

# MEDICAL SOURCE STATEMENT

## DEPRESSIVE DISORDERS

**Instructions/ Disclosure:** This form is intended to be completed by a treating mental or behavioral health provider for the listed patient. If you are unable to provide an answer to a question, please mark "N/A" or leave it blank. Please note this information will only be used in strict confidence for evaluation of the Patient's claim for disability by the Social Security Administration and will not be used for any other purpose.

### PATIENT INFORMATION

|                   |                    |                       |
|-------------------|--------------------|-----------------------|
| <b>Last Name:</b> | <b>First Name:</b> | <b>Date of Birth:</b> |
|-------------------|--------------------|-----------------------|

### PROVIDER & CLINIC INFORMATION

|                                      |                       |  |
|--------------------------------------|-----------------------|--|
| <b>Provider Name:</b>                |                       | <b>Area(s) of Practice:</b>                |
| <b>Clinic Name:</b>                  |                       |  |
| <b>Address:</b>                      | <b>Office Number:</b> | <b>Fax Number:</b>                         |
| <b>Date of Patient's First Exam:</b> |                       | <b>Date of Patient's Most Recent Exam:</b> |
| <b>Today's Date:</b>                 |                       |  |

Please complete the following questions based on your professional judgement regarding the patient's mental processing and cognitive limitations related to their diagnosed medical condition(s).

1. In the order of significance, please list any mental illnesses the patient has been diagnosed with and the severity of each: (MILD, MODERATE, SEVERE)

2. Please cite any clinical tests or objective evidence confirming their diagnoses:

3. Describe the treatment the patient has undergone including duration and frequency:

4. What medication(s) have been prescribed to the patient and what are the known or alleged side effects?

5. What is the patient's current prognosis?

**6. Have the patient's mental and cognitive impairments lasted or are expected to last 12 consecutive months?**

Yes ☐ No ☐

**7. Please indicate the symptoms attributable to the patient's depressive disorder:**

| Symptom   | Mark if present          | Briefly describe the symptom and severity |
|---|--------------------------|---|
| Depressed mood  | <input type="checkbox"/> |   |
| Diminished interest in almost all activities  | <input type="checkbox"/> |   |
| Appetite disturbance with change in weight  | <input type="checkbox"/> |   |
| Sleep disturbance   | <input type="checkbox"/> |   |
| Observable psychomotor agitation or retardation   | <input type="checkbox"/> |   |
| Decreased energy  | <input type="checkbox"/> |   |
| Feelings of guilt or worthlessness  | <input type="checkbox"/> |   |
| Difficulty concentrating or thinking  | <input type="checkbox"/> |   |
| Thoughts of death or suicide  | <input type="checkbox"/> |   |
| Pressured speech  | <input type="checkbox"/> |   |
| Flight of ideas   | <input type="checkbox"/> |   |
| Inflated self-esteem  | <input type="checkbox"/> |   |
| Decreased need for sleep  | <input type="checkbox"/> |   |
| Distractibility   | <input type="checkbox"/> |   |
| Involvement in activities that have a high probability of painful consequences not recognized | <input type="checkbox"/> |   |
| Increase in goal-directed activity  | <input type="checkbox"/> |   |

**Describe any other symptoms not identified above:**

**8. Does the patient suffer from anxiety or panic attacks? Yes ☐ No ☐**

If yes, how frequent are the patient's anxiety or panic attacks on a weekly basis, as reported?

**9. What is the approximate duration of an anxiety or panic attack?**

**10. What types of events or occurrences appear to trigger the patient's anxiety or panic attack(s)?**

11. Does the patient exhibit persistent concern or worry about additional anxiety or panic attacks or their consequences? If so, please elaborate further:

12. What are some Activities of Daily Living that are being impacted by the patient's depressive disorder?

The following questions relate to impairments or limitations in the patient's mental functioning due to their diagnosed medical condition(s) along with any side effects from medications or treatment. Refer to the following definitions in marking your responses:

**Mild:** There are limitations on ability to function, but they are mild or transient.  
**Moderate:** The ability to function in this area is less than marked but more than mild.  
**Marked:** The ability to function in this area is seriously limited.  
**Extreme:** The ability to function in this area is precluded.  
**No Limitation:** There is no evidence available to rate the ability to function in this area.

