

Touched by A Golden Whale



A Journey of Love and Transformation

> Bonnie Blue & Podmates



Contributing Author:

David Goodman



Sea Star Treasures



Dolphins and whales bring One to being in a state of wonder. — Anne Gordon



Touched By A Golden Whale - A Journey of Love and Transformation

© 2025 Bonnie Blue and Sea Star Treasures from Out of the Blue except where individual copyrights are indicated.

All rights reserved. Other than for personal use, or publicity purposes such as brief quotations embodied in articles and reviews, no part of this book may be reproduced in any way, in whole or in part without prior written permission from the publisher.

In the event you use any of the information in this book for yourself, which is your constitutional right, the author and the publisher assume no responsibility for your actions.

Website: www.goldenhealingdolphins.com Email: goldenhealingdolphins@gmail.com

ISBN: 9798280940819

Printed in the United States of America

Cover design by Bonnie Blue
Editing, Art direction and Interior design by Bonnie Blue and Drumsinger A. Michelle
Cover photo by Bon Dolphin Photography
Back cover author photo by Anne Gordon
Photo on author bio by DeeDee Frankovich

A portion of the sales of this book go to assist Cetaceans and our Oceans. Including:

Dolphins Plus Marine Mammal Responder / Protect Center • www.ConnectToProtect.org/donate Island Dolphin Care • www.IslandDolphinCare.org

The Cousteau Society • www.Cousteau.org/protect/

Women Who Help Entangled Whales • www.marinelifestudies.org/donate.html

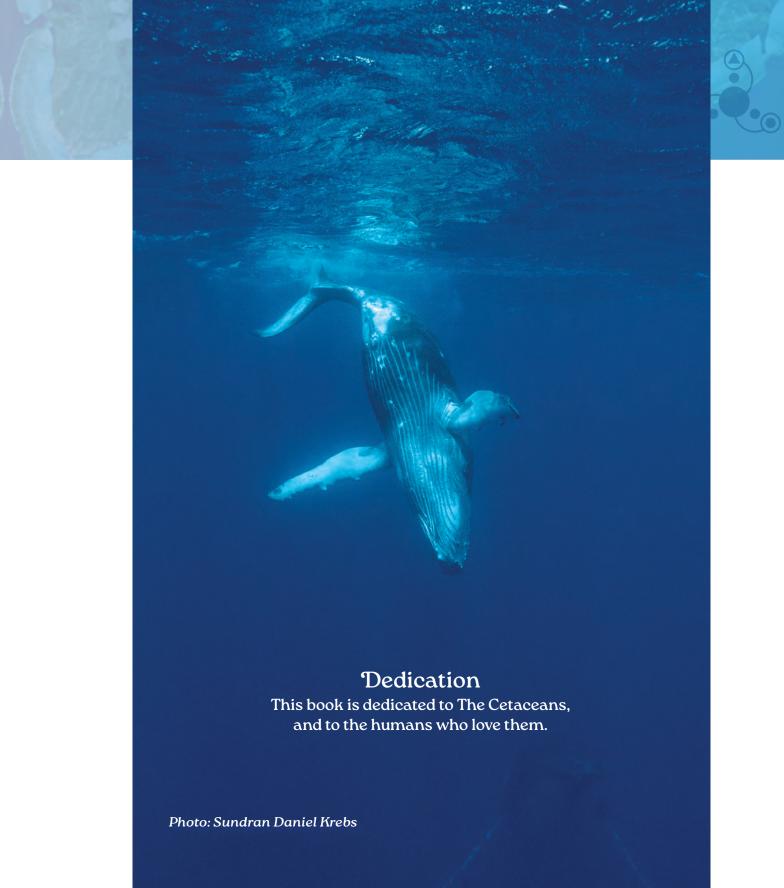


Table of Contents



Invocation	6
Whale Grace	8
Foreword - The Call of Cetacea	10
Cetacean Prayer	12
Dive into Destiny	13
The Calling - A Journey into The Unknown	18
Opening Whale Message	19
Mo'orea - The Heart of Lemuria	
Mo'orea Magic	23
Day One - The Great Singer	27
Message from The Humpback Whales	31
Day Two - Sacred Whale Council Activation	35
Day Three - Breaching Day	39
Day Four - Pilot Whales & Rays	43
Day Five - Touched by A Baby Whale	47
Day Six - The Goodbye Song	51
The Sacred Cetacean - The Golden Dolphin Re-emergence	56
What Is The Golden Whale?	58
Mo'orea Whale Channel	
Message from The Whales of Mo'orea	63
Channel from The Mo'orea Dolphin Collective	64
Song of The Cosmic Womb	66
Reflections	67
The Whales	68
Anne Gordon	70
Bonnie Blue	72

