

FeelingBetterNow[®]
***is available to you and
your family members
and includes:***

- A user-friendly mental health risk assessment.
- A personalized action plan for you and your health-care provider based on medical guidelines.
- Immediate access to curated mental health support resources for you and your family.

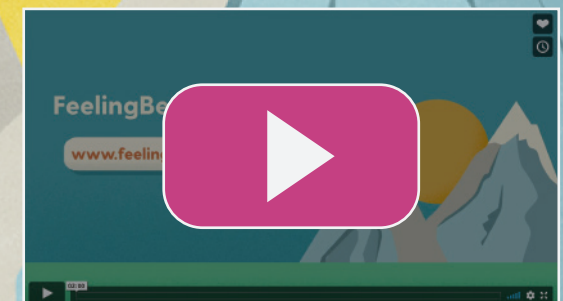


feelingbetternow.com/otip
Create your anonymous
account today!

FeelingBetterNow[®]
is a completely new
approach to emotional
and mental health
management.

Take charge of your
mental health!

Take the time to start
FeelingBetterNow[®]!





Visit our website:
feelingbetternow.com/otip

3.

Take the assessment.
It only takes 4 to 12 min.



Take your results
to your health-care
provider.

2.

Create your account.
It's anonymous and
confidential.



Print your results.

6.

While you wait,
visit your toolbox for
helpful resources.