

December 10th, 2025 EDITION

Ho ho ho,  
bring on the snow!

**CHRIST**<sup>+</sup>OUR  
SAVIOUR  
— FELLOWSHIP —



# WEEKLY CONNECTION

Join Us Every Sunday at 10:30am  
250 Bayview Drive Unit #4 Barrie, ON L4N 4Y8

[www.christsaviourfellowship.com](http://www.christsaviourfellowship.com)  
[info@christsaviourfellowship.com](mailto:info@christsaviourfellowship.com)

# The Burden of...



Looking outside the window today and what do I see, boy is it snowing...mightily ! Life was so much simpler as a child in the winter. Decked out in the snow pants (or in my case an extra oversized snowmobile outfit) tunnelling through the snow banks that seemed miles high at the time. Using our hands, shovels and burrowing like a groundhog to make a frosty fort large enough for a few (little) people and hoping it wouldn't collapse or melt over the days. What better than to enjoy a nice hot cup of hot chocolate while relaxing in there after all the hard work in creating it. The only problem was who would save me in the burrowed fort!?! Calling out and yelling didn't seem to have the desired effect. Maybe they did not

we choose in life seem so fun, enjoyable *unto itself and when experienced on a individually basis*. Yet as we go through life we know that it's never just one event, one thing but a multitude of activities, responsibilities that when lumped together becomes a blizzard in our lives. Like

never just one event, one thing but a multitude of activities, responsibilities that when lumped together becomes a blizzard in our lives. Like

A photograph of a woman in a pink shirt and black pants struggling to carry a massive, flat rock on her back. The rock is covered in handwritten text representing various aspects of life's burden: "DEBT", "MOTHER'S HOUSE WORK", "FAMILY", "JOB", "FINANCIALS", "HEALTH", "CAREER", "CHILDREN", "AGING PARENTS", "RELATIONSHIPS", "LIFE". She is walking on a grassy hillside overlooking a valley.

[illegible]



trying to shovel the accumulated snow with all its weight, this becomes difficult, tiresome and well we need a break...frequently from the onslaught of events occurring.

In the accumulation we feel the burden of

life and its testing effects. What are we to do? SLOW DOWN to begin! In all things we come before our Lord Jesus and ask Him for His guidance. Ask the Holy Spirit, are there things "I" am doing that is not in alignment with YOUR will for me and my life? Things that I'm choosing that aren't in alignment with the Kingdom? If so, get rid of them, cease from them. We come before the Lord in our relationship because we read: *"Cast your burden upon the Lord and He will sustain you; He will never allow the righteous to be shaken."*

*Psalms 55:22*

Isn't that amazing!? in all of the weightiness of life that has accumulated - relationship / marriage, parental responsibilities, career/work, finances, family obligations and more when we surrender them ALL to the Lord He will see us through! This is the Lord of creation who is there assisting you in the heavy (and all the) lifting of life! That's like



having a Mr. Olympia body builder and then some, helping you as you lift all that accumulated and built up snow!

In our relationship with our Lord Jesus He doesn't want us to have all the burdens and challenges accumulate, He actually tells us otherwise:

*"Come to Me, all who are weary and heavy-laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. For My yoke is easy and My burden is light."*

Matthew 11:28-30

Learn of the Lord, His ways are light? Easy? Lay my worries, my burdens of life down to the creator of all? Sign me up please!! I know that our God is faithful and He does what He says, but we also must do as instructed! The snow piled high today, I sure could use the help today Lord!

See you Sunday at 10:30

*Pastor Bhawani*

*Who will you invite?*



# **Did You Miss Sunday?**

We gather at 10:30 am every Sunday at the church to worship, praise and hear the Word of God.



Wondering what our Sunday services look like?

- 10:30 ~10:50 Worship & Praise
- 10:50 ~11:25 Sermon
- 11:25 ~ 11:40 Worship & Praise
- Closing prayer

To view the most recent Sunday service from Christ Our Saviour Fellowship, please click on the link / image above.

