The Wellness House

ADHD CLINIC

GP-Led ADHD Assessment Service



Our GP-led ADHD assessment service is designed for children and adults with straightforward presentations who have not previously been diagnosed with ADHD.

Managed by
Dr Yuka and Dr Zinah

Who is this service suitable for?

This clinic is suitable for patients who require an initial ADHD assessment and have no significant complicating medical or psychiatric conditions.

When might a specialist referral be more appropriate?

If any of the following apply, please discuss with your GP for referral to a paediatrician or psychiatrist as this may be more suitable:

- Age under 6 years
- Moderate to severe intellectual disability
- History of substance use disorder or dependence (including alcohol, cannabis or stimulants)
- History of psychosis, schizophrenia or bipolar disorder
- Severe or unstable mental health condition
- Significant neurological condition (e.g. epilepsy, acquired brain injury)
- Autism Spectrum Disorder – Level 3

When is a cardiologist review required?

Cardiology review may be required for people with:

- Significant heart disease (e.g. arrhythmia, structural heart disease, palpitations, heart murmur)
- Uncontrolled high blood pressure
- Family history of sudden cardiac death under 40

HOW TO ACCESS THE ADHD CLINIC

1 Obtain a GP referral



Please arrange an appointment with your regular GP to discuss an ADHD assessment and obtain a referral.

Your GP referral should include:

- A current health summary
- Financial difficulty status (if applicable)
- Confirmation of whether your GP is able to continue prescribing stimulant medication once your treatment is stable

2 Submit your referral



Please email your referral to:

admin@thewellnesshouse.com.au

3 Referral review and appointment booking



Your referral will be reviewed by our doctors. Our reception team will contact you within **2 weeks** to advise of available appointment dates.

FEES

Limited Bulk-Billing Appointments

A limited number of bulk-billing assessment appointments are available for:

- Children aged 6–16 years.
- Patients aged over 16 years experiencing financial hardship.

Eligibility and availability will be assessed at the time of referral.

Private Fees

Consultation	Fee	Medicare Rebate
Initial consultation	$300	$87.10 – $128.35
Second consultation	$150	$45.05 – $87.10

Medicare rebates are subject to individual eligibility and applicable Medicare item numbers.

Important Information

If you are already a regular patient of The Wellness House, please discuss your ADHD assessment with your regular GP in the first instance.

The Wellness House
Supporting accessible and appropriate ADHD assessment and care.

For referral enquiries and booking information:
admin@thewellnesshouse.com.au