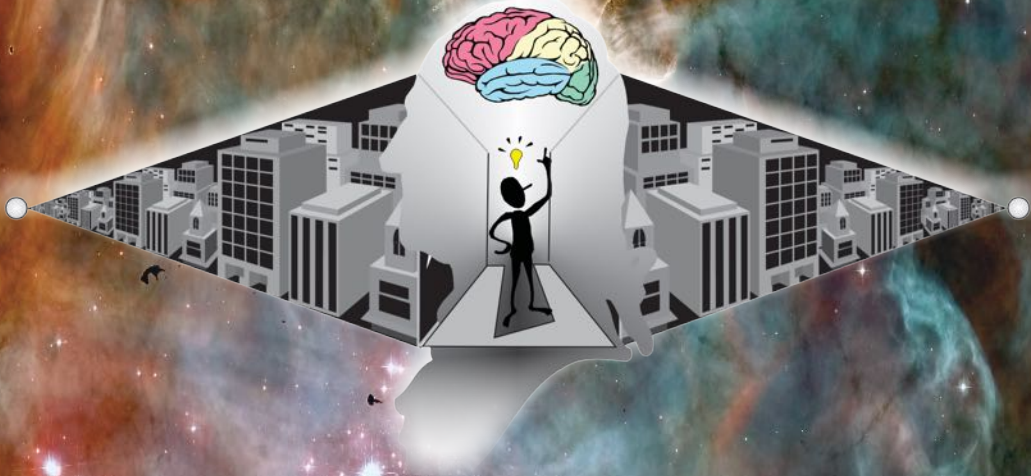


THEORY OF REALITY



JAMES TAYLOR FLORES, M.D.

THEORY OF REALITY



James Taylor Flores, M.D.



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In celebration of the 17th anniversary of the launch and deployment of NASA's Hubble Space Telescope, a team of astronomers released one of the largest panoramic images ever taken with Hubble's cameras. It is a 50-light-year-wide view of the central region of the Carina Nebula where a maelstrom of star birth - and death - is taking place.

I am an INFJ, constantly shuffling through files of memories, experiences, and nature—forever trying to make connections.

This book is dedicated to my loving family who eventually stopped telling me, “You think too much!”



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and

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whose influence in my life inspired me to continue it.

and

The Masters of Quantum Mechanics
who were open to concepts beyond the accepted status quo.

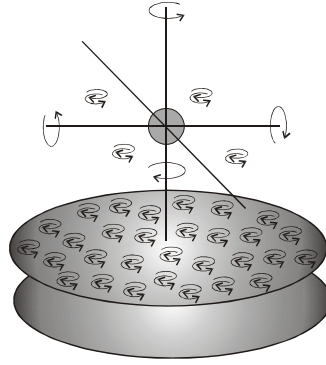


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FOREWORD

By, Dr. William C. Davis

Natural phenomena have carried weight throughout history as humanity learned to grasp some meaning in them. Having spent much time in the land of my grandfather, a full-blooded Sioux Indian, I learned how a native can become a natural ecologist without formal training. I have come to expect greater meaning waiting to be discovered in nature and behind every fundamental scientific principle. *Entropy*, for example, can also be viewed as a philosophy. There are evocative implications of phenomena observed in natural settings such as in *Metamorphosis*. My own inspiring metamorphosis evolved from a country boy disadvantaged by the conditions of his region, to a post-doctoral fellow in Nobel Laureate Rosalyn Yalow's Radioimmunoassay Lab, and later inducted into the Texas Science Hall of Fame.

Science is conducted on the platform of natural laws. Scientific principles often convert to philosophical values and parables because all of nature including the human condition is interconnected. The universe, macro, micro, subatomic, and quantum realm is naturally and seamlessly interconnected. It all reflects something most profound.

There are forces that cause molecules to behave in one fashion or another at the atomic level. Other forces can then influence what these atomic molecules will do or become. We should logically expect there to be underlying forces which are sub-atomic driving all phenomena observed in nature. The ways, however, in which large breakthroughs are accomplished is paramount to careful observation. We can take two or more existing things, analyze them for what they are, and then synthesize something entirely new that did not exist before. The Theory of Reality accomplishes exactly that.

I remember the day James loaned me the original 2002 TOR manuscript. He was sitting in a natural sciences lab when I passed by and noticed this black folder. The title, THEORY OF REALITY, caught my eye and he let me borrow it. I began to read that evening and found that I could not put the book down. It kept me up all night thinking. He had come up with something new and highly relevant to the human condition. This work makes connections with relativity, quantum philosophy, consciousness, and Reality.

Dr. Flores brilliantly discusses a theoretical connection between the human brain and spiritual consciousness. He draws out relevant meaning and understanding behind discoveries that take place in state-of-the-art research labs. He has done an outstanding job simplifying these concepts using many illustrations so that it may be understood and appreciated by everyone. Other thinkers like myself will be stimulated by the originality and elegance in which it is set forth.

William C. Davis, Ph.D.

INTRODUCTION

Despite all our scientific advancements there remain unsolved paradoxes that point to a shortcoming in the way Reality is perceived. Closer observation of *what is* brings up puzzling issues that make it impossible for us to exist in the 3rd dimension. They spotlight an important question, "*How do we exist in Reality?*" We certainly seem to be in it. Unfortunately, we are here for a brief time and then die off like a wisp of air. Every passionate human being demands more time out of life. This short-changed life span begs an answer to the question, "*Are we really spirits that temporarily occupy this world in human form?*" and, "*How is that possible?*" This book offers explanations that fly in the face of long-established paradigms including the false perception of death. I could have titled the book, "*There is no such thing as death;*" however, this work is so much more.

The Theory of Reality reveals our state of existence using nature, natural sciences, and quantum mechanics. I am simply calling it, *consciousness*, a modern word for *spirit*. Our mission is to draw attention to the state of our existence. Our goal is to clear up the vagueness of *spirit*. We are presenting a new approach to understanding Reality and the role that we all play in it. We contrast the long-established concept of existing inside of the 3rd dimension head on with a hypothesis of existence in the same universe, but outside of the 3rd dimension. This work unveils our enormous potential to affect Reality.

We exist in a realm of ALL possibilities. The implications of this new knowledge are immense and cannot be over-stated. This book shows that we are not *Homo sapiens*. We give a human brain the new term, *brain-seat*. We expose the tug-of-war between consciousness and *Homo sapien* impulses. Particularly those incorporated by the reptilian brain which are the exquisitely stimulating and compelling neurotransmitters of dopamine, norepinephrine, and serotonin. The Theory of Reality will positively change our everyday lives. It is of great benefit to those who are facing the possibility of a serious disease, or who are terminally ill, or those in the throes of the grieving process. This book gives a solid footing of understanding to everyone trying to overcome addictions. It will empower all who are working hard to achieve their goals and dreams. All things are possible for us.

The TOR reveals the impossibility of existing inside of a 3rd dimension—we do not fit in it. Hereafter, the book opens with this huge conundrum. We then solve this mystery in a stepwise fashion with no shortage of illustrations. We expose thought provocative paradoxes that are unsolvable by present interpretations of Reality. We lay bare the erroneous perception of moving through time. We demonstrate the non-existence of *future* and *past* using thought experiments, rationalization, and science. *Future* and *past* may be perceived, but they do not actually exist *IN* the 3rd dimension. We qualify our hypotheses by solving old paradoxes under a new and different model of Reality.

Every consciousness is co-creating Reality in cohabitation. There is much more to the role observers play in the makeup of Reality than is being recognized and applied toward meeting our goals. The TOR shows that a 3rd dimension realm is motionless; comprised of a series of changing *nows*. Conscious observation sets these changing *nows* of Reality in motion. We do not determine the course of so-called *history*, we establish it.

The tapestry of my life contains threads that prepared me for this kind of work. My childhood spanned across international lines with vastly different cultures. Reality felt surreal – so much in fact that I daydreamed I was the subject of a big experiment that everyone was aware of except me. I was challenged to make connections about Reality early on. Since then, I have become conditioned to make connections. As a young adult I worked in the ministry pondering spiritual concepts. I owned a plastics and inventions development company where I nurtured an ability to conceptualize, innovate, and layout design. I practiced and taught martial arts while also on a journey of self-discovery in outdoor settings. I also sought to identify natural connections to commonly known spiritual beliefs. I would go on word fasts to contemplate *what is* without the clutter of words. A great deal of my attention was spent observing comparative analogies in nature because nature is an incontrovertible source of truth. I drew many illustrations which derived from that revelation knowledge. Many of those are included in this book. Sometimes I would wake up from sleep with a design in mind and kept a pad and pencil nearby for those occasions. Initially this quest was for my own self-cultivation. I did not intend to write a Theory of Reality, but the connections and drawings kept coming. The paradoxes of the 3rd dimension nagged me. I wanted to know, “*Who am I? What am I? Where am I? Where did I come from and where am I going?*” Later, I committed to undergraduate and graduate studies in the natural sciences of physics, biology, chemistry, and ecology. Then I went on to medical school, postgraduate training, and I am now a board-certified physician.

The Theory of Reality is applicable to scientific, cosmologic, anthropologic, neurologic, psychologic, philosophic, and theological fields. The assumption that our state of existence is in the 3rd dimension has created bias in research results and applications in all these fields. Theories of forces holding the atom together, the Big Bang – Big Crunch models, and data from billion-dollar accelerators that speed up particles to very extreme velocities are interpreted from the conviction that the researchers exist in the 3rd dimension. However, we show that researchers do not fit inside the 3rd dimension; thus, experimental results are being analyzed under bias at the expense of possible equally valid alternatives. Neurologic fields are wide open to the study of consciousness interacting with a brain. Psychological and theological fields will expand with a clear understanding that we exist right now in a realm of all possibilities. To avoid bias, the TOR initially set aside the fact that we exist anywhere while looking for a suitable realm for our state of existence.

The Theory of Reality was first copyrighted in 2002. I decided to self-publish the TOR because I see morbidity and mortality too frequently as a physician. I see the fear of death in patients who won’t consider an appropriate DNR status even when it is explained to them that CPR will not be successful. Many families refuse the option of palliative care and hospice for their terminal ill loved ones. They do not realize that behind every broken body and brain is a whole and intact eternal spirit. Brain death, being end-of-life, is an inaccurate perception. On the other hand, I see suicide attempts, drug overdoses, addictions, and anxiety from people seeking escape. These are not limited to the poor. It happens to the rich and famous. We all see appalling judgement in society. Violence, human degradation, and revenge are everywhere because people think the whole of *life* is this 3rd dimension. The corporate realm is a cut-throat environment as toxic coworkers manipulate and rally others toward mean-spirited ends. It is too much now. Ignorance of our true state of existence abounds. I cannot withhold this information from the world any longer. We all need the message and application of the Theory of Reality.

When people really comprehend that we do not exist in the 3rd dimension, choices may start to change. We live in *The Everything* where anything can happen. This puts us in a place of ENORMOUS potential. Individuals can internalize the postulates of the Theory of Reality and realize their dreams in life. If enough people have a shift in paradigm the world can change. It used to be difficult to digest concepts like this. For example, many people know that we live in a quantum universe where all things exist simultaneously, but that realm is too mind-boggling to make sense in our daily lives and no one talks about it. Now comes the Theory of Reality which links a quantum object with consciousness, making the once incomprehensible and amazing quantum world a great deal more rational. It uncovers the immense creative ability we have at our disposal by virtue of where we are.

This book requires contemplation and a quiet spot to read and absorb its contents. It is about seeing beyond false superficial perceptions and perceiving Reality for what it is. This truth was in front of us all along, but we have not made the connections before now. I am filled with enthusiasm to share this revelation knowledge with everyone in the world.

James Taylor Flores, M.D.

THEORY OF REALITY

CONUNDRUM

Conundrum

"In all affairs it's a healthy thing now and then to hang a question mark on the things you have long taken for granted."

– Bertrand Russell (1872 – 1970)

We are going to give the 3rd dimension the label, "*Reality*." Our goal in this book is to establish a genuine connection with Reality and to determine our place in it. We want to discover our actual vantage point – the realm of our true state of existence.

What is Reality? The New Oxford Dictionary defines it as:

- The world or the state of things as they actually exist, as opposed to an idealistic or notional idea of them.
- The state or quality of having existence or substance.

Reality is something that tangibly exists and has substance. This, however, begs another question, "*What, in fact, tangibly exists?*" To remain objective in our quest for an answer let us start by disregarding any idealistic notions of our existence. This includes setting aside for the moment the notional idea that we exist in the 3rd dimension. We will not insert *self* into the picture until we uncover a state of existence that is a proper fit.

Does *future* tangibly exist? It is a given that the *so-called* future is filled with limitless possibilities, any one of which could come about. The closer it gets to us the better we are able to anticipate it such as when we are traveling and approaching a destination, cooking a meal, or getting ready for bed. The *future* has no substance in the 3rd dimension; therefore, it is a figment of our imagination. "*Future*" is a firmly established notional idea. It is based on one's physical perception of so-called "*time*." Nevertheless, *future* does not meet the requirement of Reality by definition.

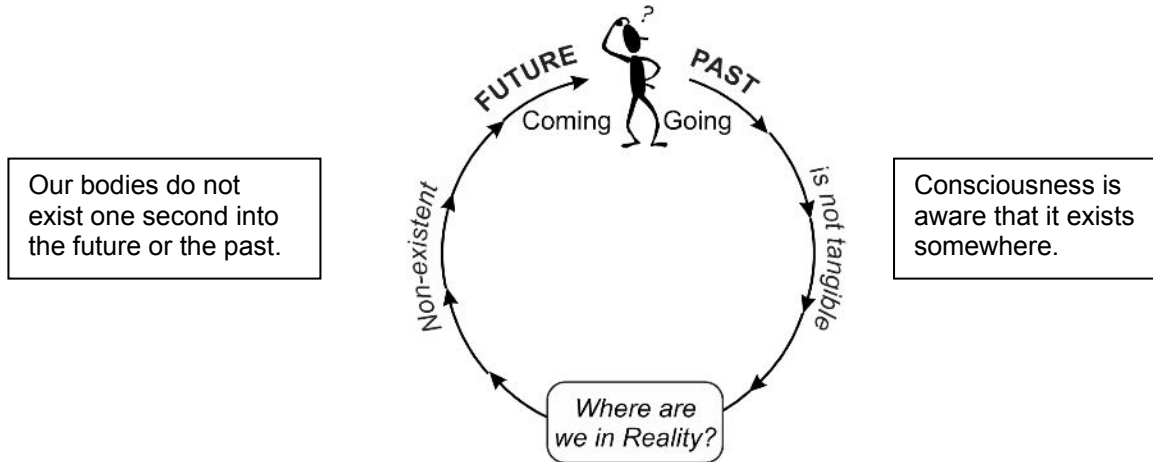
Does *past* tangibly exist? There are history books, memoirs, and archives dating back to ancient times. We can remember some things while other things we can never humanly know. All the events are past and gone. Whether they happened ages ago or even a split second ago, the fact remains one second ago is only a memory. The lucidity and realism of that memory of Reality is eventually lost to the human brain. A memory has no substance; therefore, *past* is not a constituent of Reality by definition.

Only *now* exists in Reality by definition. But where is *now*? We go through life not realizing something as profound as this: Reality does not exist even a split-second into the future or past. *Future* and *Past* do not exist inside Reality. A 3rd dimension is very fleeting. A tangible instant is gone... non-existent in less than the snap of a finger. Wouldn't this rather disappear *US* if we existed inside the 3rd dimension? The realm of the 3rd dimension is not a fitting place to insert *self* into a permanent state of existence.

Sometimes posing questions about things that we have always taken for granted creates a huge conundrum to solve. Placing the existence of the future and past under scrutiny has created a mystery to the whereabouts of our state of existence. The pages ahead contain illustrations, reasoning, logic, and science to help to us clear up the enigmas about the future and the past and ultimately our relationship to those tenses.

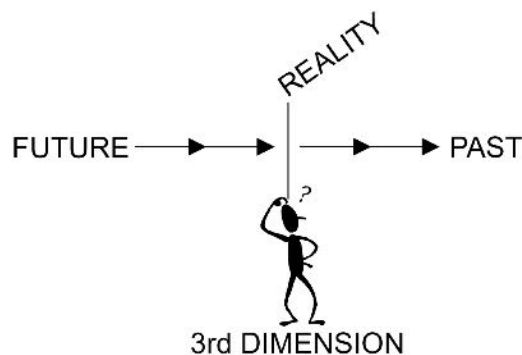
Theory of Reality

This illustration shows how the future and past appear to our deeply cultured perspective:



We are raised in a 3rd dimensional world and become accustomed to it. Seldom do we stop and question whether we actually exist in it. We think the future is continually coming toward us and the past is continually moving away from us and they go on for infinity. However, if these do not exist inside a 3rd dimension then where can we find such a fleeting Reality? Where can we find a tangible 3rd dimension that we can fit *self* into? Most people believe that we are spirit, soul, and body, but have yet to explain how that is so. There is no denying that Reality exists. Here we are, *or seem to be*, reading this book. Yet, *self* does not fit into this fleeting picture. Why?

“How does Reality relate to our tangible existence in the 3rd dimension?” The following illustration answers the question from the viewpoint of earthly *Homo sapiens* and other animal species. It also exemplifies the mindset of forgotten consciousness who think they exist in the 3rd dimension.



*Reality is at the point where the future interfaces with the past.
The masses still think we exist in the 3rd dimension and are culturally oriented to this notion.*

There is something wrong about this concept. The illustration indicates that the *future* and *past* are not mutually exclusive but are components the same dynamic in our Reality. The problem is they are not IN Reality. If the past and future were constituents of our Reality in the 3rd dimension, then how do we account for their non-existence? It is not likely that Reality works this way as it raises questions that are impossible to answer. The three-dimensional Reality we experience does not actually work like this.

When we are trying to solve a puzzle and the answer is eluding us, we must set aside the easily perceived and look at the mystery from a different angle. There are brainteaser puzzles available that we must solve by considering that the solution is right under our noses. However, the problem must be perceived in a different way to arrive at the solution. One such puzzle involves two horseshoes welded together at the tips by short pieces of chain. Between the horseshoes is a small steel ring around the chains. The goal is to get the small ring off the horseshoes. The perception is that the ring cannot be removed because it is smaller than the horseshoes. There is a solution, however, the puzzle must be observed in a different way than the perceived impossibility of it. The puzzle of time is no different. We must see it differently.



The conundrum of Reality, time, and our state of existence is like the horseshoe puzzle. It will not be resolved from an easily perceived standpoint. What we have been conditioned to think about *past* and *future* all our lives is an inaccurate perception. Now we seek a different point of view to solve its mystery. We need a shift in our paradigms of Reality in order to understand our true place in the universe.

Let us begin our search with the hypothesis that future and past do not exist. Thus, *time* does not exist and could be explained away as a perceived phenomenon that results from each changing *now*. Now is devoid of time. If this premise is correct it would also resolve the paradox of time vs. timelessness. For example, if someone passed and exists in eternity, would they wait 30 years or so for a loved one to join them? This is not possible because eternity is timeless. Eternity and timeline cannot co-exist. Either *eternity* or *time* is genuine—not both. Whichever one exists must be simulating the other inside Reality. We proceed on the premise that eternity is simulating time. The theoretical rational for this assumption is set forth in the pages ahead.

Continuing our hypothesis: *time*, though non-existent, has the utility of divulging a present state of affairs in the 3rd dimension. One analogy is how we use negative numbers. If we go to the bank to make a withdrawal and the teller informs us that the account is negative \$5.00, we cannot write a check for negative \$5.00. The negative dollars make known the present status of the bank account, but they do not exist.

In the pages ahead we will postulate a 4th dimension called *The Everything* and why it is predominant over the 3rd dimension. We will point out that a 4th dimension is in the same universe as the 3rd, 2nd, and 1st dimensions. We will also hypothesize a different way to interpret a dual-state quantum object constantly changing states from particle to wave. Each new state brings about a new configuration of Reality. Now is constantly changing and this gives off the perception of time. We will show that *time* is only simulated by the 4th dimension. Therefore, **eternity is simulating time—and time is reflective of eternity.** This is a more accurate perspective of the Reality than the one we have embodied.

THEORY OF REALITY

OUR UNIVERSE

Our Universe

“Every moment Nature starts on the longest journey, and every moment she reaches her goal.”

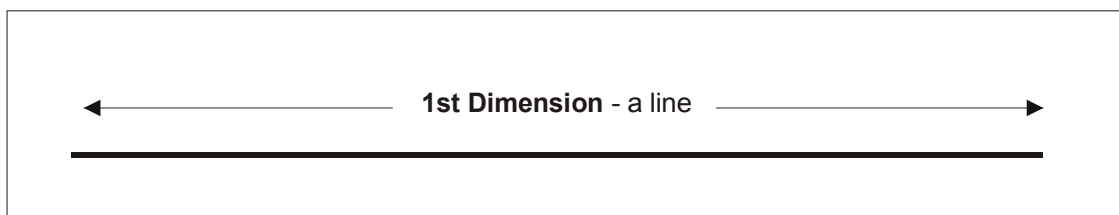
– Goethe (1749 – 1832)

Everyone thinks that we *exist* inside a 3rd dimension and therein lies our first challenge. Scientists approach the universe and their quest for a *Theory of the Everything* from this perspective. Theologians approach religion with this mindset. Philosophers consider their topics from this outlook. Psychologists manage their practice with this frame of mind. The general population worries about employment or if we will have enough to eat, drink, and wear—and nearly everyone worries about growing old. The catch is, we have not discovered what we are or where we are in relation to the world. Not surprisingly, we are apprehensive about death and we mourn grievously over the loss of our loved ones. We are observing Reality by means of misleading perceptions... and that is our drawback. The Theory of Reality will replace false perceptions with an improved outlook on life.



3rd Dimension – *REALITY*

Given that there is a 3rd dimension and that we appear to exist in it, we can also set eyes on a 2nd and 1st dimension. An appropriate place to start our analysis is by dissecting the 3rd dimension into its building components. We will examine in detail what it takes to construct such a state. The first two dimensions comprise the framework of a third dimension as we will see. We can learn fundamental truths by investigating each of these dimensions. Then, we will consider what all three dimensions have in common. The following illustration depicts the 1st dimension and this is where we will begin our quest.



Theory of Reality

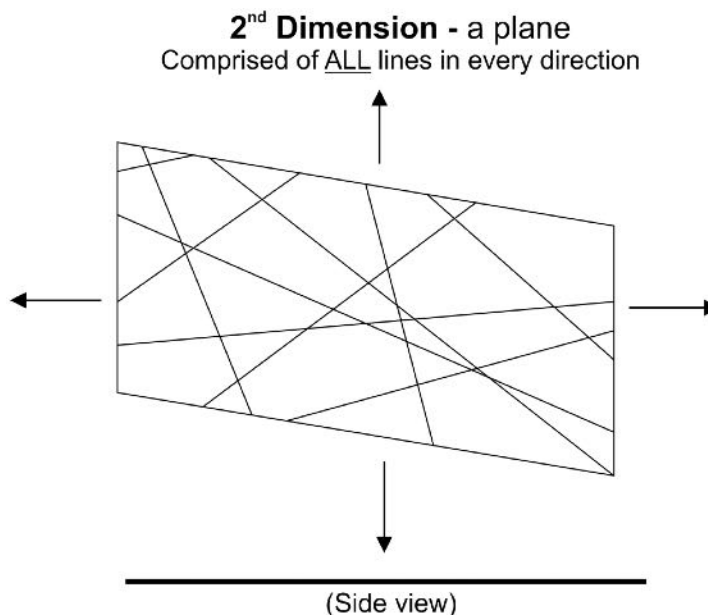
The 1st dimension is a line. It cannot be more lines. Any other line in existence is its own unique 1st dimension independent from other lines. A first dimensional form of existence would not know or recognize “up or down” nor “side-to-side.” It only perceives one direction or the opposite direction.



Notice that the 1st dimension as drawn appears to go on forever (boundless) in both directions (indicated by arrows). It has no beginning or end, thereby creating an enigma because this would give it traits of infinity. Eternal qualities are impossible inside of the 3rd dimension where the perception is that everything starts, grows, peaks, and wanes. Scientists say that our sun is a young star, but even it will someday wane. We cannot name anything in the 3rd dimension that does not have a beginning or an end.

I could have also illustrated the line with just one starting point (bound), but then it would go on forever (boundless). Still, *bound* and *boundless* cannot be a part of the same thing. They cannot co-exist according to our presently understood laws of nature. This is the singular flaw that works its way up through the 2nd and 3rd dimensions.

Now here is a depiction of the 2nd dimension:

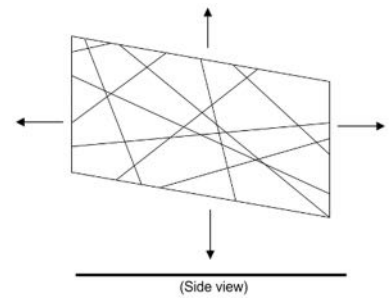


The 2nd dimension is a plane. That’s all. It cannot be two or more planes. If there would be another plane in existence it would have to be considered its own unique dimension, separate from all other planes.

A plane, or 2nd dimension, is comprised of an infinite amount of lines in every direction; however, all the lines must exist along the same plane in order to comprise the 2nd dimension. It is true that I stated earlier that if another line existed it would have to be considered its own dimension. The exception is when all, and I mean ALL 1st dimensions exist simultaneously along the same plane they become a dimension all to themselves, otherwise known as the 2nd dimension.

Notice that the 2nd dimension has no beginning or end but appears to go on forever. Again, this is something that is impossible in a three-dimensional universe.