To view the service archives please click [HERE](#)





# What's Happening at COSF?

## Upcoming Events & Services

- COSF YOUTH Group- Fridays
- COSF Florida January 31<sup>st</sup>/26 Service
- "I AM...GENTLENESS"
  - December 21<sup>st</sup> COSF Christmas Lunch
  - December 24<sup>th</sup> Christmas Eve Service
  - December 31<sup>st</sup> New Years Eve Service
- Exodus series continues for the Fall
  - Fall 2026 Mission Trip - South Africa, Kenya & Uganda

**CHRIST OUR SAVIOUR**  
FELLOWSHIP  
FLORIDA

**"I AM...  
GENTLENESS"**

LIVE FROM  
KISSIMMEE, FLORIDA

DEC 13th, 2025  
4:00 - 6:00 PM



# ***COSF ORIGINAL***

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## ***Productions***

In harnessing the latest media tools the COSF social media & production team, being led by the Holy Spirit, are overjoyed to share with you COSF ORIGINAL scriptural video productions! Our hope is these will touch the hearts of the people and be used globally to help lead people to the truths and glory of our Lord and Saviour Jesus Christ. Be sure to check back frequently as we are full steam ahead in production!



***click here***  
***to see more***





*Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.  
2 Corinthians 9:7*

[CLICK HERE TO DONATE](#)

**We thank the Lord for ALL He has done and the magnificent labour that we are being led to do in His righteous name. COSF continues the programs that we have been led to offer along side regular Sunday services.**

- International / Local missions & revival events**
- Variety of classes and courses to strengthen God's people:**
  - Alpha film series, Alpha Youth, Conquer series**
  - Discipleship series, Mentorship-based Ministry Leadership Certificate**



# YOUTH WALK

Jacob Martins  
Laura Morris





Hi everyone, Jacob and Laura here :)

We hope the final stretch before the Christmas break is going well for you. We encourage you to persevere, you are so close! Waking up today, it was a chilly -20° outside and I was reminded that winter has only just begun. I walked our husky in the forest for about 30 minutes, and let me tell you, it was cold! My eyelashes began to freeze and the snow was so cold it was hurting his paws. At that moment, I was very thankful for my big, puffy coat, my hat, gloves, scarf and boots, all which keep me warm and safe in the hostile environment of the outdoors.

In our walk with our Lord Jesus, we actually experience something quite similar to this.

We know that many of you have struggles at school: overhearing the unrighteous talk and normalized cussing, avoiding hate-filled arguments and endless gossip. I'm sure you all see the 'cool' culture of not caring about school or your grades. These are just some examples of what you navigate day-to-day.

And just like with the cold, over-exposure to these things can be deadly. The sinful things that you see around you and within you, all that is contrary to God, will harden our hearts if we get involved. If we don't, these things can discourage us and make us

lose sight of God's goodness and the fact that He is with us. Thoughts come in your mind of "why am I different, I feel so alone, why follow God if no one else is?"

What is to be our response to this? Our Lord Jesus prays to our Heavenly Father in John 17:15-16 "'I do not ask You to take them out of the world, but to keep them from the evil one. They are not of the world, even as I am not of the world.'" God knows that we will be challenged in this world, but the Lord prays not that we would be taken out of the world, but that we would be protected in it. God wants us to be a light to those in the darkness, to be a testimony of His goodness to those who don't know Him. So be encouraged, God will protect and strengthen you to stand firm in Him amidst the challenges of this world. And when we need, we have fellow Christians (each other) to encourage and build us up in the Lord!



# Highschool Faith

## @ COSF Youth Group :

We're so happy to be launching our youth group on October 3rd! This is a great opportunity to grow, support and share our faith with each other. As part of our group initiative we are launching "MADE FOR THIS", a national prayer for schools. We are focusing our efforts and prayers in the Barrie area. We welcome you to join us on this exciting journey!

**THEY ARE  
MADE FOR  
THESE TIMES.**

Curious, Driven, Energetic: Our high schools are filled with visionaries and dreamers who will transform our country.

This generation is our future  
— let's come together to pray for them.



