



Dane County New Horizons Music COVID-19 Plan of Action

Revised: July 5, 2022

Summary

- Proof of Vaccinations with boosters required.
- While not currently required by the schools, health department, or CDC, face masks may be worn at the discretion of the member.
- Details and additional requirements are listed below.

Introduction

Many of our Dane County New Horizons Music (DCNHM) participants and their family members are over age 60 – and may also have additional underlying health concerns. As such, they may be at high risk regarding the COVID-19 virus. As they relate to our non-profit adult music education program, DCNHM will follow (as best we can) CDC guidelines, State of Wisconsin laws and guidelines, public health orders, and the findings and recommendations of the on-going National Performing Arts Aerosol Study. When these guidelines, findings and recommendations change over time, DCNHM will reassess its COVID-19 Plan of Action and take the necessary prudent precautions.

Vaccination for COVID-19

- All participants must be fully vaccinated, including booster(s), using one of the vaccines approved by the CDC and FDA.
- Proof of vaccination must be presented during registration or first rehearsal.

Symptoms of COVID-19

If a participant presents with new, persistent, or worsening signs or symptoms of COVID-19, they will not be permitted to return to rehearsals until:

- Symptoms of COVID-19 infection:
 1. Temperature greater than or equal to 100.0 degrees Fahrenheit.
 2. Tested positive for COVID-19 or been in close contact with a person who has tested positive or been diagnosed with COVID-19.
 3. New cough.
 4. Shortness of breath or difficulty breathing.
 5. Chills.
 6. Repeated shaking with chills.
 7. Muscle pain.
 8. Headache.
 9. Sore throat.
 10. Loss of taste or smell.
 11. Diarrhea.
- In the case of a participant *who was diagnosed with COVID-19*, the individual may return to the DCNHM when **all three** of the following criteria are met:
 1. at least 3 days (72 hours) have passed since resolution of fever without the use of fever-reducing medications;
 2. the individual has returned to normal respiratory function (no cough or shortness of breath); and
 3. at least 14 days have passed since symptoms first appeared

- In the case of a participant who has symptoms that could be COVID-19 and does not get evaluated by a medical professional or tested for COVID-19, the individual is assumed to have COVID-19, and may not return to the band until they have completed the same three-step criteria listed above **OR**
- If the DCNHM participant has symptoms that could be COVID-19 and wants to return to the band before completing the above self-isolation period, the individual must obtain a medical professional's note clearing the individual for return based on a non-COVID-19 diagnosis.

If a participant has symptoms and/or tests positive for COVID-19, they must immediately inform DCNHM, so the band can notify *all* participants that they *may have been exposed to COVID-19 at a prior band rehearsal*. **The participant's name/identity will *not* be revealed; this is a permitted disclosure under HIPPA.**

Other Necessary Precautions

- **Spit & Condensation:** Instrument spit valves and horn and saxophone condensation valves should not be emptied directly onto the floor. All wind instruments should be drained onto or into a participant provided "puppy pad" or into a cloth to catch the fluid contents of the instrument and then be discarded or laundered at home as necessary.
- **Bell Covers:** All wind musicians should use a bell cover on their instrument. Flute players should use a plastic deflector that directs the airflow from the mouthpiece downward.