

THE IMPORTANCE OF DRAINAGE REMEDIES

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Many disease related symptoms result from poor circulation in the affected organ or organ system. Sluggish circulation in any organ tissue leads to a build-up of cellular wastes (metabolites). All cells are surrounded by connective tissue. Toxic build-up hinders the passing of nutrients through connective tissue for delivery to the cells and impairs drainage of cellular wastes.

For this reason the first therapeutic step should always be to increase circulation - to clear the path to the cells. For example, patients who have a poor diet and do not exercise have sluggish circulation. Here arteriosclerotic plaque build-up is like the waste that accrues at the banks of a slow flowing river, on the other hand increased blood flow washes waste away like a fast mountain stream.

Throughout the centuries empirical evidence has proven that specific medicinal plants will increase circulation in specific organs and organ systems. For example, Crataegus (Hawthorne Extract) increases circulation in the coronary vessels, and Aesculus (Wild Chestnut), in the extremities. Herbs that improve metabolic functions by increasing circulation are called drainage remedies.

A drainage remedy needs to have two main characteristics:

1. It increases circulation in a specific area in the body.
2. It must be biochemically active.

Homeopathic remedies may also be used for drainage.

Low-potency homeopathics, in particular tinctures (1x to 4x), can still have enough active ingredients to influence chemical reactions, and in certain combinations can be used effectively as drainage remedies. *Higher potency homeopathics or “vibrational” remedies cannot cause this direct biochemical effect.*

One of the most essential applications for drainage remedies is before and during any detoxification program. When using homeopathic Nosodes* and Sarcodes** (SANUM, HEEL, etc.), or other therapies such as Chelation, fasting and special diets, additional drainage remedies will help to eliminate waste, regenerate cells, and minimize a healing crisis.

If the patient is very toxic and depleted, prescribing just Nosodes and high potency homeopathics could lead to severe reactions, which can cause an unnecessary healing crisis. Nosode can stimulate an immune response, like a key opening a deposit box. The connective tissue which has served as a storage place will then release residuals toxins back into the bloodstream. This can cause unpleasant and unrelated symptoms.

Drainage therapies protect organ systems and move the previously stored toxic residuals out of the body quickly and safely with minimal discomfort. It is recommended that an average drainage therapy be prescribed for two months.

Using drainage remedies during chelation therapy is a must and will also reduce stress on the kidneys and lymphatic system.

German drainage remedies from NESTMANN are among the strongest drainage remedies available and widely preferred by German practitioners. They have been prescribed with proven efficacy throughout the last century. The advantage of NESTMANN's liquid extractions is that a large portion of the remedy is quickly absorbed into the blood stream regardless of the condition of the intestinal tract.

** **Nosodes** are homeopathically prepared remedies using pathologic tissue, micro-organisms, viral, chemical, or other disease-causing substances.*

*** **Sarcodes** are homeopathically prepared healthy organ tissue remedies.*

Nestmann remedies are provided by Marco Pharma International
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