

Tim Kelly Consulting

behavior management & personal
coaching; relationships; lifestyle, polyamory
& alternative sexuality; communication
for individuals & couples

Qualifications and Experience

M.S. Psychology (Portland State Univ. 1983)

National Board Certified Clinical Mental Health Counselor (CCMHC) #33892, (1985 - Present)

Former LPC State of Oregon (1991 – 2024; No longer Counseling; License Retired Aug. 2024)

Kaiser Permanente Mental Health Therapist (25 yrs, Retired)

Adjunct Faculty, Dept. Psychology Portland State Univ. (37 yrs.) & Marylhurst Univ. (7 yrs.); (Retired)

Private Practice Consulting for Personal Behavior Change, Self Regulation, Communication Skills, Goal Setting and Relationship Support (1999 – Present)

Philosophy and Theoretical Orientation

I utilize a problem-solution focused Consultative approach borrowing from Behaviorism, Cognitive Behaviorism and Humanistic philosophies applied to personal adjustment and growth; relationships; behavior change & self-regulation; communication; managing alternative relationships, sexuality, lifestyle & personal mental health with individuals and couples.

www.timkellyconsulting.net

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