

Destination: LIBERIA

MOUNTAIN VIEW DISTRICT

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HANDS-ON MISSION PROJECT 2023

FOOD BUCKETS FOR LIBERIA

Purchasing & Packing Instructions

Tip: Look for recycling indicator on bucket & lid

Use **NEW** five-gallon plastic buckets— food grade only in any color. Please note that buckets do not need the food-grade label on them. Tip: Look for the recycling grade indicator— numbers **1, 2, 4, or 5** are acceptable.

Use food-grade **SNAP-ON/OFF** lid or **TWIST-ON** lid



Content of bucket:

- 1 bag sugar (4 - 5 lb.)
- 1 bag rice (2 lb.) - tip: no instant or quick-cook
- 1 bag dried beans (2 lb.) - tip: any type bean
- 1 powdered milk (up to 56 oz) - tip: can be one pouch or more than one to total 56 oz or less
- 1 old-fashioned style oatmeal (18 oz. or less) - tip: NOT INSTANT, NOT QUICK, ONLY OLD-FASHIONED
- 1 cooking oil (48 oz. or less)
- 2 twelve-ounce cans meat not more than 2 lb total): ham, canned lunch meat (such as Spam or Treet), or tuna - tip: NO chicken or turkey; only meats listed



Please give your church \$5 per kit to help cover the cost of shipping. The local church should write one check, payable to Mountain View District, for the total number of kits. (EX: 10 kits x \$5 = \$50).

Please do NOT put money in the container!

Do not seal the lid

Completed buckets should be delivered to the Cornerstone Bldg of First UMC Morristown (201 E. 1st N. Street for your GPS) on

Wednesday May 31 between 9 am and 3 pm

(If it is impossible to meet this day/time, please make arrangements to deliver early to district office. The truck is leaving immediately and late buckets will go to local food pantries)



MOUNTAIN VIEW DISTRICT



HANDS-ON MISSION PROJECT 2023

FOOD BUCKETS FOR LIBERIA

GOAL: 400 buckets!

Together, we will be part of something bigger than ourselves—
and **BIG** is needed this year.

Pack in a **NEW CLEAN** food-grade 5-gallon bucket with lid.

- 1 bag sugar (4 - 5 lb.)
- 1 bag rice (2 lb.)
- 1 bag dried beans (2 lb.)
- 1 powdered milk (56 oz. or less)
- 1 old-fashioned style oatmeal (18 oz. or less)
- 1 cooking oil (48 oz. or less)
- 2 cans meat: ham, spam, or tuna (2 lb total)

Only purchase what is requested—no substitutions or additions. When going through customs all items must be as described.

If an item is left out of a bucket, place a note on the bucket when delivered at drop off.

BUCKETS & LIDS – Do NOT put lid on bucket!

Purchase a **new & clean** food grade 5 gallon bucket with lid. No previously used buckets!

At the drop off, please leave lid OFF. The buckets have to be inspected before the lid is placed on it.

DROP – OFF: Cornerstone Bldg, 1st UMC—201 E. First North St, Morristown

Tuesday, May 31: 9 am – 3 pm — the truck leaves immediately, do not be late!

SHIPPING COST: \$5/kit for shipping. Bring **One check** from church. The check is to be written to **Mountain View District** and marked “Hands-On Kits.” **Do not put money or checks in buckets.**

The one check from the church should be placed in an envelope and marked with the church name, how many kits & amount enclosed. Bring envelope to bucket drop-off point.

VOLUNTEERS are always needed! Content inspection, truck loading (May 31), etc.

Students can use this as community service hours.

QUESTIONS? WANT TO VOLUNTEER? Contact the Mountain View District office: mtview@holston.org or **423-586-2942**