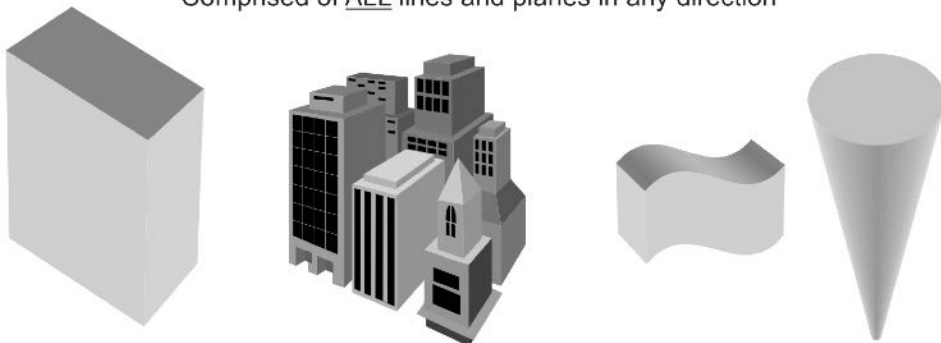
As a thought experiment, let us place ourselves in a two-dimensional state. In this condition we would not recognize “up or down” even if it existed (it does). We would not call sideways, “*sideways*,” for that would infer that there is an “up and down.” Neither our senses nor 2nd dimensional technology would be able to detect “up or down.” Someone may author a *Theory of Reality* about infinite layers of 2nd dimensions that are combined in infinite directions to comprise a 3rd dimension, ha-ha. If we did conceive of an “up or down” it would not be easy to prove. People also tend to keep to the status quo. In a two-dimensional condition everyone would perceive the universe as sideways and only sideways... forever in all directions.



Let us continue now to examine the 3rd dimension along this same line of thinking. The following is a depiction of the 3rd dimension:

3rd Dimension

Comprised of ALL lines and planes in any direction



We know that Reality is constantly changing. One single frozen instance of Reality is made of ALL the planes and lines in infinite directions. If there happens to be another 3rd dimension (there is), it is a separate Reality with a different configuration of lines and planes. The slightest change in *what, when, where and how* is a separate Reality having its own configuration of a 3rd dimension (which changes again in the next instant).

If we apply the line of reasoning that a 2nd dimension is comprised of ALL of the lines along a specific plane, and a 3rd dimension is comprised of ALL the planes and lines in one instance of Reality, we can postulate a 4th dimension that would be comprised of ALL possible arrangements and ALL scenarios of Reality (all 3rd dimensions at once).

Consider now that as the 1st dimension could not perceive a 2nd dimension; and as the 2nd dimension could not perceive a 3rd, then we who seem to exist in the 3rd dimension (Reality) will not readily perceive a 4th dimension. However, we do have the mental capacity and comparative analogies in nature to understand this (discussed ahead). At the very least, we can conceptualize it if we will be open-minded to reason and logic and allow ourselves to think outside of the box.

Let us move on now to the 4th dimension. We can discuss it based on what we have just stated about the 1st, 2nd, and 3rd dimensions. Since it is not possible for us to perceive a 4th dimension from the 3rd dimension, I will illustrate it the following way:

4th Dimension



Dimensional Relationships:

- 1) As there is a 1st, 2nd and 3rd dimension, it is reasonable to propose a 4th dimension.
- 2) A three-dimensional existence (our perceived state of existence) can undoubtedly identify the 2nd and 1st dimensions. If we exercise a little imagination, we can easily dissect our surroundings into a myriad of planes and lines.
- 3) Recognizing lower dimensions is much easier than realizing a higher dimension. For example, in the thought experiment, a 2nd dimension entity could not perceive "up or down" (3rd dimension) even though it exists. Similarly, a three-dimensional entity (humans) cannot perceive a 4th dimension with their senses or technology.
- 4) We may postulate the characteristics of a 4th dimension based on the features of lower dimensions that we can perceive. For example, the obstacles that lower dimensions have in common in relating to the next higher dimension are:
 - a. They are invisible.
 - b. **They are non-measurable** (in the lower dimension).
 - c. They are deemed theoretical.
 - d. **They elude the laws of physics** (of the lower dimension).
- 5) The 1st, 2nd, and 3rd, dimensions all exist in the same universe. Correspondingly, a 4th dimension is not in a different universe. And, it is just as naturally occurring.
- 6) Each higher dimension is comprised of ALL the previous dimensions within that same dimension. For example, a 2nd dimension contains all lines in every possible configuration along that specific plane. Likewise, a 3rd dimension is made of every possible 2nd and 1st dimensional configuration and arrangement of planes and lines. Therefore, a 4th dimension would have to contain every possible and imaginable 3rd, 2nd, and 1st dimensional configuration, arrangement, and scenario. In other words, it would be all products and outcomes simultaneously (quantum traits).

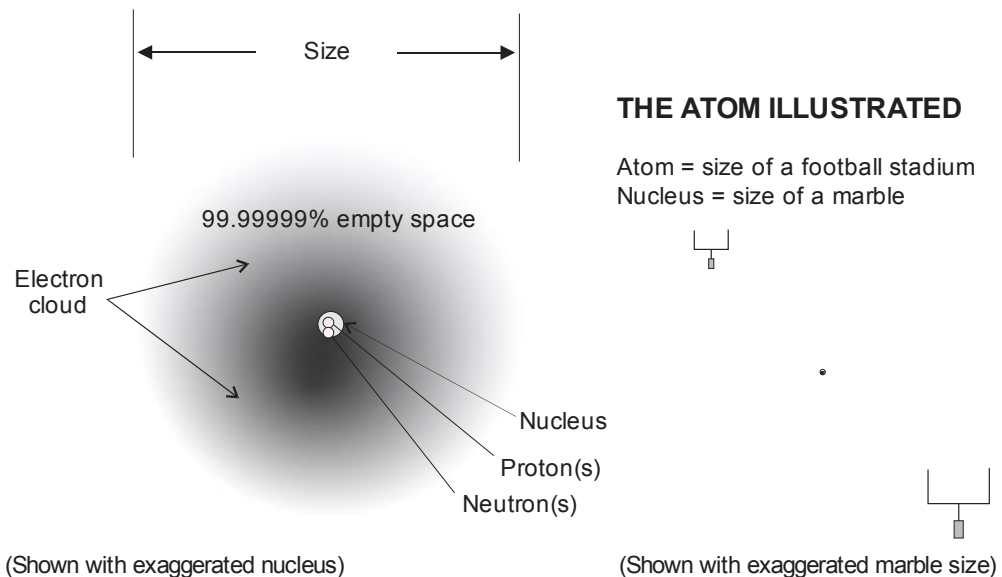
- 7) We perceive that the 3rd dimension can manipulate the 2nd and 1st dimensions to any configuration desired; for example, we can build things or bulldoze things flat. The 2nd and 1st dimensions, however, cannot dictate to the 3rd dimension the way in which they are to be fashioned. In like manner, all 3rd dimension arrangements would passively comply to the exploitation of the higher 4th dimension.
- 8) Given that each higher dimension contains all the lower dimensions, they are intimately associated with them. Since each higher dimension can exploit lower dimensions, they are intimately aware of them. Conversely, the lower dimensions may only passively respond to the preeminence of the higher dimensions.

Since the 4th dimension has every 3rd, 2nd, and 1st dimensional composition, it is akin to “*The Everything*.” It is everywhere, everywhen, and everyhow. It is all 3rd dimension configurations, scenarios, and outcomes simultaneously.



We have just described the 1st, 2nd, and 3rd dimensions in addition to hypothesizing a 4th dimension. Now we must seek a fabric through which all dimensions are interrelated. If all the dimensions are in the same universe the atom would likely be common ground.

Atoms have traditionally been considered the building blocks of the universe. The following is an illustration of an atom. Atoms do not have a precise outer boundary. This is not to proper scale, but it describes the basic ingredients and proportions of a common atom. The illustration helps to emphasize how much empty space is in the atom.



If we enlarged the nucleus of an atom to the size of a basketball, there would be approximately a 2-mile radius of empty space in the electron cloud. There is 99.99999% empty space in the atoms. So, if we look around the room, do we see empty space? “*Not even a hint of it.*” **There is 99.99999% empty space all around us which is not being recognized through our senses.** The relevance of this point is that we are seeking a foundation where a 4th dimension or, *The Everything*, can interact with the 3rd dimension in the same universe. This 99.99999% empty space around us is an obvious place to begin our investigation. Therefore, we will explore this possibility in detail up ahead.

When Max Planck originated quantum theory it fostered many experiments. We discovered quantum objects such a photon whose attributes **defy the laws of physics**. It has **zero mass** and is **non-measurable**. It may sound small, but “small” does not apply to an object without mass or measure. It behaves as a **particle** and at other times as a **wave**. These bizarre characteristics render quantum objects with features of another dimension.

We postulate a dual-state quantum object having both 3rd and 4th dimensional properties. By having inter-dimensional characteristics, our quantum object automatically inherits eight principle characteristics. We reveal how this dual state quantum object can solve paradoxes which could not be explained before now. This extends the capabilities of a photon beyond anything previously understood. We have endowed a quantum object with the appropriate title, **C-Point**, for reasons stated below.

We will begin with the premise that atoms are the larger building blocks of matter and that the empty subatomic space of the atom is the linked to the relationship between the 3rd dimension and the 4th dimension (*The Everything*). Our dual-state quantum object will be called, C-Point—not *a* C-Point or *the* C-Point, but we will simply say, “C-Point.”

Eight Principle Characteristics of C-Point

- 1) **Non-measurable.** It has been scientifically established that a quantum object like the photon is non-measurable, has zero mass, and has a dual state. We must not assume that a quantum object is exceedingly *small*. C-Point is non-measurable. Given this quantum characteristic, we postulate that C-Point contains the *smallest* and *largest* sizes simultaneously in the 4th dimension, whereas only one size is manifested at a time in the 3rd dimension. C-Point may create or displace objects of any size in the 3rd dimension.
- 2) **A Constituent of “*The Everything*.”** C-Point is the existence and non-existence of all 3rd dimensional configurations in the 4th dimension. It is everywhere, everywhen, and anyhow, etc. Every scenario and its opposite exist at C-Point in the 4th dimension; i.e., on—off, start—end, fail—succeed, first—last, sick—healed, for—against, small—big, existent—nonexistent. This characteristic of C-Point is expressed in quantum mechanics. It is called “*superposition*.” This aspect of C-Point extends great potential to us all.
- 3) **Constantly changes states.** *Now* is constantly changing because C-Point is constantly changing at the so-called speed of light. These changes give us the perception of time and motion. If *future* and *past* do not exist in Reality, we must show how *now* is able to change. Credit for the concept of a two-state particle should go to Angelo A. Molinaro, author of *The Two State Universe*. Dr. Molinaro postulated a non-quantum “G-Point.” Conversely, C-Point is a quantum object having both Particle and Wave properties. Dr. Molinaro’s book had a strong impact on me and it influenced me to author the *Theory of Reality*.
- 4) **C-Point in the Particle State.** C-Point exists as a particle and a wave. Scientists have not been able to explain the dual nature of a quantum object. We will now postulate that **Particle C-Point is a constituent of the 4th dimension**. Although it seems unfathomable that every outcome and scenario exists simultaneously at C-Point, size is not relevant. A 4th dimension may exist in a quantum particle. This aspect of C-Point is illustrated in several ways to help make it understandable for us.

5) **C-Point in the Wave State** is the entire electromagnetic spectrum. During the instance C-Point is in the wave state it may convey only one configuration of a 3rd dimension at a time (what, when, where, and how) from the 4th dimension... but just one *now* at a time. **Wave C-Point is a constituent of the 3rd dimension.** Scenarios may be anything or the opposite of anything simultaneously in the 4th dimension; however, in the 3rd dimension opposites may only occupy the same point in space in *different* periods.

6) **Both 4th Dimensional and 3rd Dimensional.** C-Point provides a gateway between the 4th dimension where all opposites exist simultaneously and the 3rd dimension where only one opposite can manifest at a time at a given point in space. Every imaginable scenario exists simultaneously in the 4th dimension. This is impossible in a 3rd dimension but it is inherent in a 4th dimension. As we have just covered, a 4th dimension is made up of ALL possible 3rd dimension configurations. Thus, **C-Point is where creation may occur.**

Particle C-Point of the 4th dimension puts forth a single 3rd dimension via Wave C-Point. (Not *a* C-Point or *the* C-Point. Wave C-Point is infinite electromagnetic waves) It is known that when an electron jumps from a higher orbit to a lower orbit it sends out a photon particle/wave. This is part of the mechanism whereby C-Point conveys Reality from *The Everything* of a 4th dimension to just one thing in the 3rd dimension. This occurs sequentially, one single static instance of *now* in Reality at a time.

7) **Not divisible.** It is not possible to shrink objects an infinite amount of times or to divide the distance between two opposites an infinite amount of times (the halves paradox). Eventually we will reach an indivisible, non-measurable C-Point. At this point we reach a gateway (Characteristic #6) where ALL objects and opposites exist simultaneously in the 4th dimension (Characteristic #4). Whereas in the 3rd dimension, all objects and opposites may occupy the same space but not in the same instance. Only one or the other can manifest at a time (Characteristic #5). These traits solve the paradox of the halves.

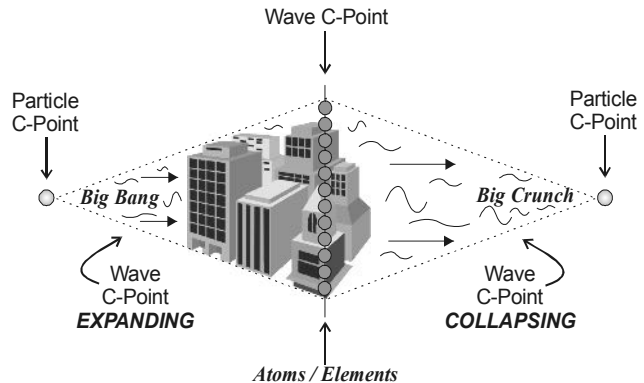
8) **Non-local.** The definition of *Non-locality* is: The sum of all the parts is contained in each individual part. By contrast, a *local* state would take all of the parts to make the sum. This is best exemplified in the holographic picture negative versus an ordinary picture negative. If we took a pair of scissors and cut a corner out of a regular picture negative and then projected the picture on the wall, we would see the picture with a missing piece out of the corner. On the other hand, if we cut a corner out of a holographic negative and then projected the hologram, we would still see the entire hologram, perhaps dimmer, but as if nothing had been cut out at all. The reason is a regular picture negative is local – it is made in such a way that all the parts make up the sum of the whole. Conversely, a holographic negative is non-local – it is made in such a way that the sum of the whole picture is encoded into each part. C-Point is non-local.

A quantum object with the characteristics of C-Point will help scientists generate unification theories about the force that holds atoms together, the Big-Bang Big-Crunch, and the harmonious ways in which the quantum realm integrates with the physical realm. Professors of physics and quantum physics do not usually work in partnership. Each branch seems vastly different than the other. Nevertheless, the macroscopic, microscopic, atomic, subatomic, and quantum realms are seamlessly interconnected. The application of the Theory of Reality and characteristics of C-Point may help unify the scientific branches.

Sometimes we describe light with particle properties having energy and momentum. At other instances we recognize that light displays interference and diffraction effects that are consistent only with a wave explanation. We accept both models and admit that the nature of light is not describable in terms of solely a particle or a wave. Louis de Broglie postulated that because photons have wave and particle properties, all forms of matter have wave and particle properties. The TOR postulates that all matter/energy exists at once in a 4th dimension (Particle C-Point). When matter/energy is in the 3rd dimension it conveys *one event* at a time along the *infinite* electromagnetic spectrum (Wave C-Point). The following illustration portrays how C-Point is at times a 4th dimension particle and at other times a 3rd dimension wave. (The particle shown on each end is the same particle.)

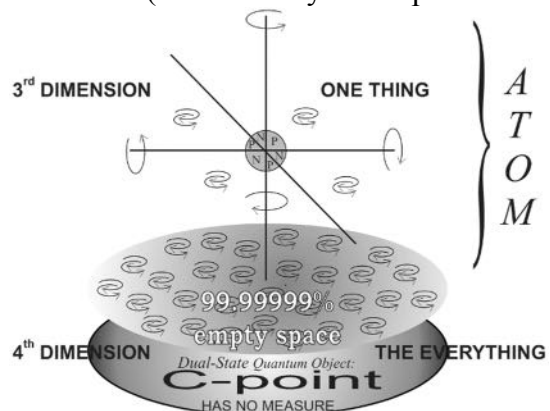
Einstein pointed out that light waves had to be localized to a particle or point-like quanta, even if the wave itself spread over space continuously.

In Quantum entanglement a particle and its anti-particle can be enormous distances apart, yet perfectly emulate one another oppositely. Pair production is a process wherein a photon generates matter. In this situation an electron and a positron are simultaneously produced while the photon disappears. An electron and a positron can annihilate each other and produce two photons. Quantum phenomena make greater sense in the light of C-Point characteristics.



There remains an important unsolved enigma in nuclear physics. ***“What is the nature of the force that holds an atom together?”*** Since we think our existence is earthly, we assume there MUST be something holding atoms together. Science presently adopts the theory of sub-atomic particles called quarks, gluons, and other theoretical particles make up the force that keep the atom from self-obliteration. However, despite many extensive experiments, no quark has ever been observed. It is just a theoretical model.

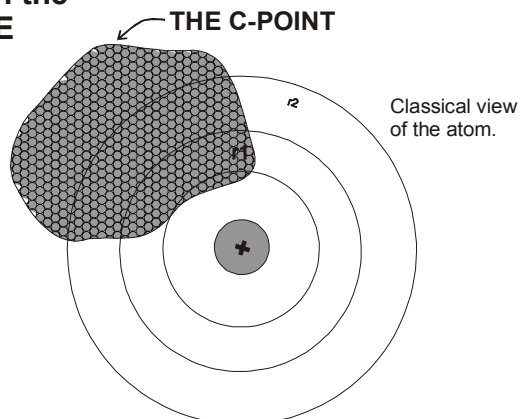
The TOR postulates, there is no force that binds the nucleus together. Instead, each change of C-Point results in the annihilation of the atom. Atoms are then re-created anew in a subsequent 3rd dimension. This is a seamless and ongoing process. C-Point is where *NOW* changes—wrought from a 4th dimension into a rearrangement of the 3rd dimension. This does not contradict the *Big Bang – Big Crunch* model (an extremely dense point that is rapidly expanding in the development of our universe and in billions of years will reverse and recollapse). The Big Bang–Big Crunch is happening at every change of C-Point. Science only catches a glimpse of the whole picture with the tools that we have at our disposal. It may be difficult to rationalize this so long as scientists are under a bias which assumes that an observer has a state of existence *inside* of the 3rd dimension where we would also undergo annihilation with the atom repeatedly.



C-Point is not confined to boundary of an atom. On the contrary, atoms flourish on C-Point. Atoms become whatever element necessary to conform to the exploitation of the 4th dimension. (Higher dimensions control lower dimensions) If atoms are the *fabric* of the universe, then C-Point contains *all the threads of the fabric* of the universe.

C-POINT / QUANTA in the PARTICLE STATE

Louis de Broglie wrote, "... following **Einstein's** introduction of photons in light waves, one knew that light contains particles which are concentrations of energy incorporated into the wave, suggests that all particles, like the electron, must be transported by a wave into which it is incorporated..."

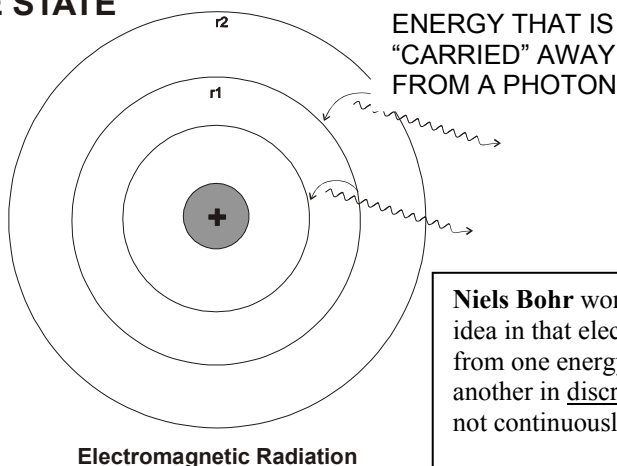


Atoms are the building blocks of each 3rd dimension.
C-Point in the particle state is the underlying 4th dimensional state.

Particle C-Point is all states at once in the 4th dimension but can emit any one state by packaging it and sending it out to the 3rd dimension via Wave C-Point by interfacing with the atom's processes. The photoelectric and Compton effects revealed that energy of a quantum object (photon or C-Point) is transformed into the kinetic and potential energy of an electron. Then a photon interacts with matter through the photoelectric effect and an electron is removed from an atom and the photon disappears. These experiments are giving us a peak into the annihilation of the atom and the seamless Big Bang – Big Crunch with every changing instance of *NOW*.

C-POINT / QUANTA in the WAVE STATE

De Broglie said, "...My essential idea was to extend to all particles the coexistence of waves and particles discovered by Einstein in the case of light and photons."

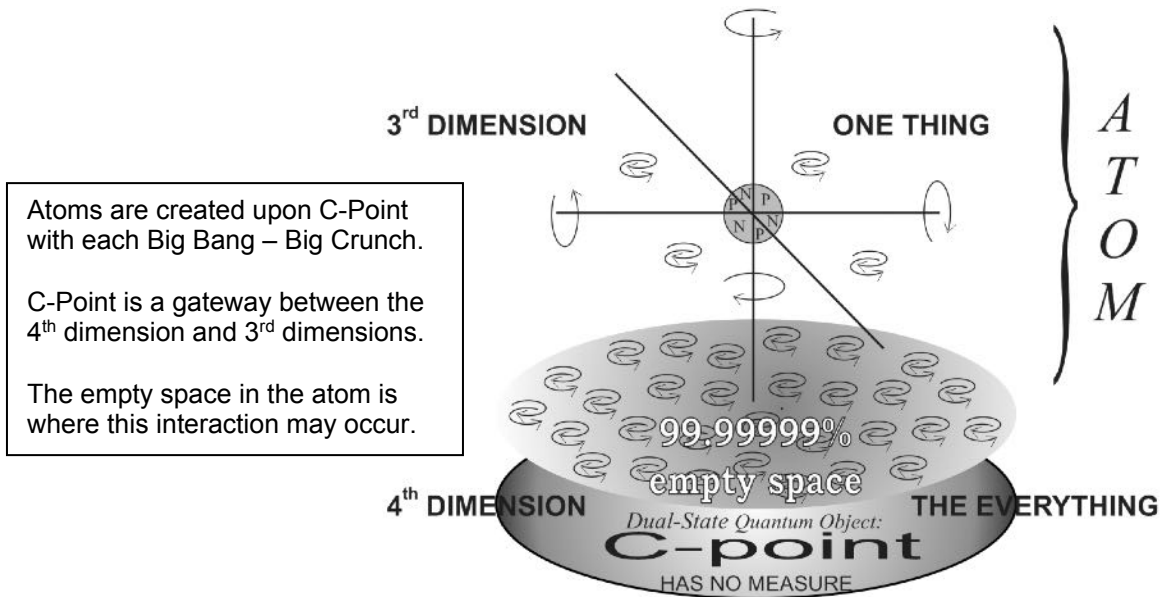


Niels Bohr worked on the idea in that electrons move from one energy level to another in discrete steps, not continuously.

Wave C-Point (quantum object) emits one static event at a time in packages that derive from *The Everything* of **Particle C-Point** (the same dual-state quantum object)

Theory of Reality

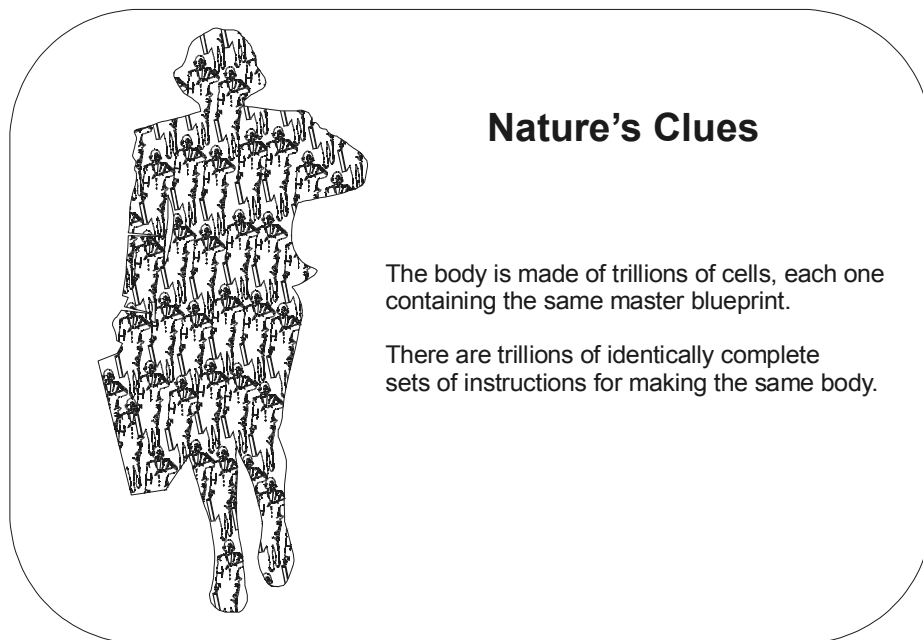
Atoms are just building blocks. They are the constituents of all the natural elements in the 3rd dimension. All of the atoms (elements) arise from C-Point which contains the existence and non-existence of everything that could, or could not, become a produced event of Reality. **C-Point contains and produces the blueprint of the entire universe:**



Atoms undergo annihilation and are re-created anew upon C-Point with each passing event. In other words, **each “now” brings a new change in Reality.** This is how the 4th dimension can exploit the 3rd, 2nd, and 1st dimensions. Hence, the 4th dimension determines what, when, and how *Reality* is to be configured and arranged. We actively seek comparative analogies in nature. For example, we noted the 3rd dimension exploits all the planes and lines. It controls the arrangement of the 2nd and 1st dimensions. Nature does this through wind, water, or shifting of the tectonic plates thereby shaping continents. We do this in big ways such as constructing buildings or automobiles, or in small ways such as applying make-up or smearing peanut butter on a slice of bread. We can shape and form planes and lines to any desirable product. This is genuinely analogous of a 4th dimension having the same capability of exploiting the 3rd dimension in each passing instant. It can do this because a 4th dimension, even the entire universe, is non-local at the quantum level. Therefore, the sum of the entire universe is encoded in a quantum object.

