



SUPPORTING THE MEMORY LOSS JOURNEY

April 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Lunch & Learn 12:00 Coastal Hospice	3 ART Shell Cross 1:00	4
5 	6 Movie Monday 1:00	7	8	9 MUSIC Heart Strings 11:30	10	11
12	13 Therapy Sessions Appointment Only	14	15 YOGA 1:00	16	17 CGC Darien 10:00 CGC SSI 10:00	18
19 A Night to Remember	20	21	22 CGC Alzheimer's 10:00 CGC Parkinson's 1:00	23	24 Spring Party 12:00	25
26	27 Therapy Sessions Appointment Only	28 Brain Games 1:00	29	30 Memory Screening Reservations Required	CGC: Caregiver Connection	