Whales and Dolphins are the Living Portions of the Earth's Grids. They contain the history of the Earth as Akashic Record Librarians and are Sacred for that reason. They work with Water molecules. Whales are the Guardians of the Grids and they work with benevolent Star families including the Dolphins. — Laurie Reyon

Universal Podmate Shares	73
Bonnie 'Bon' Dolphin	74
Roberta Goodman	76
Anne Gordon	81
Nova Linda Larkin	82
Madeleine Walker	85
Pamela DeWilde	87
Laurie Reyon	87
Linda Shay	
Jan Lemuri	
David Rosenthal	95
Yukari Sato	97
Abiola Akinbiyi	98
Alyssa Courant	99
Candice Rainbow Light	
Bonnie Blue Bio	
You Are WhaleCome	104
Fluke Notes	105
Glossary	106
Contributors & Contact Info	108
Contributor Index	109
Golden Whale Message	110











Yoshiko Prema Swan

Deep within the depths of your soul lies a sacred memorya time before time, when you floated in the warm embrace of an ancient ocean. In this boundless expanse, you shared songs with the whales, the gentle giants who carry the wisdom of the ages in their melodies. Their songs echoed through the waters, weaving a tapestry of harmony and love that resonated with the very essence of the universe. You chose to come back to this planet not because of karma or destiny, but because of love. The Earth called out to you with her breathtaking beautythe whisper of the wind through the trees, the warmth of the sun on your skin, the serene dance of the stars across the night sky. Your heart recognized this call,





and out of deep affection, you returned to experience the wonders of this world.

"I am you. You are me. We are One." — The Whales, channeled by Linda Shay



Bonnie Blue Iris (I R Us) 2020 Acrylic, 24x36in. Collection of Linda Shay

Whale Grace



This book is a "Calling" and a co-creation with the Whales and Dolphins.

It is a weaving of their Golden energy and my part of the collective Cetacean Heart shines brighter now because of their touch. My dream through this co-creation is to share this touch with you.

It is with my deep heart of the Golden Whale that I acknowledge the many with whom I co-created this book. First and foremost, the majestic Whales of Mo'orea, the island and her people. I Am forever connected and grateful to them. Thank you to Anne Gordon "Mother White Whale" for hearing the Whales' message to call me into her group. Nova Linda Larkin, my Illl Dolphin SisStar, and SisStar Wendy Kellam, whose encouragement helped me make this dream of mine come true. Thank you to Candice Rainbow Light and Alyssa Courant (Island Dolphin Care) for contributing their beautiful paintings to this book. Infinite gratitude to the dolphin Pods of Key Largo (Island Dolphin Care, Dolphins Plus and Dolphins Plus Marine Mammal Responder) for assisting with this creation. Much appreciation to the amazing professional photographic contributors including Bonnie 'Bon' Dolphin and Sundran Daniel Krebs.

Oceans of Gratitude to those Global Cetacean Light workers who contributed their own cetacean spiritual encounters, plus to my incredible Whale Magic '24 Podmates (each on their own sacred Whale journeys). The beautiful physical creation of this book was expertly woven technically and artistically together by Drumsinger A. Michelle, one of my dearest friends. Grateful this creation has been Fin-printed (her seal of approval) by beloved Water SisStar Muriel Lindsay. Infinite love to Golden Pearl (my magical canine Lyran Sea Dragon) who is continually holding Sacred Space. Last, but not least, Whale hugs to my contributing author, David Goodman, who graciously drew my thoughts out of my visual dolphin mind and put these images into story form.

