

*July 2nd, 2025 EDITION*



# ***WEEKLY CONNECTION***

*Join Us Every Sunday at 10:30am  
250 Bayview Drive Barrie, ON L4N 4Y8*

*[www.christsaviourfellowship.com](http://www.christsaviourfellowship.com)  
[info@christoursaviourfellowship.com](mailto:info@christoursaviourfellowship.com)*



# THE GREAT & IMMOVABLE ROCK...



...OF *THE HUMAN HEART*



Life is tough, rocks are tougher! Have you ever "accidentally" fallen on one (or one on you)? Maybe you braved the crags and crevices of the jagged edges of a rock face or went bouldering, putting all your weight on your fingers, toes and trying to not...well, fall! Trust me, it hurts! It's amazing how deceiving the weight of rocks are, but there is such a unique beauty in each one. Whether they're used to skim across the glassy water at sunset, to be climbed over, or to be moved around in the gardens and landscaping, there is a place for them almost everywhere.

Some of my favourite rock encounters were in the water! The rushing current, passing through the narrow gap of those boulders in the water - FUN!!! The water would flood through the gap and over the rocks, creating rapids with the fast rushing water, recirculating currents and a LOT of fun to be playing in the waves with my kayak (and of course with my life jacket!). Out on the west

coast, on the outer side of Tofino, BC, was some of the largest rocks and awesome wave heights I've encountered, and yes, I was *very nervous*. I second-guessed if I should have been in that water. Nevertheless, there I was, soaking in the joy (and soaked on the outside) of being in the water, the very large waves of water. You see, the protruding rocks on the outer shore were probably over forty feet above the water level, and as the open water waves approached the shore, it would be from two directions. This would create a zipper wave and they would hammer the rocks, creating a massive refracting wave that was truly a washing machine to be in; waves flying in from every side, water over top and everywhere. Yet, on the other side of the rocks it was MUCH calmer; safety and rest from the onslaught. Phew, after just a few minutes of being in the churning of the waves I NEEDED rest. My body could barely hold up to the

awesome power of the ocean. Let me say, I was VERY thankful for those rocks and their placement at the time!

I think back on these moments and am thankful that those rocks were so immovable, a firm foundation, protection, full of joy and excitement that each moment and experience brought. With all the jarring, shifting and moving in these situations, it resembles what situations in life can bring. It reminds me of what the psalm says:

*"**He only is my rock** and my salvation: he is my defence; I shall not be moved"*

*Psalms 62*

As those rocks gave me reprieve from the onslaught that I was (willfully) enjoying, it is our Lord Jesus Christ who is the

ROCK of our FAITH, the ROCK on which we stand. Our faith is to be built up and rooted in our Lord and Saviour with such strength that we are immovable from His side. The Lord speaks of this in Matthew 7 and the wise man that builds his house on the rock (on His words and on His promises) and the winds and waves can't wash it away.



Tofino BC - rolling waves on outer west coast.



Yes, Jesus our Lord, the SOLID TRUE ROCK in all things.

There is another rock though that the Lord speaks about. All throughout the Bible we read about hardheartedness, the human heart of stone! We read about how that played out in Exodus (or we will). The entire generation slain due to a contrary, stiff, hard heart of disobedience to God. In Ephesians we read *"Do not harden your hearts as when they provoked Me, as in the day of trial in the wilderness"*  
*Ephesians 3:8*

The Lord calls us to change but it is shown over the generations how the sinful, unchanged human heart is immovable and WE CAN'T change it...but the LORD CAN! The Lord says what HE WILL DO, and HAS DONE in Ezekiel *36:26*

*"And I will give you a new heart, and a new spirit I will put within you. And I will remove the*

*heart of stone from your flesh and give you a heart of flesh."*

Our Lord is faithful to His promises. As I stated, life is tough and can harden our hearts like a rock ... if we allow it. Once we recognize and accept that we need to change from a hard heart, it's not time to "get to work", it's time to cry out to the God of love, the God of peace, the God of mercy. He will change our hearts as He said from stone to flesh. But we do have an action and responsibility in this:

*"Today if you hear His voice, Do not harden your hearts, as when they provoked Me.*  
*Hebrews 3:15*

Welcome in the God of Life who is perfectly able to soften and remake our hearts to His liking.