This is an appropriate place to expand on the concept of non-locality. We said that C-Point is non-local (principle characteristic #8). As fantastic as it may seem, C-Point (the non-measurable, zero-mass quantum object) contains the entire blueprint for the universe. This is a near-unfathomable claim; however, observations of nature can help us understand this enigma. For example, our bodies are made of an enormous number of cells (trillions). Within the nucleus of every one of those trillions of cells lies a strand of DNA. This genome is a code that contains the blueprint of the entire body. Every DNA strand contains a complete set of instructions for making the body. Is this a near-unfathomable claim? It most certainly is; nevertheless, it is fact of nature.

If strands of DNA were unwound and tied together, they would stretch to more than 5 feet but would be only 50 trillionths of an inch wide. That is almost unfathomable, but it is true. Our own bodies have trillions of cells—trillions of 5-foot-long unvarying blueprints for the entire body. Living organisms demonstrate a comparative analogy of non-locality. There is a reason for this. Einstein believed the universe is not by random chance. Nature has non-local clues because the universe itself is non-local—it is ordered.

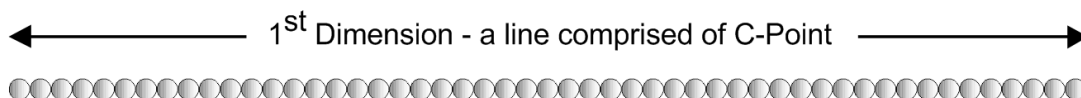
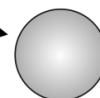


How can trillions of parts of our body contain so much information in each part? How can all that information fit into such a tiny microscopic space? Space is obviously irrelevant. It should not be unfathomable that the whole of a perceived 3rd dimension is contained in a quantum object. We concede that **space and distance are inconsequential**. This is not be unexpected given that C-Point is non-measurable and non-local.

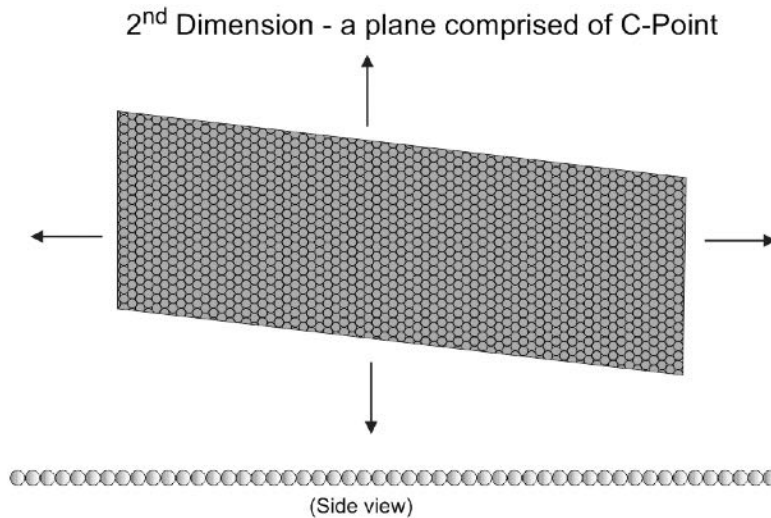
Summing up this chapter, let us consider our starting point and review the ways non-local C-Point is inherent within the 1st, 2nd, and 3rd dimensions. The following illustration depicts the 1st dimension. Since the line originates from C-Point, it can be bound or boundless, finite, or infinite. It can be short or long. It can exist or not exist. These opposites can occupy the same point in space in *different* periods. A 1st dimension is fashioned, arranged, and comprised from non-local C-Point quantum object. Thus, each part of the line contains the entire blueprint of the universe within itself.

Principle of Relativity:
There is no such thing as absolute length.

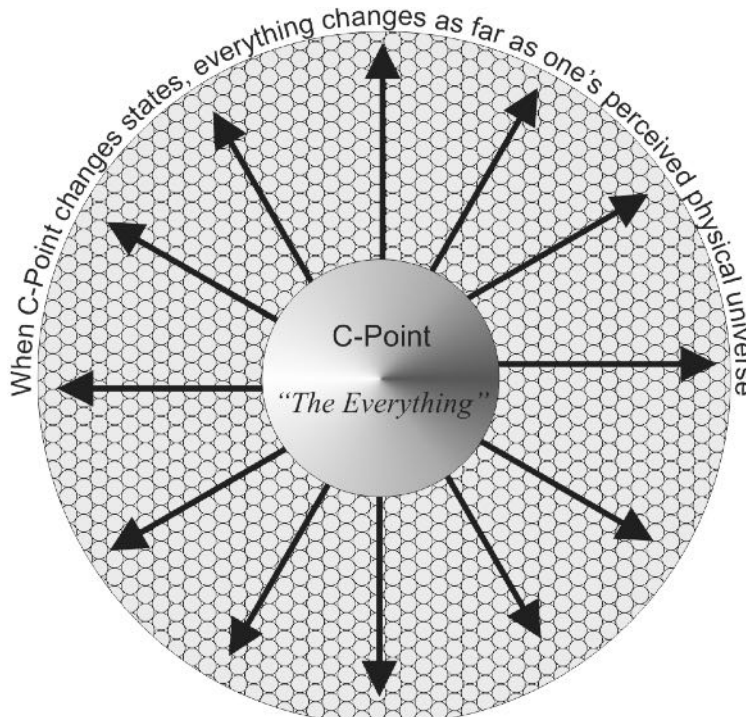
Non-measurable, non-divisible, non-local **C-Point**



The next illustration represents the same scenario for a 2nd dimension fashioned by C-Point. Each part of the plane contains the entire blueprint of the universe within itself.



To finish here, let us apply the same principles to *Reality* as we did to each lower dimension. Imagine that your entire experience of the 3rd dimension is being fashioned upon non-local C-Point—having a universal blueprint. C-Point ushers in new events from the 4th dimension which seems to us like “*The Everything*.” **The perceived physical universe arises from one individual’s frame of reference. It is re-created with each change of C-Point at the so-called speed of light.**



THE UNIVERSE
One individual’s perspective of the 3rd dimension

“Every moment Nature starts on the longest journey, and every moment she reaches her goal.”

THEORY OF REALITY

OUR REALITY

Our Reality

*“And isn't it a bad thing to be deceived about the truth, and a good thing to know what the truth is?
For I assume that by knowing the truth you mean knowing things as they really are.”*

- Plato (429 – 347 BC)

History of the nature of light:

Up to the eighteenth-century light was conceived as being made up of particles. However, since the particle model could not easily account for refraction, diffraction, and birefringence, other theories subsequently arose. Wave theories of light were proposed by Rene Descartes in 1637, Robert Hook in 1665, and Christian Huygens in 1678. Nevertheless, the particle model remained predominant due to Isaac Newton's, *Opticks*.

After August Fresnel and Thomas Young clearly demonstrated diffraction of light, wave models of light came to be accepted by 1850. In 1865, James C. Maxwell postulated that light was an infinity of electromagnetic waves – a theory still accepted. This was experimentally confirmed by Heinrich Hertz in 1888. This seemed a deathblow to the particle models of light. Then, after four decades of investigation, Max Plank developed a hypothesis which showed that any system that either emits or absorbs electromagnetic radiation (waves) is an integer of quantum energy. Albert Einstein followed up with a Nobel Prize winning account using particles and waves to explain the photoelectric effect.

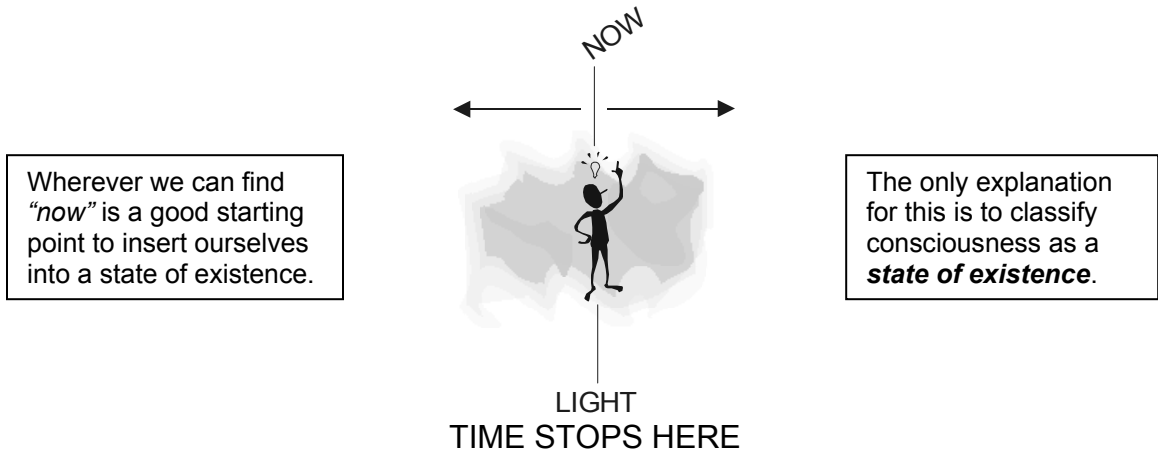
Einstein was the first to point out that the energy of Maxwell's light waves had to be localized to a particle or point-like quanta, even if the wave itself spread over space continuously. Thus, light had to be a full-fledged particle. The question on how to unify Maxwell's wave theory of light with the particle nature was solved by Albert Einstein in his relativistic quantum field theory, Quantum Electrodynamics. Photons represent the quantum counterpart (particle) of classical electromagnetism (waves). Paul Dirac developed a spin theory with a profound implication that for every particle there is an antiparticle. Erwin Schrödinger, Werner Heisenberg, Richard Feynman, Paul Dirac and other physicists later refined the principles of the dual nature of light and quantum mechanics for which each won the Nobel Prize.

The modern photon concept was developed by Albert Einstein. A photon is a carrier for the electromagnetic force. It is non-measurable, has no mass, and its attributes defy the laws of physics. It exhibits duality having properties of both particle and wave.

The Theory of Reality adds to the attributes of the photon (C-Point), extending its capabilities far beyond anything previously understood. The distinction our hypothesis makes is that a Principle of Relativity 'time interval' is analogous to a Theory of Reality 'changing C-Point.' Reality is produced by a sequence of changing *nows* created by changing C-Point and this gives the impression of time intervals. The term, *C-Point change* is more fitting than *time interval* because the TOR postulates atoms are annihilated and recreated on C-Point, and thus the Big Bang–Big Crunch are happening seamlessly at every change in C-Point. Fluid time does not exist. These phenomena drive Reality. Here we start to make a connection with consciousness and Reality and to ascertain our state of existence.

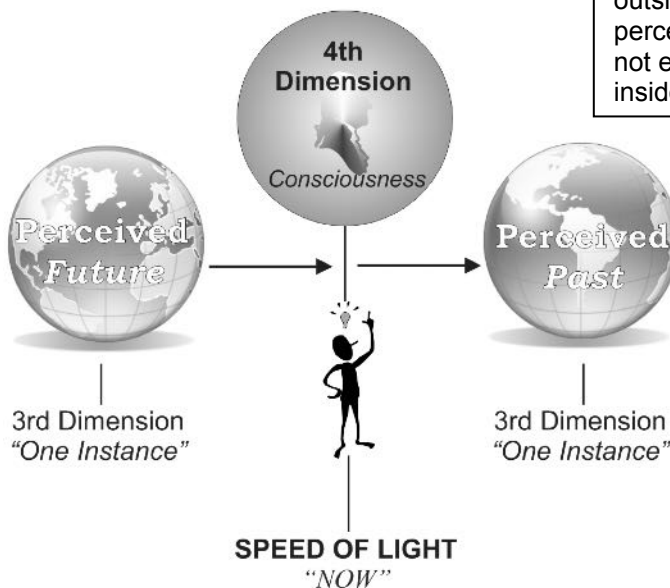
Theory of Reality

Earlier we said we would not insert *self* into Reality until we found a proper fit. Since *past* and *future* are not in the 3rd dimension existing there would be impossible. Albert Einstein showed that time slows down as it approaches the speed of light and it stops at the speed of light. Thus, light is independent of *future* and *past*. We can isolate *now* at the so-called speed of light. Light is a fitting state of existence to insert *self* into.



This is significant in our assessment of a point of creation. It changes states at the so-called speed of light. This is key because time stops here. *Now* is found here, thus it is a fitting place for consciousness. In the next chapter we describe how Particle C-Point packages separate distinct 3rd dimension configurations in the 4th dimension and sends them out into the 3rd dimension via Wave C-Point one static event at a time.

"I perceive future and past"

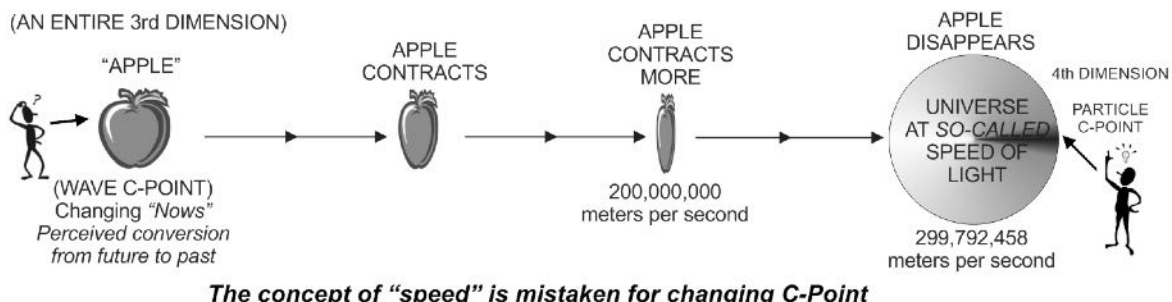


Consciousness needs to be outside of the 3rd dimension to perceive something that does not exist (*past* and *future*) inside the 3rd dimension.

Quantum theory says time, distance, and objects are different for every individual in relationship to their moving speed. But impossible paradoxes are created by assuming that consciousness is inside the 3rd dimension and that time and distance are real. The state of existence of consciousness is at the so-called speed of light in the 4th dimension.

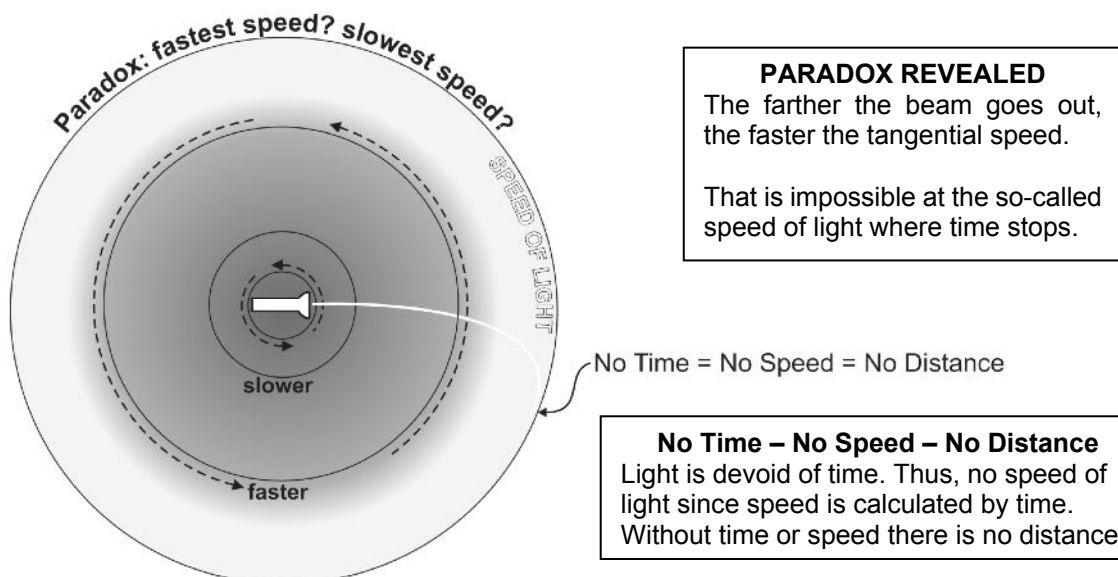
Objects contract as they approach the speed of light then disappear at the speed of light; that is, from a 3rd dimensional viewpoint. If this phenomenon happens to one object, then it applies to ALL objects in a 3rd dimension at the speed of light. We postulate, to assume that an observer's existence is 3rd dimensional creates biased error.

Principle of Relativity: All physical processes, including chemical and biological reactions, slow down relative to a stationary clock when they occur in a moving frame.



The above illustration depicts the currently accepted view of this phenomenon. The object contracted at very high speed and then disappeared at the so-called speed of light. The Law of the Conservation of Mass implies that the object contracted and disappeared because it was being absorbed into something else. That "*something else*" is actually the 4th dimension in the same universe. Biological eyes could not detect an object contracting at the speed of light. This phenomenon is demonstrated by equations and not by eyesight. Einstein said, "*These equations point to a deeper Reality.*" TOR states, 3rd dimensional Wave C-Point is part of a non-local universal blueprint and returns to a 4th dimensional Particle C-Point. Thus, the phrase "*speed of light*" is a misnomer. If we think about it, the concept of "speed" creates an impossible contradiction, as per this illustration:

A LASER CAPABLE OF INFINITE DISTANCE IS TURNING



**Speed of Light and non-measurable C-Point are the same thing.
This paradox is resolved if C-Point is true.**

Theory of Reality

We have constructed billion-dollar accelerators that “speed up” particles to very extreme velocities. The data is being interpreted from the conviction that speed exists; moreover, the researchers think that they, *themselves*, exist in the 3rd dimension. This makes the puzzle more difficult to unravel. Thus, experimental results are being analyzed under bias at the expense of possible equally valid alternatives. The accelerators and experiments might be of use in proving a dual state C-Point. Elaborate experiments may be unveiling glimpses of C-Point parameters and characteristics.

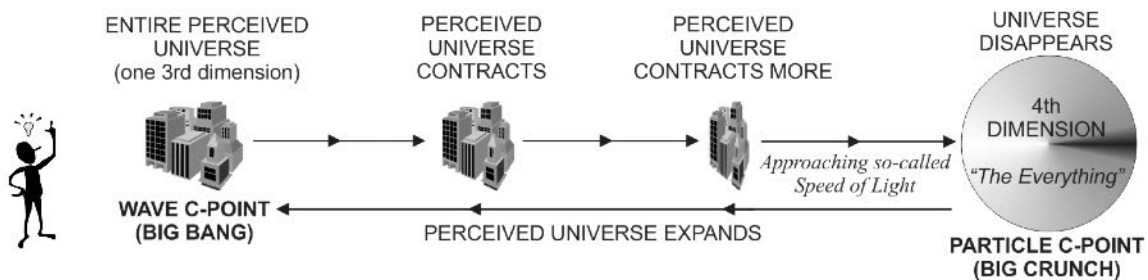
We postulate that the Principle of Relativity and other quantum phenomena will point to an accurate Reality by the Theory of Reality interpretation. For example, Einstein’s well-known thought experiment describes how a twin in a spaceship accelerating up to the *speed of light* experienced less *time* pass by relative to his twin standing on the earth. He also accumulated more memories and did not age. The Theory of Reality offers the same reasoning, howbeit, in different terminology. The *speed of light* is tantamount to C-Point. Einstein’s *time interval* is synonymous with a *change in C-Point*, therefore, the twin in the spaceship is at *The Everything*. How the twin had gained more memories is explained in an upcoming chapter, Our Potential. The TOR also postulates neither time nor speed exist. The Principle of Relativity states, “*Measured **time intervals** are not absolute, as in the case with moving objects – The time interval between two events depends on the frame of reference. Time, as it relates to the speed of light, depends on each individual’s point of view.*” Theory of Reality similarly states: “***Changes in C-Point** depend on an individual’s frame of reference to Reality. Intervals between 3rd dimensional events is dependent on the extent they are re-membered to consciousness.*” This is explained in The Missing Link.

Principle of Relativity:

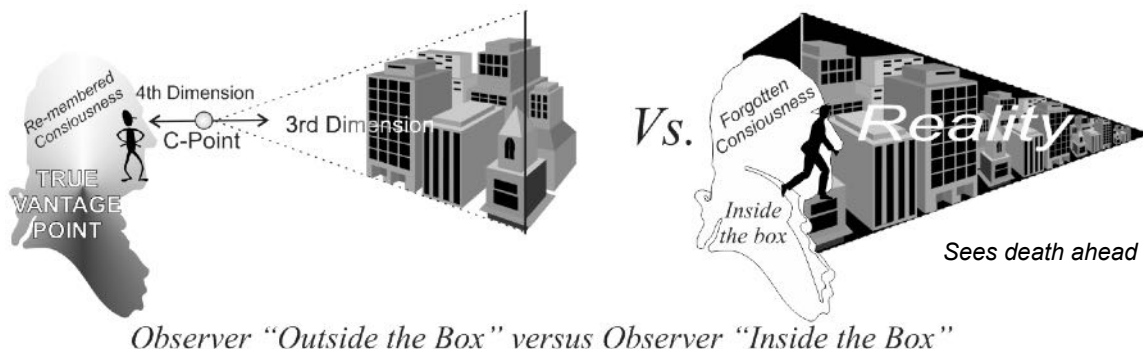
Motion is unimportant when measuring the speed of light.

Einstein’s *time interval* is *C-Point changing states* continually pulsing events from a 4th dimension. An individual is consciousness in a unique 4th dimension and perceives Reality in the 3rd dimension from a unique viewpoint. So, everyone who measures the *so-called* speed of light gets the same result. There

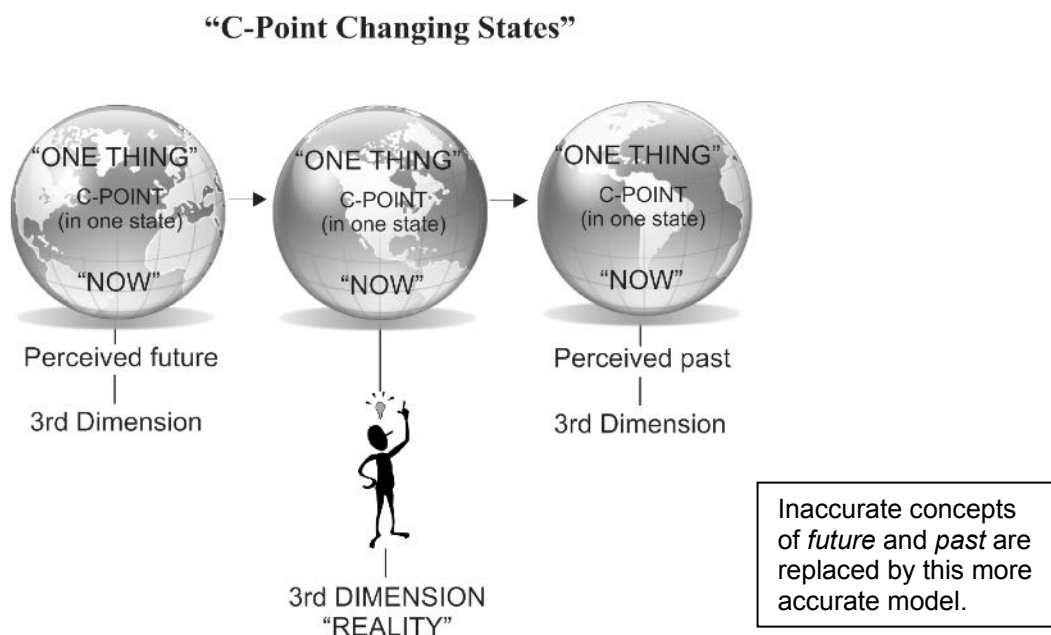
is no such thing as *time*. Speed, motion, length are three dimensional perceptions. At the speed of light, the truth of Reality becomes finally clear: *NOW* is at the Light and time is a biased perception. This is a whole new way to interpret Einstein’s Principle of Relativity. 3rd dimension configurations are sequentially changing (Einstein’s *time intervals*). With every change of C-Point a new and seamless Big Bang – Big Crunch occurs as follows:



Researchers *exist* “outside the box” of the 3rd dimension while endeavoring to discover and assert truths of the universe from “inside the box.” To avoid bias, the TOR initially set aside the fact that we exist anywhere while looking for a suitable realm for our state of existence. We needed to discover that we really do exist outside the 3rd dimension.



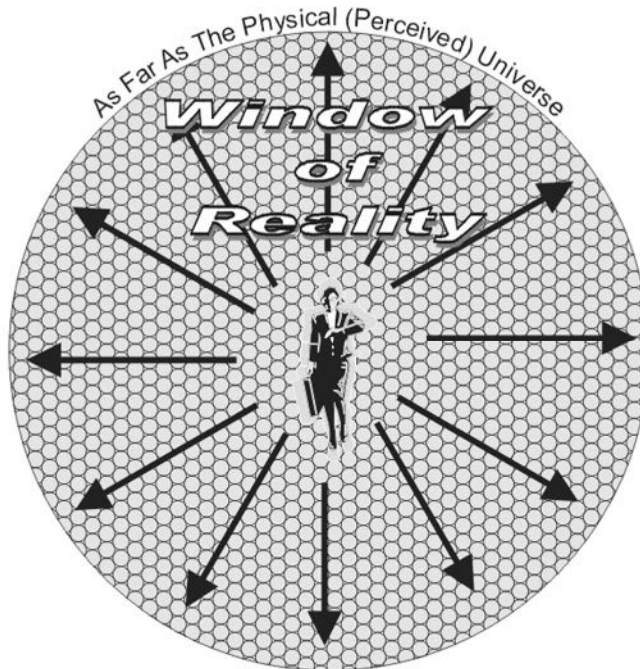
Individual observers have their own unique perception of present, past, and future. The following illustration depicts a third dimension changing states with every change of C-Point for just one individual. All other observers have different points of view.



