

Professional Summary

Licensed Clinical Social Worker and experienced executive with close to 2 decades of leadership in trauma-informed care, cross-sector collaboration, clinical supervision, and community-based program development. Proven success in advancing health equity, implementing evidence-based practices, and mentoring future leaders in human services.

Education

Master of Social Work, Cum Laude
University of North Carolina at Charlotte – May 2008
Bachelor of Arts in Sociology, Minor: Religious Studies
University of North Carolina at Charlotte – May 2005
Associate of Applied Science in Business Administration
Delhi College – May 1998

Licensure & Certifications

Licensed Clinical Social Worker (#C007081)
Certified Sexual Offender Treatment Specialist (#27821)
Certified in SPARCS (Structured Psychotherapy for Adolescents Responding to Chronic Stress)
Trained and Executively Coached in CE-CERT (Components for Enhancing Career Experience and Reducing Trauma)
Senior Lead training in TF-CBT, PCIT, PSB-CBT, TICCA Assessments

Professional Experience

Support Inc. – Gastonia, NC
Clinical Director | 2015–Present
Clinical Supervisor | 2014–2015
Clinical Coordinator | 2011–2014
Intensive In-Home Therapist | 2010–2011
Johnson C. Smith University – Charlotte, NC
Adjunct Professor | 2022–Present
University of North Carolina at Charlotte – Charlotte, NC
Adjunct Professor | 2015–Present
Family Services Inc. – Gastonia, NC
Sexual Assault Therapist | 2008–2010
BranMarc Inc. – Gastonia, NC
Case Manager | 2008–2009
Urban Thoughts Inc. – Charlotte, NC
Founder & CEO | 2007–2021

Leadership & Accomplishments

Health Equity Chair, NC Collaborative Health Network
Co-Chair, NC System of Care Collaborative
Member, Critical Needs Think Tank for Vulnerable Youth
Successfully implemented and scaled trauma-informed care models across multiple systems
Led collaboration with public schools, DSS, juvenile justice, law enforcement, and grassroots organizations
Designed and facilitated community-based workshops and therapeutic programs for institutions including:
Johnson C. Smith University
UNC-Charlotte
Urban League of Central Carolinas
Charlotte Mecklenburg Police Department
Mecklenburg County Parks & Recreation
Charlotte-Mecklenburg Schools
Recognized by NAMI NC for contributions to Lincolnton Crisis Intervention Team
Speaker at national and local conferences, including:
NASW, NABSW, AERA, NYAR, Benchmarks NC, NC Juvenile Services Association

Clinical Supervision & Mentorship

Supervised and mentored LCSW-A's and emerging leaders
Guided professionals into supervisory, leadership, and entrepreneurial roles