See you Sunday 10:30am

Pastor Bhawani

Who will you invite?



# Did You Miss Sunday ?

We gather at 10:30 am every Sunday at the church to worship, praise and hear the Word of God.

Wondering what our Sunday services look like?

- 10:30 ~10:50 Worship & Praise
- 10:50 ~11:25 Sermon
- 11:25 ~ 11:40 Worship & Praise
- Closing prayer



Click image to view most recent Sunday Service

To view the most recent Sunday service from Christ Our Saviour Fellowship, please click on the link / image above.

To view the service archives please [click HERE](#)





# What's Happening at COSF?

## Upcoming Events & Services

- COSF Summer Clean Up- TBD
- Africa Revival and Crusade - Jul/Aug 2025 *TBD*
- COSF YOUTH - Summer Youth Discipleship Program
- *COSF Florida July 26th Service "I AM...KINDNESS & GOODNESS"*
- *Psalm August - A month of singing the Psalms to the Lord*

"I AM ...  
KINDNESS

&  
GOODNESS"

1251 MARLLO ROAD  
KISSIMMEE, FLORIDA

JULY 26, 2025  
4:00 - 6:00 PM

CHRIST<sup>+</sup>OUR SAVIOUR  
FELLOWSHIP  
FLORIDA





# **SUMMER YOUTH DISCIPLESHIP PROGRAM**

**GLOW UP WITH JESUS  
THIS SUMMER!**



# COSF

# church clean-UP

It's time to shed some of the winter accumulation! If you would like to help clear and clean the house of the Lord please speak to Anna. Stay tuned for details ... elbow grease required!





*Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.*  
*2 Corinthians 9:7*

**[CLICK HERE TO DONATE](#)**

We thank the Lord for ALL He has done and the magnificent labour that we are being led to do in His righteous name. COSF continues the programs that we have been led to offer along side regular Sunday services.

- International / Local missions & revival events
- Variety of classes and courses to strengthen God's people:
- Alpha film series, Alpha Youth, Conquer,
- Discipleship series, Mentorship-based Ministry Leadership Certificate



**Jacob Martins & Laura Morris**

# You<sup>th</sup> Walk



Hello everybody, happy Canada Day week! Congrats on finishing school and we hope you are all enjoying the start of your summer. Laura and I wanted to talk today about a very important commandment that is spoken of many times throughout the Bible. Our Lord Jesus says in John 13:34-35 "A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another."

Our Lord Jesus commands us to love one another, and by doing so, we will demonstrate His love for us. And I know what you might be thinking ... 'but who does that include? Only people I like? Only people that are nice to me?' Well no, it can't be! Our Lord Jesus says in Matthew 5:44 "But I tell you, love your enemies and pray for those who persecute you." Jesus expects us to love everyone, no matter what!

We have spoken in previous weeks about how God created every person in His image, whether someone believes in God or not. We have also spoken about how everyone, including you and I, are sinners. We all deserve God's judgement and punishment. But the human heart is naturally judgemental, we tend to forget about our own sin

and we think that we are better than those around us. However, we are called to love rather than judge. Matthew 7:1-2 says "Do not judge, or you too will be judged. For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you."

Our Lord Jesus chose not to judge us, He Himself was a close friend of sinners and those rejected by society. He chose to forgive our sin and show us the ultimate love and forgiveness by sacrificing Himself on the cross. How, then, can we judge others? How do we think we have the right not to love all of God's people when Jesus died for every person? I encourage you to let the boundless love of God totally reign and overflow in every aspect of your life. By doing so, all will see just how much God loves us by how we love others. 1 John 4:12 "No one has ever seen God; but if we love one another, God lives in us and his love is made complete in us."

**COSF Youth Summer DISCIPLESHIP Program Registration  
NOW OPEN (visit [website](#) for details)**



# IN THE LIFE ....

Hello everyone! This week I have been speaking with a brother that recently had his church in India attacked by a group of Hindus. Over 20 people were seriously injured, and some even killed. We are praying for them that the Lord Jesus Christ heal the wounds of those injured, and comfort all His people. I cannot pretend to understand the suffering and persecution our brothers and sisters worldwide face in the name of our Lord Jesus Christ. But the Word of God remains true, and we read in Romans 8:18: "For I consider that the sufferings of this present time are not worthy to be compared with the glory that is to be revealed to us." May this be an encouragement that our Lord God has an incredible inheritance waiting for those who love Him and persevere in His Righteous Name! God bless you all.