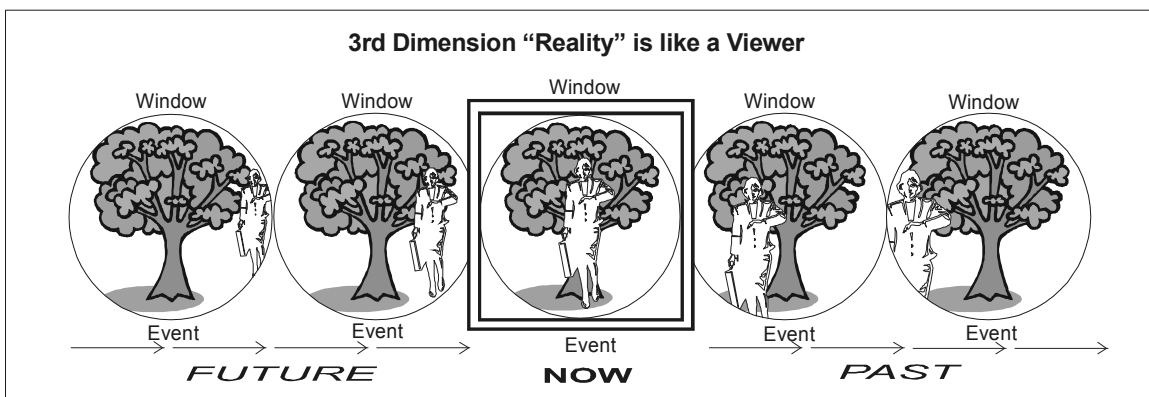
Every time C-Point changes states it presents a slightly different configuration of Reality, one non-measurable interval after another. This is how we are able to perceive time intervals (*non-existent future and past*) in the 3rd dimension. This is happening under the exploitation of the 4th dimension where consciousness exists. When C-Point changes states, every atom, as far as the perceived universe of an observer, undergoes annihilation and is recreated anew in the next event. They all carry the same exact nonlocal blueprint for one observer's universe. This implies that any 3rd dimensional scenario is temporary and may change. Even a radical change, for example, a *so-called* supernatural healing.

This aspect of the Theory of Reality offers a promise for makeovers in the life of every individual and the capacity for global transformation through us all collectively. We will discuss this great potential up ahead after we complete the scientific postulates of the TOR and expound on the *Homo sapien* experience through which we experience Reality.

We've heard the impolite expression, "*The world does not revolve around you!*" This, however, is not the actual case. Each physical 3rd dimension is experienced from an individual frame of reference, evidenced by existing theoretical models we have just referred to. This illustration depicts an individual at the center of their perceived universe.

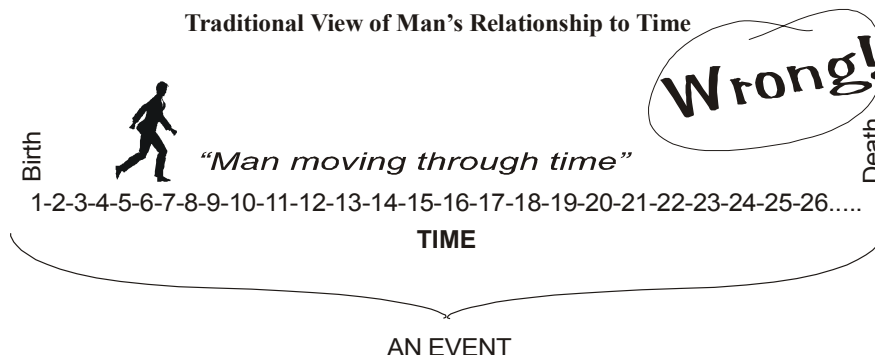


C-Point delivers new events from *The Everything* of a unique 4th dimension into a shared 3rd dimension. Every time C-Point changes from Particle C-Point to Wave C-Point it produces a slightly different *now*. Imagine a holographic projector running a reel of film that contains numerous frozen holographic images. Each hologram is an event unto itself. These events are flowing so seamlessly it appears that the so-called *future* and *past* are in motion. However, a more accurate way to interpret this phenomenon is to perceive Reality unfolding before us event by event as in the following illustration.



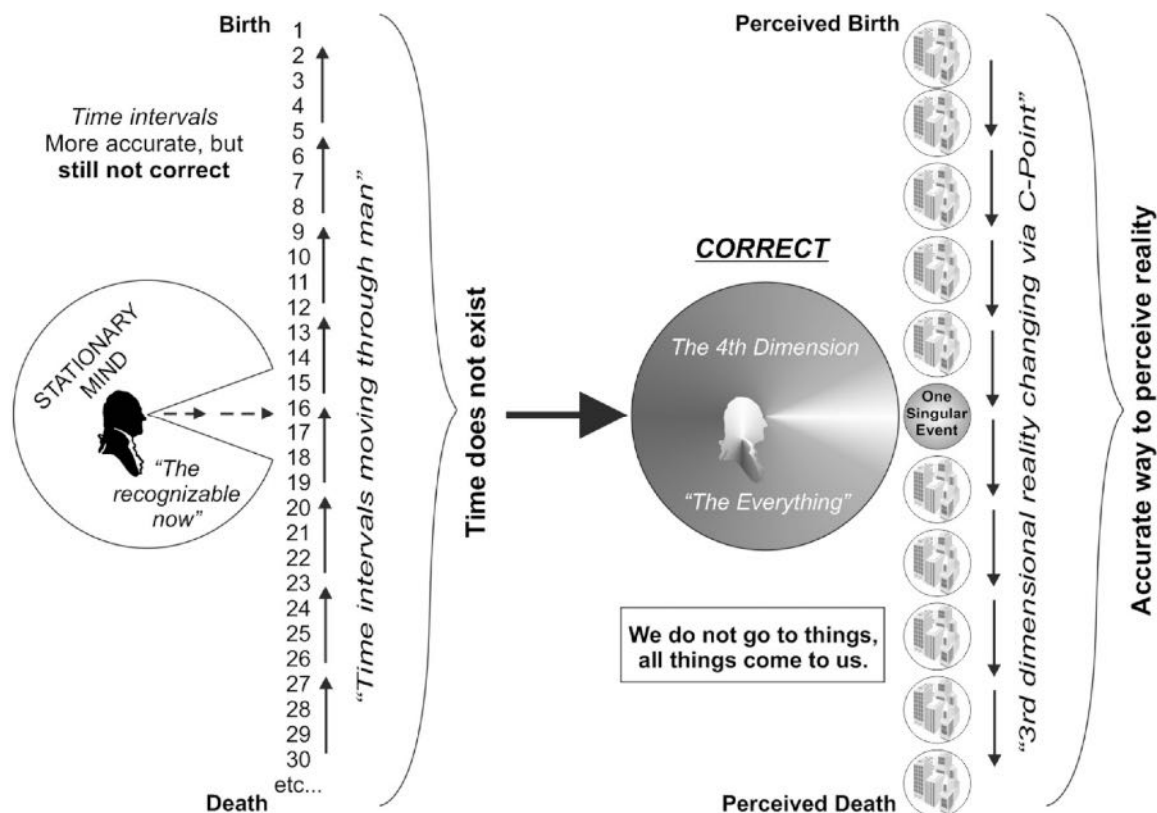
Each window or event in the above illustration depicts a change of C-Point and all elements at the same time. This illustration is exaggerated because the change from window to window is so seamless it would not be noticeable. This holographic viewer shows that C-Point functions at what is presently understood to be the "speed of light."

To summarize, let us re-visit the matter of passing *time* and how that relates to our whole life on earth. We must abandon the notion that we are moving through time and instead understand that so-called *time intervals* are moving through us. The fact that we cannot jump back into the past or into the future should help us to appreciate that we are not able to move through time. Time does not exist. The following illustration depicts a traditional view on how nearly everyone thinks a human being is moving through time.



We only appear to be moving through time (above). We must observe the puzzle of our existence from a different point of view to solve it. Consciousness is stationary. Reality itself is changing. We do not go anywhere. All places and things come to us. In other words, all scenarios and configurations of the 3rd dimension (Reality) come to us.

CORRECT POINT OF VIEW OF OUR RELATIONSHIP TO REALITY



THEORY OF REALITY

OUR PERCEPTION

Our Perception

"If the doors of perception were cleansed everything would be as it is, infinite."

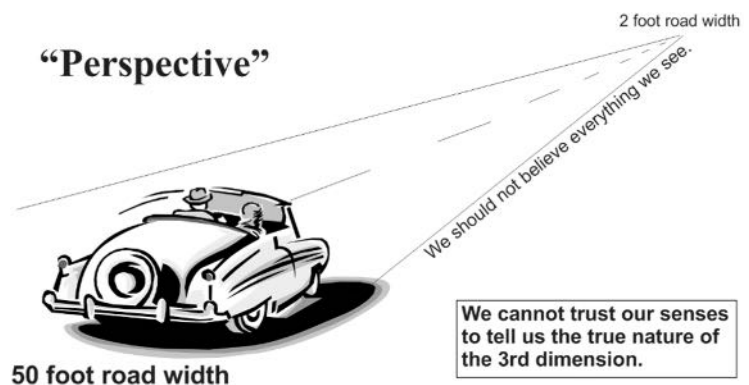
– William Blake (1757 – 1827)

We have just dealt with the concepts of future, past, speed, and speed of light. Let us now delve into our sensory perceptions in relation to the changing 3rd dimensions. We see things every day that are not genuine. We do things that seem impossible. We move in directions that are not possible to fit into undaunted. We are oriented since birth to take many anomalies for granted, not just the timeline of future and past, or of speed, but also the concepts distance, vectors, displacement, and visual inaccuracies.

One challenge we are still facing is to explain the bio-physiology of how energy is transferred from sources like sight, sound, smell, taste, and touch into sensory perception. An estimated 90% of information is lost by the time it travels from the eyes to the brain. The brain forms perceptions of things such as candles, people, faces, and honeysuckles, etc. There are controversies among psychologists about the perceptions process. We will highlight one psychological theory that states, *perceptual processes depend on the expectations and previous knowledge of the observer.*

Let us suppose that a person was raised in a dim small room that had rounded walls. He or she had been deprived of all long-range perception and images. Then, after visual orientation set it, they were taken outdoors. He or she may become disoriented to everything that is beyond arm's length and very possibly show hesitation about riding in a car down a long road. In the case of a blind person who somehow received new sight as an adult, incomprehension would be absolute. We, who have had sight since birth, have become oriented and accustomed to all the false perceptions that surround us.

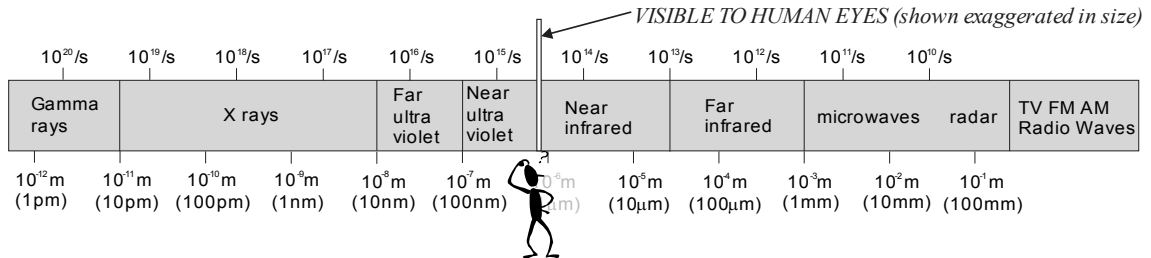
The fact is our eyes lie to us all the time. If we look plainly at situations that we face every day, a 3rd dimension appears to be impossible to get very far around in. Our eyes cannot see beyond the false perceptions of Reality. So, we cannot trust our senses to give us an accurate assessment of our true state of existence.



We all travel unafraid down a long road that appears too narrow. We walk confidently down long corridors which seem to become too small up ahead. We move throughout the 3rd dimension ignoring all its inaccuracies and impossibilities. Seldom have these anomalies ever been questioned. This is most likely because we have not had a good model to replace our disingenuous perceptions. Human eyesight is very limited. We depend on technology and equipment to tell us what is beyond our sensory perception.

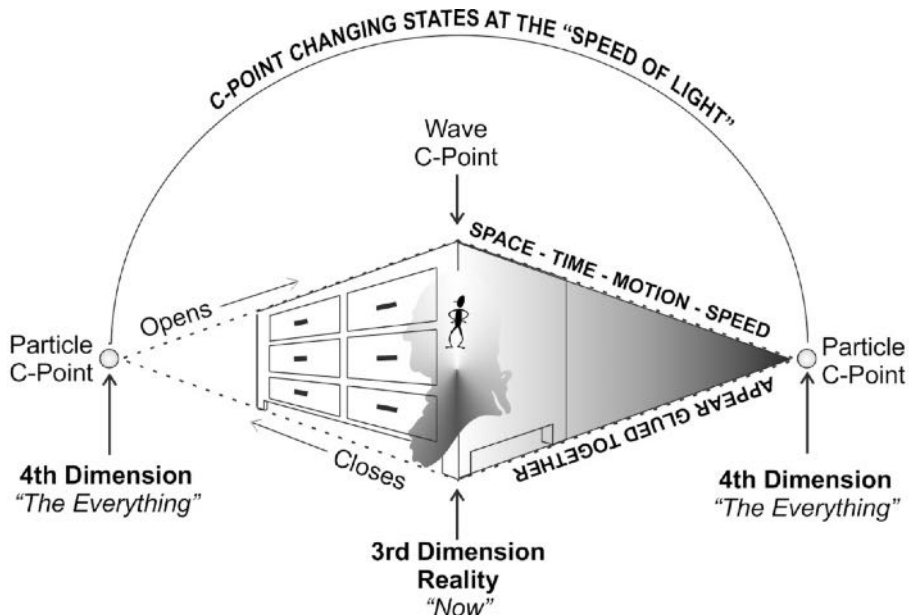
Theory of Reality

There are infinite frequency waves along the electromagnetic spectrum, however, **humans can only see about 0.0035% of what is out there.** This unveils an astonishing amount of Reality omitted from our sensory awareness. Indeed, there is a whole world around us that we do not fathom. We are in an exceedingly greater realm of unrecognized existence and we may take hope in this.

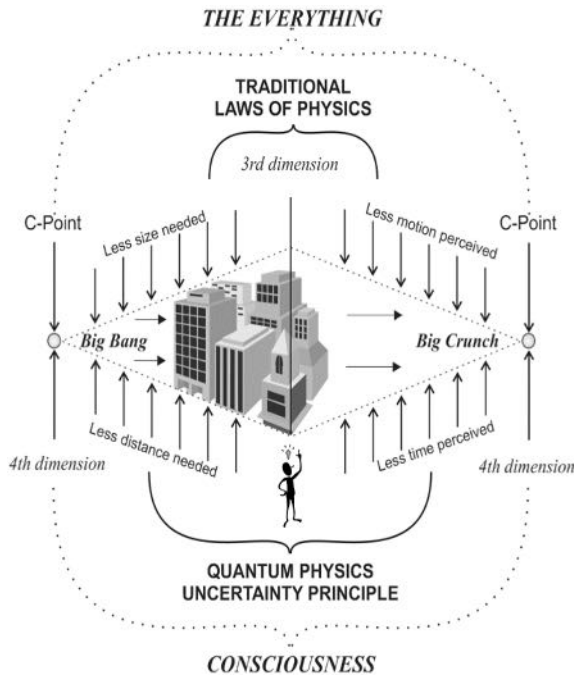


The perception of the 3rd dimension, or Reality, is rather like perceiving windows of the universe opening and closing in sequence before us. In the last chapter we learned that Reality unfolds event by event. Let us call these events, “windows.” *The Everything* brings these events to our perception one static window at a time. The window shown in the following illustration is drawn flat and is therefore incorrect. The C-Point on each end of the illustration are the same C-Point. This is to illustrate how C-Point unfolds windows of events to us and then closes them back up at the so-called *speed of light*. The unfolding and folding of windows is C-Point changing states, giving the appearance of *time intervals*.

Each window of Reality unfolds into our three-dimensional perception and then folds back into *The Everything* with every change in C-Point. This diagram illustrates the perspective of space, time, speed, and objects contracting as they are absorbed back into C-Point. All false perceptions are reabsorbed into *The Everything*. If we pretend that space, time, motion, distance, and speed are glued to the 3rd dimension it sheds light on their false perceptions. Space, time, speed, and three-dimensional perception are not separate things.



C-Point changes states at a non-measurable pace analogous to the *speed of light*. As it does, the windows of Reality open and close seamlessly. We experience Reality one single event at a time. This creates the false perception of experiencing *time intervals*.



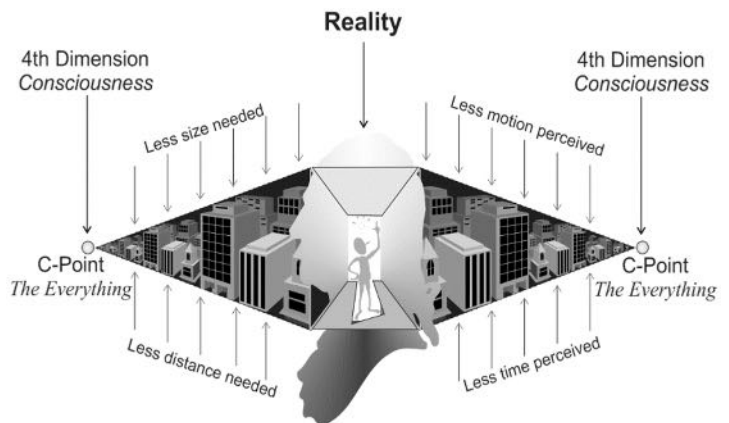
All these false perceptions have created enigmas in physics that require solutions. Werner Heisenberg's Uncertainty Principle states it is impossible to simultaneously measure the position of a particle and its speed. The TOR hypothesizes that the *position* of particle is determined by the current state of C-Point (quantum physics). Conversely, *speed* is merely a perception simulated by changing C-Point states. It is measured using traditional laws of physics.

The TOR brings quantum and traditional physics closer, blending their relationship more than previously thought possible.

Einstein voiced open dissent with the Uncertainty Principle. He and Schrödinger believed quantum mechanics is a statistical approximation to a deeper Reality.

C-Point may have zero distance and all distance—smallest size or largest size—maximum motion or no motion. **C-Point can shape Reality into that which is either observed or expected by any individual consciousness.**

As shown here, consciousness is an integral and necessary part of Reality. This hypothesis places us in a realm of incredible potential. We will show how consciousness establishes the course of history.

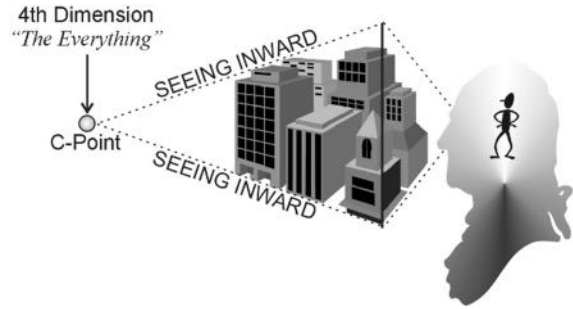


Principle of Relativity: The length of an object measured, when a reference frame is moving, is less than the proper length.

Our sense of proprioception (the awareness of our body's position in space) can be easily thrown off. We may recall a time when we were sitting in a car that was stopped in traffic or at a crossing. We were in the middle lane with vehicles in front, behind, to the right and left of us. We had been sitting there waiting for some time with our foot on the brake. Suddenly we felt as though our car was moving forward and we slammed on our brakes. We were surprised that our foot was already on the brake and that our car was not moving at all. For a few seconds we felt displaced. The cause of this bewilderment was that in our peripheral vision the vehicle next to us was moving backwards. That car was doing something unanticipated by us. The unexpected movement threw our perception of Reality off for a moment. In that instance, we caught a glimpse of the false perceptions of Reality when something unforeseen and unexpected threw off our sense of placement. If things flow in a way that we expect, we feel oriented in the sequencing of 3rd dimensions.

Theory of Reality

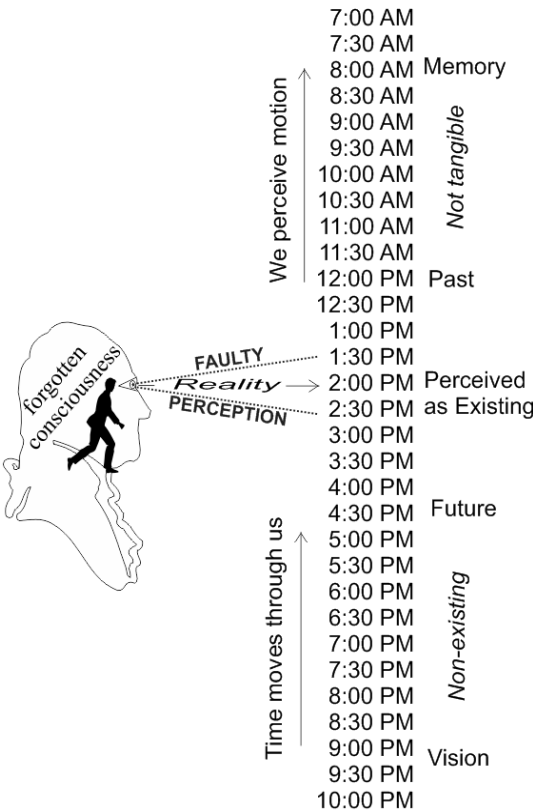
Reality is sequential 3rd dimensions. We see Reality outwards from human eyes. It gets progressively smaller with *so-called* distance. Although we are seeing outward, it seems we are looking inward. There are medical explanations for this perception. However, the paradox of seeing out but looking in offers a comparative analogy of our true vantage point, consciousness. When Reality shrinks ahead of us, the farthest point corresponds to C-Point, a non-measurable, non-divisible gateway between consciousness in a 4th dimension which is producing a succession of 3rd dimensions. This curiosity illuminates a more accurate point of view.



We use time to help us navigate our daily lives. Time is very necessary in society. Its invention became required when human beings grew more educated. We use time in a myriad of small ways. It is vitally necessary in traffic, airline flights, or space work. Still, time does not exist in our state of existence. Time is a man-made construct for ongoing sequences of events taking place. While vitally necessary in society, *time* gives off a false perception of *past* and *future*. Believing in time keeps us from evolving.

The following illustration depicts a segment of a perceived day. It points out an enigma with the concept of time. We cannot isolate *now* and will never be able to locate the *present* if we adopt the false perception of a fluid timeline.

FAULTY THREE DIMENSIONAL THINKING



We have rationalized that we are not moving through time. It seems that time is moving through us, but again, time is man-made. This illustration depicts how society perceives time. The brain vaguely appreciates Reality and it cannot isolate an exact now. Nevertheless, we have accepted this faulty perception, even to the point of believing in death.

Nature does not rely on the concept of time. It does not need time to function. Trees and plants perform a natural function in the now. Most creatures function in the now. Some animals can perform functions under a timed event with extensive training; however, this is still within a relatively brief time frame. Animals function naturally in the now and have no need to experience a perception of man-made time.

The utility of *time* is necessary in our complex daily affairs. However, when we assume *time* has anything to do with our state of existence or with death it has a negative impact on us, and we need a shift in paradigm.

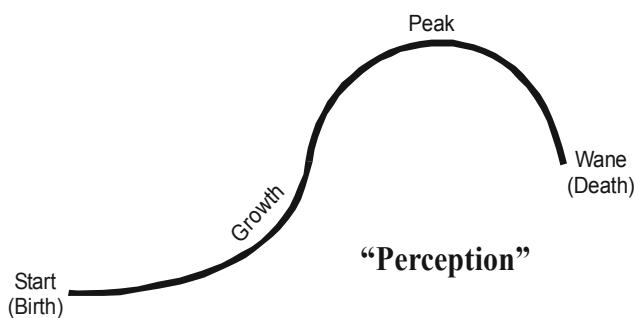
Psychologists often treat patients suffering emotionally due to their belief in time. Symptoms of anxiety or fear arise about things which have not occurred or on events that have already transpired and no longer exist. In most cases a person having anxiety is not experiencing any trouble in the present moment. Trouble happens in the *now* less frequently than patients initially grasp. Anxiety and fear exist in our thoughts. Fear is a choice. Focusing on the present is a principle tenet of cognitive behavioral therapy.

The TOR claims that *future* and *past* are non-existent and offers postulates that lend support to the philosophy of Be Here Now. People fret about things that do not exist. At the turn of the millennium many were distressed about *time*. They cashed out their stock, sending the market spiraling downward. Others stored up warehouses of food and supplies in anticipation of an apocalyptic event. Some factions sold properties, others isolated themselves, while others fled to Jerusalem. More sadly, some groups of people committed mass suicide. People did all this because they believed in a *timed* event and they feared it. Nature, however, was undisturbed by time as it continued to passively respond to a changing *now* due to a dual-state C-Point. The millennium came and went, and no plants or animals were injured due to a timed event.

