BHO Masters Symposium Freestyle - Everything you always wanted to know about freestyles



When? 3^{rd} & 4^{th} of December 2022, 4.00 - 7.00 pm CET, 3 sessions per day / 45 min per session

For whom? The Symposium is targeted at all persons interested, not only judges or top sport.

What do you get? Freestyles are the highlight of every dressage show and the most appreciated competition by a broader audience. A great freestyle draws in the audience, creates emotions and is incredibly fun to watch as well as to ride.

Did you ever ask yourself:

- How do I create a good freestyle?
- What do judges think when judging a freestyle?
- How can I train and prepare my students for a freestyle?
- How can I improve my freestyle-judging? How does the Degree of Difficulty System for Grand Prix Freestyles actually work?

Learn from some of the best and be part of this brand-new online symposium. Daniel Göhlen, CEO and founder of Black Horse One, co-inventor of the well-known DoD judging system as well as the state-of-the-art paperless judging solution eDressage™, will moderate and lead through the six exciting sessions.

Day 1 - December 3rd 2022

Session 1 (4-5 pm CET): Patrik Kittel - "The Effective Freestyle for Your Horse"
Patrik is a Swedish dressage rider who is currently based in Nottuln, Germany. He represented his country at several Olympic Games, World-, European as well as National Championships and has developed almost 50 horses to impressive placings in international Grand Prix competitions.

Patrik will demonstrate how he uses a freestyle to outline the strength of every horse. He reevaluates past freestyles regarding his individual horse's characteristics. He points out how to ride a freestyle in comparison to a standard Grand Prix and Grand Prix Freestyle from a rider's point of view.

Session 2 (5 - 6 pm CET): Hans Christian Matthiesen – "Understanding Freestyle Judging" Hans-Christian Matthiesen, in addition to being a veterinarian, is an FEI 5* judge, member of the FEI Dressage Committee, member of the board of directors of the Danish Equestrian Federation and the president of the International Dressage Officials Club.

Hans-Christian Matthiesen will show the judges point of view during a freestyle and explain judging guidelines, always with the overall goal for the horse to perform in harmony and willingness. Learn and understand how evidence of stress and discomfort of the horse will be reflected in the overall score.

Session 3 (6-7 pm CET): Jacquelien Vriese - "What makes a good Freestyle Music?" Jacquelien Vriese is the owner of Symphoneon Sound Design and inspires numerous

dressage riders with her exceptional and innovative music productions. Next to her incredible freestyle productions she provides musical accompaniment during dressage tests at some of the biggest dressage events in the world.

To pick the right music for a freestyle can be a real challenge as it must match with the tempo of the horse in all gaits and movements of the choreography as well as most importantly the type of horse and rider. Jacquelien will guide through a general understanding of good music choices and shows how themes and moods of music can impact a freestyle in a positive or negative way.

Day 2 December 4th 2022

Session 4 (4-5 pm CET): Jessica von Bredow-Werndl – "How I create a freestyle for my horse"

Jessica von Bredow-Werndl became the Individual Olympic Champion during the 2020 Summer Olympics in Tokyo with her mare Dalera, scoring 91,732 % in the individual freestyle.

This session will focus on trainers who train their students and horses for a freestyle. Rider & Horse combinations change and mature over the years and if a freestyle is designed for a young Grand Prix horse, the choreography can evolve over time. See the challenges trainers face in everyday training preparing their students for a freestyle.

Session 5 (5-6 pm CET): Katrina Wüst - "Choreography & Degree of Difficulty"

Being the FEI Course Director General since 2019 and generally accepted as the "Queen of Freestyles", Katrina Wüst gives seminars all over the world, helping to improve the judges' education wherever possible. Together with Daniel Göhlen she developed the Degree of Difficulty systems for Grand Prix Freestyles to make judging more transparent and understandable, also for spectators.

Katrina explains the criteria of choreography and the degree of difficulty at Grand Prix freestyles. Get insights at the calculation of difficult exercises and see how a technically correct performance is a testimony of a high standard of riding ability.

Session 6 (6-7 pm CET): Discussion

This session will evaluate all sessions and offer an open space for discussion with the speakers. The audience will be involved actively and several topics can be discussed.

Listen to as many sessions as you like or access recordings up to six days later at www.equestrian-hub.com. You can submit questions during all sessions. We will compile the best ones that are then discussed in the final discussion. Please be aware that all sessions will be in English. You will receive an email with further information close to the seminar date.

Be part of this new BHO Masters Symposium and learn everything you always wanted to know about freestyles!

Price: 75 €