## DON'T FORGET:

**Friday Night Youth Group**

Begins October 3rd 7:00pm

[REGISTER HERE](#)

## Schools we're praying for:

St. Josephs High School

Eastview Secondary School

Barrie North Collegiate

École Secondaire Nouvelle-Alliance

St. Mary's Catholic School

Unity Christian High School

Innisdale Secondary School

Heritage Christian Academy

St. Joan of Arc High School

Bear Creek Secondary School

École Secondaire Roméo-Dallaire

St. Peters Secondary School

Maple Ridge Secondary School



# IN THE LIFE

Hello everyone! This week I have been speaking with a brother from Pakistan, who, alongside his church and local community, are seeking to help clothe and provide for 200 orphaned children this month. We praise God for His people, and for the love of Christ which He has given us to love with. We lift our brothers up to the Lord, that God would provide all that these children need, and that by the power of the Holy Spirit, our brothers and sisters would be strengthened to be obedient in serving our Lord!

Hello everyone, I hope your week was well! A sister from Pakistan sent me some of the events and outreaches her family has organized. They are seeking prayer as they go forth to share the gospel with many students, and for a women's outreach occurring this weekend. Most of the people attending are non-believers. Please pray that the Lord uphold our sister and her family to remain faithful unto Him and be strengthened in Him, and that our Lord Jesus move in each person's heart, calling them unto Himself.

**Noah Martins**



**Emma Censoni**

# classes & study

## **Alpha Film Series**

The Alpha Film Series is emotive, engaging and epic in scale and scope. Nicky Gumbel and two new presenters, Toby Flint and Gemma Hunt, walk through the basics of the Christian faith in a way that everyone can relate to. The episodes feature inspiring stories and interviews from all around the world, as well as visual illustrations and motion graphics.

**ALPHA film series - ONLINE WINTER 2026**

**Location: ONLINE**

**Cost : FREE**



Alpha Youth Series is designed to engage students (11-18) in conversations about life, faith and Jesus. Discussion time is interspersed throughout the short talks to make it simpler for them to share their thoughts and questions.

**New session of Alpha YOUTH series  
FALL COURSE - FRIDAY YOUTH GROUP**

**Location: Christ Our Saviour Fellowship  
Address: 250 Bayview Dr. Unit # 4, Barrie ON  
Cost : FREE**



**Alpha YOUTH! Series**

## ***The PRE Marriage Course***



**The PRE - Marriage Course** is an opportunity for you to invest in your relationship through five in-person or online date nights created to help you to learn to communicate well, understand and appreciate your differences, and prepare for potential challenges.

New Sessions Begins in 2025- stay tuned  
Location: Christ Our Saviour Fellowship  
Course Journal required: a free PDF provided OR  
The Pre Marriage Journal available to purchase for \$15 each.

**The Marriage Course** runs over seven sessions, and each session begins with sharing dinner as a couple, followed by a fun, insightful video covering topics that are relevant for every couple like Good Sex or Resolving Conflict. In short? Your marriage. But better challenges.

New Sessions Begins in 2025- stay tuned  
The Family Unit is vital and we're excited to introduce the Marriage course at COSF to help support the family unit! Please contact us if you are interested in participating in this course please contact us.

**Location: Christ Our Saviour Fellowship**  
**Cost: workbook approx \$18**



## ***The Marriage Course***



## ***Men's Conquer Series***

The Conquer Series is a powerful cinematic study that is transforming the lives of men around the world. Now in two action packed volumes, each containing Biblical teaching and proven principles to help men conquer porn and walk in freedom.

Men are finding freedom by the thousands. Dr. Ted Roberts, host of the Conquer Series, has personally counselled over 10,000 men with a 90% success rate. He's taken his proven Biblically-based process and incorporated it into the Conquer Series. We are now seeing thousands of men finding freedom from porn and remaining free for years!

2025 Course Dates - TBD

Contact us to find out more OR if you would like sign up for the upcoming course.







# MINISTRY LEADERSHIP

## 2 YEAR DIPLOMA

**DETAILS: 12 OR 20 COURSE PROGRAMS, EACH COURSE 8 WEEKS COMPLETED AT OWN PACE, ALL COURSES PER ROUTE COMPLETED WITHIN 2 YEARS**

**12 COURSES - CERTIFICATE OF COMPLETION**

**20 COURSES - DIPLOMA (ACCREDITED) APPLIED TOWARDS 25 COURSE DEGREE WITH KAIROS.**

**WHERE: ONLINE, MENTORED**

**MATERIAL: PROVIDED PER COURSE**

COSF has partnered with ARTOS ACADEMY formerly Our daily Bread Ministries international institute to offer a mentorship-based 2 year ministry leadership certificate. By participating in this program, you are at the forefront global theological training for the nations!