This week I have been speaking with a woman who has been seeking prayer for her family and specifically that her husband would change his mind. In faith, she has come forth seeking prayer knowing that only our Lord is able to restore her family. Thank You Lord Jesus for Your great patience and faithfulness with Your children O Mighty God, thank You for making a way, Lord we commend our sister and her family unto You, in Jesus Name.

**Noah Martins**



**Emma Censoni**

# Classes & Studies

## Alpha Film Series

The Alpha Film Series is emotive, engaging and epic in scale and scope. Nicky Gumbel and two new presenters, Toby Flint and Gemma Hunt, walk through the basics of the Christian faith in a way that everyone can relate to. The episodes feature inspiring stories and interviews from all around the world, as well as visual illustrations and motion graphics.

SUMMER session of the ALPHA film series - TBD

Location: Christ Our Saviour Fellowship  
Address: 250 Bayview Dr. Unit # 7,  
Barrie ON  
Cost : FREE



Alpha Youth Series is designed to engage students (11-18) in conversations about life, faith and Jesus. Discussion time is interspersed throughout the short talks to make it simpler for them to share their thoughts and questions.

New session of Alpha YOUTH series  
SUMMER COURSE COMING SOON

Location: Christ Our Saviour Fellowship  
Address: 250 Bayview Dr. Unit # 7, Barrie ON  
Cost : FREE

## Alpha YOUTH! Series





## The PRE Marriage Course



### The Pre-Marriage Course

**The PRE - Marriage Course** is an opportunity for you to invest in your relationship through five in-person or online date nights created to help you to learn to communicate well, understand and appreciate your differences, and prepare for potential challenges.

New Sessions Begins in 2025- stay tuned

Location: Christ Our Saviour Fellowship

Course Journal required: a free PDF provided OR The Pre Marriage Journal available to purchase for \$15 each.

**The Marriage Course** runs over seven sessions, and each session begins with sharing dinner as a couple, followed by a fun, insightful video covering topics that are relevant for every couple like Good Sex or Resolving Conflict. In short? Your marriage. But better challenges.

New Sessions Begins in 2025- stay tuned  
The Family Unit is vital and we're excited to introduce the Marriage course at COSF to help support the family unit! Please contact us if you are interested in participating in this course please contact us.

Location: Christ Our Saviour Fellowship

Cost: workbook approx \$18



### The Marriage Course

## The Marriage Course

## Men's Conquer Series

The Conquer Series is a powerful cinematic study that is transforming the lives of men around the world. Now in two action packed volumes, each containing Biblical teaching and proven principles to help men conquer porn and walk in freedom.

Men are finding freedom by the thousands. Dr. Ted Roberts, host of the Conquer Series, has personally counselled over 10,000 men with a 90% success rate. He's taken his proven Biblically-based process and incorporated it into the Conquer Series. We are now seeing thousands of men finding freedom from porn and remaining free for years!

2025 Course Dates - TBD

Email us to find out more OR if you would like sign up for the upcoming course.





**2 Year**

# Ministry Leadership Diploma

**Duration: 15 courses, 8 weeks  
per module completed at own  
pace during the 8 weeks**

**Where: Online**

**Material: all resources  
provided for each course**

**Course Dates: Begins *SOON*  
JULY 2025**

**IT'S NOT TOO LATE!  
REGISTER HERE**



COSF has partnered with ARTOS ACADEMY, a highly reputed *Our daily Bread Ministries* international institute to offer a mentorship-based 2 year ministry leadership certificate. By participating in this program, you are at the forefront global theological training for the nations! We thank the Lord for His leading in this!

