



June Calendar

- June 4, 1:00 BINGO! Everyone's Favorite!
- June 6, 1:00 Mike Dyche returns to play your favorite tunes!
- June 7, 1:00 ART Join in the fun making a seascape picture with paint, sand, sand dollars and more
- June 11, 2:00 Gentle Seated Yoga with John Hartland of HartYoga. Perfect for everyone!
- June 13, 10:00 Field Trip to the AAA (Area Agency on Aging) in Darien to see their Assisive Technology Lab. RESERVATIONS ARE REQUIRED They only have room for 20 people. If needed we can schedule another tour at a later date.
- June 14, 12:00 Luau Theme party! A fun social event with great food and fun!
- June 15 Happy Father's Day!
- June 17 Counseling sessions with Miranda Elliot of Hospice of the Golden Isles. Appointments mandatory
- June 19, 1:00 Bible Study with David Burkett of Georgia Hospice Care
- June 19, 1-4 Caregiver's Time Off: An afternoon where you can leave your loved ones with us while you go and run errands or just take time for yourself. *Must be able to complete all ADLs without assistance. Reservations REQUIRED
- June 20, 11:00 Jekyll Caregiver Connection Support Group at the Jekyll Methodist Church
- June 20, 1:00 Brain Games!
- June 21, 10:00 Caregiver Connections Support Group at Holy Nativity Church on St. Simons AND at Darien Presbyterian Church
- June 24, 1:00 Movie Monday
- June 25, 11:30 Lunch and Learn with Help at Home
- June 26, 10:00 Caregiver Connection at Memory Matters in Brunswick for Dementia Caregivers
- June 26, 1:00 Caregiver Connection at Memory Matters for Parkinson's Care Partners

For those with dementia and their caregivers and are at Memory Matters
 For Caregivers locations listed