We have shown that perceiving anything with our senses does not necessarily make it so and we can be misled by superficial observations. Perceptions are often expressed in words. A child may perceive something in his closet lurking in the shadows and call it a *monster*; however, the word does not make it so. If I call a crooked stick a *snake*, it does not make it snake. We may not always understand some situations that we observe. If we perceive something to be one way, even an incorrect way, we assign a word to it that helps us make sense of it. This does not necessarily mean that the word we are using is accurate. Using words like, *birth* for “*when life begins;*” or *death* for “*when life ends,*” just because it appears that way on the surface is not necessarily an accurate assessment of Reality.

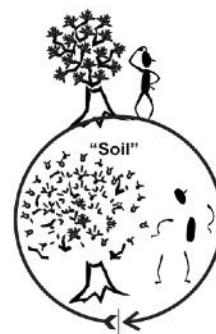
The following illustration shows the traditionally perceived order of progression in the 3rd dimension. All objects seem to follow this general pattern of perception.

Everything that we detect with our physical senses follows this outline. For example, real estate, a new car, a tree, a human being... even our sun will follow this curve of perception and eventually wane. The important thing to remember is that this pattern of perception comes from a superficial viewpoint of Reality.

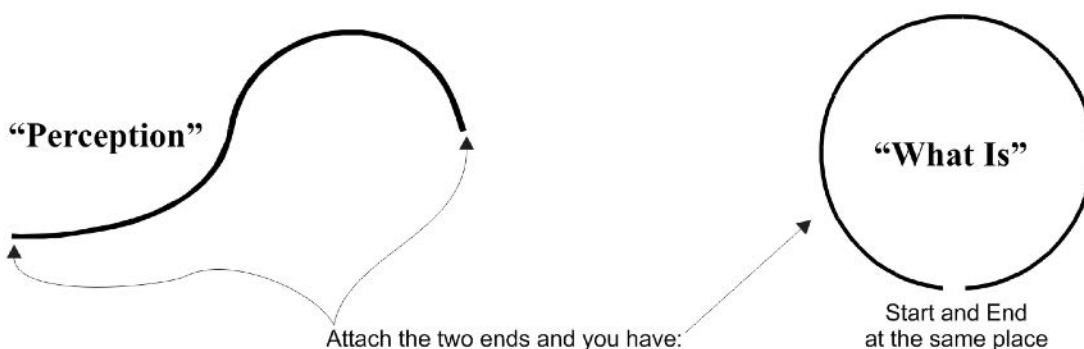


Let us spotlight the word, *death*. It is a word that is associated with the ultimate demise. It implies finality. False perceptions of Reality have naturally led us to use the word, *death*, simply because a thing ceases to be seen by our limited eyesight of 0.0035% of what is out there. We have moved beyond the dark ages, but in this sense, we are sadly still in the shadows. Death appears to be a constant in the superficially *perceived* universe. While in the actual universe consciousness, like Light, is what is genuinely constant.

The question then arises, *Is there another way to look at death?* Thankfully, there is through comparative analogies in nature. For example, a tree, a human, and all other things to which we attribute as being alive, begin in a seed. They come from the soil and carry out a life cycle and then return to the soil; therefore, having never left the soil. At the core of the matter, *Homo sapiens* are walking, talking soil.



We cannot rely on what we superficially perceive to give us an accurate assessment of our state of existence. We have to look at the puzzle differently to figure out the solution. The following illustration shows a side-by-side comparison of the same conundrum. The diagram on the right side enlightens us toward a more accurate viewpoint of *Reality* that we should adopt. Ultimately nature is our best source to show us *what is*. That revelation knowledge is ours to receive.



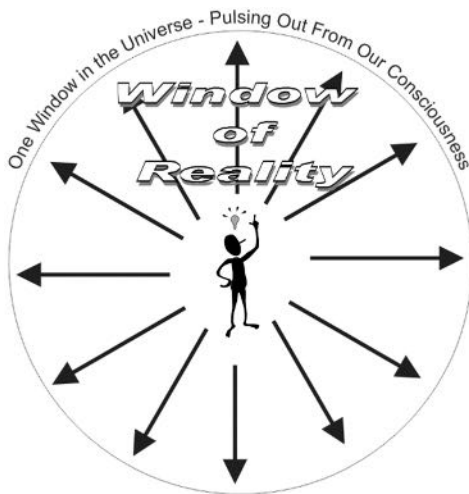
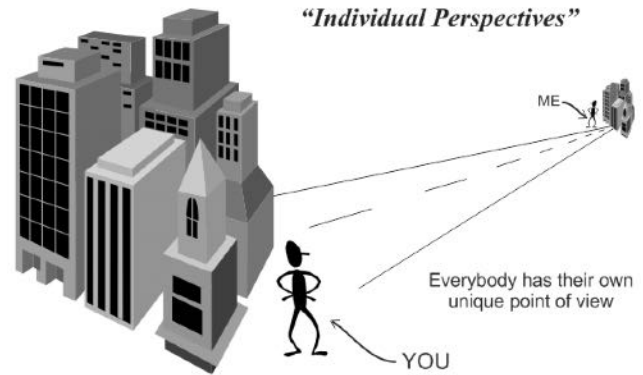
The illustration on the left only tells us that everything in the 3rd dimension is constantly changing. That false perception implies that all things die. The illustration on the right is a better way to look at the perceived cycle of the natural order. It will show that there is no such thing as death. 3rd dimensional bodies actually never stopped being soil. Everything in the universe is at the place where it proceeded from. We have covered this. All things, from atoms on up, begin and end at C-Point. The illustration on the right side depicts the same thing as one the left, but more accurately reflects the truth of Reality.

Understanding that new 3rd dimensions ensue from a 4th dimension is principle to a better life because our state of existence is really in the form of an eternal consciousness. 3rd dimensions derive from consciousness in a 4th dimension. We can appreciate that our true existence lies in a place of all possibilities and then begin to study it. *The Everything* is the ultimate reservoir of potential that we may learn to tap into as we evolve. Moreover, all our lives may be enriched by collective cooperation.

We have shown that there are too many discrepancies in the 3rd dimension timeline to establish a state of existence here. Timeline, as we perceive it, proceeds from infinity. Not just this minute or hour, nor just my lifetime or yours; not just the life of our solar system, but everything, including all outer space that is perceived in one's 3rd dimensional universe. **Everything from the Big Bang to the Big Crunch of the universe derives from the infinity of C-Point and returns to it instantly.**

We must also consider that we are all unique. We each have our own individual consciousness. We see the universe through uniquely different perspectives. I could be on a camping trip in Colorado and you could be stuck in a blizzard in Maine. I could be riding a horse in Texas and you could be walking the streets of China. Or, we could be as close as passing each other in a shopping mall. We see and experience the 3rd dimension in an exclusive way. Having a point of view that is unique to us and distinct from all others.

This makes us realize that a person goes about his or her life in their own exclusive Reality: seeing, hearing, touching, smelling, and tasting the world in their own way. Even those who are closest to us, such as a mom or dad, wife or husband, could not share our same exact Reality. I exist in and occupy a 4th dimension. Conversely, I share 3rd dimensions with all others. However, this is only within the limits of our perceptual processes.



Up to now we have discussed a state of existence that applies to *one* individual. C-Point changes come in sequential pulses that proceed from an individual consciousness. This is deciphered by an individual observer's perceived Reality. This model affords us a way to see the universe from our own special viewpoint. This may give the impression of being able to do anything that we can imagine. After all, consciousness exists in *The Everything*; a place of all possibilities. We must, however, address the dynamics of one 4th dimension that has preeminence of all 3rd dimensions while having to *share* the spoils of Reality with all others. We **MUST** learn to share similar goals in our individual Realities with others.

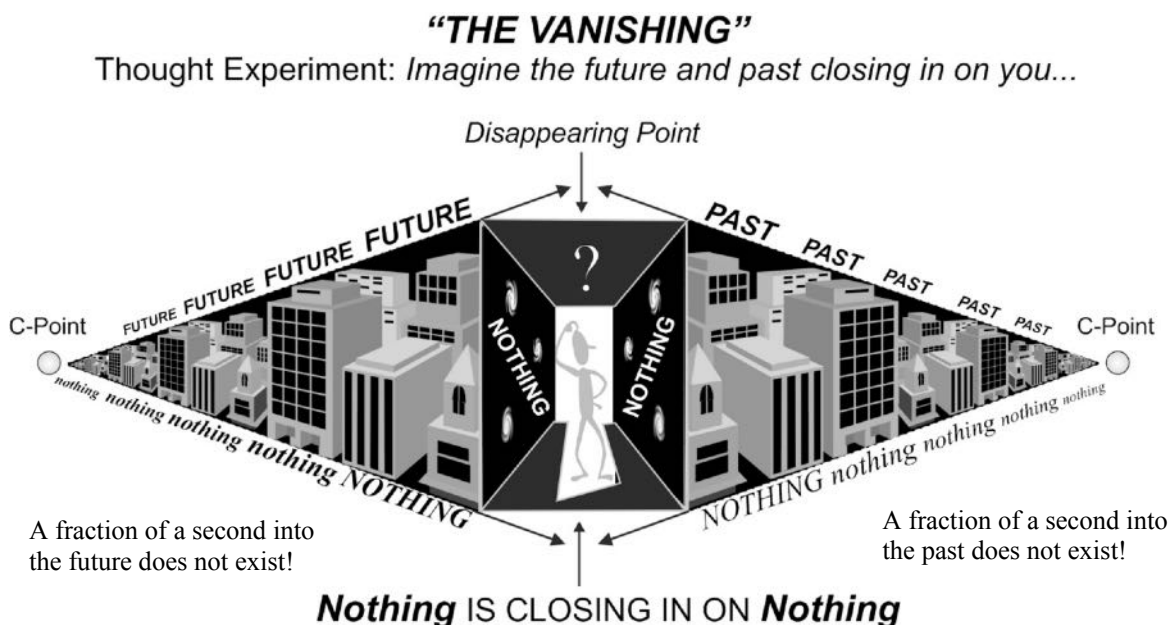
Nature perpetually emulates C-Point which creates Reality moment by moment. Unfortunately, human propensity for survival and reproduction tends toward a survival of the fittest model. If competition exists among multiple consciousness sharing Reality, there will be pecking order reflected in that shared Reality. This is due to perceptual processes that derive from expectations from a *prior* knowledge of possibilities. Promoting civility and cooperation is a vital psychosocial process of shifting our expectations from a renewed and transformed knowledge of grand possibilities by virtue of *what* and *where* we are. Sequentially changing 3rd dimensions are common ground to all individual consciousness, and we experience Reality in cohabitation. Our collective expectations lead to observations and co-creation of Reality. To live in harmony and foster fair agreements with each other is paramount to our happiness. Applying the Theory of Reality will help us to evolve as individuals and aide in the psychosocial growth of our communities. We will address the tug-of-war between consciousness and the *Homo sapien* animal ahead.

Humanity has sought to ascertain the nature of consciousness, but with sparse results. Consciousness has nothing but itself to comprehend its own nature. Until now, we have largely depended on theology or philosophy to help us acknowledge a state of existence outside of the 3rd dimension. Nature is our best source for gathering empirical evidence in a search for our state of existence. Nature also provides comparative analogies. When we combined that with quantum mechanics, we could then postulate consciousness plays an essential role in what Reality manifests. We illustrate how this works up ahead.

There is no such thing as supernatural, there are only large gaps in our knowledge of naturally occurring phenomena. A conduit to the *so-called* afterlife is an undiscovered natural path that has yet to be more clearly defined to our awareness. We have already postulated that our state of existence is in the 4th dimension. If we do not exist inside the 3rd dimension, we need to explain how consciousness experiences Reality.

For the sake of clarity let us consider the terms *consciousness* and *spirit* to be synonymous. However, the terms, *consciousness* and *brain* are not the same thing. Consciousness has eternal characteristics in a 4th dimension. Conversely, the brain is a finite biological apparatus which permits consciousness to experience the 3rd dimension.

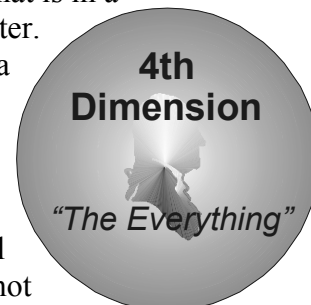
Once we start to appreciate that *future* and *past* do not exist inside the 3rd dimension it becomes impossible to establish a state of existence here. Although it may appear that we are moving through *time*, it does not actually exist. We do not perceive our Reality the correct way. The reason is, **observing the 3rd dimension in a more accurate way tends to DISAPPEAR US because we could not possibly exist inside of the 3rd dimension.** This is precisely what we need to internalize and know beyond any shadow of doubt.



Letting *Self* vanish by meditating on this thought experiment brings an awareness that our state of existence is in another dimension.

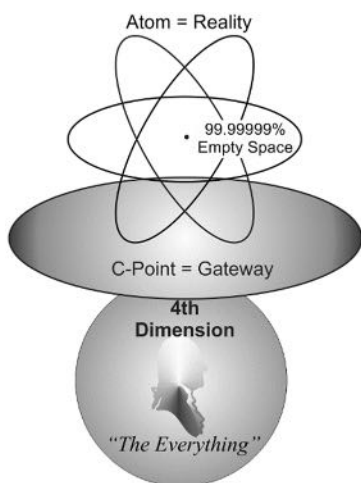
The 3rd dimension mindset does not fathom the next higher dimension because it would be an *infinite* plurality of its own Reality. The 4th dimension is not even remotely similar to the 3rd dimension; nonetheless, it is REAL. *The Everything* may be understood with practice. We are going to cover some of these practice techniques ahead. The most important thing we need to know about the 4th dimension is that we exist here – right now.

It seems a little incongruous to have a state of existence that is in a dimension we do not comprehend; however, this may not matter. Everyone has assumed that our state of existence is inside of a human body. Yet, most people could not name their own organs, much less how they function. We have eyesight, but do not understand the ocular system. We hear, but do not know how the auditory system works. When our body parts are malfunctioning, we just go to a doctor or specialist. We got along quite well believing that our state of existence was in a human body and not knowing how it worked. We may not need to be cognizant of an infinite plurality of 3rd dimensions in order to function at a higher level in Reality.



The travesty lies in that a human body in the 3rd dimension is extremely finite. The *Homo sapiens* lifespan is very short on the scale of three-dimensional history. The human experience misses everything behind it dating back 4.5 billion years and the entire future after the body perishes. We do not want to depart from our loved ones and all that we have become attached to. This is how billions of middle-aged and elderly people feel while lying in their beds at night. Counseling sessions I have had with terminally ill patients bear out deep personal concerns. They feel there is still so much to do. Most are never ready to *die*. It is a terrible thing to have only a vague hope in eternity. It is dreadful to fear death. It is a travesty to have a beautiful state of existence that is *free* and not have an awareness of it.

Our current model of self-awareness is tragic. We consider some of our departed lucky to have lived a long life. Nevertheless, the majority over 65 feel life is too short. It would not be overstating the matter to say a theory to solve this misery is desperately needed. A better understanding of Reality has been needed since the first tear was shed over so-called death. We ask, “*Can something in a realm of nothing die?*” No, it cannot. There are important reasons to discover, prioritize, and substantiate a Theory of Reality.



We arrived at a 4th dimension through analysis. We found empty space totaling 99.99999% of the atom where a 4th dimension may interact with Reality. We postulated a quantum object where all opposites exist simultaneously – *The Everything* – the gateway from a 4th to the 3rd dimension. We solved impossible paradoxes that were unsolvable under the old model. We postulated that all atoms are annihilated and recreated anew with each change of C-Point; and that the Big Bang – Big Crunch are reoccurring in that instant. We noted that time stopped at the *speed of light* and were able to isolate a timeless *now* there. We hypothesized that our state of existence would fit in the perpetual now. The next step is to identify the link between consciousness and the brain.

THEORY OF REALITY

THE MISSING LINK

The Missing Link

"I am my own Universe, I my own Professor."

- Sylvia Ashton-Warner (1908 - 1984)

James Maxwell's equations show *infinite* numbers of frequency waves traveling at the so-called *speed of light* (changing C-Point states) along an electromagnetic spectrum. Heinrich Hertz set out to prove those equations correct. Before this discovery, we had no idea of the magnitude of what existed beyond our sensory perceptions. Today we comprehend that these waves provide us with satellite communication, cell phones, televisions, lasers, etc. Despite our use of these waves we have only scratched the surface in our understanding of them. Nevertheless, the existence of an *infinite* number of waves along the electromagnetic spectrum corroborates the existence of a 4th dimension of *infinity*. The link between consciousness (Particle C-Point) and a brain (Wave C-Point) is as naturally occurring as invisible infinite frequencies are to physical receivers.



There must exist a naturally occurring correlation between consciousness and the *Homo-sapiens* brain. Most people assume we are aware of consciousness through the function of the human brain. This, however, is not the case. Research has produced volumes of information about the brain. Its function is well mapped out. The result is, **there is no single area of the brain where *self-awareness* and *free will* have been proven to be a function of the brain.**

The brain mediates and regulates numerous systems; for example, respiratory, cardiovascular, nervous, and endocrine, etc. There is a myriad of delicately balanced processes. Nevertheless, the brain is not aware of its own soul. The TOR re-defines the presently known function of the brain and terms it more appropriately, "***brain-seat.***" The brain-seat is paramount to our 3rd dimensional experience. The brain-seat allows consciousness to perceive and interact with Reality.

The TOR alters the defined purpose and perceived character of the *Homo sapiens* brain; hence, the new name, **brain-seat**.

The brain-seat regulates all functional aspects of a complex biological machine, endowing it with the capacity to eat, breath, reproduce, move, express personality, and store memory engrams of experiences in the 3rd dimension and much more. It permits us to experience Reality in a way that feels so genuine to the point of fooling us into believing we are human. For example, this biological *android* is equipped with over 100,000 nerves and receptors for movement, touch, stretch, as well as pain and pressure in a single hand.

A human is an advanced animal. It is classified as a primate of the *Homo sapiens* species. Humans are highly evolved with superior intelligence compared to all other animals. Given each unique society and how they culturally distinguish themselves under clothes and makeup, humans no longer see themselves as animals—and not a part of nature. *Homo sapiens* have developed a much larger cerebral cortex. This endows them with a great capacity for problem solving that has improved on an exponential scale in the last century. Human innovation and resourcefulness have evolved to the heights of space travel, quantum computers, and more. Even so, humans are still *Homo sapien* primates.

The human species evolved with centers of the brain for speech and a tongue muscularity designed to express spoken language. It is the perfect animal. The limbs and body design are less significant to consciousness than its brain. The rest of the body does not think or decide; it complies. We postulate a measurable link exists between consciousness in *The Everything* interfacing with a human brain in the 3rd dimension.

A human brain is a very fragile. It is protected by a hard cranium. This brain-seat is a receptacle that evolved to accommodate consciousness in the 3rd dimension. It is an amazing biological masterpiece. A healthy brain can express the will of consciousness in the 3rd dimension. Conversely, a damaged brain may severely curtail the expression of consciousness in Reality. A human brain-seat is composed of three integral components: **reptilian, limbic, and neocortex**. Although classified separately, they are integrally tied together in natural function. Survival and reproduction are natural biological functions, required for the continuance of any species on earth.

The reptilian brain is the most primordial area of the brain-seat having the same brain structures as the reptile species do, including brainstem and cerebellum. The brainstem controls vital signs, hunger drive, and sex drive. The cerebellum provides the function of movement and coordination. Reptilian brain functions may also express aggression, dominance, territoriality, and ritualism if the goal is survival and reproduction. Reptile characteristics gave primordial *Homo sapiens* a capacity to overcome survival of the fittest aspects of natural selection. The reptilian brain does not *want* to survive, it does not *think* that way. It has no personality or emotion, but rather is driven by a genetic code. A reptile does not know it exists—it is not self-aware. It behaves instinctively. The reptilian brain carries out a physiological function that is genetically driven to ensure survival, reproduction, and continuance of the species—and that is why reptilian brain influence is inherently risky. The United Nations reported some 464,000 people in the world were victims of homicidal violence in 2017, more than 5 times the number killed in armed conflict in the same period.



Reptilian genetic drive obviously needs reasoning and problem-solving, as well as emotional function to insure continuance in a complex *Homo sapien* society. It needs to enlist the cooperation of the limbic system and neocortex. It coaxes the higher centers by rewarding them with increased levels of extremely stimulating compounds of dopamine, serotonin, and norepinephrine. This in turn creates a cascade of cooperation between the neocortex and limbic systems resulting in an exquisite orgasm and reproduction ensues.

Preservation of the species is a cooperative effort of all three brain areas. It is either driven by consciousness or by reptile-brain influence; i.e., *reptilian thinking*. The reptilian brain is self-serving, lazy, and devoid of spirit. It is literally a dead end. The dopamine, norepinephrine, and serotonin centers may easily lead to life-long addictions. The powerful resolve of the reptilian brain cannot be overstated. A brainstem controls respiration and will make the body fight to the very last breath. It controls heart rate and fast reflexes to fight or flight to survive. It derives from very old evolutionary origins. Taming the reptilian brain is analogous to taming a lizard. Reptiles exist only to eat, sleep, and reproduce.

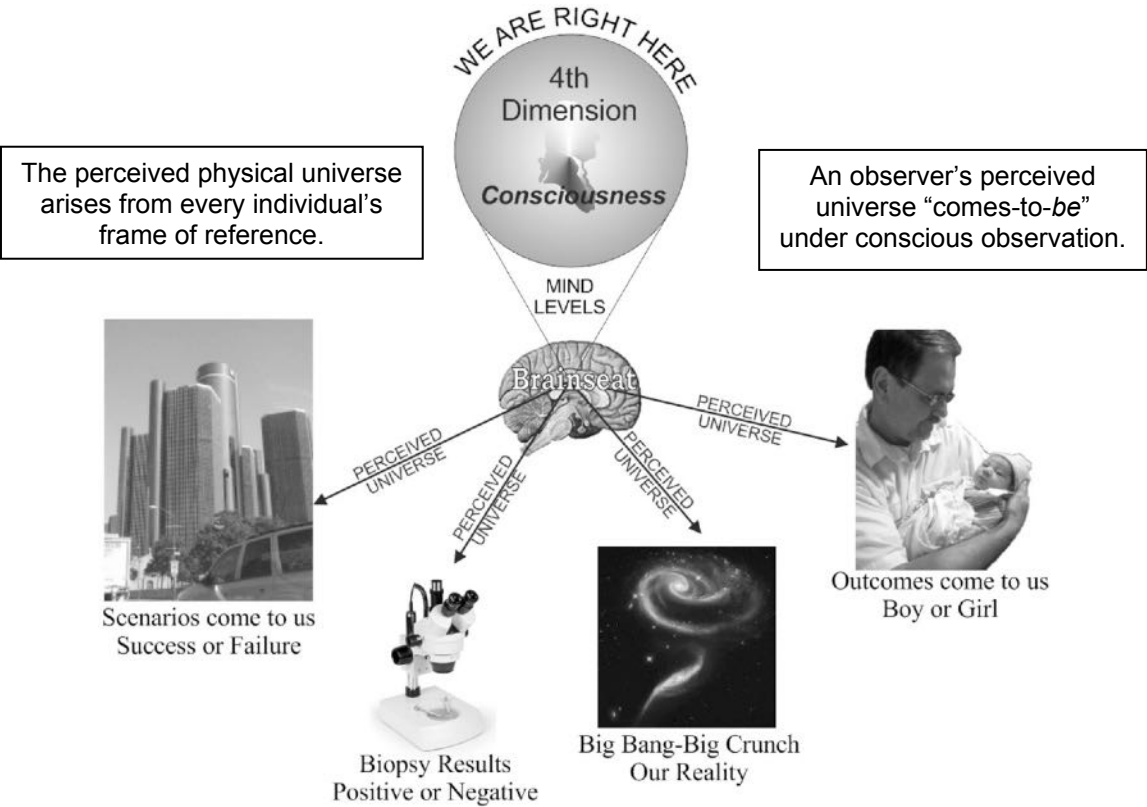
The *limbic system* provides functions of emotion, behavior, motivation, and long-term memory. These are all bio-mechanical capacities subject to malfunction. For example, there was a railroad worker by the name of Phineas Gage who was reputed to be of modest character. By accident, a rail spike penetrated deep into his skull, damaging the frontal cortex. Gage survived the accident, but then he became boisterous, unkempt, and displayed a vulgar personality. From this we learned that frontal lobe damage is marked by personality changes that are typically ill-mannered. This scenario manifests when a blood clot, tumor, or other disease injures part of the healthy frontal cortex. The limbic system expresses personality. Brain diseases, such as Huntington's or dementia may change the way personality is expressed. Consciousness is no longer able to utilize that area of the brain-seat to express its intentions. When the limbic system is damaged, it severely curtails how consciousness can genuinely express itself in the 3rd dimension.

The *neocortex* is the most recent stage in the evolution of the brain-seat. It confers the ability for language, planning, motor commands, sensory perception, and spatial reasoning. The frontal cortex is where the planning and decision making occurs in the brain-seat. This is the area that sets humans far apart from other animals. Nevertheless, when the frontal cortex is under the dominant influence of reptilian brain impulses, the *Homo sapiens* species can be extremely cunning and dangerous. They may plan and carry out premeditated murder, fraud, rape, war, or genocide for self-gain. The neocortex (and the limbic system) have an ability to lie—to be disingenuous and use manipulation, dishonesty, and faked emotion to increase in substance, survival, rank, and continuance. It may happen in a civil way in the workplace. This is well-known and the plot of numerous films and novels. *Homo sapiens* murdered over 4,000,000 people in the last decade. The odds of a woman being raped by a *Homo sapien* is 1 in 5 in her lifetime in the United States and 1 in 3 worldwide. Despite our advancements our planet is still a very dangerous place.

