

DIVINE BLUE HEALER

presents

Biofield Tuning and Chakra Balancing for Corporations and Small Businesses

Increases employee productivity, and enhancing workplace ergonomics

Biofield Tuning is a unique non-medical therapeutic method that uses sound waves produced by tuning forks in the bio-magnetic field that surrounds the human body, as well as on the body that helps relieve physical pain, mental, emotional and physical stress. Developed by Eileen Day McKusik who noticed how the Biofield inextricably is connected with our conscious and subconscious mind, including all of our memories.

All physical, mental and emotional disorders can be perceived as "dissonance" in our energy fields. Biofield Tuning is able to diminish and resolve this dissonance and in doing so, alleviate and even eradicate the corresponding physical, mental and/or emotional symptoms.

A Biofield Tuning typically last 30-60 minutes, the goal is creating mental harmony, increased immunity and awareness around the body, which can relax and release tension at many levels, leaving you with a wonderful feeling of integration and organization.



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The Power of Sound

Sound is an ancient healing medium that has been utilized around the globe for thousands of years.

The Biofield

The electromagnetic energy that surrounds and infuses the human body (also known as "Chi", "Aura" and the "Energy Field").

Biofield Tuning

Biofield Tuning is a sound therapy method that provides targeted nervous system relaxation which can alleviate a wide range of health issues.

Why is Biofield Tuning useful at the work place:

- Reduced muscle tension
- Helps improve better sleep
- Decreased Anxiety / Depression
- Lowers stress / tiredness / fatigue
- Improved blood flow and circulation
- Helps improving migraines / headaches
- Increases mental clarity and brain function
- Bringing your nervous system into balance.
- Decreased absenteeism due to stress related illnesses
- Integrating your left and right brain for increased energy, alertness and productivity
- Helps to distribute Qi in your body, by uniting different body energies. When your Qi is activated, energy flows freely inside your body to promote healing

If any questions, please contact me: 561 602 6762 - divinebluehealer@gmail.com

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Facts about stress in the workplace and how it translates into actual dollar amounts are possibilities that can occur:



- The average annual costs related to lost productivity due to absenteeism in the U.S. are believed to stand at \$3,600 per hourly employee per year, and \$2,650 per salaried employee per year, according to research by Circadian Technologies, Inc. .

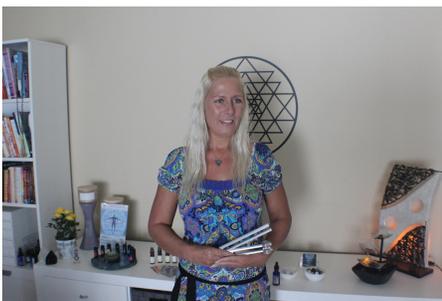
- The annual cost to US businesses loses up to \$300 billion yearly as a result of workplace related stress.

- Stress caused sleep deprivation for 66% of

American workers in 2018. Depression leads to \$51 billion in costs due to absenteeism and \$26 billion in treatment costs.

- Work-related stress causes 120,000 deaths and results in \$190 billion in healthcare costs yearly.
- According to workplace productivity statistics from the ADAA, workers identify workplace productivity (56%) and relationships with coworkers and peers (51%) as being affected the most by stress and anxiety.
- 75% to 90% of all visits to primary care physicians are for stress-related complaints up to 80% of on-the-job accidents are stress-related 40% of job turnover is due to stress - American Institute Of Stress.
- Over 50% of lost work days are stress related which keeps about 1 million people per day from attending work - Occupational Health and Safety news/National Council on Compensation Insurance (USA).
- Workers who must take time off work because of stress, anxiety, or a related disorder will be off the job for about 20 days. - Bureau of Labor Statistics.

In a Biofield Tuning session:



- Employees stay fully dressed.
- The Biofield Tuning session is offered in a safe, private space
- The outcome is employees are happy, healthy and productive.

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About Sanne:



Sanne Kristensen has over 10 years of experience as a Licensed Manual Therapist and as a Licensed Skin Care Specialist. She is a graduate of the Aveda Institute of Esthiology and Massage Therapy in Ft. Lauderdale/Miami Florida, trained in Massage Therapy and Esthiology, specialized in Ayurvedic techniques, Ayurvedic Medicine, and trained utilizes Aveda pure flower and plant essences for wellness.

Sanne became a Reiki Practitioner while studying with Aveda and since then studied Chakra/Meridian/Chi energy Healing, and frequency/sound Healing.

She is a translator who listens to the body's signals (symptoms, dis-ease, challenges, limitations) and explains what's going on.

Sanne's mission is to provide tools and inner resources for people around the world to embark on an epigenetic step into sustainable health, optimum wellbeing, and personal emergence.

Offering:

Biofield Tuning with Chakra Balancing, relieves mental and physical stress, and strengthens the immune system

Pain Management, tuning forks stimulates and balances the body's physical energy field to promote healing and inner harmony. Tuning fork therapy session is great if you are experiencing physical pain, inflammation, migraines.

“Between the sound is silence, and this is where true transformation exists.” ~ John Beaulieu