## SEVEN WAYS To Reduce Waste

Grades 4-8



1

Be aware of how much garbage and recycling is being generated by your household



2

Stop using single-use plastic items in your daily life to help reduce your impact on the planet



3

Find sustainable options to replace single-use items like plastic water bottles, cutlery and straws



4

Start composting food waste at home to reduce both garbage and methane (a harmful greenhouse gas)



5

Reduce household paper and help save Canada's Boreal Forest. Trees help create the oxygen and provide wildlife habitat



6

Get Your Rs in Order. Reduce, Reuse and (after that) Recycle properly by knowing what is accepted in the Blue Bin system



7

Pick up litter and ALWAYS put your garbage or recycling in the proper bin or take it home It's easy to make one change today and help reduce waste.

one Person + one Action = one Happy Earth!



See Lots More Ideas & Tips Online: oswastewatchers.ca

Cool seven ways illustrations by Helen Harrison local artist and former West Hill SS Teacher