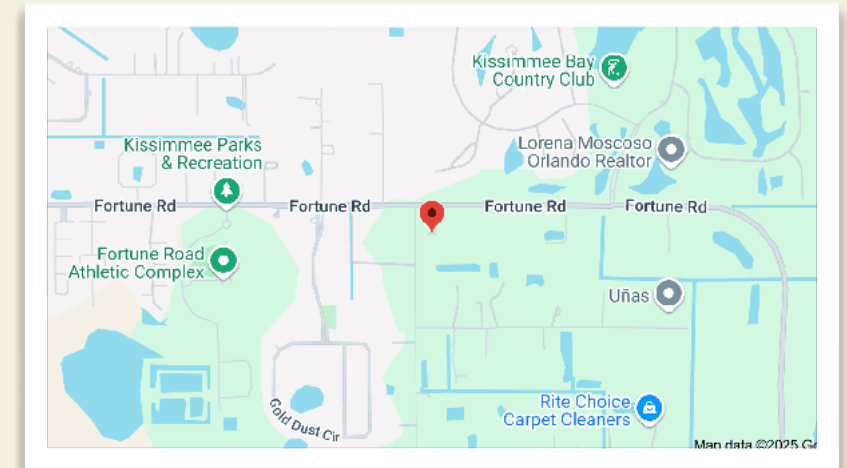
## **UPDATES:**

1. Artos Academy (PREVIOUSLY OUR DAILY BREAD) are still working on the back end of the global program. As I mentioned this is the first launch of this type of training and taking their time to ensure everything is set for the student success!
2. I have been assured that they will be ready by July 28th and that registration courses will still be going out shortly. There is a lot to the course set up to complete so please watch for the email.

# COSF In The Field

Christ Our Saviour Fellowship Florida  
"I AM ....KINDNESS & GOODNESS"

We are looking forward to our next service in Florida! As we seek the Lord for guidance and preparations are under way, please pray for those who are again going forth as we continue to preach through the series on Galatians 5.



"I AM ...  
**KINDNESS**  
&  
**GOODNESS**"

**CHRIST** OUR SAVIOUR  
FELLOWSHIP  
FLORIDA

1251 MARLLO ROAD  
KISSIMMEE, FLORIDA

JULY 26, 2025  
4:00 - 6:00 PM

**Dates: July 26th, 2025**

**Times: 4:00pm - 6:00pm**

**Location: 1251 Marllo Road,  
Kissimmee, Florida**

[Click here to help support  
COSF Florida Church](#)



# COSF International & Mission Notes

We continue in 2025 and we see the Lord leading us into His harvest field. This is an exporting to the regions we are called to - of what we have been called to do at home - preaching the Word, make disciples, feed the poor. This is unfolding as we engage with our brothers and sisters in each region, and we pray the Lord continue to bless and to lead us in the labour of His glory and righteous name.



## COSF Africa

COSF Africa -network communications has plagued the progress of those in Africa. We continue to press forward as able. Some still face trials in health and food supply. We recently have helped one of our brothers in Kenya who was suffering from a wound on his toe. Being diabetic and with no money, he was unable to attend the hospital for care and was at risk of severe infection that could lead to a dire situation. Yet, the Lord is good! COSF has sent \$120 to pay for the medical fee and Mathias is now in care at the hospital, praise the Lord. Trials and challenges throughout the global church but we are able to overcome in on the love and by the grace of our Lord Jesus Christ.



