

Building Your Own Zero Waste TO-GO KIT

 **Laura Jillian**
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While out shopping or spending time around town, here are three easy ways you can reduce your plastic and other packaging footprint today:

- 1) a refillable water bottle and/or a cup;
- 2) a fork and spoon from your silverware drawer or other such reusable implement (draw string carry-bag made from old jammy pants, optional);
- 3) and a reusable shopping bag.

All of these items can be found around the house or purchased at a thrift store for less than \$5 total (just sterilize with some vinegar if you're worried about cooties 😊). They pack down super-small and can fit into your purse/knapsack/car/etc, and weigh less than one pound when empty (yes, I actually weighed these 😊).

Being friendlier to the earth doesn't have to be complicated, or expensive. Easy peasy. ❤️



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You can also add a cloth napkins (cut up an old shirt) and a metal straw (super cheap at Bulk Barn).

Thanks LauraJ!