Under the influence of a reptilian brain a neocortex may also be self-destructive. Alcohol and drug addictions can result in depression and suicidal ideations. And, if enough *Homo sapiens* succumb to reptilian genetic code it may result in their extinction because there are less, if any instinctual reward centers in the brain-seat for habitat preservation. Hence, the lack of care for global warming and the inevitable consequences to this planet.

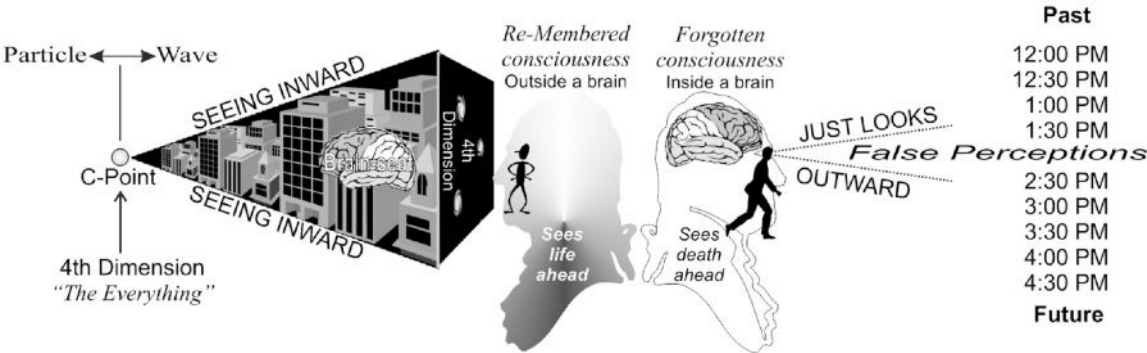
Deeper than the superficiality of survival and reproduction in *Homo sapiens* is the motivation to self-cultivate and evolve. To create and appreciate art, compose music, to experience exhilaration, romance and to make love; to have enjoyment with family and friends and to wish this kind of peace on earth and goodwill toward all others. These characteristics derive from a higher realm, untouched by genetic compulsions to survive. Nevertheless, for consciousness to experience heaven-on-earth requires all three areas of the *Homo sapien* brain-seat. Spirit-filled *Homo sapiens* are marvelously transcendent.

There is a tug-of-war in decision-making between consciousness and the reptilian brain. Motives, emotions, and behavior are either driven by a primordial genetic code or by consciousness. When the perfect animal is influenced by consciousness the world is a better place because consciousness has no need of self-preservation. Consciousness *IS*. Consciousness confers upon *Homo sapiens* species the ability to love unconditionally and to place the needs of others above self. The reptilian brain's end is the grave; whereas, consciousness is unending, eternal, alive, and able to participate in creation as follows:



The perceived universe is imagined, observed, and experienced by consciousness through the five senses of the *Homo sapien*. C-Point produces our Reality upon observation and expectations that derive from a previous knowledge of all possibilities. Therefore, we must update our knowledge base from the powerless *Homo sapien* mindset that depends on *luck* to a point of view of consciousness in *The Everything*. Only then we can we expect grand outcomes. Will we stay in a rut thinking that a perishing brain is all we have? *No!* We will evolve through the knowledge of our true state of existence and re-member to consciousness. A person is a stranger to their own self when consciousness is forgotten.

SEEING INWARD versus LOOKING OUTWARD
Re-membering to Consciousness



We will now limit our discussion of the brain-seat to electrical impulses. Since it is impossible to have our state of existence in the 3rd dimension, there must be a naturally occurring missing link between consciousness in a 4th dimension and the human brain-seat.

We postulate that human brain electrical impulses will correlate with the extent that consciousness is re-membered into *The Everything*. The brain-seat puts out very faint electrical impulses per second. These electrical impulses are categorized into *mind levels*. We have available to us an exquisitely sensitive machine called the electroencephalograph, or “EEG.” It measures the faint electrical impulses per second (e.i.s.) of the brain-seat. It is used for medical diagnosis as well as in neurobiological research. The components of an EEG include electrodes, amplifiers and a computer with a display. The electrodes are placed on the scalp. The EEG functions because the brain is constantly producing electrical impulses resulting from tiny ionic currents in the brain. The signals range from 0 e.i.s. (brain dead) to over 50 e.i.s. (very hyperactivity). The full range of e.i.s. is divided into sub-categories. Each sub-category is referred to as a *mind level*, which is not to be confused with *consciousness*.

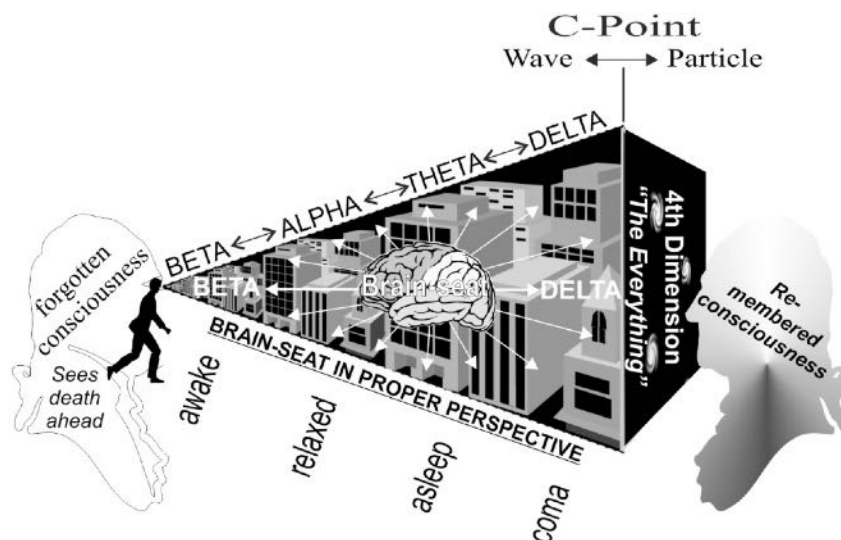


Photo courtesy of:
Douglas Myers

The EEG is presently used for diagnosing cases of seizure types, epilepsy, coma states, brain disorders, and brain death. It used to be the primary mode for diagnosing tumors and stroke until the MRI and CT came along with improved spatial resolution. It is also used in cognitive science, cognitive psychology and psycho-sociological research. There are similar machines presently being developed now using EEG electrodes. A user can look at the computer screen and control the movement of a cursor by thought.

We postulate that EEG technology may correlate the link between consciousness and the brain-seat under specific circumstances and experiments designed for this purpose.

The mind-levels are termed: Beta, Alpha, Theta, Delta and Gamma. The latter is still under research. Each level has its own characteristics. The aspect relevant to the TOR is when the brain-seat shifts from Beta to Delta, our awareness expands.



We are limiting the explanation of mind levels to this hypothesis. We will not be discussing the Gamma mind level. Our interest lies in ascertaining a correlation between the brain-seat and consciousness. It is helpful to think of mind levels as brain transmission gears. Many people have learned to shift into Alpha at will, and a few individuals can move into Theta. This is accomplished by relaxation, slow breathing, and learned triggers.

Beta+ ~25 e.i.s. When a person loses their temper, the EEG reads as high as 50 e.i.s. At this level there is little recall in important areas of principles and values. A person will do or say cruel things to someone dear to them as with *crimes of passion*. They will do things that they would not otherwise be doing if they were in a relaxed state. They lose all composure and forget what and who are important to them. In this state, they cannot be reasoned with. Fear and anger drive a person to this level. Schizophrenics have been observed to function at this mind level.

Beta: 14 to 22 e.i.s. Considered the normal awake state because most people function at this level all day as they hurry about their day getting things done. Although this is not a bad level to be in, it does have shortcomings. It is easier to shift into frustration, anger, or road rage (Beta+) from this level than from a lower mind level such as Alpha. Central to our hypothesis, recall and creativity are not maximized at this level. There are times we are very busy and are introducing our acquaintances to one another. Suddenly our mind goes blank and we cannot remember their names. In a more relaxed state, we would not have a problem remembering names. Awareness and recall at once are rather poor at this level.

Alpha: 7 to 14 e.i.s. Considered a relaxed state. We are in Alpha before we fall asleep. This is when we remember things that we had forgotten to do that day. At morning or nighttime, it is easier to think of solutions to obstacles we face. This is where we should function when we want to be creative, learn, or when we analyze complex situations. Alpha is a composed and focused emotional state of mind. In Alpha, a person may choose an emotion instead of allowing an emotion to govern their responses when a confrontation arises. With training it is possible to remain in this mind level during the entire waking state. Alpha produces beta-endorphins, leading to enlarged mental clarity and remembrance. People are learning to remain in Alpha throughout the day. Recalling at once is very good in Alpha.

Theta: 4 to 7 e.i.s. This is typically a sleeping state. The Theta mind level gives us the ability to recall very old memories. When we are dreaming, we can revisit details and emotional triggers from any time in our lives with felt realism. REM sleep does not register in Theta brainwaves, nevertheless, dream Reality rises from a bed of Theta or upper Delta mind levels. A person in Theta, is deep within their self and cannot carry on an idle conversation. They have the ability of speech, but their mentation is turned toward inner thoughts. The ability of recall and awareness all at once in the Theta mind level is excellent.

Delta: 1 to 4 e.i.s. The person is in a coma or near-death state. Little is known about this level. What is commonly known is some people who have died and have been resuscitated, otherwise known as a near death experience, have reported that their entire life flashed, at once, before their eyes. This is not occurring supernaturally. Recall or awareness is superior at the Delta mind level.

What we are aware of in a lower mind level is not recalled, at least not with lucidity, at a higher mind level. It is important to learn to shift through the mind levels. We will now discuss this phenomenon and reveal how it applies to our awareness, and how mind-levels correlate with consciousness being re-membered into *The Everything*.

RELATIONSHIP BETWEEN THOUGHT AND “THE EVERYTHING”

BRAIN ACTIVITY ON AN ELECTRO ENCEPHALOGRAPH (EEG machine)

STATE OF BEING	MIND LEVEL	ELECTRICAL IMPULSES PER SECOND	ABILITY TO RE-MEMBER
ANGRY	BETA+ -----	22 - 50 E.I.S. ----	NO RE-MEMBRANCE
BUSY	BETA -----	14 - 22 E.I.S. ----	POOR RE-MEMBRANCE
RELAXED	ALPHA -----	7 - 14 E.I.S. ----	GOOD RE-MEMBRANCE
SLEEPING	THETA -----	4 - 7 E.I.S. ----	EXCELLENT RE-MEMBRANCE
NEAR-DEATH	DELTA -----	1 - 4 E.I.S. ----	SUPERIOR RE-MEMBRANCE
DEPARTED	DEAD (NON-PHYSICAL) ---	0 E.I.S. ----	TOTALLY RE-MEMBERED

Great benefit has already come from the above knowledge base. We could use this information to research how the brain-seat serves as an interfacing bio-mechanical device with consciousness. There are at least three facts that we can ascertain based upon the information that we know about mind levels:

- Recall or awareness is enhanced to a greater degree at each lower mind level.
- We shift through different mind levels throughout a 24-hour day.
- We experience every mind level during the fleeting *Homo sapien* experience.

What is relevant to the TOR is that, as we shift down through the lower levels, our awareness increases along with re-memembering ourselves more fully to consciousness.

Imagine a time when we were studying a textbook or a reading novel. We were relaxed and deeply involved in the subject. Then, we stopped reading and got busy with other things. After that, we went back to sit down and read again. We thumbed through the pages to find the place where we left off. We realized that we could not remember what we were just reading a little while ago. Stranger still, when we got back into the book, it was like we picked up right where we left off and remembered everything.

The explanation is, while we were relaxed and reading, we were in the Alpha mind level. When we got up and became busy, we shifted into the Beta mind level. What we learned or felt in Alpha could not be easily recalled with lucidity in Beta, a higher mind level. It was necessary to return to the Alpha mind level to recollect something that we were observing or experiencing while we were in Alpha. Thus, if we study in Alpha, we need to take our exams in Alpha.

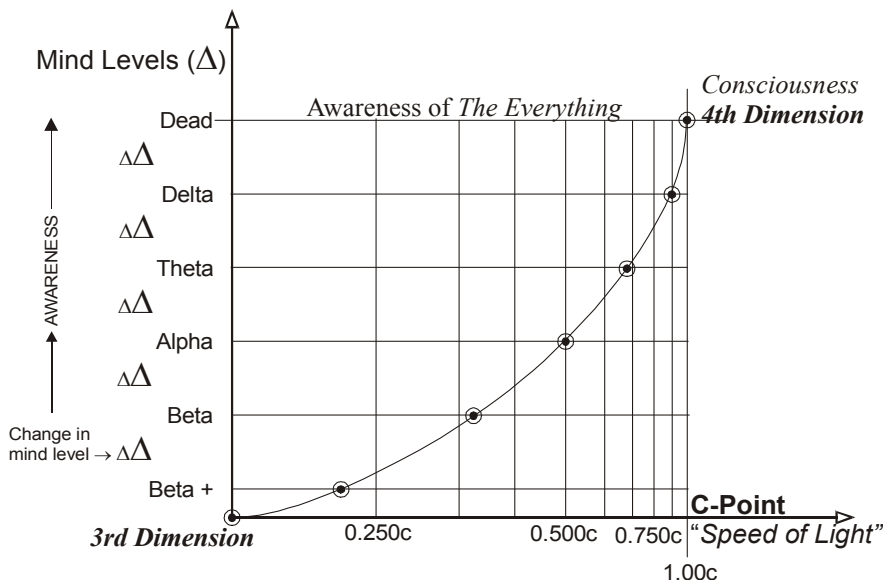
Another example of shifting from one mind level to the next is to recall a scenario when we were driving across town and were deep in thought and contemplation. As we approached our destination, we had to stop at a traffic light and then awoke to a surprise... We did not remember the journey to our present location. We could not recall the traffic lights that we stopped at, or whether we may have run through them. We did not remember seeing the usual landmarks and were not certain that we were paying attention. Others have submitted a reason for this; however, mind-levels offers a better explanation.

In the above scenario, the lack of memory was because we were relaxed while driving and our mind level was in deep Alpha. Then, we moved up to Beta when we were approaching our destination. The abrupt transition from Alpha to Beta, resulted in the inability to recall our journey while we were driving in Alpha. **What is known, observed, or experienced in a lower mind level is not easily recalled in a higher level.**

We may recall having a pleasant dream. We had been cognitively and emotionally involved in that scenario. When we woke up, we could only recall bits and pieces of the dream and it was no longer virtual or lucid. We tried to go back to sleep in order to experience the ambiance of that dream again, but alas, we could not get back to sleep. It was discouraging because it was such a good dream. In that case, we were in Alpha, but trying to mentally shift deeper into the Theta. Until we get there, we will have a difficult time coming into the same level of awareness and lucidity that we were experiencing in a deeper mind level. Theta is elusive to re-enter because more is being recalled all at once.

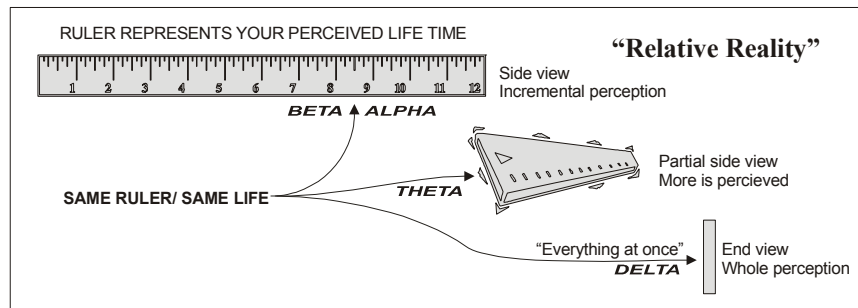
We should now be able to appreciate that a patient in a coma (Delta) is aware of what we are telling them. The problem is, that individual is aware of a lot more than just our presence—at once. Ironically, they are aware of much more than we are. When they come out of the coma, they remember nothing about being in the coma state. When they shifted to a higher mind-level, they could no longer recall the greater awareness of Delta.

We predict a correlational relationship of the transition from human perception to total awareness. Consciousness links between 3rd and 4th dimensions through mind-levels.



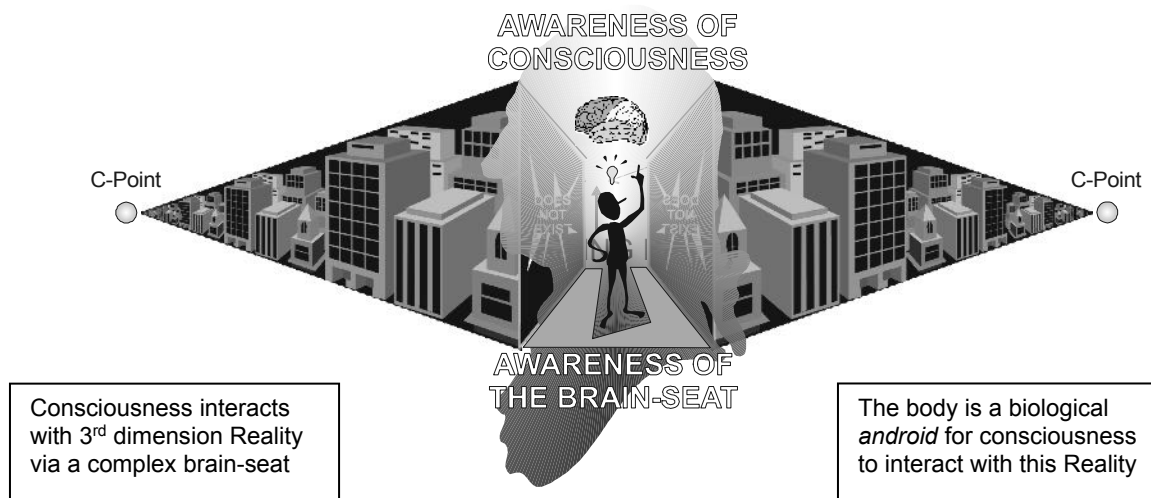
The way Reality is perceived is exemplified by holding a yardstick out in front of ourselves. If someone observes the yardstick straight on, they see it inch by inch. This is akin to perceiving the 3rd dimension one single event at a time in the Beta-Alpha range. Then, slowly turn the yardstick to where it is perpendicular to our line of sight. Along the way, we will see more of the yardstick at once. This is analogous to perceiving more of Reality at once in the Theta-Delta ranges.

If one observes the yardstick from the vantage point at the end, they will see the entire yardstick all at one time. This is analogous to seeing

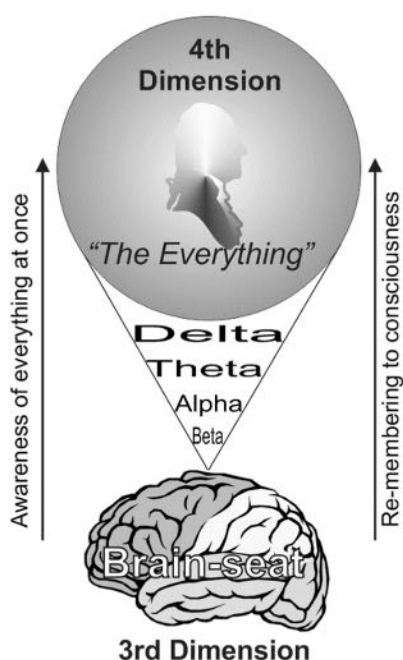


our whole life flash before our eyes. The way you hold the yardstick determines how much of it you can see all at once. Experiencing a lifetime of memories and being re-membered to *The Everything*, like viewing the yardstick, is relative to the individual observer. While in higher Beta or Alpha mind-levels, we re-member small incremental parts of a lifetime. When we are deeper in Theta level, we re-member more; and when down in Delta levels, we are re-membered even more fully... all at once. When the brain-seat flatlines (0 e.i.s.), we are fully re-membered to consciousness in *The Everything*. Hence the ancient saying, "Now we see through a glass darkly but then we shall know fully," is validated.

The Vanishing Act thought experiment poses an enigma. The solution would be to see it as valid and to allow ourselves to be disappeared from the 3rd dimension. We then become more accustomed to our true state of existence. Consciousness interfaces with the brain-seat—the control center of *Homo sapiens* species. The earth still appears the same, but a keen awareness of the brain-seat function makes the world feel like a virtual Reality.



Mind-levels govern our capacity for awareness and re-membrance while we occupy the *Homo sapien* brain-seat. Therefore, is possible to recall the vast majority of our biological experiences through the mind-levels, ranging from one thing at a time in the Beta mind level to nearly everything simultaneously in the Delta mind level.



The lower electrical impulses get, the closer to *The Everything* our awareness will become. When the electrical impulses come to a complete stop, we have total awareness and are fully re-membered to consciousness. At that point, we are fully outside of the 3rd dimensional brain-seat and have arrived back to the 4th dimension. We are aware of everything, including other individuals who are still occupying the *Homo sapiens* brain-seats. We are surrounding them like a cloud of witnesses beyond the capacity of *Homo sapiens* comprehension. Everyone who still occupies a brain-seat sees a false perception of death. They see their own existence through a glass darkly. Those who are departed from a *Homo sapiens* brain-seat are fully aware. They know everything about themselves and others. Whether a departed consciousness can nurture those who are still occupying a *Homo sapiens* brain-seat may correlate with comparative analogies in nature. For example, fallen leaves may still fertilize a grove of trees.

It is not the departed who are banished from their loved ones. If we still perceive the 3rd dimension from a *future-past* standpoint we can miss this. Unbearable grief can be wrought on anyone who adopts the false perspective of death-bound paradigms. Not knowing better, we feel separated from our departed loved ones instead of universally embraced by them. The Theory of Reality postulates there is a world of unseen things, including unseen people. This is where consciousness exists. This paradigm shift allows us to qualify a viewpoint which endorses the concept that departed individuals are not dead. The departed are fully re-membered to consciousness in a 4th dimension and are intimately close to individuals who remain in the *Homo sapiens* brain-seat in the 3rd dimension.

We exist at *The Everything*—a 4th dimension. Our true vantage point is C-Point at the (so-called) speed of light. We have been *here* all along while not realizing it. To state otherwise, disappears us back into the *nothingness* of a future and past timeline—a place where “now” cannot be found. In the 3rd dimension, we merely perceive Reality and others who are also occupying the brain-seat of the perfect animal—*Homo sapiens*. The death of an individual is a false perception. When consciousness departs Reality they merely exit the brain-seat of an *android* robot. The Theory of Reality postulates both perceived Reality and the afterlife are naturally occurring—not supernaturally.

The groundbreaking postulates of the Theory of Reality open a new realm for all of us to investigate. There is much to gain by this exploration. We can now delve more into our true state of existence on the platform of these postulates. Understanding that we actually exist in a place of all possibilities opens up many new avenues for us in goal setting and achieving those dreams. Experiencing an abundant life is a possibility that is available, not just a select few, but to everyone who understands and applies their true potential.

THEORY OF REALITY

OUR POTENTIAL

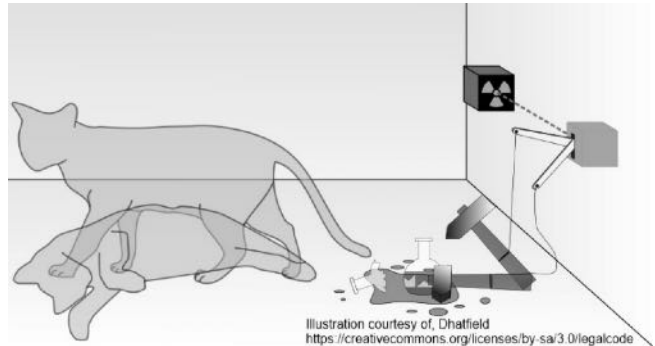
Our Potential

“A small body of determined spirits fired by an unquenchable faith in their mission can alter the course of history.”

– Mahatma Gandhi (1869 – 1948)

Schrödinger's cat is a thought experiment by Erwin Schrödinger, an Austrian physicist and Nobel prize winner. He devised this experiment to highlight a problem with applying quantum mechanics to everyday objects. Schrödinger's intent was to show how ridiculously flawed the accepted quantum theory was because it violated fundamental classical physics and challenged the imagination. The theory (Copenhagen Interpretation) states that objects in a system exist in ALL possible configurations (superposition). Conversely, observation of the system forces the system to collapse the object into just ONE of those possible states. Theory of Reality agrees with Schrödinger's experiment while disagreeing with his intention to defame quantum theory. The TOR postulates that all things exist simultaneously at C-Point, but they manifest individually in Reality.

The Schrödinger's cat experiment has a cat in a box along with a flask of poison. If a radioactive monitor detected an atom decaying, the flask would be shattered releasing the poison and killing the cat. Quantum mechanics implies that the cat is **simultaneously alive AND dead**. But when one *observes* the box, they would only see the cat **alive OR dead**.

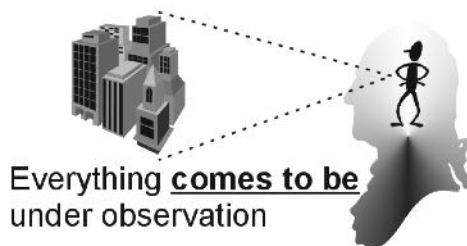
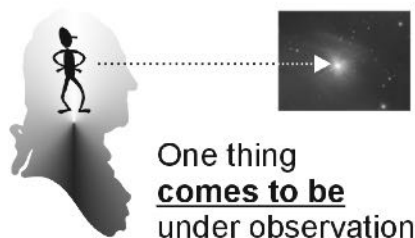


Schrödinger, like others who interpret quantum theory and modern experiments, have assumed the observer exists *inside* the 3rd dimension. If that were the case, of course it is impossible for an organism to be simultaneously alive and dead. State-of-the-art experiments have shown quantum superposition indeed works for tiny things like electrons, “but larger objects must be regarded differently.” This assumption negates a vital fact that an interconnection between the quantum realm and macro universe is seamless. Bias is created by assuming an observer is only human and not a 4th dimensional entity.