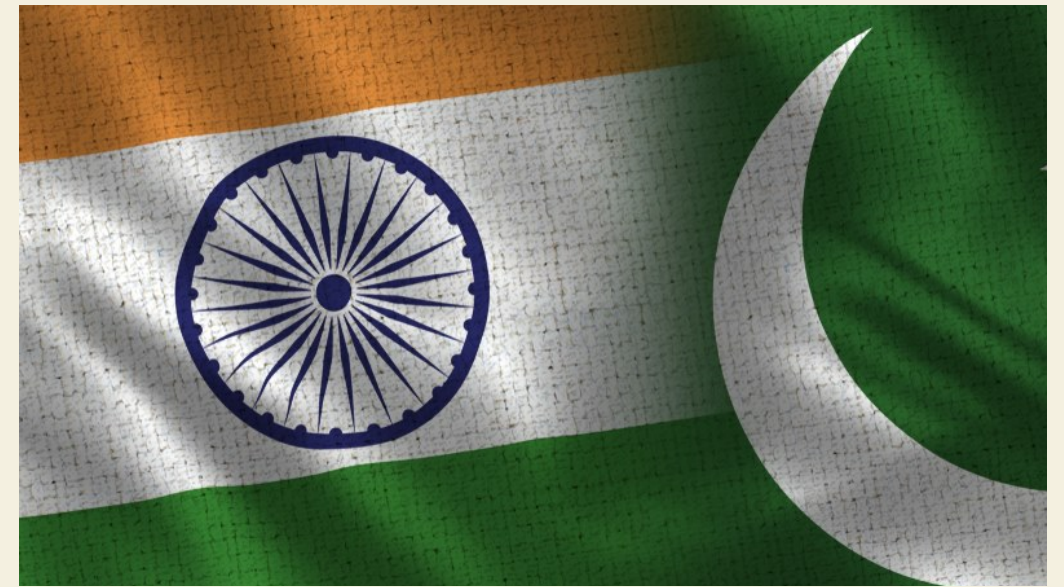
Kenya & Uganda Location of COSF



## **COSF Caribbean**



The waters of baptism await as the Word is preached and hearts are turned by the grace of the Lord. Please pray the Lord continue to move in the hearts of those throughout the region.



## **COSF India & Pakistan Region**

We begin the studies and discipleship training in the Pakistan and India region. Please pray for TRANSFORMATION of the hearts of the people and those studying and being prepared by the Lord.



## **COSF Central & South America**



# COSF @ Home

# The Shepherd's Table

Our Shepherd's Table Ministry provides warm, nutritious meals for those in need locally and in the missions field where we are called.

UPDATES: We will be out this Saturday from 1:00-3:00.  
Thank you all for your support and participation in the street ministry in Barrie

Menu: LAST WEEK - Burgers and salad  
July 5th - Chicken, Mashed Potato and Veggies  
[Please Click here to Support](#)



# Need a Ride to Church?

## COSF & Right Now Media Library



*We have launched the right now media app. As we populate some of the rooms, you may receive an email asking you to download the app and join. If you are already using the right now media app (scan the QR code below) you can find the message rooms at the bottom in the message bubble. One of these groups is for Sunday transportation if you require a ride to Church on Sundays. Please let us know if you require a ride prior to Sunday as this will help us to coordinate things easier.*



Scan QR code for FREE access

Have you seen the COSF Library...

# FOUND IDENTITY IN CHRIST



As Becket sought fulfillment through his career and his relationships, he found that he was always left wanting more—nothing truly satisfied him. After a chance encounter with someone at a coffee shop, Becket attended a church service where he met the Lord. He has been given a new identity in Christ and a satisfaction that he's never felt before. This powerful story can also be seen in "Better," a video Bible Study featuring Tim Chaddick.



# Prayers For The Saints

**Church Prayer** - Tuesday Mornings both your Pastors are praying for YOU during our church prayer time. If you have a specific need or request please email us at [info@choursaviourfellowship.com](mailto:info@choursaviourfellowship.com)

Please Pray For:

- We want to uplift Katie and pray the Lord give her wisdom in how to prioritize Him in her life.
- Please pray for those participating in the leadership program that begins in the next few weeks. Pray the Lord uphold each of them, that they are successful in this:  
Sandy, Laura, Robin, Ellie, Anna, Ted, Gina, Jacob, Noah, Emma, Gertie
- COSF church location - we are seeking the Lord in finding a possible new location due to extremely high costs. Pray that the Lord lead us to where He wills for His house in a quick and joyous way!
- The Youth need prayer and support - please pray that as we launch the summer youth discipleship program that the Lord lead the youth today to participate and grow closer to Him. Please pray for all those leading and assisting in the youth discipleship program this summer.
- Sam and His family, as the Lord is moving in his life and His wife's. Pray the Lord lead them to His side and that they learn of His goodness and truth
- Please pray for the street mission and continued support for feeding and providing for the Lord's people
- COSF Worship Service Jul 26th- Please pray the Lord lead us in delivering His word to the people of Kissimmee Florida, safety and provision.
- Please pray for the leading and provision for COSF Africa and the July/August conference and crusades.
- *Please pray for everyone in the congregation for help of the Lord to overcome challenges of the past, rebuke the lies of the evil one and to realize the glory of God in their lives.*

# Scripture Memory Verse

## Triumph of Faith

*"without faith it is impossible to please Him, for he who comes to God must believe that He is and that He is a rewarder of those who seek Him."*

*Hebrews 11:6*



Are you ready to accept our Lord Jesus Christ as your personal Saviour and be obedient unto His command of Baptism? Please speak with us.