

THE SOUL SPOT

Reiki Energy Healing

60 min | \$85

Reiki is a deeply restorative energy healing experience designed to bring you back into alignment mind, body, and soul. Reiki channels universal life force energy to gently release energetic blockages, calm the nervous system, and restore inner balance.

Sound Healing Session

60 min | \$85

A meditative sound experience using crystal bowls, chimes, gongs, tuning forks and vibration to calm the mind, regulate the nervous system, and support energetic release.

Chakra Balancing Session

60 Min | \$85

A focused energy session designed to align and harmonize the body's energy centers, promoting emotional stability, clarity, and a sense of wholeness. This session includes Reiki, Sound and Crystal healing.

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Sole to Soul Reflexology

Reflexology for Hands & Feet

45 Min | \$60

A grounding and restorative experience that works through the hands and feet to support the body, mind, and energy system. Using intentional pressure on reflex points connected to organs and energy pathways, this treatment helps release tension and restore balance.

Crystal Healing

60 min | \$85

Experience an intuitively guided session using healing crystals placed on and around your body to cleanse your aura, align your Chakras, and restore energetic balance.

Soul Alignment Coaching Session

4 Sessions | \$240

1 Session | \$75

A supportive, intuitive space to gain clarity, release limiting patterns, and reconnect with your inner voice.

Perfect for personal growth, emotional healing, and spiritual alignment. In-person or phone/Zoom available.

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Oracle Card Reading

30 Mins | \$60

A sacred space for guidance, clarity, and soul connection. Through oracle cards and intuitive insight, you'll receive messages aligned with your highest good, helping you to gain perspective, trust your path, and reconnect with your inner knowing.

Mini Oracle Reading

15 Mins | \$30

Soul Spot Signature Experience

75 Mins \$105 90 Mins | \$125

A customized experience blending massage, energy work and intuitive healing based on what your body and energy need most. May include Reiki, reflexology, sound, and therapeutic touch to support deep relaxation, release and alignment.

Energy Reset Session

30 Min | \$50

A quick, calming energy session to clear, balance, and reset your energy field. Perfect for a mid-week recharge or first-time experience.

THE SOUL SPOT

Customized Glow Facial

60 Min | \$85 90 Min | \$125

A customized facial designed to cleanse, exfoliate, and hydrate the skin while improving overall tone and radiance. Includes extractions, facial massage, a targeted mask, and professional skincare selected for your skin type.

Crystal Glow Facial

60 Min | \$90 90 Min \$125

A luxurious facial experience that blends professional skincare with the calming energy of crystals. This treatment includes cleansing, exfoliation, extractions as needed, facial massage using crystal tools, a customized mask, and nourishing hydration. Crystals are incorporated to promote relaxation, balance, and radiance leaving your skin glowing and your energy refreshed.

Mini Glow Facial

30 Min | \$50

A quick reset to cleanse, refresh, and restore your natural glow. This facial includes cleanse, exfoliation, mask and moisturizer. No extractions or facial massage.

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Relaxation Massage

30 Min | \$45

60 Min | \$80

90 Min \$110

A soothing full body massage light to medium pressure.

Therapeutic Massage

60 Min | \$90 90 Min | \$125

A personalized massage designed to support relaxation, ease tension and promote overall well being. Pressure and techniques are chosen based on your body's specific needs.

Sacred Reset Massage

60 Min | \$90

A restorative experience combining massage, Reiki energy, and mindful breath to support emotional release, energetic balance, and deep relaxation.

Hot Stone Massage

75 Min \$115

A calming massage using warm stones to gently release tension, improve circulation, and encourage profound relaxation.

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Ground & Restore Foot Treatment

30 Min | \$50

A deeply grounding foot renewal treatment designed to calm the nervous system and promote full-body relaxation. This treatment includes warm towels, foot scrub, and a relaxing foot massage.

Scalp & Sinus Relief Massage

30 Min | \$50

A targeted massage focuses on the scalp, face, jaw, neck and sinus areas to help relieve tension and ease pressure, and promote relaxation.

Restorative Hand Renewal

30 Min | \$50

A deeply soothing hand service designed to soften the skin, ease tension, and calm the nervous system. Includes warm towels, exfoliation, and a massage to promote relaxation and renewal.

Yoga/Meditation Classes: \$15

Private Yoga/Meditation \$60

THE SOUL SPOT

Soulcial Hour

Meditation. Sound Healing. Intuitive Card Insights

A private 90 minute group experience to relax, reconnect, and
realign together.

Includes: Guided Meditation
Sound Healing Experience
Personal Intuitive Card Readings

Perfect for birthdays, girls days or a meaningful, soulful
gathering.

-Come home to yourself-together.

\$\$240 (to 4 guests)

\$330 up to 6 guests)

\$400 up to 8 guests)

By appointment only:

**Call us at 570-580-4553 to set up your appointment
607 South Sterling Rd South Sterling PA 18460**

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