Another intriguing thought experiment in quantum mechanics states: A distant star thousands of light years away emitted a light beam toward the earth long ago. Along the way, the light beam traveled exactly in between two large celestial bodies of identical mass and gravitational pull. This caused the light beam to bend toward one planet or the other along its way toward earth. It finally arrives to the earth eons later where it can be observed. Query: “Which planet did the light bend toward?” Answer: “The light bent *BOTH* ways until it was observed; and that action forced the system to collapse into *ONE* way.”

Theory of Reality solves paradoxes of superposition, postulating all possible states exist simultaneously in *The Everything* where consciousness is observing Reality. This leads to the strong possibility that, among other things, quantum mechanics is a construct depicting the nature of C-Point as well as the function of consciousness.

OBSERVATION



The universe is capable of the transfer of matter to energy and vice-versa ($E = mc^2$). It is energy when not under observation. It *becomes* matter (Reality) under observation. This explains the enigma of the animation of quanta particles coming in and out of existence by the mere act of observation. It explains the results of Erwin Schrödinger's cat box thought experiment which shows that fate is undecided until someone observes an event. It elucidates the paradox of observing starlight bending at present day even though it happened eons ago.

C-Point is highly efficient – whatever is not being observed does not need to exist as matter in that instant. For example, an arm or a leg does not need to exist as matter until required or chosen by consciousness to become a part of

Reality. All things that are unobserved (and their opposites) still exist as energy and convert to matter in the instant they are observed or need to *become* in Reality. The only time the body exists as matter in any given 3rd dimensional instance is when it is acted on by the previous knowledge and expectations of ourselves or another observer.

C-Point does not release events into the 3rd dimension that are beyond our utmost perception and expectations of a possibility. The *Homo sapien* cannot comprehend all possibilities at once, nor process information outside the realm of nature, nor does it feel a need to. It is only driven to eat, reproduce, and continue the species. If, however, the observer is in sync with consciousness in *The Everything*, then C-Point may manifest a state that aligns with an observer's expectations. Anything we believe is a possibility.

With each new event, C-Point converts energy to matter of that which we are observing or expecting whether we are in a small pantry or observing the

vast Milky Way galaxy and beyond. What we are not observing still exists in the form of energy in a 4th dimensional quantum realm where all possibilities exist simultaneously. For example, *Will a PET scan show cancer activity?* It shows activity AND non-activity until it is observed. At that point the system will collapse into just one OR the other. *Is there a spider behind that old filing cabinet?* There is AND there is not. Stick your hand back there and find out (expectation). On second thought, look first (observation).

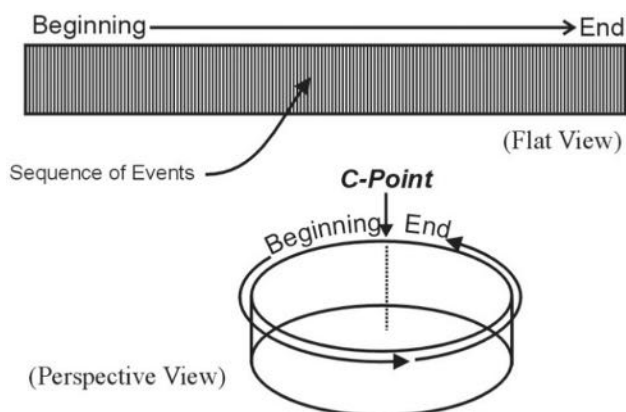
An observer's Reality becomes under conscious observation.

Our state of existence is in the *The Everything*, where Schrödinger's theoretical cat is simultaneously alive AND dead. A place where all opposite states exist and in superposition (to use a quantum mechanics word). We exist in a realm of choices between healing AND sickness, success AND failure, bounty AND lack, blessing AND suffering; where our planetary system is at peace AND war. The universal system will collapse the scenario into just ONE of those possible states under conscious observation or expectation. **We exist in a realm of amazing potential to affect the outcome of Reality in the world.**

ALL opposites may exist at once at C-Point. *The Everything* may contain aspects of both **evolution** and **creation** at once. C-Point is where we have both a **beginning** and **end** at once and every 3rd dimension configuration in between. Hence, it contains *one event* as well as *all events* simultaneously. Therefore, that which seems very old, such as the Grand Canyon, occurred over many singular events **and** it occurred at once in a single event.



History dates back about 4.5 billion years. *Homo sapiens* appeared only 200,000 years ago. The prior sentence conveys a belief in *time*. However, we have already stated that time is simulated by dual-state C-Point. Our questions are, “*At what point in the evolutionary process was consciousness able to seat into a 3rd dimensional brain?*” And, “*Is our state of existence by creation or by evolution?*” We hypothesize that it is by both.



C-Point is the beginning and the end of an observer's perceived 3rd dimensional universe at once. It may also *create* an event at any point in between the process. C-Point can produce sequential events from that point thereafter. Either way, with every change in C-Point we are then committed to a prior sequence of events that are unalterable; that is, a historical sequence of events since primordial times that result in this particular created scenario. It is then

conceivable that each universal event comes with its own natural *evolutionary* history in the 3rd dimension. In this case, when consciousness enters the realm of 3rd dimensional human experience, our brains would gain new, predefined set of memories of Reality up to that point. It would not make sense to wait over four billion years for consciousness to link with a human body in the 3rd dimension (time is not real). C-Point may **create** an event which may or may not include an awareness of a biological process of **evolution** leading up to that point depending on how distant prior events have been. For example, we are unaware of the first primordial elements, but we are of recent historical changes.

Albert Einstein's Principle of Relativity fostered the thought experiment of a twin traveling near light speed in a spaceship. The twin accumulated memories that, otherwise, only come with aging; yet, he did not age as the twin who remained behind in normal *time* did. As the twin got closer to the so-called speed of light, he got closer to C-Point. The Point of Creation (C-Point) can establish us in any scenario while gaining new accumulated memories. Thus, both evolution and creation come about at C-Point. Each new event in the point of **creation** comes with a natural historical process of **evolution** leading up to that point. Therefore, the TOR brings closer previously diametrically opposed viewpoints by showing that both have validity in the makeup of Reality.

The above is not any more unfathomable than the quantum thought experiment which determined the historical course of light bending LIGHT YEARS ago (far more than 4.5 billion years of earth history). Nevertheless, consciousness does NOT determine the course of *history*—it establishes it. Again, *past* (history) does not exist. Only *now* exists—comprehending that eliminates the mind-boggling aspect of our quantum Reality.

Those who hold fast to either evolution or creation should consider giving a little. For example, the fossil record does not show gradual changes as would be expected if evolution were solely responsible for present Reality. Creationist may be reminded that Creator's invisible qualities and eternal power and divine nature are seen and understood by all things which are made when nothing else is available (Rom 1:20). Creationists may understand that creation (*what is*), including quantum mechanics, are Creator's doing.

Our intention is to pioneer a work that helps to clear up the vagueness of spirit. One goal of the Theory of Reality is to add insight into theoretical, cosmological, ecological, sociological, psychological, and theological deliberations.

The Theory of Reality does not set out to prove the notion that *we are each God, nor are we collectively God, nor that the universe is God*. These issues are beyond the scope of our postulates. It is not our intention to argue for religious dogma. We respectfully leave those paradigms of faith to everyone's individual preference.

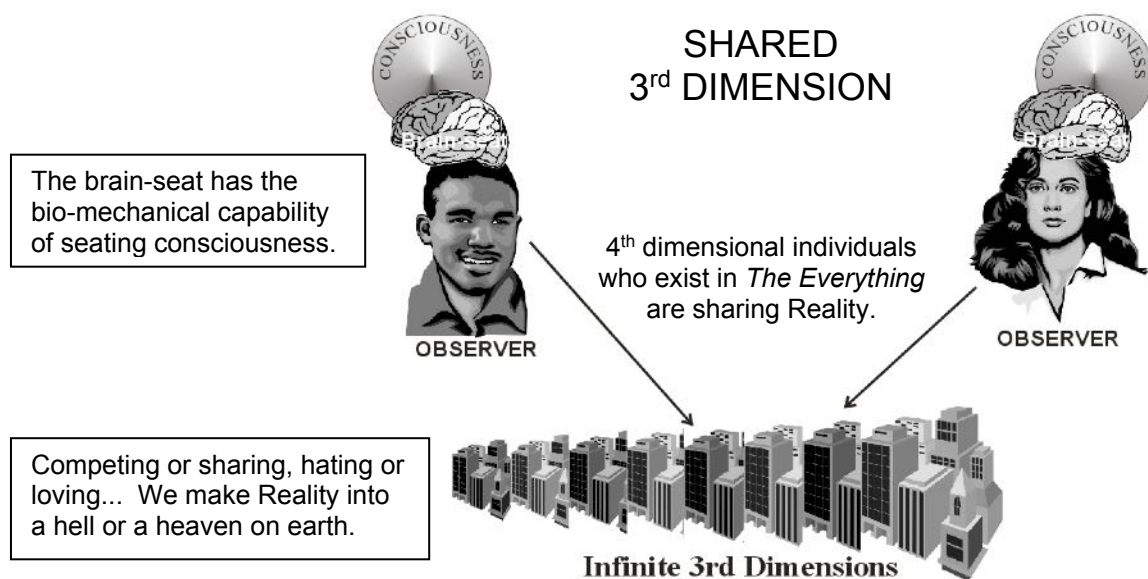
Science is the study of nature and *what is* even if its theoretical. Perhaps one of the reasons that scientists have not considered a theory that displaces consciousness out of the 3rd dimension and puts the observer at the heart of our Reality is because it makes us appear god-like. For example, Max Planck, the originator of quantum theory said, *"All matter originates and exists only by virtue of a force which brings the particle of an atom to vibration and holds this most minute solar system of the atom together. We must assume behind this force the existence of a conscious and intelligent mind. This mind is the matrix of all matter."* These thoughts may linger in the minds of physicists, but it is not scientific.

We do not conceal the fact this author ascribes to faith in Jesus Christ. And, though it is virtually impossible to eliminate all scientific bias, the author has made every attempt to allow this Theory of Reality to remain theologically neutral. I will share my personal application of the TOR which must include some of my beliefs at the end of this book. However, those comments are not a component of the Theory of Reality.

Postulates in the Theory of Reality suggest that, by virtue of our state of existence in *The Everything*, we may possess unrealized creative ability and potential. Despite our acknowledgement or denial of these abilities, ALL 3rd dimensions make up a 4th dimension and passively comply to the exploitation of a 4th dimension—where consciousness exists. In theory, all outcomes, scenarios, and the determination of consciousness are inseparable. That said, Reality is also shaped and influenced by others in cohabitation with us in this shared 3rd dimensional Reality. The TOR recognizes free-will inherent in consciousness. Consequently, there are limitations to what we can individually accomplish in Reality because we co-create and cohabitate Reality with other consciousness who have free-will.

Reality *becomes* when it is acknowledged by any consciousness as a possibility. For example, the body may have a heart attack during sleep. It may carelessly stub a toe while not observing the action. The body may be sitting in the living room and get shot by a stray bullet coming through a wall, or maybe it was deliberate. An airplane might fall out of the sky and crash through the roof killing everybody in the house. On the bright side, a jackpot is won. Cancer goes into remission. You find the love of your life. A car continues down the highway running on empty. An unanticipated refund comes in the mail. The brain-seat was not observing these scenarios but it happened because *any* consciousness was remotely expecting the scenario by the prior knowledge of a possibility. Hence, others have a direct effect on the Reality that our own consciousness experiences.

Each individual consciousness has a 4th dimensional state of existence and is endowed with free-will. We co-create a shared Reality in the 3rd dimension. Cooperation and agreement are paramount to peaceful and harmonious co-existence in Realty. Sharing the same goals and working collectively opens up endless possibilities for all of us.



"If as one people speaking the same language, they have begun to do this, then nothing they plan to do will be impossible for them."

– Tower of Babel, story excerpt

There are infinite configurations of Reality and all are possible. The ever-changing 3rd dimensions are common ground where all consciousness in *Homo sapien* brain-seats co-create Reality in cohabitation. Scenarios come to us via C-Point changes acting on the freewill of all consciousness combined. Our choices and actions affect all others who are intersecting us in a shared 3rd dimension scenario. Promoting civility and cooperation is a psychosocial process of expectations and the previous knowledge of grand possibilities. The goals we may accomplish together are endless. We will socially advance when we assume our proper state of existence in a realm not driven by self-preservation. Only then may we choose to de-prioritize a death-grip on power, rank, and ownership. *Homo sapien* primates do not have that choice—they are the perfect animal. But not us... by working collectively, it is possible to change the world in a much shorter period than we may realize.

THEORY OF REALITY

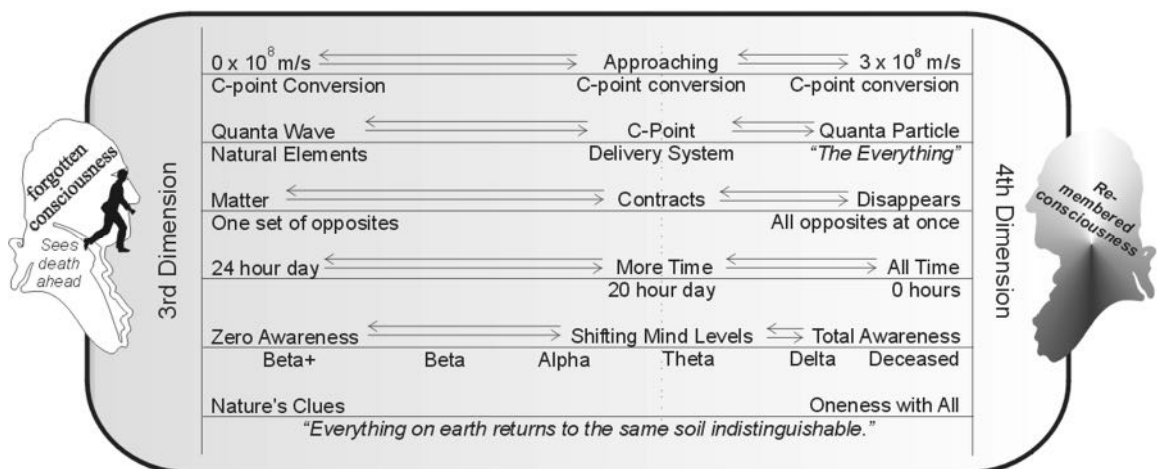
POSTULATES

THEORY OF REALITY – POSTULATES

1. 1st, 2nd, 3rd, and 4th dimensions exist in the same universe.
2. Each dimension is comprised of ALL dimensions under it. It is every outcome simultaneously. Thus, a 4th dimension would seem like “*The Everything*” to the 3rd dimension.
3. Lower dimensions passively respond to the exploitation of higher dimensions.
4. The 3rd dimension is built upon C-Point, a quantum object with eight principle characteristics.
5. C-Point is non-measurable, non-divisible, a constituent of *The Everything*, dual natured with both 4th and 3rd dimensional states; it is particle (4th dimension) and wave (3rd dimension), it is constantly changing states at the so-called *speed of light*, and it is non-local.
6. C-Point is a gateway where the 4th dimension interfaces with the 3rd dimension; therefore,
7. C-Point is where creation may occur.
8. *Future* and *Past* do not exist inside the 3rd dimension; therefore, there is no such thing as *time* inside the 3rd dimension. The perception of *time* is actually changing C-Point states.
9. Atoms arise from C-Point, simulating a fluid timeline in Reality through sequential snapshots of a present instant or moment, and then it is gone, yielding to the next instant or moment.
10. There is nothing holding the repelling protons and repelling electrons of an atom together—Atoms are annihilated and created anew with every change of C-Point state; therefore,
11. The Big Bang and Big Crunch is NOT a singularly occurring phenomenon (One Big Bang eons ago and one Big Crunch eons into the future). It may appear to be that way by observing and measuring cosmological phenomenon using 3rd dimensional technology; and the observer is in the 3rd dimension with the false perception of *time*, *speed*, and *distance*.
12. The Big Bang and Big Crunch are reoccurring with every change of C-Point state in the creation of Reality from one present instant to another.
13. Consciousness does not fit in the 3rd dimension; it exists in a 4th dimensional construct. The implications of this state of existence are immense; because,
14. Consciousness exists in the realm of C-Point and has access to that gateway; and,
15. Reality changes as it passively responds to the exploitation of the 4th dimension. What comes to Reality from the 4th dimension can be anything possible within a 3rd dimensional construct.
16. Reality may become dramatically different... opposite a prior outcome with every change in C-Point (the miraculous from a human standpoint; i.e., cancer goes into remission).
17. Consciousness experiences Reality via the brain-seat of the perfect animal—*Homo sapiens*.
18. Without the influence of consciousness, *Homo sapiens* are the ultimate keystone predator, cunning and dangerous under the influence of reptilian brain neurotransmitters. Conversely, these exquisite neurotransmitters may lead to addictions, depression, and suicidal ideations.
19. C-Point unfolds reality in the 3rd dimension to the brain-seat based on the expectations and prior knowledge of the observer; for example,
20. What an observer believes, says, and does is what they experience in Reality. Because, the 3rd dimension changes and passively conforms to preeminence of the 4th dimension wherein lies our true state of existence. (Sharing Reality with others may hinder this process).
21. The 3rd dimension is a shared construct for all consciousness who have free will. Therefore, ever-changing 3rd dimensions are common ground for all consciousness in cohabitation as we co-create Reality. Therefore,
22. Sharing similar goals, working collectively, fostering fair agreements, and letting go of our death grip on ownership and power releases grand possibilities into Reality.

Theory of Reality

23. Results of quantum research and experiments are misinterpreted under the assumption that the observer is *inside of* the 3rd dimension and that *speed* exists. Therefore, results are being analyzed under bias at the expense of possible equally valid alternatives. If these results are interpreted using C-point characteristics with an observer in the 4th dimension, an accurate viewpoint of Reality will emerge.
24. Among other things, quantum mechanics is a mathematical construct depicting the nature of C-Point as well the function and role of consciousness in Reality.
25. C-Point is highly efficient. The perceived universe in each instance of Reality need only be as large or as small as necessary; i.e., if you are inside a small closet and you do not see, hear, feel, smell, or expect anything else, then that is all the perceived universe C-Point creates as matter in that instant. C-Point does not need to manifest all the galaxies and nebulae outside of our physical perception or the expectation and knowledge of possibilities. Consequently,
26. What is not observed exists in the form of energy containing all possibilities and outcomes simultaneously (superposition), which collapses into one outcome of a scenario in Reality upon conscious observation or conscious expectation.
27. Each new event in the point of creation comes with an unalterable historical natural process, including accumulated memories (Einstein's astronaut) leading up to that point; therefore,
28. Both creation and natural evolution have a role in Reality at any given instance or scenario.
29. Consciousness is stationary. We don't go to places—places and things come to us. And,
30. All scenarios and outcomes come to us when we (or others) observe or have a prior knowledge and expectation of an outcome or event.
31. Perceptions of nature are reflections of that which created that phenomenon. For example, eternity is simulating time—and time is reflective of eternity; infinity is simulating distance—and distance is reflective of infinity; Homo sapiens come from the soil and return to it—reflecting the same qualities of consciousness in *The Everything*. Therefore,
32. Perception is not actuality including, and very importantly, there is no such thing as death.
33. Beyond every damaged body or brain-seat is an intact, eternal, spirit (consciousness); thus,
34. Without the spirit the body is dead—no longer animated through sequential 3rd dimensions which only consciousness can do through C-Point, observation and expectation.
35. The process of consciousness in a brain-seat with limited awareness in the 3rd dimension, being re-membered with total awareness back to *The Everything* of the 4th dimension will correlate with mind-levels (electrical impulses per second) using EEG type technology under specific circumstances and experiments designed for this purpose.



THEORY OF REALITY

Thank you for reading the Theory of Reality. I hope it remains as enlightening to you as it still is to me. It is beneficial to re-visit this book periodically. I authored this work yet have re-read it many times in order to internalize it and engage it in my life. The reason is perceptual processes depend on the expectations and prior knowledge of the observer. Therefore, it is imperative to have that knowledge. We must KNOW how Reality works. This will illuminate us to *what we are* (consciousness) and *where we are* (*The Everything*) in order to develop grand expectations based on that previous knowledge. This affects the outcome of our desires. I have used the TOR most of my adult life with very good results. Therefore, I wanted to include an epilogue and share my personal application of the TOR. I impart this with the sincerest hope that it blesses your journey in Reality.

We invite you to visit our website and share it with your friends and acquaintances. This book makes an excellent gift. The more people who are exposed to this message and apply it, the better our lives and shared Reality may become. The TOR is applicable to everyday living, but importantly for those facing the possibility of a serious disease; or searching for answers; or who are working through the grieving process; or attempting to overcome addictions; and all those who are working hard to achieve their dreams in life.

God bless everyone,

James Taylor Flores
aka: *Gathering Tree*

APPLICATION OF THE TOR

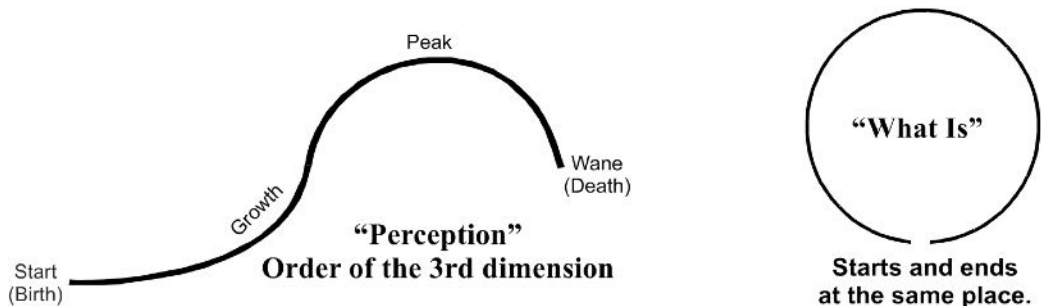
*"There is no other door to knowledge than the door Nature opens;
and there is no truth except the truths we discover in Nature."*

- Luther Burbank (1849 – 1926)

The Theory of Reality is now concluded. I want to share my personal application of it with everyone who is interested. This will include areas where the TOR has helped illuminate some of my theological views which were previously inexplicable. Others may of course apply the TOR differently. This epilogue is not a component of the TOR.

I remember the I first time I asked, *"Where did I come from?"* I was a young boy at the dinner table. It was spontaneous curiosity. I thought the answer would be simple but instead the room became quiet. That evening reproduction was explained to me. Later in life I became aware of something peculiar about *future* and *past*. I examined these tenses from every angle. I practiced imagining the *future* come to me, for example, when I was driving down a highway. I would be looking at the center stripes come toward me and say to myself, *"here comes the future."* Then I would watch the white lines trail behind and would say, *"there goes the past"* and I reasoned, *"Reality is the point where future converts to past."* This nagged at me because it created more questions. I started to see that *future* and *past* had no substance and it dawned on me that this fact disappeared me as well. I had to explain that. I began to jot down illustrations to help make sense of it. I kept a pad at the bedside as sometimes I would wake up with a diagram in mind. I held on to those sketches for years and later transferred them to a computer with a graphics program. Many of those diagrams eventually made their way into this book.

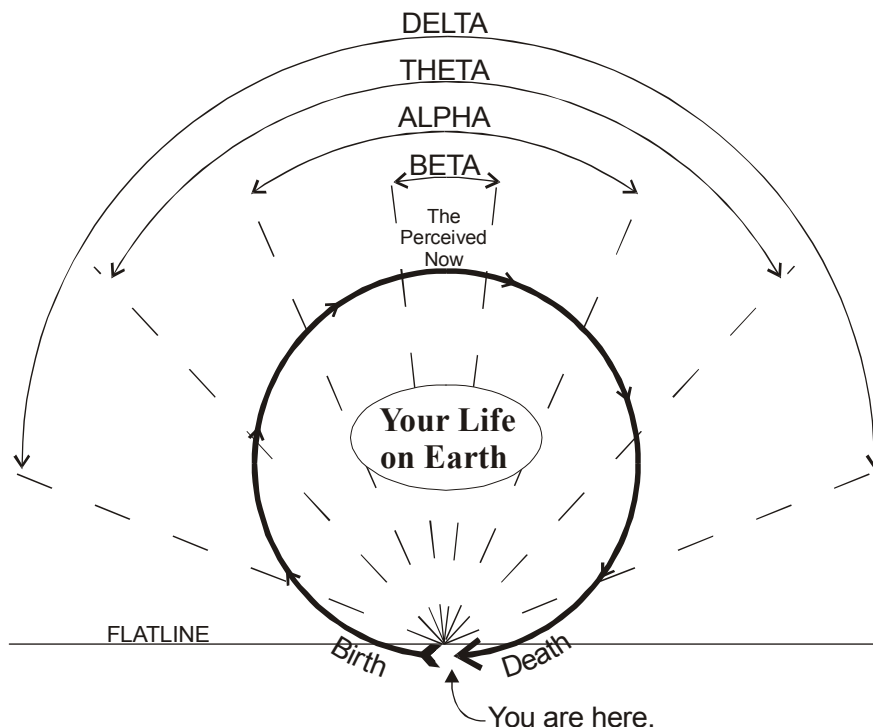
Since humans are as much a part of nature as any plant or animal, I sought answers to my inquiries in natural settings. I discovered a deep reservoir of *"what is"* in nature. There is authentic symbolism in natural settings that help us understand *being*. I looked for scenarios in nature to help me understand how I am able to exist when future and past do not exist. So again, in adulthood I was still asking with absolute curiosity, *"What am I? Where am I? Where did I come from and where am I going?"* I will answer, but first let us recap areas of the TOR to facilitate the answers to the questions. The diagram on the left depicts a false perception of our state of existence in Reality.



