



Supporting the Memory Loss Journey

Call 912-264-0777 to RSVP to events

May 2026						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 <b>Movie Monday</b> 1:00	5	6	7 <b>Mother's Day Tea</b> 1:00	8 <b>ART:</b> Flower Arrangements 1:00	9
10 <i>HAPPY Mother's Day</i>	11 Therapy Sessions Appointment Only	12 <b>Music</b> 1:00 <b>Hot Banana Coffee</b>	13	14 <b>Lunch &amp; Learn</b> <b>Stretch Zone</b> 12:00	15 10:00 <b>CGC Darien</b> <b>CGC SSI</b>	16
17	18 Therapy Sessions Appointment Only	19	20 <b>YOGA</b> 1:00	21	22 <b>PARTY</b> 12:00	23
24	25 Therapy Sessions Appointment Only	26 <b>Brain Games</b> 1:00	27 CGC Brunswick 10:00 CGC Parkinson's 1:00	28 <b>BINGO</b> 1:00	29	30
31	<b>THIS MAY WE WILL BE FOCUSING ON SELF CARE AND SELF LOVE. WE HOPE YOU WILL FIND NEW AND FUN WAYS TO TAKE CARE OF YOURSELF.</b>					