist (sleeves and over the shoulders (hats also too small))

How to care for your body protector

1. It is important to check the fit of your body protector regularly. If it is too tight or too loose, it may not provide the best protection.
2. If you notice any signs of wear or damage, such as fraying or tears, you should replace it immediately.
3. Always use your body protector in accordance with the manufacturer's instructions.

When to replace your body protector

1. If it is more than 10 years old.
2. If you have been involved in a fall or collision.
3. If you notice any signs of wear or damage, such as fraying or tears.