



Supporting the Memory Loss Journey

January 2026						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7 Lunch & Learn Marsh's Edge 12:00 Caring for Caregivers	8	9 BINGO 1:00	10
11	12 Movie Monday 1:00	13 Music 1:00 Ashton Rowland	14	15 ART 1:00	16 Darlen CGC 10 SSI CGC 10	17
18	19 Therapy Sessions By Appointment	20	21 YOGA 1:00	22	23 Party 12:00	24
25	26	27	28 Alzheimer's CGC 10am Parkinson's CGC 1:00	29 Brain Games 1:00	30	31