We thank the Lord for His leading in this!

**COURSE 1- GETTING STARTED**  
**COMPLETED**

**COURSE 2 - EFFECTIVE MINISTRY COMMUNICATIONS**  
**COMPLETED**

**COURE 3 - INTENTIONAL DISCIPLE MAKING**  
**BEGINS DEC 2025**

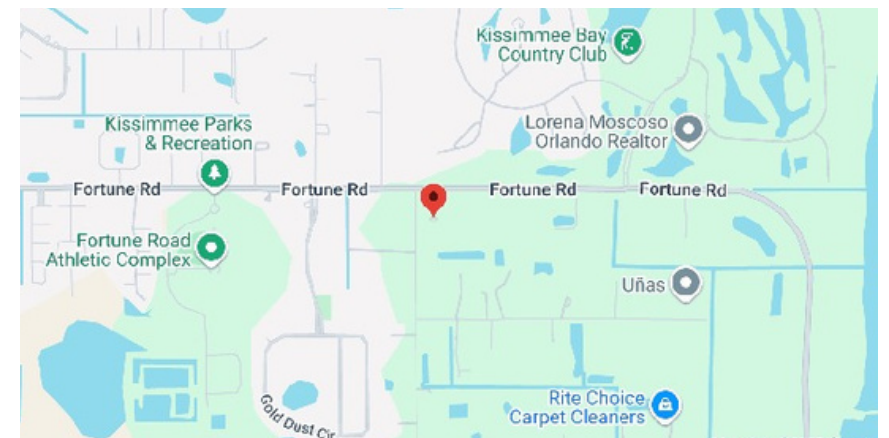
# COSF

Christ Our Saviour Fellowship Florida

**"I AM .... GENTLENESS"**

We are looking forward to our next service in Florida! As we seek the Lord for guidance and preparations are under way, please pray for those who are again going forth as we continue to preach through the series on Galatians 5.

# FIELD notes



**Date: January 31st, 2026**

**Times: 4:00pm - 6:00pm**

**Location: Kissimmee, Florida**

**[Click here to help support  
COSF Florida Church](#)**



# AFRICA MISSION

## 2026

Are you being  
called?

CHRIST<sup>+</sup> OUR  
SAVIOUR  
— FELLOWSHIP —

**Stay tuned and prayerful about the new mission field for COSF.  
We will be involved in visitation to COSF Africa- Kenya & Uganda  
South Africa Biblical teachings for children and more.**





## ***COSF Africa***

COSF Africa - We are in prayer for 2026 and the Lord's plans for COSF Africa. The brothers have finished the discipleship course and most will begin the 2yr leadership training in 2026. Additionally the harvest planting will begin early in the new year.



# **COSF**

# **In-the-nations**

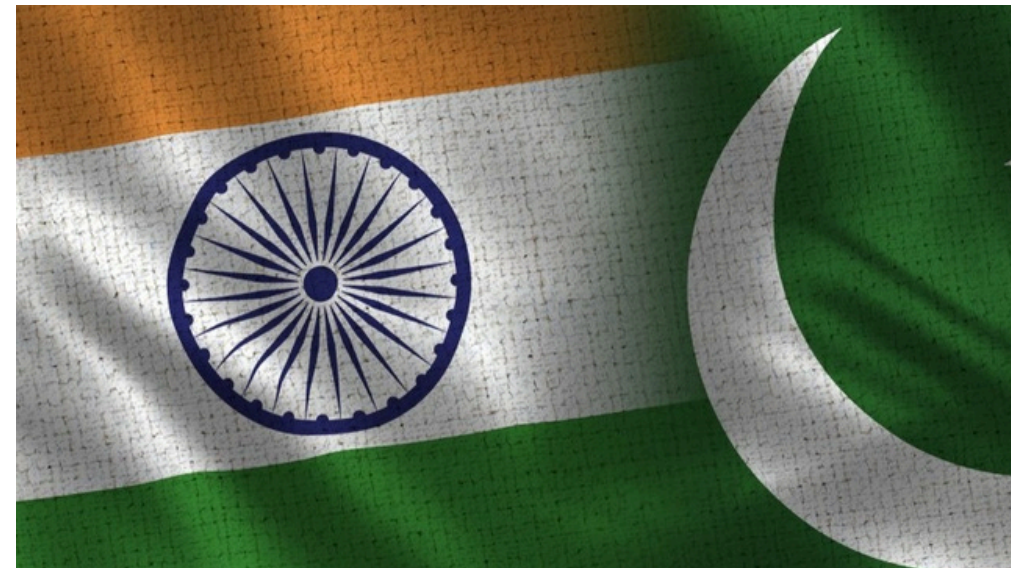


## COSF Caribbean



There has been a great move of God and a hunger for His word we have seen as we preached forth two weeks ago. Pray the Lord continue to lead us to build up His people and the church in the region.