The diagram on the right side shows a more accurate representation of our state of existence in the 3rd dimension. Our lifetime on earth is a series of sequential *nows* starting and ending in the same place. I will point out natural symbolism ahead that reflects this.

Application of the TOR

I stick-drew this illustration in the sand by a pond long ago on a cool autumn morning. I was camping on a ranch doing some horse trail riding. I'll never forget that day.



The circle with arrows represents my life on earth from birth to so-called *death*. “The Perceived Now” area represents a point around mid-life. The dashed lines that traverse the life circle represent the brain mind-levels that we discussed earlier in the TOR.

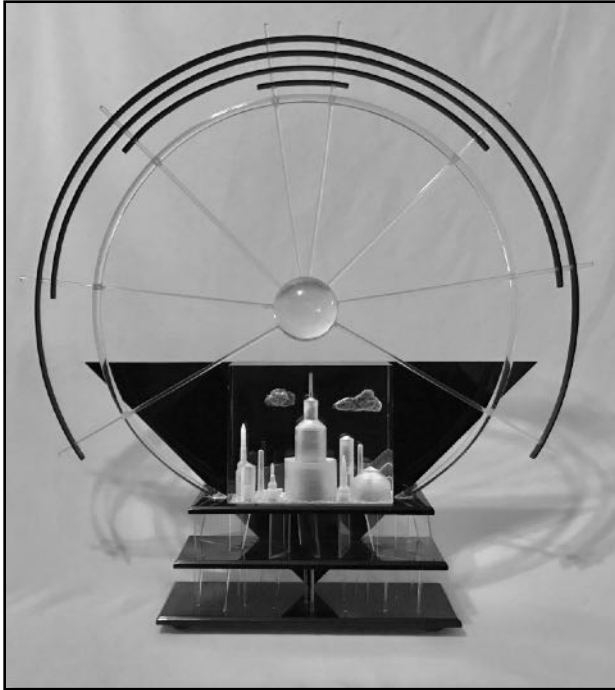
BETA is a busy state—what we mistakenly call “now.” Most people operate at this mind-level at daytime. We are poorly re-membered to consciousness in this frame of mind.

ALPHA is a creative, relaxed state that allows more awareness and a much better re-membrance to consciousness. We wake up and fall asleep in this very calm mindset. This is the ideal mind-level to remain connected with consciousness while we are awake. One way to remain in Alpha throughout the day is to slow our breathing down to 10 cycles or less per minute. This is accomplished by focusing on the exhale. Breath out slowly and empty your lungs more completely. Then inhale naturally. Don’t try to control the inhale. We can go as low as 4 cycles per minute with practice (one breath every 15 seconds). Our focus is clear when we are breathing less than 10 cycles per minute. This is easily mastered.

THETA is a sleeping state with excellent recall of past events and re-membrance to consciousness. It merits more study, although, it is not as useful during the waking state.

DELTA mind-level registers in a coma state. It licenses near total awareness of everything that we have experienced. Our whole life flashes by in this frame of mind.

There is a line across the bottom called, flatline. The absence of electrical activity on an EEG is one criterion of brain death. Consciousness is fully re-membered here.



I transferred the sketch to a napkin that morning and later built a sculpture called, “Reality.” The lowest level of this model has lines. On the next higher level are planes which are superseded by the 3rd dimension. A 4th dimension is above that which is *The Everything*, the realm of our true state of existence. The triangle behind all the dimensions indicates the preeminence of each higher dimension to exploit and shape those under it to any configuration. The circle is our lifespan on earth. The rods are mind levels correlating a link from consciousness to the human brain.

Oddly, there is no pinpointing the exact *now* on the circle. The more we try to pinpoint our exact location in life, the

harder it seems to do so because the *now* is fleeting and non-stop. I was not satisfied knowing more-or-less where I was in Reality. I wanted to pinpoint an absolute location. Instead of getting closer to any exact location in the circle things just got fuzzier. Something occurred to me while I was contemplating my question, “*Where am I?*” The only places on this concept we can isolate a specific location that is not fleeting is at the beginning and end of the circle of life. I sensed this had to mean something important. The rest of the diagram seemed almost non-existent because “*now*” could not be isolated. I sat there and thought to myself, “*I am not a non-existent person.*” “*I know that I am and that my absolute location should be able to be pinpointed—I have to be somewhere!*” When we are looking for the location of something and have searched every obvious place, then the only place left to look would be in an unexpected place. That is when the revelation hit. I was both at the beginning and the end at the same time. **The beginning and the end are where we are and always were, whether at 1, 50, or 99 years of age.** This paradigm answered my question. And, it elucidates the eternal qualities of consciousness.

I bore an inner witness to this as I sat there by the pond thinking about this sketch. Then I started observing the natural settings around me. My eyes wandered searching for clues. I noticed tiny seedlings of trees sprouting from the soil. I lifted my eyes and saw older shoots and other trees at various stages in the life cycle. I observed fallen trees disintegrating back into the soil. Then I became intimately aware of a large decomposing trunk near me. The end of it had become indistinguishable from the earth where it laid untouched. I ran my fingers through that area of the sand. The symbolism was tangible. “*Trees come from the soil and return to the soil having never left it.*” Then I looked back at the stick sketch in the sand and thought to myself, if *Homo sapiens* are formed from soil and return to the soil, then they never left the soil. “*I am walking, talking, dirt!*” I said aloud back on that day. This is authentic symbolism. The parallel is, consciousness never left *The Everything*. Nature is always reflecting that which creates it... it is a silent reservoir of revelation knowledge.



Artwork: unknown origin.

We must now re-train our thought processes. We are consciousness and utilize a decomposable brain and body to experience a shared 3rd dimensional Reality. *Homo sapien* primates are the perfect animal; intelligent, artistic, innovative, very diverse and complex. Humans are a technologically advanced keystone predator, capable of gentleness and civility, but also of cunning, guile, and treachery. Both exist simultaneously in the world today. We have discussed how the reptilian brain can be very compelling as it rewards with pleasure-producing neurotransmitter compounds. We occupy a very strong-willed animal. In even the best of us there is a constant struggle for autonomy between reptilian brain impulses and consciousness in governing our own actions in Reality.

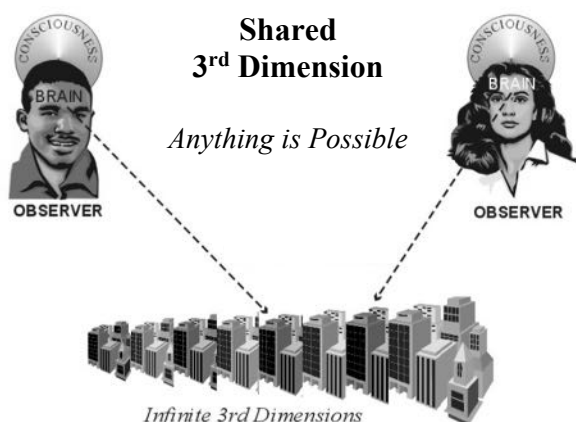
“The trouble is with me, for I am all too human, a slave to the flesh. I don’t really understand myself, for I want to do what is right, but I don’t do it. Instead, I do what I hate. I know that nothing spiritual lives in me, that is, in my flesh. I want to do what is right, but I can’t. I want to do what is good, but I don’t. I don’t want to do what is wrong, but I do it anyway.”

– Paul of Tarsus

Thus, even for an apostle the will is present to obey the input of consciousness, but to act on that is difficult when the reptilian brain is generating its own impulses. Paul had no knowledge of compelling neurotransmitters while also discerning a difference between their persuasive carnal sway and the higher influence of consciousness.

Knowledge provides important rationale and motivation to evolve. We need a fresh awareness of our true state of existence. Because, all scenarios in Reality indeed proceed from *The Everything* where consciousness exists. Reality does NOT have to be reptilian brain directed. Paul said, “*Walk in the spirit and you will not fulfill the lusts of the flesh.*” Regardless of how it is put, consciousness-directed thinking and reasoning (frontal cortex), and consciousness-directed emotions (limbic system) may supersede reptilian impulses. Prevailing over reptilian thinking is already a major undertaking in society. There are rules, laws, and penal codes in place. But a deeper, natural understanding has been forgotten over centuries; the *Homo sapien* must be trained or it will behave like the animal it is. This might be too unpalatable for some; however, the evidence is overwhelming. Consider the current events and greed in the world; the Mahatma Gandhi’s, Mother Teresa’s, and Nelson Mandela’s are sparse among earth’s 7.8 billion people. People perish for lack of knowledge. We can make a spiritual comeback with a fresh illumination of *what and where we are*. The revelation knowledge in this book is not just a convenience, it is crucial to our freedom from the bondage of reptilian thinking. It is vital to our spiritual evolution.

We are all influenced by reptilian thinking in the *Homo sapien* experience and may cheat on our spouses, taxes, or each other. We may stay addicted to alcohol, drugs, and sex... or, we can re-member to consciousness. Reptilian thinking drives pecking order from an early age. Children compete for toys, brand-name stuff, and popularity. Orienting them to their true state of existence early on is beneficial. Forgotten consciousness competes for rank, ownership, and power. This continues in academia, the workplace, and governments. *Homo sapiens* learn to appear harmless while in the act of being manipulative and even dangerous. When that happens the gullible, elderly, or otherwise defenseless people in the world are prey like sheep among wolves. We must be mindful of this fact while remaining blameless in our reactions to these people. Christ, who HAD super-power, showed how to teach using scenarios in nature and how to love to the extent of giving his life for the world.

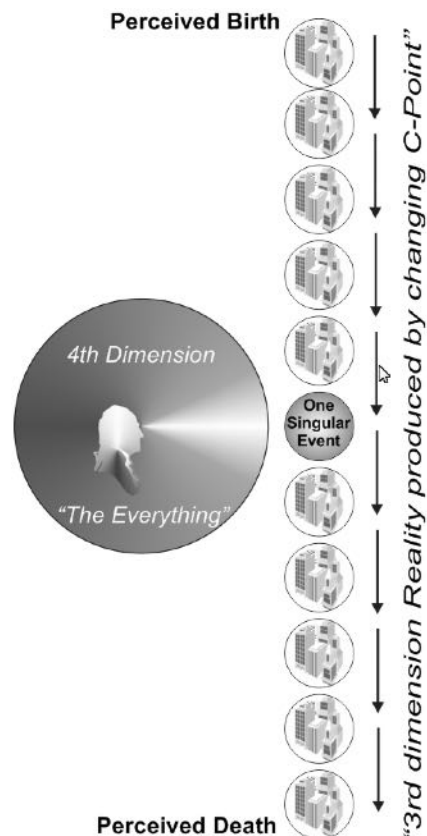


The Theory of Reality has profound implications for the entire world. There is great potential to evolve with advancement and improvement of our shared Reality. When we realize what we are, where we are, and what, together, we are capable of, we can make the world a better place. The more cognizant we are of our true state of existence the less we will be concerned about amassing more possessions than we can possibly use. At the end of life on earth there is a stark realization that ownership is

not real. Stewardship is a more accurate word for all the possessions under our control. We can eliminate hunger and poverty. We can prevent wars and inspire world peace. We can take steps to heal this planet. We have the honor and privilege to collaborate in Reality.

The Theory of Reality elucidates a radically different viewpoint of our state of existence. It is a life that is not dependent on survival instincts. Practicing this way of life involves conditioning our thought processes. We can train our expectations to accept new paradigms of Reality based on a previous knowledge as these examples show:

- Start by knowing and believing the truth—Nature. It is the best foundation to evolve into our higher potential. The components of the Theory of Reality were based upon observations in nature and the natural sciences. Nature is the definitive source for knowledge—a gift whereby we may learn to *be*.
- Practice a recognition that past and future have no substance in Reality; therefore, time is not real. Visualize only *Now* existing and see it changing.
- Be still and know that all things come to us, be it scenarios, opportunity, or work. We don't need to worry about what we will eat, drink, or wear.
- Conditioning our perception to realize that we are not moving toward any destination while crossing a *so-called* distance. Whether we are driving or walking into the next room, all places come to us.
- When we are searching for lost items, we may condition our thoughts to acknowledge that all missing items come to us, not us to them.
- Be mindful that what we are observing is matter (one outcome); whether poking our heads inside a small pantry, or observing the vast Milky Way. What we are not observing or expecting is energy (all outcomes simultaneously).



Application of the TOR

I practice these paradigms to achieve my dreams. I use them to adjust my thinking regarding my state of existence. I do not feel a pending doom of the finality of death, nor do I feel a permanent loss for loved ones who have passed on. The Theory of Reality demonstrates our state of existence is not 3rd dimensional. Readers of this book may add additional methods to arrive at their own viewpoint of Reality. The main point is that meditation and the practice effect will lead to a deeper revelation and utility of Reality.

Let's talk about controlling reality. Can consciousness control Reality? Does it already? These are the million-dollar questions. The Theory of Reality postulates that Reality *becomes* and *animates* under conscious observation, but this does not prove that consciousness is in total control of Reality. We do not often hear about people routinely performing miracles. This may be for a lack of truly understanding *what* and *where we are*, or fear of failure, or being paralyzed by the problems of the 3rd dimension believing they are permanent. On the other hand, we may be missing unrecognized miracles all around us. The enormous upside of the potential to affect Reality merits deeper consideration.

Although the TOR may indicate that it is theoretically possible to realize a goal immediately, I think this approach is still quite rare. Certainly, instant gratification has happened to me and others on rare occasions. Those are great moments. More commonly, however, we will see Reality change over a series of sequential *nows* through faith and perseverance. It is important not to lose sight of the fact that *now* constantly changes, thus absolutely everything in Reality is subject to change—this is where *Hope* thrives. That is not so hard to wrap our minds around. Every change of *now* comes from *The Everything*, a realm of all possibilities. Before coming to a more accurate understanding of Reality we used to say, “*The future has infinite possibilities.*” Think of *future*, not as a component of a timeline, but as being synonymous with *The Everything*; that is, *Future = The Everything*.

Is it possible for Reality to change instantaneously? I would say, “yes,” given that the universe is static and each *now* (Big Bang–Big Crunch) is a universal event of its own.

The *present* cannot be isolated in the 3rd dimension. *Present* is found at C-Point. Everything that we see through human eyes and experience through sensory perception is instantly *past*. Look at something... anything and it is instantly no longer in the present. Therefore, technically, we do not (or cannot) receive things in the present 3rd dimension through prayer, mediation, or whatever you want to call it. This is because the present is fleeting in the 3rd dimension. What happens in Reality through prayer is something we instantly *received*. If it just happened, it is now instantly in the past.

“You can pray for anything,
and if you believe you have received it,
it will be yours.”

- Jesus of Nazareth

This statement is made by the One who has, by far, the most documented miracles in history. Interestingly, there are three tenses in the above statement. Pray for anything (*present*), believe you received it (*past*), and it will be yours (*future*). The Theory of Reality asserts that consciousness lives in the present at *The Everything* where *anything* is possible. Reality is always changing meaning you would have instantly *received* something once it arrives. Finally, all things come to you, so it will be *yours*. The TOR validates prayer and it implies that knowledge of these mechanics is useful to “*believe you have received it.*”

I reference Jesus Christ because it is relevant to my take on the Theory of Reality. Jesus of Nazareth displayed an incredible ability to manipulate Reality. His amazing works, including overcoming death, substantiate what he claimed to be, i.e., our Redeemer, First and Last, I Am, The Light and Creator. *The Everything* has preeminence over Reality. It is a fitting domain for a divine nature, omnipresence, omnipotence, and sovereignty.

I am versed in the scriptures, but what I know of Creator's invisible qualities and eternal nature are seen and understood by all things that are made. The natural sciences are based on the truth of empirical evidence. Quantum mechanics has an infinite and extraordinary nature reflecting God-like aspects. The impact and philosophical ideals in nature as well as the authenticity of all creation bears the greatest witness to its Creator. The Bible contains preserved historical and informative value and I highly recommend learning it. Nature validates much of the scriptures, not vice-versa. Theologians are fully aware that God's Word is written in our hearts and minds, and no longer on tablets and scrolls.

I must reconcile the fact that my state of existence is also in *The Everything*. This knowledge elucidates the comforting notion that being absent from the body is being present with The Lord. I would not superciliously jump to the conclusion that I am God. I can accept the notion of being made in the image of Creator and I exist with God. Thus, Jesus is indeed like the vine and we are the branches of that vine. Regardless, it takes the God kind of faith to control Reality. What is faith? The unknown author wrote in Hebrews, "*Faith is the substance of things hoped for, the evidence of things unseen.*" Faith is described here as an invisible form of all substance. Faith must be a 4th dimensional force. It draws from anything or the opposite of anything via the utility of hope. Hope is also a force that provides a scenario-blueprint. We develop this blueprint in our imagination and mature it through meditation and prayer. We experience it arriving into present Reality and then passing out of Reality as all things do. These are words—semantics describing a phenomenon. What matters are *what is* in both the 3rd dimension and *The Everything*.

Consciousness exists in *The Everything* and is in the unique position to choose things that are *not* in Reality as though they *were*. Being 4th dimensional, consciousness may theoretically choose any scenario that does not exist in a 3rd dimensional construct to replace scenarios that do exist in that same construct. If we have undoubting expectations, a change in C-Point is able to usher into Reality what we believe, say, and act on. It may happen instantaneously, or more commonly it occurs over a sequence of many *nows*.

"... `Have faith of God; for verily I **say** to you, that whoever may **say** to this mount, Be taken up, and be cast into the sea, and may not doubt in his heart, but may believe that the things that he **saith** do come to pass, it shall be to him whatever he may **say**. Because of this I **say** to you, all whatever -- praying -- ye do ask, believe that ye receive, and it shall be to you."

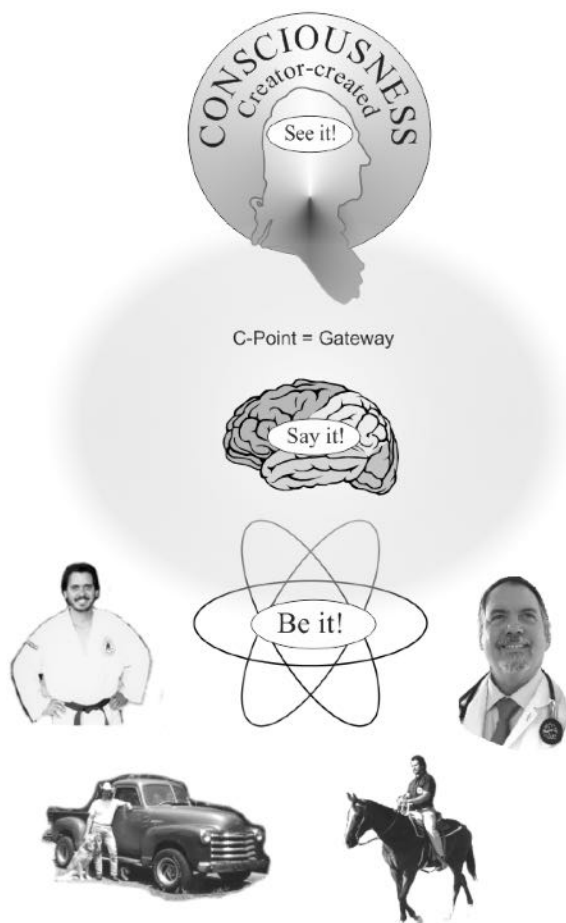
— Jesus of Nazareth
Young's Literal Translation

Consciousness-driven Reality can be bent into any 3rd dimensional configuration. The mountain may convert into energy and reappear in the sea as matter because each *now* is its own event. Humanity is not ready for that kind of super-power if we remain fixated on the accumulation of power and profit (reptilian-driven). More commonly, the mountain would be demolished and carried out to sea—a more attenuated form of faith. If we only had a clue of what our world could be like, we would devote our resources to cultivating the TOR in ourselves and our children. Reality would improve profoundly for everyone.

Application of the TOR

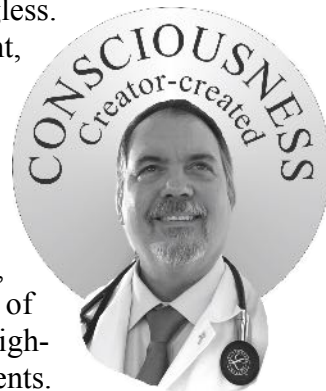
I believe consciousness is made in Creator's image and Christ is the bridge that reunifies consciousness with Creator. I call this union Creator-created. I accept this because Christ backed these assertions with an awesome ability to control Reality; i.e., walking on water, calming storms, feeding thousands with food that emerged from one *now* to the next. His face shown like the sun on the mount of transfiguration. God is light, therefore, we are also light. I like to face sunlight when I pray for something important. There is no support for this for God is everywhere, but I see only light through closed eyelids and I imagine that I am in *The Everything* with Creator whose presence is all around me, overriding everything I experience in the 3rd dimension. I clearly see the scenario I desire, whether it be healing, overcoming adversity, etc. When the image is clear, I declare with thanksgiving that which is *not* to bring to *naught* that which *is*. I will then do something to act on that. I call this process, "See it, Say it, Be it!"

I have used this process of creation many times in my journey with amazing results. I have faced and overcome very many adversities. I started a business from scratch and saw it grow in hard times. I raised a family, committing to marriage through good times and bad. I overcame pet addictions. I became a 5th degree black belt. I learned to play guitar and piano and have recorded in a studio. I have painted, sculpted, and acquired things I always desired. I sold my business and entered college at the age of 42 obeying a calling. After undergrad I ran out of funds to move on to medical school. I was then awarded an astonishing \$200,000 scholarship. I went to Washington DC to receive this miracle in the Smithsonian museum. This was a full scholarship that covered tuition, room, and board. It paved the way through medical school. There are so many amazing results along my journey in Reality that it would take another book to describe all of them. See it, Say it, Be it is a process that works.



Anyone can engage the TOR. If you desire to be a pilot, apply See it, Say it, Be it. See yourself as a pilot. Call yourself a pilot. Hang out at a small airfield and seek out ways to take lessons. When I was on the road to black belt, I would put on the next higher belt rank color and observe myself in the mirror. I would call myself a blue belt, a brown belt, and a black belt. I would practice the techniques, joint locks, and throws, and would always ace the exam. The tongue is like a ship's rudder which is very small compared to a large ship, yet it makes the vessel go in the direction the captain wants. The captain is analogous to our ability to stay focused on the direction we want to go in life. If the mind remains clear and in sync with consciousness, the tongue will call those things which are *not* as though they *were*. Thus, steering into our Reality the desired scenario from *The Everything*.

Creator is with us in everything we do, even in the most menial task. Concerned with every detail of our life. Nothing escapes notice—not even the number of hairs on our heads. When our attention also includes *The Everything* in our present thoughts, we feel safe and whole. Whenever our awareness of consciousness merged with our loving God is faltering in the *Homo sapien* experience, then life can feel meaningless. When perception takes over, problems and details seem permanent, leaving us feeling a heavy burden. I use practice effect techniques to maintain focus. Sometimes I close my eyes and hold my warm hand closely to my forehead. The hand symbolizes Creator. This conditioning reminds me that God is intimately with me. This has an immediate effect but can be awkward to use in public. I also keep an awareness that behind my line of sight is *The Everything*, the realm of my true state of existence with Creator. It is a place of all possible outcomes that I may choose from by faith. I do this in high-intensity settings such as in an ER while treating critically ill patients.



No one knows why consciousness experiences Reality through the perfect animal. Although our state of existence is 4th dimensional, the 3rd dimension is unavoidable. I often feel in-training to stay in touch with consciousness and Creator. These two are inseparable in *The Everything*. Still, an obvious fact is that **consciousness is free**, and we can all make our choices in Reality. Mass shootings, human trafficking... even genocide happen without divine interference. *Why?* God gave us free will and does not stand in our way. Reality is ours to do what we want with it. The TOR shows *death* is not real because none of us exist in the 3rd dimension. Thus, people who commit heinous crimes may still find redemption.

It's not about our decisions because we all make mistakes and can learn from them. It is all about our motives. Everything we do is either influenced by reptilian thinking or is driven by consciousness. The former is concerned with *having* and the latter with *being*.

When the inspiration of consciousness on the neocortex supersedes the stimulus of the reptilian brain we may leave behind laziness, addictions, depressions, and anxieties. With consciousness steering our choices a miraculous life can be lived and Reality may be bent towards a better world for everyone. It takes commitment, courage, and perseverance to transition from neurotransmitters driven by reptilian brain impulses to a life of walking in the spirit (consciousness). It is possible to self-cultivate a lifestyle that is not driven by survival instincts. When we start to achieve even some of that we may be *ourselves*. Not under any external law but driven by an inner law of consciousness which I believe is made in the image of God. Together with God, consciousness is filled with grace and love. We would then be able to trust where consciousness leads, how it cultivates us, and how we can grow from every experience. This is the quintessence of *being*. If God has a perfect plan for *my life*, I only have to be *myself* to see it carried out. The lessons come naturally.



Enjoying heaven-on-earth is entirely possible. We may nurture consciousness awareness and expose reptilian thinking. When motives are propelled by the pure unconditional love that consciousness linked with Creator is capable of amazing things will come to pass in Reality.

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READER'S COMMENTS

I'm blown away. Your writing has articulated and explained ideas and concepts that I've been wrestling with for years.

I had all these seemingly tangential ideas that I've felt were compelling me in some unknown direction without knowing how they were related. I appreciate the work you've done.

I think it will help a lot of people. I feel like you've revealed some of the mystery. I will certainly be recommending it.

I'm encouraged at the thought of having these fragmented ideas become a cohesive whole. I plan on reading it again to further digest the concepts.

Having a clearer idea of where I am makes me feel like I am better able to navigate, in a manner of speaking.

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