

LOVE 101 LESSON



“THE 5 MOST POPULAR LIES ABOUT LOVE”

THE 5 MOST POPULAR LIES & THE UNPOPULAR TRUTH ABOUT LOVE

LIES	TRUTH
<i>“Love Hurts” (Love is painful sometimes)</i>	<i>Love does not hurt Love heals</i>
<i>“There are different kinds of Love” (For different people and relationships)</i>	<i>There is only <u>One Love</u> that can be expressed in different ways</i>
<i>“There are levels to Love” (You can love someone more than you Love someone else)</i>	<i>Love is Maximal (full) always Love has no levels Love is equal for everyone all the time</i>
<i>“Love can be lost”</i>	<i>Love can be blocked, but never lost</i>
<i>“Love changes” (You Love can grow or fade over time)</i>	<i>Love doesn’t change, Love remains the same Your <u>awareness</u> of Love can change</i>