**CHRIS**<sup>+</sup>**OUR**  
**SAVIOUR**  
— F E L L O W S H I P —



## COSF India & Pakistan Region

The Alpha Film Series will be launching in the coming weeks for those in the Pakistan /India region.



## COSF Central & South America



# COSF @ Home

# The Shepherd's Table

Our Shepherd's Table Ministry provides warm, nutritious meals for those in need locally and in the missions field where we are called.

We will be out this Saturday from 1:00-3:00.  
Thank you all for your support and participation in the street ministry in Barrie

Menu: LAST WEEK -Beans, Mashed Potato, Pork

Dec 13th - Pork Pot Pie Pasta

[Please click here to support](#)



# *Need a Ride to Church?*

**COSF &  
Right Now  
Media  
Library**



*We have launched the right now media app. As we populate some of the rooms, you may receive an email asking you to download the app and join. If you are already using the right now media app (scan the QR code below) you can find the message rooms at the bottom in the message bubble. One of these groups is for Sunday transportation if you require a ride to Church on Sundays. Please let us know if you require a ride prior to Sunday as this will help us to coordinate things easier.*



Escanee el código QR para acceso GRATUITO



***Have you seen the COSF Library...***

We've all experienced failures, bitterness, or setbacks. We carry unseen burdens that rob us of joy, keep us from praying, and even cause us to doubt God.

Bestselling author and pastor, Kyle Idleman, and the award-winning media team at City on a Hill want to remind us that God's grace is greater. Even when it doesn't make sense. Even when it doesn't feel fair. God's grace covers everything we've done. And the best way (perhaps the only real way) to understand it, is to experience it.

Grace is Greater will remind you that no sin is so great, no bitterness so deep that God's grace cannot transform your heart and rewrite your story.

# Grace is

# GREATER

rightnow  
MEDIA®

# Prayers For The Saints

Church Prayer - Tuesday Mornings both your pastors are praying for YOU during our church prayer time. If you have a specific need or request please email us at:  
[info@christoursaviourfellowship.com](mailto:info@christoursaviourfellowship.com)

Please Pray For:

- pray for COSF Africa as we prepare to go forth after the discipleship course:
  - we are preparing the field for February planting
  - we are planning a street ministry of preaching
  - there are needs for the health of some of the brothers and their families. Please pray for Brother Martin whose father has been called home to be with the Lord.
  - Please pray for brother Mathias's wife as she struggles with a heart condition and failure.
- pray for all of the brothers in Africa for provision to take the leadership degree program
- pray for James, the financial resources needed at this time

- Please pray for those participating in the leadership program. There are always challenges we face as we draw closer to the Lord: Please pray for: Laura, Robin, Anna, Ted, Gina, Jacob, Noah, Emma, Gertie
- Please pray for the street mission and continued support for feeding and providing for the Lord's people especially now in the colder weather
- COSF Worship Service Jan 31/26. Please pray the Lord lead us in delivering His word to the people of Kissimmee Florida, safety and provision.
- The Youth / Youth Group need prayer and support
  - please pray for the Lord to lead and create a weekly youth group.
- Please pray for everyone in the congregation for help of the Lord to overcome challenges of the past, rebuke the lies of the evil one, grow in the Lord and to realize the glory of God in their lives.
  - Pray for the people throughout the world who are experiencing hardships, homelessness, death, persecutions in all countries. Pray the Lord bring relief, healing, love and care to each person.