Thank you dear Reader. May the Golden Whale Nagwal and the Golden Dolphins touch your heart as well and illuminate you.

I Am forever Grateful to you All.

La Te Na ("We Are One" in Lemurian),
 Bonnie Blue



Bonnie Blue, *IDC's Grace*, 2008 Cast stone with bronze patina, 1lx7in.

The sea, once it casts its spell, holds one in its net of wonder forever.

— Jacques Cousteau



Photo: Anne Gordon

Foreword

The Call of Cetacea - David Goodman

In 2023, Roberta Goodman (my former wife, legendary whale & dolphin communicator and visionary, and the first person to initiate the release of two captive dolphins in 1985) persuaded this magical, mystical mermaid/dolphin lady named Bonnie Blue to go see me play music in Key Largo. When Bonnie came to hear and meet me, she was wearing a necklace of Chumash Indian hieroglyphs created by the late sculptor, Bud Bottoms.

In 1990, Bottoms had stayed in our home in Key West, visiting with his movie star son Timothy, to go out to meet the wild dolphins on our roommate Ron Canning's boat, *The Patty C*. Bud had gifted me that very same necklace in 1991 in Key West. I wore it faithfully for about a year, then was inspired to give it to my friend and musical colleague, Billy Davidson (whose backyard "Garden Party" show I was starring in Thanksgiving Day 2023, when Bonnie showed up). Billy wears the necklace to this day 23 years later. I couldn't believe what I was seeing dangling around Bonnie's neck! And suddenly, just like that, the dolphins and the whales had glided right back into my life!

Now in my life, there's this mermaid dolphin light angel Bonnie Blue that was sent to me by Roberta, and I am now very convinced, by our Cetacean family. So here I am co-writing this memoir with Bonnie Blue, of her long-awaited and wished-for sojourn to meet and share the ocean waters with the Humpbacks of Mo'orea. It began simply when Bonnie asked me to look at her notes and do a little editing. I have

50 years of songwriting, poetry and other forms of writing and communicating, with a natural ability that was discovered when I was in my teens. Bonnie is a channeler, and a conduit of information, guidance, spirit and light. But she struggles with putting that info into the full spectrum of human language.

I found myself one morning looking at Bonnie's first entries, per her request, and it was as if I was there with her, in Mo'orea. I could feel her experiences, and what she was trying to convey. So one paragraph led to another, and suddenly, we were creating this in unison, to bring you, the reader, along on her magical mystery tour to meet the great sages of the sea, in the Tahitian waters surrounding the lovely island of Mo'orea.

Let the call of the whales reach you if any of this resonates within you. Follow the call. Perhaps as you read the following pages and see the artwork and photographs, you will find your own destiny and purpose, and the reason you are holding this book in your hands or reading it on your Kindle device at this very moment. The call is ancient. It transcends time and space. It is a Mermaid's call of the sea. Whales, dolphins, mermaids, elemental spirits, they have always been calling and waiting for us to awaken to them again. Not only here on planet Earth, the body of Mother Gaia, but throughout the galaxies.

As you read the following pages, let your spirit dive into the waters with Bonnie Blue and her human podmates. Let the baby whale who came to hug

and touch Bonnie's heart touch your heart also. Then join the song and the swim, the call of the Golden Whale, and of all creation celebrating the long-awaited ascension of not just humans, but of all life on Earth, and of the planet herself...throughout the galaxies, for we are all connected with the source of creation.

Breathe deep, close your eyes, and dive...

Tepuhe (the sound of a dolphin's breath)

David Goodman

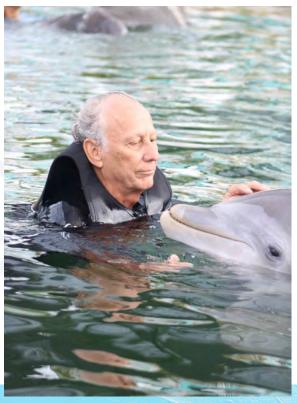


Photo: Island Dolphin Care



A'IU'QUOY
A native Chumash word
for dolphin and means
to go around, to protect
and to go in peace.

