

Dr. Rebekah C. Lloyd

Author | Speaker | Leadership Consultant | Advocate for Healing & Resilience

Dr. Lloyd's Bio

Dr. Rebekah C. Lloyd is a trauma-informed leadership consultant, speaker, author, and Army combat veteran who empowers people and organizations to heal deeply, lead wisely, and live purposefully. As a researcher and practitioner, she bridges the gap between academic insight and real-world impact, equipping leaders to build resilient teams and trauma-aware workplaces.

She is the founder of Lloyd Consulting Firm and the Lloyd Center for Trauma-Informed Leadership. Through her writing, coaching, and workshops, Dr. Lloyd inspires audiences to step into healing and lead with integrity — not in spite of their story, but because of it.

Most Requested Topics:

- Trauma-Informed Leadership: Leading with Resilience and Compassion
- Healing in the Workplace: Creating Safe Cultures After Crisis
- Beautifully Flawed: The Power of Faith, Identity, and Emotional Healing
- Empowering Women to Lead Without Burning Out
- Strategic Resilience for Mission-Driven Teams

Speaking Style

- Faith-forward (when appropriate)
- Storytelling-based, research-backed
- Inspiring, practical, and emotionally resonant

Ideal Audiences

- Leadership Conferences
- Women's Faith Events
- Nonprofit Staff Retreats
- Trauma-Informed Certification Workshops
- Church Leadership Training
- Veteran Advocacy Summits



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Speaking Formats

60-Minute Keynote Address: Starting at \$5,000

- Perfect for conferences & leadership summits.
- Includes pre-event consultation and customization for audience needs.

90-Minute Deep Dive: Starting at \$7,500

- Perfect for executive retreats, HR training, and leadership development programs.
- Includes a customization call where Dr. Lloyd assess your needs beforehand.

Half-Day Workshop: Starting at \$10,000

- Hands-on application for leadership teams.
- Delivers high-impact, experiential learning tailored to leadership teams, HR professionals, and decision-makers.



Why Dr. Lloyd?

- ✓ **Army Combat Veteran:** Firsthand experience in high-stakes leadership.
- ✓ **Strategic Leadership Expert:** Holds a Doctorate in Strategic Leadership.
- ✓ **Research-Driven & Practical:** Developed the research-based Trauma-Informed Leadership (TIL) framework, blending science, strategy, and real-world wisdom.
- ✓ **Dynamic & Engaging Speaker:** Known for her authentic storytelling, actionable strategies, and empowering presence.

BOOK DR. LLOYD FOR YOUR NEXT EVENT!



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Leaders aren't just responsible for results—they're responsible for people. Let's equip you with the skills to lead through adversity, build resilient teams, and drive lasting impact.