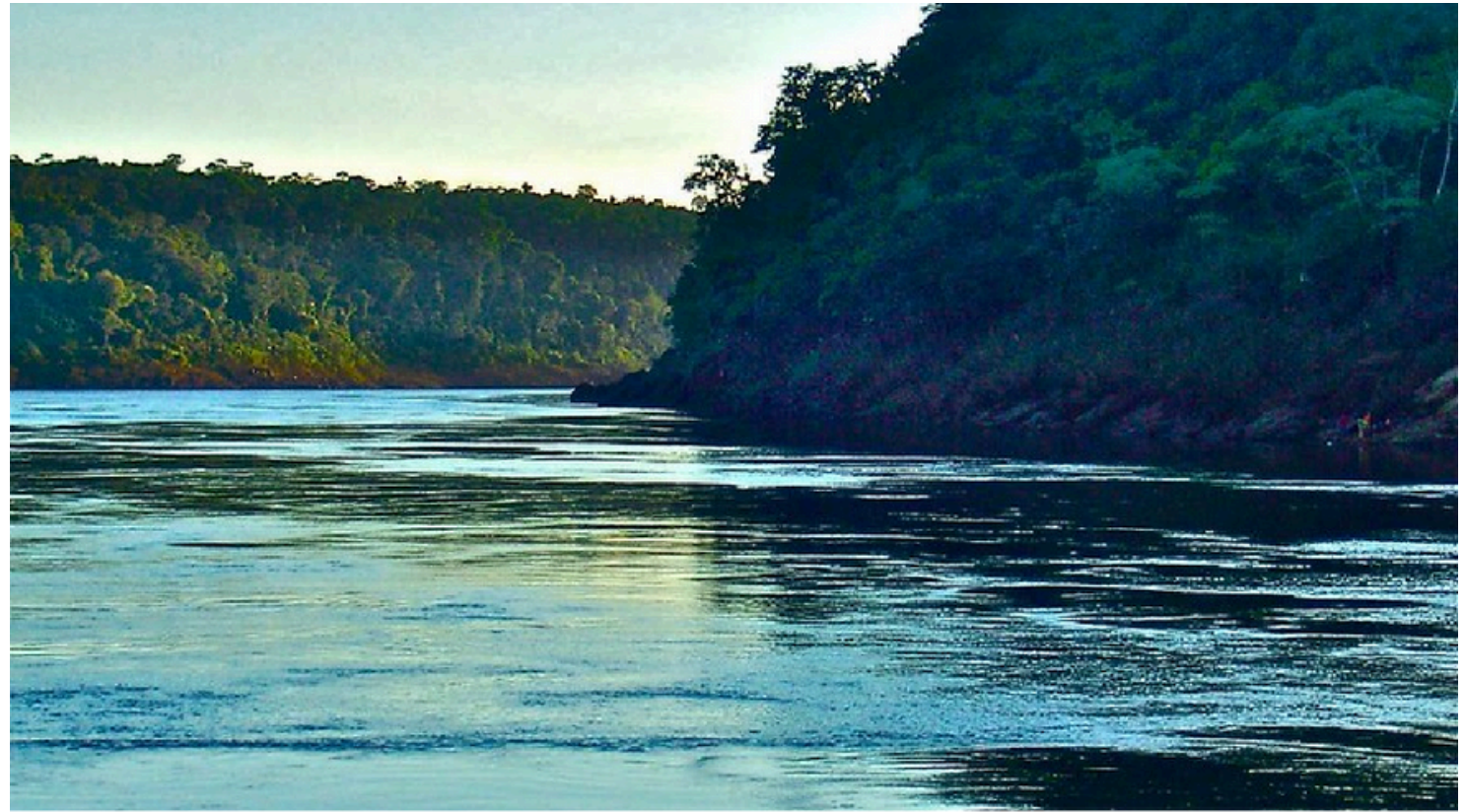


# Scripture Memory Verse

*Cast Off Your Burdens*

*“Cast your burden upon the Lord  
and He will sustain you;  
He will never allow the righteous  
to be shaken.”*

*Psalms 55:22*



Are you ready to accept our Lord Jesus Christ as your personal Saviour and be obedient unto His command of Baptism? Please speak with us.

**PSALM**  
**55:22**

**“CAST YOUR BURDEN  
UPON THE LORD AND  
HE WILL SUSTAIN  
YOU;  
HE WILL NEVER  
ALLOW THE  
RIGHTEOUS TO BE  
SHAKEN.”**