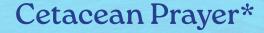
*Dolphin Family '80
Santa Barbara, CA

Bud Bottoms' Chumash Pendant Front and Back

...long, long ago, in a life now forgotten
His ancestors journeyed with the man
Bound by a sacred love the kings of the ocean
Held for the dwellers of the land
And deep within Cetacea there lies a memory
That stirs whenever the sailors come below
Humans seemed to be friendly, speaking in their way
As if maybe even man may know...

-from "The Dolphin" by David Goodman © 1980 David Goodman (BMI)





Oh Great & Wise Ones of the Sea. We call to Thee We Call to the Great White Whale Spirit We Call to Nagwal, The Golden Whale We call to the Golden Dolphins & to all the ancestors of the Cetaceans The Golden Council Leaders, Be with us now to work together To bring the vibration of Love back in harmony with all that is To these lands & these waters So that they may be purified with your Love & all of Humanity's Love Help us all together to spread the Cetaceans' Beauty, Joy, & Grace Help us all together to feel the tenderness of Love for the Dolphins & Whales & People So that we may Unite & Surge in silent strength this Love Upwards & onwards across our world Raising all vibrations of Life to that of Healing Violet Light -The energy & the vibration of LOVE Christ Consciousness WILL return to the POINT OF PURITY & beauty of the crystalline Perfection Birthing the "Age of Love" This is Home (Lemuria & Atlantis) Peace on Earth All is Well. All is Good. All is Beautiful. All is Peaceful. All is LOVE

*Prayer received by Bonnie Blue through automatic writing

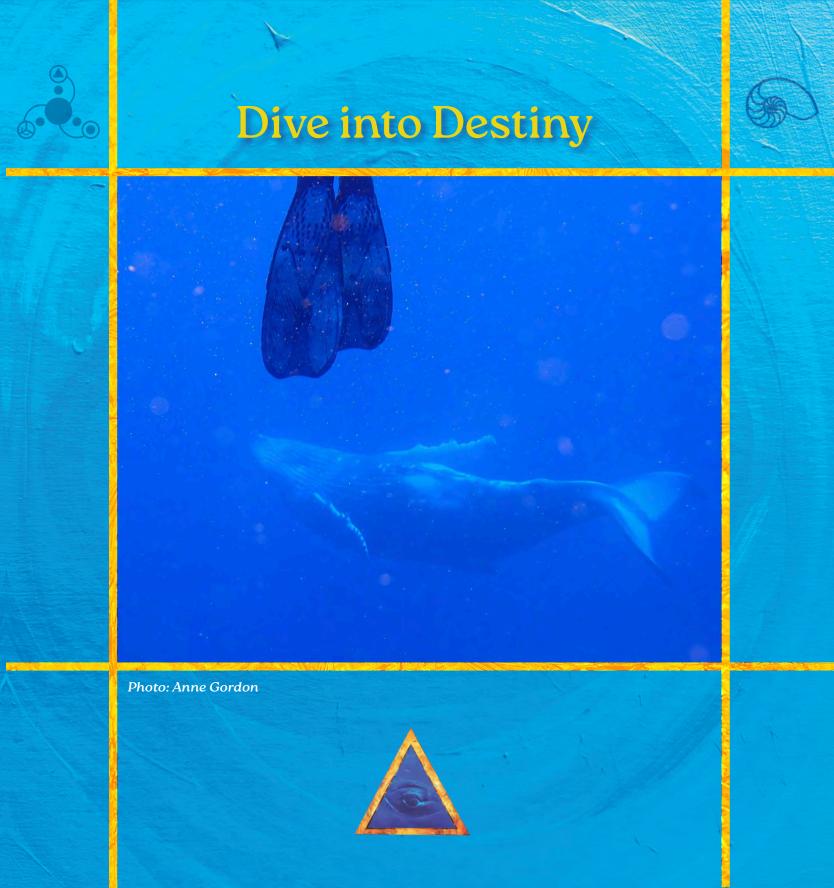
And So it is! - Holy! Holy! Holy!











