

# ~Wholehearted Wisdom~

Cultivating Character, Curiosity, and Calling in Christ-Centered Education

Edition #3

[HomeschoolCompanion.org](http://HomeschoolCompanion.org)

March 2026

## When March Feels Long

March can be a strange month. The sparkle of January's fresh start is gone. February's coziness has worn thin. The school year feels long. The days are still gray. Motivation dips. Tempers rise more quickly than we'd like to admit. If you're feeling that, you're not failing. You're simply in the middle. And the middle is where re-centering matters most.

This month, instead of adding more curriculum, more structure, or more pressure, I want to encourage you to return to something simpler: **Presence. Purpose. Peace.**

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**"Behold, the winter is past; the rain is over and gone. The flowers appear on the earth, the time of singing has come, and the voice of the turtledove is heard in our land"** *Song of Solomon 2:11, 12*

## A Simple Reset for March

Here's a three-step reset you can begin this week.

### 1. Re-center the Morning

1. Before books open, pause.
2. Read one Psalm together.
3. Sing one verse of a hymn.
4. Pray one honest prayer.

Not long. Not formal. Just intentional.

In homes shaped by the values of the Seventh-day Adventist Church, education has always been more than academics. It has been preparation of the heart. When the heart is settled, learning flows more naturally.

If your mornings have felt rushed, try this tomorrow:

Sit for five quiet minutes before beginning. Let silence do some of the teaching.

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### 2. Lighten One Subject

Pick one subject that has felt heavy lately.

Math dragging?

Writing battles?

Science losing its spark?

This week, simplify it.

- Cut the lesson in half.
- Do math on a whiteboard instead of paper
- Take science outside.

Efficiency isn't about pushing harder. It's about removing friction. Ask yourself, "What is the

simplest version of this lesson that still teaches what matters?"

### 3. End With Gratitude

March can magnify what isn't working.

Counter that by naming what **is** working.

At the end of each day, have everyone share:

- One thing they learned.
- One thing they enjoyed.
- One thing they're thankful for.

You will be amazed at how quickly the atmosphere shifts. Gratitude is not denial of difficulty.

It's resistance against discouragement.

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## The 45-Minute Core

If your days feel scattered, try this structure for the next two weeks:

**45 minutes total — deeply focused — on your core subjects.**

- 15 minutes reading
- 15 minutes math
- 15 minutes writing or Bible

**That's it.**

Anything else becomes enrichment, not pressure.

You may discover something surprising:

Children often accomplish more in focused simplicity than in hours of distracted effort.



## What subject feels hardest right now?

What part of your homeschool day feels most life-giving?

Your answers shape future issues of *Homeschool Companion*.

## A Word for the Parent

If you are homeschooling because you believe God called you to it, then remember this:

- He did not call you to exhaustion.
- He did not call you to constant comparison.
- He did not call you to replicate a system that was never designed for your living room.
- He called you to shepherd your children.

That includes shepherding yourself.

March is not the month to push harder. It is the month to deepen roots. Slow growth is still growth.

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## We're in the middle of March now.

Energy dips. Patience thins. The school year suddenly feels longer than expected.

If this week has felt harder than you hoped, pause with me for a moment. Ask us for special prayers.

- You are not behind.
- You are not failing.
- You are simply human.

Here's something simple to try tomorrow. Before lessons begin ask your child one question:

## “What would make today feel like a good day?”

Sometimes efficiency doesn't start with a better schedule. It starts with connection.

- If math has been tense, sit side by side instead of across the table.
- If reading has been slow, take it to the couch with a blanket.
- If attitudes have been sharp, pray together before correcting.

In homes shaped by the values of the Seventh-day Adventist Church, education has always been about more than performance. It is about character. And character grows best in an atmosphere of grace.

You are building something eternal in very ordinary moments.

## What is one thing that is going well in your homeschool right now?

- Hold onto that.
- That's growth.
- That matters.



Joseph Fall

## Homeschool Companion Calendar

March 8.....	Daylight Saving Begins.
March 17.....	St. Patrick's Day
March 20.....	First Day of Spring
March 27 - April 5.....	Spring Break
April 1 - 7.....	Passover
April 5.....	Easter
May 5.....	Cinco de Mayo
May 14.....	End of School Year
May 24.....	Pentecost
May 25.....	Memorial Day
June 11 - 13.....	Christian Homeschool Association of PA

## We would love to hear from you.

If you have any questions or comments, contact.

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