

Dr. Rebekah C. Lloyd: Keynote Speaker & Leadership Strategist

PRESS RELEASE

For Immediate Release:

[City, State] – [Date] – Dr. Rebekah C. Lloyd, a recognized trauma-informed leadership expert, combat veteran, and Doctor of Strategic Leadership, is available for keynotes, workshops, and corporate training events. Dr. Lloyd delivers engaging, research-backed presentations that equip leaders with the strategies needed to foster resilience, regulate workplace distress, and empower high-performing teams.

With a career spanning military leadership, corporate consulting, and academic research, Dr. Lloyd has become a sought-after speaker for corporate conferences, leadership summits, government agencies, and mission-driven organizations. Her work focuses on helping leaders understand the impact of trauma in the workplace and develop strategies to create psychologically safe, resilient teams in today's challenging environments.

Speaking Topics & Formats:

Dr. Lloyd's speaking engagements are designed for corporate executives, HR professionals, military and government leaders, educators, and nonprofit organizations looking to build stronger, healthier, and more effective teams.

- ✓ Keynote Presentations (60 minutes) – Inspiring, research-driven talks designed to engage and equip leaders.
- ✓ Deep-Dive Sessions (90 minutes) – Includes interactive Q&A, audience engagement, and leadership application.
- ✓ Workshops & Corporate Training (Half-Day & Full-Day) – Practical, hands-on sessions designed to develop and implement trauma-informed leadership strategies in real time.

Speaking Topics Include:

- Leading Through the Storm: Trauma-Informed Leadership for Resilient Teams
- The Missing Key: Unlocking Leadership Potential with Trauma-Informed Strategies
- Building Resilient Teams: A Hands-On Trauma-Informed Leadership Workshop
- Regulating Distress in the Workplace: How Leaders Foster Psychological Safety
- Empowering Leadership: The Key to Engagement, Retention, and Performance

Long Bio:

Dr. Rebekah C. Lloyd is a combat veteran, keynote speaker, leadership strategist, and published author specializing in Trauma-Informed Leadership (TIL). With a Doctorate in Strategic Leadership and a background in military operations, corporate consulting, and organizational leadership, Dr. Lloyd blends real-world experience with cutting-edge research to help organizations foster resilience, engagement, and high performance.

Her career has included leading teams in high-stakes environments, advising senior executives, and training professionals in leadership development and organizational health. She is the author of multiple books, including *The Missing Key: Trauma-Informed Leadership*, and has been featured in SHRM, military leadership forums, and HR industry conferences.

Dr. Lloyd's keynotes and workshops are designed to equip leaders with practical tools to manage workplace trauma, foster psychological safety, and create more productive, engaged teams in both corporate and mission-driven settings.

Short Bio:

Dr. Rebekah C. Lloyd is a combat veteran, keynote speaker, leadership consultant, and published author specializing in Trauma-Informed Leadership (TIL). With a Doctorate in Strategic Leadership and extensive experience in military and corporate leadership, she helps organizations build resilient, engaged teams through evidence-based leadership strategies.

Booking Information

For media inquiries, event bookings, or additional details, please contact:



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[Download Dr. Lloyd's Speaker Sheet here.](#)