Dive into Destiny

This book came about for several reasons. I always felt a calling from the Golden Whale, long before my trip to Mo'orea. Many other Cetacean Lightworkers were also called to Mo'orea around the time of the Solar Eclipse, on October 2, 2024. The island of Mo'orea, French Polynesia and the whales have initiated many extraordinary events over the years. A diverse selection of these accounts, factual and spiritual, are detailed in these pages.

Cetaceans and the energy of water have played a huge role in my life's spiritual journey. Many years ago, while taking part in a live, guided, telephone spiritual meditation led by Madeleine Walker for GlobalWaterHealing.org, I met the Golden Whale, Nagwal. In this meditation, a giant moth-like elemental being appeared and took me on a long journey, seeming to fly me halfway around the world, where I found myself in the presence of a huge and wise being- the legendary Golden Whale, Nagwal.

His golden radiant light was so bright, that with physical eyes I might have been blinded! I felt he was trying to communicate a message to me, but I was suddenly whisked back before I could fully receive it. Perhaps the meditation ended, or it was too far to keep the frequency long enough to transmit the message. But I was left with a feeling of immense Love. And as a dear friend recently suggested, higher dimensional beings like whales and dolphins and those in other realms communicate in a non-linear way, so time and distance did not matter, and that perhaps I did receive the information from Nagwal that would unpack itself as needed, all in perfect time.

As a toddler, around the age of four, I fell into a swimming pool, not knowing how to swim. I didn't become afraid, but rather, relaxed into the energy of the water. It felt safe. I felt at home in it, like I could breathe when submerged! Then I floated safely to the surface. That moment was the beginning of the awakening of my Mermaid self.

Water has always been the dominant factor in my life. I know I was influenced by my father, who built a 27-foot submarine in our backyard. My father considered Jacques Cousteau his personal hero, and mentioned him daily. I lived near the sea. Springboard diving was my sport from 8 years old into my 20s. I did earn an Advanced SCUBA Certification, but preferred free diving over the cumbersome tanks, weight belts and wet suits.

I wanted to swim as much like a mermaid as possible, with my feet together, as if I had a tail. As a young adult I discovered mermaid tails with monofins, which were a welcome alternative to the standard fins found in dive shops. A few of my "mermaid" friends and I started making full mermaid body suits, and I began doing what is called "mermaiding." It always brings me back to me. It is who and what I truly AM! I discovered there were many others who identified strongly with the Mer energy. I am certain I have lived in the oceans here on Earth and on other planets as a Mermaid, and even as a dolphin.

In 1992, I went on a blue ocean sailing excursion from New York to Panama that would soon turn into a challenging and even a life-threatening journey! It was the year of the "Perfect Storm" the famous movie was about. Three nor'easters merged creating the most severe recorded storm to date off the New Jersey coast.

We faced eight days of gale and hurricane force winds, and treacherous North Atlantic seas!

When the weather finally broke as we approached Bimini, I was on deck when two dolphins came leaping joyously along the starboard side of our boat. One of them caught my eye, and seemed to look into my soul. Time stopped. When I looked into her eye I could see the multiverse. It was like looking into the Eye of Creation. A sense of peace and joy washed over me.

She was beautiful, wise and All knowing. It was as if she was scanning my soul and knew me inside and out. She understood me and with total unconditional love she sent me a message, a transference of knowledge and I was transformed in that moment. It was more than that, it was a rebirth, an "epiphany."

Later that night, I dreamt all night of dolphins, and just before opening my eyes, two white dolphins leapt in my mind's eye. It was their way of telling me to remember my dream. Dolphin dreams!

As I awoke my thoughts were flooded with the dolphins. When I closed my eyes I could see white dolphins playing. I heard a voice inside say, "Go Forward and live a Playful Life." An understanding in the depth of my soul enveloped and changed me in a profound way.

I did move on with my life in a more playful way, and the dolphins (especially the one whose eye I looked into) travel with me spiritually as my guides. Also as an artist, the dolphins knew this was where I shine the brightest so they created a dolphin sculpture in my hands as I looked out into the ocean. These have become to be known as "Healing Dolphins" sculptures and they intuitively go out into peoples hands who are called by the Dolphins to receive them.

