



Support - Educate - Enrich

Are you caring for a loved one with dementia? You are not alone! There are many families here in the Golden Isles who are dealing with the same feelings of frustration, anger, depression, helplessness and more. Just like you. It is okay to not be okay. And it is okay to talk about it.

Especially to others who are in the same boat.

That's why we are here.

Join our caregiver support group,

Caregiver Connections

Brunswick

Memory Matters House 2803 Sherwood Drive

Fourth Wednesday at 10:00

Darien

First Presbyterian Church of Darien 403 Jackson Street

Third Friday at 10:00

St. Simons Island

Holy Nativity Church 615 Mallery Street

Third Friday at 10:00

Parkinson's Caregivers

Memory Matter's House

Fourth Wednesday at 1:00