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NEWSLETTER



WELCOMEFROM THE NEW OWNER

Hi everyone, I'm Katie – and I'm thrilled to introduce myself as the new owner of the Regina Climbing Centre! It's an incredible honour to be stepping into this role and becoming part of such an inspiring, adventurous, and welcoming community. I'm a musician who fell in love with climbing a number of years ago and when the opportunity to become the owner of the climbing gym presented itself, I *had* to jump on it. Whether you're a long-time climber or just getting started, I'm so excited to meet you and climb alongside you.

There's a lot of great energy in the air right now – and even more coming your way! This summer, we're rolling out a full lineup of summer camps, hosting some fun competitions, and refreshing the gym with new volumes, new holds, and yes – even a hrand-new water fountain!

As you can imagine,
I'm at the gym a lot
and I'd love to hear
your thoughts, ideas,
and stories about what
climbing means to you.
So next time you're in
for a session, don't be
shy — come say hi!
Have an amazing climb!
KATE



MONDAY NIGHT ROCKS MAY 26TH @ 7PM - 9PM

Think you've got what it takes to top the wall? Monday Night Rocks is our friendly, all-levels bouldering competition happening on the last Monday of every month – and everyone's invited! Each comp features 8 freshly set problems, increasing in difficulty as you go. You'll have 2 hours to send as many as you can – the fewer attempts you need, the more points you earn.

UPCOMING DATES

MAY 25 4 WEEK CLASS SESSION STARTS

MAY 26 - 7PM-9PM MONDAY NIGHT ROCKS

MAY 28 - 5PM-8PM LA SPORTIVA SHOE DEMO

JUNE 30 - 7PM-9PM MONDAY NIGHT ROCKS

JULY 1 - CLOSED CANADA DAY

JULY 28 - 7PM-9PM MONDAY NIGHT ROCKS

AUGUST 4 - CLOSED CIVIC HOLIDAY

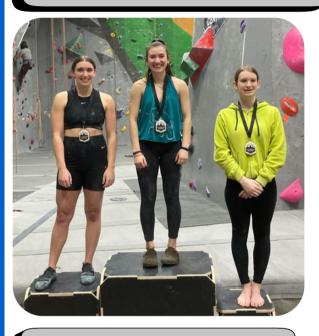
AUGUST 25 - 7PM-9PM MONDAY NIGHT ROCKS

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Monday Night Rocks - continued May 26th @ 7PM - Your Monthly Boulder Showdown!



YOUR MONTHLY BOULDER SHOWDOWN!

Scoring is on the honour system, and we celebrate both men's and women's podiums each month. Whether you're a seasoned climber or just starting out, this is a fun, low-pressure way to test your skills, cheer on your friends, and surprise yourself.

All ages and abilities are welcome and there is no need to pre-register, simply show up on Monday ready to rock those boulders. \$10 entry fee per participant.

So come hang out, give it a go, and see what you can send!

LA SPORTIVA SHOE DEMO What is a Shoe Demo, Anyway?

Great question! A shoe demo is your chance to test drive some of La Sportiva's top climbing shoes – right here at the qum.

On May 28th from 5-8 PM, a La Sportiva rep will be at the Regina Climbing Centre with a range of new and popular models for you to try out on the wall. This is the perfect opportunity to see how different shoes feel in action before you commit to a pair.

While you won't be buying directly from the rep, we'll be placing a special order that night—so you can get the exact pair you want, in your size. Even better? You'll get 15% off your order!

Please note: since this is a custom order, pre-payment is required for any shoes purchased.

Come climb, try something new, and treat your feet to an upgrade!



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PROGRAMMING

CLASSES - NO ONE MORE SESSION BEFORE SCHOOL'S OUT!

We've added one more four-week session to our youth and adult programming before summer hits – and it's not too late to join in!

Classes start the week of May 25th, so now's the perfect time to get one more round of climbing in.

Sunday May 25 th	Monday May 26 th	Tuesday May 27 th	Wednesday May 28 th	Thursday May 29 th	Friday May 30 th	Saturday May 31 st
Dolomites (Intro)		Bugaboos (Intro)	Bugaboos (Skills)	Rockies	Purcells	Peebles
9:30am-11:00am		5:30-7:00pm	5:30-7:00pm	7:30-9:00pm	7:30-9:00pm	9:30am-11:00am
Dolomites (Skills)		Adult Technique	Dolomites (Skills)			
11:30am-1:00pm		7:30-9:00pm	7:30-9:00pm			

Register today at www.climbingcentre.ca to secure your spot!

Can't make the first class? No problem—we're happy to prorate the session.

Let's finish the season strong—see you on the wall!

SUMMER CAMPS

SUMMER CLIMBING CAMPS ARE HERE!

Looking for a fun, active way for your kids to spend their summer mornings? We've got you covered! Our Summer Climbing Camps kick off in July, and they're the perfect intro to climbing or a great way to build on existing skills.

(Shoes and harnesses). No experience needed—just bring your energy and a sense of adventure!

📅 Camp Sessions:

- Session 1 (Ages 5-6): July 2-4
- Session 2 (Ages 7-9): July 7-11
- Session 3 (Ages 13-16): July 14-18
- Session 4 (Ages 10-12): July 21-25
- Spots are limited, so head to our website to register today and lock in your child's spot!

Let's make this summer one to remember—on the wall!



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Unlimited seimbing, all summer long!

SUMMER MEMBERSHIP

\$169.00



Spend your summer on the wall with unlimited climbing from June through August!

Whether you're training hard or just having fun, the **Summer Membership** is your ticket to three full months of climbing freedom.

What you get:

- Unlimited climbing from June 1 August 31
- 💸 Late to the party? Passes can be prorated if you sign up in June
- Please note: Rentals are not included.

Available now at the front desk or online. Let's make it a summer of sends!

PRO SHOP

JUST IN: EDELRID'S NEW "PINCH" BELAY DEVICE—COME CHECK IT OUT IN PERSON!

Our pro shop is growing and fully stocked with everything you need for a great climb—from the essentials to the extras! Whether you're looking for chalk bags, tape, shoes, or harnesses, or just want to rep your gym with stickers and car decals, we've got you covered. Swing by next time you're in and see what's new. Let's get you geared up and ready to climb!







Access the inaccessible





FOLLOW US THIS SUMMER!



@REGINACLIMBINGCENTRE



@REGINACLIMBINGCENTRE

We've got an exciting season ahead—so be sure to follow us on social media for the latest updates on all things climbing!

Keep an eye out for announcements about our **Summer Bouldering League**, **Member Appreciation Night**, and more fun events coming your way.

You won't want to miss what's on the horizon—see you at the qum!

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