

November 5th, 2025 EDITION

**CHRIS**<sup>+</sup>**OUR**  
**SAVIOUR**  
— FELLOWSHIP —

# WEEKLY CONNECTION

Join Us Every Sunday at 10:30am  
250 Bayview Drive Unit #4 Barrie, ON L4N 4Y8

[www.christsaviourfellowship.com](http://www.christsaviourfellowship.com)  
[info@christsaviourfellowship.com](mailto:info@christsaviourfellowship.com)



# Holy Spirit The Power Therin

Kids really are rambunctious! So much energy it seems never ending, especially to their parents! I remember we use to get kicked out of the house "go outside and and play!!" we would hear with an exasperated breath. FINALLY!! more play time and space my heart would rejoice. Who wanted to be indoors anyhow

with all the potential play things that could be found and made..like slingshots!

My neighbourhood friends and I would run around the parkette jumping, terrorizing every inch of the sandy playground and park area. You name it; tag, hide and seek of which the worst was when you hid under the branches and came out all itchy!

We would play until the sun went down and then still wanted to continue, after dinner that was. We began with so much energy, which was the point of the parents ranting to “*go play outside!*” We would eventually run out of steam and things would slow down. I was big on battle games, mega robot battles and the like. Voltron, astor boy, and well we would make up our own with one aspect from one cartoon character combined with others from different shows of the day to make the ultimate most powerful warrior to battle. Then we would bash each other with cardboard rolls we made!

Now, when the battle was at its most intense (and we were tired) someone would call time out and we knew what that meant...candy!! We'd take a moment to catch our breath and then it was time to “POWER UP” our character. We'd guzzle ...guzzle whatever candy we had just as

we started again, this time no more time outs and the final battle was ON..winner takes it. Now, those tablets of sugar rockets seemed pretty innocent but boy did they pack a “rocket punch” for little bodies. Maybe it was hot tamales or mike and ike's ...whatever sugar was in our pockets ( purposefully packed) was going to win..see the MORE you consumed the MORE power you had in the game...pretty fair and tasty!





*"Powering up"* as kids took the consumption of unneeded but wanted candy to win the battle we were engaged in. As Christians we must remember that we are in a battle too, a spiritual battle. This though is the one we must remember that *we can't fight or win ...on our own*. See, we are fighting a power greater



than our physical selves, it's what we refer to as *supernatural*. *Super* - above or beyond and *natural* - the natural, carnal or physical person. The book of Ephesians says this clearly :  
*" For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, **against the spiritual forces of wickedness in the heavenly places.**"*

Ephesians 6:12

We are in a battle of the unseen yet we see it, experience it manifested in the physical through our reactions, behaviours and the like. When we first believed and were baptized we received the blessed gift of the HOLY SPIRIT, it is HE who is the power therein of the believer, it is HE who is the restrained against the full wickedness and everlasting of the adversary and his agents.

As we traverse this life as Christians it's vital to understand that we *must* rely on the strength,





the sustaining power to uphold, the power to overcome, the power to heal, the power TO DO ALL things as we are called to do in the Lord. When we face trials that the Lord allows to raise us up, to draw the believer closer to HIM, for HIS purpose or if an attack of oppression from the adversary, we are to persevere. We are to trust, have faith and SURRENDER who we are, who we think we are to the LORD so He can mold and shape us, refine us *through the trials* and show us who we are to be IN HIM. This requires FAITH and understanding we can't do it, we can't fight for the battle IS the Lord's and HE WILL and HAS won!

We must understand that in this very *real battle* of

life and death that we have "POWERED UP!"  
" Now ***we have received***, not the spirit of the world, but ***the Spirit who is from God***, so that we may know the things freely given to us by God" 1 Corinthians 2:12

The indwelling and our reliance on the Holy Spirit within, His leading of our lives is the ultimate POWER UP and the assured win for those who who believe.

No candy needed...but welcome!

See you Sunday at 10:30

*Pastor Bhawani - Who will you invite?*

# *Did You Miss Sunday?*

We gather at 10:30 am  
every Sunday at the church  
to worship, praise and hear  
the Word of God.