13. Limitations concerning the patient's Understanding and Memory as related to their:

**Ability to remember locations and work-like procedures:**

| Mild Limitation          | Moderate Limitation      | Marked Limitation        | Extreme Limitation       | No Limitation            |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Ability to understand and remember new information (i.e., short term memory):**

| Mild Limitation          | Moderate Limitation      | Marked Limitation        | Extreme Limitation       | No Limitation            |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Ability to understand and remember detailed instructions:**

| Mild Limitation          | Moderate Limitation      | Marked Limitation        | Extreme Limitation       | No Limitation            |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

For any limitations indicated as **MARKED** or **EXTREME**, please elaborate further

**14. Limitations concerning the patient's Sustained Concentration and Persistence as related to their:**

**Ability to maintain attention and concentration for extended periods:**

|                          |                          |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Mild Limitation          | Moderate Limitation      | Marked Limitation        | Extreme Limitation       | No Limitation            |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Ability to maintain regular attendance at work on a full-time basis:**

|                          |                          |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Mild Limitation          | Moderate Limitation      | Marked Limitation        | Extreme Limitation       | No Limitation            |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Ability to sustain an ordinary routine without special supervision:**

|                          |                          |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Mild Limitation          | Moderate Limitation      | Marked Limitation        | Extreme Limitation       | No Limitation            |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

For any limitations indicated as **MARKED** or **EXTREME**, please elaborate further:

**15. Limitations concerning the patient's Adaptability as related to their:**

**Ability to respond appropriately and adapt to changes in the work setting:**

|                          |                          |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Mild Limitation          | Moderate Limitation      | Marked Limitation        | Extreme Limitation       | No Limitation            |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Ability to tolerate normal levels of stress:**

|                          |                          |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Mild Limitation          | Moderate Limitation      | Marked Limitation        | Extreme Limitation       | No Limitation            |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Ability to manage psychologically based symptoms (i.e., anxiety, depression, tearfulness):**

|                          |                          |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Mild Limitation          | Moderate Limitation      | Marked Limitation        | Extreme Limitation       | No Limitation            |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Ability to work through and manage mental fatigue:**

|                          |                          |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Mild Limitation          | Moderate Limitation      | Marked Limitation        | Extreme Limitation       | No Limitation            |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

For any limitations indicated as **MARKED** or **EXTREME**, please elaborate further:

**16. Limitations concerning patient's Social Interaction as related to their:**

**Ability to interact appropriately with the general public:**

|                          |                          |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Mild Limitation          | Moderate Limitation      | Marked Limitation        | Extreme Limitation       | No Limitation            |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Ability to interact appropriately with other co-workers:**

|                          |                          |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Mild Limitation          | Moderate Limitation      | Marked Limitation        | Extreme Limitation       | No Limitation            |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Ability to interact appropriately with supervisors:**

|                          |                          |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Mild Limitation          | Moderate Limitation      | Marked Limitation        | Extreme Limitation       | No Limitation            |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Ability to maintain socially appropriate behavior:**

|                          |                          |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Mild Limitation          | Moderate Limitation      | Marked Limitation        | Extreme Limitation       | No Limitation            |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Ability to adhere to basic standards of neatness, cleanliness, and hygiene:**

|                          |                          |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Mild Limitation          | Moderate Limitation      | Marked Limitation        | Extreme Limitation       | No Limitation            |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

For any limitations considered **MARKED** or **EXTREME**, please elaborate further:

**17. Approximately what percent of time do you believe the patient would be “off task” over the course of an 8-hour workday?**

|                          |                          |                          |                          |       |
|--------------------------|--------------------------|--------------------------|--------------------------|-------|
| 10%                      | 15%                      | 20%                      | 25%                      | Other |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | _____ |

**18. Approximately how many days of work per month do you think the patient is likely to miss due to their medical conditions and treatment thereof?**

\_\_\_\_\_ days per month

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Provider's Name and Designation

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Provider's Specialty

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Provider Signature

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Date

**PRIVACY ACT NOTICE:** The information requested on this form will be used in deciding this patient's Social Security Disability Claim. Failure to complete this form may result in a delay in processing the claim. Information furnished on this form may be disclosed by the Social Security Administration to another person or governmental agency only with respect to Social Security programs and to comply with Federal laws requiring the exchange of information between Social Security and other agencies.

## TO RETURN THIS REPORT

*Electronic preferred*

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