best unleavened bread recipe





Cook Time: 20 mins

Category: Bread Guisine: American

INGREDIENTS

3/4 cup scalded milk (Scalded milk is to heat it to an almost boil) You can do this in the microwave.

1 egg, beaten

1/4 cup honey

2-1/4 cup flour (pain flour)

1/4 cup butter, melted

1 tsp. Salt

INSTRUCTIONS

- Beat milk, honey, and butter together.
- Then, add the egg.
- Gradually add 2 cups of flour and the salt.
- Roll the dough to 1/4" thickness. Flour the surface, rolling pin, and dough to keep from sticking with the remaining 1/4 cup flour.
- Roll the dough out on parchment paper to 12×17 size to fit in my baking pan.

- Put the parchment paper with the dough on it on the baking pan
- 7 Prick with a fork.
- Bake at 375 degrees for 15 or 20 minutes.