Wondering what our Sunday  
services look like?

- 10:30 ~10:50 Worship & Praise
- 10:50 ~11:25 Sermon
- 11:25 ~ 11:40 Worship & Praise
- Closing prayer

To view the most recent Sunday service from Christ  
Our Saviour Fellowship, please click on the link /  
image above.

To view the service archives please click [HERE](#)





# What's Happening at COSF?

## Upcoming Events & Services

- COSF YOUTH Group- Fridays
- COSF Florida Dec 13th Service
- "I AM...GENTLENESS"
- *COSF FLORIDA has been granted FULL 501 (3) charity status*
- Exodus series continues for the Fall
  - 2026 Mission Trip - South Africa, Kenya & Uganda

**CHRIST** OUR SAVIOUR  
FELLOWSHIP  
FLORIDA

“I AM...  
FAITHFULNESS”

1251 MARLLO ROAD  
KISSIMMEE, FLORIDA

NOV. 1st, 2025  
4:00 - 6:00 PM



# ***COSF ORIGINAL***

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# ***Productions***

In harnessing the latest media tools the COSF social media & production team, being led by the Holy Spirit, are overjoyed to share with you COSF ORIGINAL scriptural video productions! Our hope is these will touch the hearts of the people and be used globally to help lead people to the truths and glory of our Lord and Saviour Jesus Christ. Be sure to check back frequently as we are full steam ahead in production!



***click here to see more***





*Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.  
2 Corinthians 9:7*

[CLICK HERE TO DONATE](#)

**We thank the Lord for ALL He has done and the magnificent labour that we are being led to do in His righteous name. COSF continues the programs that we have been led to offer along side regular Sunday services.**

- International / Local missions & revival events**
- Variety of classes and courses to strengthen God's people:**
  - Alpha film series, Alpha Youth, Conquer series**
  - Discipleship series, Mentorship-based Ministry Leadership Certificate**



# YOUTH WALK



Jacob Martins & Laura Morris



Hi everyone! Jacob and Laura here. We hope you are all enjoying the cool, slightly rainy, fall weather. The school year is well underway, and as I am sure most of you in high school are starting to figure out, life can get BUSY!!! So busy that we might start to wonder, "is it possible it can get any busier?"...and then somehow it does?!? Between school work, meeting with friends, family events, sports or hobbies, going to church, doing chores around the house (which I'm sure none of us ever forget to do) and even just taking the time to take care of ourselves, how do we ever manage to get it all done in a day? The discipleship course we offer at COSF talks about this dilemma, calling it the 'Urgent vs. Important'. The course asked us to reflect on the mountain of things that try to take our time away from us. The busier and the more full our schedules become, the less time we end up dedicating to the important things. The urgent things that seem important end up consuming our time and our joy and our peace.

This is what we want to encourage you in today. As you look at your own lives, you might start to become overwhelmed or sucked in by the mountain of things. But take it from us, there will always be stuff to do. There will always be urgent things that

'need' our attention, that doesn't change as you get older. As you continue to grow in life, there will only be more responsibility added to you, more potential for things to occupy your time and cause you to burn out. But God says in His word "seek first His kingdom and His righteousness, and all these things will be added to you. So do not worry about tomorrow; for tomorrow will care for itself. Each day has enough trouble of its own." (Matthew 6:33-34). God commands us to have good priorities, with HIM as our top priority. God promises that if we prioritize Him and His kingdom, putting Him first in our lives, He will provide everything we need. We encourage you to focus on the things that God deems important. Dedicate time to pray to God and seek Him, spend time in fellowship with other believers and take care of yourselves and watch what the Lord will do in your lives. God bless you all.



# Highschool Faith

## @COSF Youth Group:

We're so happy to be launching our youth group on October 3rd! This is a great opportunity to grow, support and share our faith with each other. As part of our group initiative we are launching "MADE FOR THIS", a national prayer for schools. We are focusing our efforts and prayers in the Barrie area. We welcome you to join us on this exciting journey!