When I woke up, I felt reborn, and filled with courage for the first time in my life. A "Knowing" came over me that I was to move on with my life, and I did.



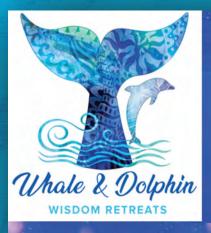
When I returned to where I lived, I could not go into my own home. I had been living a life as a stranger to myself and my spouse. I had to go stay with a close friend of mine, and from that day forward, I embarked on a new journey home to ME.

I know I was spiritually rescued by the dolphins that day at sea after eight days of fierce and life-threatening storms. Since then, I have heard many such stories from people whose lives were drastically changed by encounters with dolphins, and with whales. I have many of my own, and my Mo'orea encounter was the pinnacle of them all so far!

For 30+ years I dreamt of swimming with whales, and always wondered what the Golden Whale's message was. This dream was at the top of my bucket list. Anne Gordon, who leads excursions to swim with the whales in Mo'orea, invited me to join her Whale Magic '24 retreat in Mo'orea because, she said, "Nothing makes me sadder than someone who does not live their dreams!" How does one say no to this? With no hesitation, and deep gratitude, I said "YES!" My dream had come true at last!!

My SisStar Nova decided to join me, and she made the logistics of this trip possible, and amplified the magic. Here is an account of my journey to once again meet the great Golden Whale, and this time, hear his message. May reading this experience bring many gifts to you and inspire you to say "Yes" to your dreams. My father's mother was a sculptor. This is the only nautical piece she created.
After making a casting of her original basrelief, I added the dolphin, the shell and the mermaids, thus creating a posthumous collaboration with my grandmother.

Bonnie Blue and
Hazel Holloway Rentsch
Neptune's Realm
2020
Cast stone bas-relief
with copper and
bronze patina
24x36in.
Collection of
Mary Beth Dugan





Photos by Anne Gordon except as indicated.

We are the wisdom keepers of the Earth. We hold the Akashic records on Earth. We are the conduit between divine, infinite wisdom and the wisdom of Mother Earth.

 channelled by Anne Gordon from the Humpback Whales.









Sundran Daniel Krebs

Meeting a whale feels like stepping into a lucid dream. Suspended in the vast blue, reality shifts—time slows, sound fades, and for a moment, you are weightless, as if floating through space. It's a sensation that mirrors humanity's greatest ambition: to leave the Earth behind, to venture into the cosmos, and to seek contact with another intelligent species. But what if that encounter isn't light-years away?

What if it's happening right here, in the depths of our own oceans?

My film, The Calling, is about that search-not for something distant, but for something deeply present. It's about listening to the voice inside, the quiet pull towards something greater.

The Calling is the story of what happens when we truly listen. When we follow the quiet Calling of the soul, even without knowing where it leads. And maybe, that journey will bring us face to face with another intelligence-not light-years away, but right here, in the waters of our own world.

Photo: Sundran Daniel Krebs



OPENING WHALE MESSAGE

Channeled by and through Anne Gordon



Dive deep within yourself.

Let go of all other people's comments or thoughts about you.

Give yourself the gift of being fully present

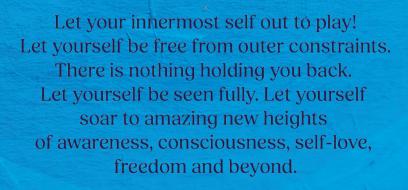
with the amazing soul that we know you to be.

Fall in love with yourself. Laugh with yourself. Be kind to yourself. Treat yourself as you treat those you love the most.



Let all of your beautiful light shine outward to the world.

Being in our presence is one of the safest places for you to do this. With us there is no judgment, only love, acceptance, honor and respect.



Let us guide you to truly find and release your beautiful soul for all to see and love.

19





...I walk along the white sandy beaches, feel the warm breeze on my skin and listen to the song of the waves and the singing of the humpback whales. The warm hospitality of the residents makes Mo'orea a place that feeds my soul and fills my heart.

Mo'orea to me is a paradise where time seems to stand still. It's a place that weaves dreams.

- Birgit Aurora Sternzentrale





Mo'orea The Heart of Lemuria