**THEY ARE  
MADE FOR  
THESE TIMES.**

Curious, Driven, Energetic: Our high schools are filled with visionaries and dreamers who will transform our country.

This generation is our future  
— let's come together to pray for them.



## **DON'T FORGET:**

**Friday Night Youth Group**

Begins October 3rd 7:00pm

REGISTER HERE

## Schools we're praying for:

St. Josephs High School

Eastview Secondary School

Barrie North Collegiate

École Secondaire Nouvelle-Alliance

St. Mary's Catholic School

Unity Christian High School

Innisdale Secondary School

Heritage Christian Academy

St. Joan of Arc High School

Bear Creek Secondary School

École Secondaire Roméo-Dallaire

St. Peters Secondary School

Maple Ridge Secondary School



# IN THE *life*...

Hello everyone. This week I have been speaking with a brother from Pakistan who is seeking to serve more in his community. He is seeking to help clothe and feed young orphans, as well as build an orphanage for them. He has asked for prayer, that God would provide all they need to support these children. We just lift them up to the Lord now that God's will would be done in this community, and our brother would be equipped by the power of the Holy Spirit to send forth the Word. We pray God provides all according to his will, that his children would be nourished and protected. God bless you all!



Noah Martins

Hello everyone, I hope your week was well! This week I have been speaking with a sister that has been struggling financially for months now, her and her family. She said that they are facing a hard situation everyday. As these situations can bring much stress and anxiety, please pray that the Lord continues to uphold them in these trials as they pray and seek Him. For strength to surrender the burden into His hands and to encourage their hearts. For our Lord has said,  
*“Are not five sparrows sold for two cents? Yet not one of them is forgotten before God. Indeed, the very hairs of your head are all numbered. Do not fear; you are more valuable than many sparrows.”* - Luke 12:6-7

Emma Censoni



# classes & study

## *Alpha Film Series*

The Alpha Film Series is emotive, engaging and epic in scale and scope. Nicky Gumbel and two new presenters, Toby Flint and Gemma Hunt, walk through the basics of the Christian faith in a way that everyone can relate to. The episodes feature inspiring stories and interviews from all around the world, as well as visual illustrations and motion graphics.

### **ALPHA film series - FALL Session**

**Location: Christ Our Saviour Fellowship**

**Address: 250 Bayview Dr. Unit # 4,  
Barrie ON**

**Cost : FREE**



Alpha Youth Series is designed to engage students (11-18) in conversations about life, faith and Jesus. Discussion time is interspersed throughout the short talks to make it simpler for them to share their thoughts and questions.

### **New session of Alpha YOUTH series FALL COURSE - FRIDAY YOUTH GROUP**

**Location: Christ Our Saviour Fellowship  
Address: 250 Bayview Dr. Unit # 4, Barrie ON  
Cost : FREE**

**Alpha**

**Alpha**

## *Alpha YOUTH! Series*

## ***The PRE Marriage Course***



### **The Pre-Marriage Course**

**The PRE - Marriage Course** is an opportunity for you to invest in your relationship through five in-person or online date nights created to help you to learn to communicate well, understand and appreciate your differences, and prepare for potential challenges.

New Sessions Begins in 2025- stay tuned  
Location: Christ Our Saviour Fellowship  
Course Journal required: a free PDF provided OR  
The Pre Marriage Journal available to purchase for \$15 each.

**The Marriage Course** runs over seven sessions, and each session begins with sharing dinner as a couple, followed by a fun, insightful video covering topics that are relevant for every couple like Good Sex or Resolving Conflict. In short? Your marriage. But better challenges.

New Sessions Begins in 2025- stay tuned  
The Family Unit is vital and we're excited to introduce the Marriage course at COSF to help support the family unit! Please contact us if you are interested in participating in this course please contact us.

**Location: Christ Our Saviour Fellowship**  
**Cost: workbook approx \$18**



### **The Marriage Course**

## ***The Marriage Course***

## ***Men's Conquer Series***

The Conquer Series is a powerful cinematic study that is transforming the lives of men around the world. Now in two action packed volumes, each containing Biblical teaching and proven principles to help men conquer porn and walk in freedom.

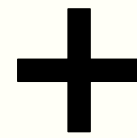
Men are finding freedom by the thousands. Dr. Ted Roberts, host of the Conquer Series, has personally counselled over 10,000 men with a 90% success rate. He's taken his proven Biblically-based process and incorporated it into the Conquer Series. We are now seeing thousands of men finding freedom from porn and remaining free for years!

2025 Course Dates - TBD

Contact us to find out more OR if you would like sign up for the upcoming course.







# MINISTRY LEADERSHIP

## 2 YEAR DIPLOMA

DETAILS: 12 OR 20 COURSE PROGRAMS, EACH COURSE 8 WEEKS COMPLETED AT OWN PACE, ALL COURSES PER ROUTE COMPLETED WITHIN 2 YEARS

12 COURSES - CERTIFICATE OF COMPLETION

20 COURSES - DIPLOMA (ACCREDITED) WITH POTENTIAL TO BE APPLIED TOWARDS 25 COURSE DEGREE WITH KAIROS.

WHERE: ONLINE

MATERIAL: PROVIDED PER COURSE

COURSE DATES: BEGINS SOON - AUGUST 2025

COSF has partnered with ARTOS ACADEMY formerly Our daily Bread Ministries international institute to offer a mentorship-based 2 year ministry leadership certificate. By participating in this program, you are at the forefront global theological training for the nations! We thank the Lord for His leading in this!

COURSE 1- GETTING STARTED

NOW UNDERWAY!

COURSE 2 - EFFECTIVE MINISTRY COMMUNICATIONS

STARTING NOW!

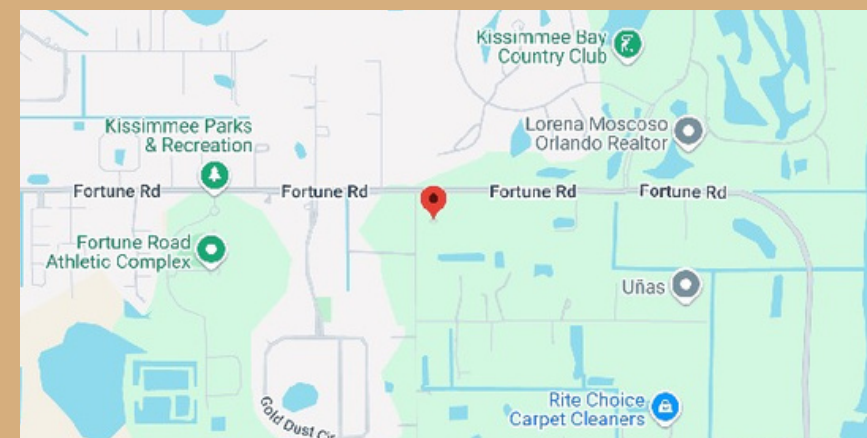
# COSF

# FIELD notes

Christ Our Saviour Fellowship Florida

"I AM .... FAITHFULNESS"

We are looking forward to our next service in Florida! As we seek the Lord for guidance and preparations are under way, please pray for those who are again going forth as we continue to preach through the series on Galatians 5.



**CHRIST** OUR SAVIOUR  
FELLOWSHIP  
FLORIDA

**"I AM...  
FAITHFULNESS"**

1251 MARLLO ROAD  
KISSIMMEE, FLORIDA

NOV. 1st, 2025  
4:00 - 6:00 PM

**Date: December 13th, 2025**

**Times: 4:00pm - 6:00pm**

**Location: Kissimmee, Florida**

**[Click here to help support  
COSF Florida Church](#)**

# Africa Mission

## 2026

Are you being  
called?

CHRIST<sup>+</sup> OUR  
SAVIOUR  
— FELLOWSHIP —

**Stay tuned and prayerful about the new mission field for COSF.  
We will be involved in visitation to COSF Africa- Kenya & Uganda  
South Africa Biblical teachings for children and more.**





**COSF Africa**

COSF Africa - Praise the Lord for His faithfulness and helping our brothers in Africa complete the full discipleship program! We look forward to 2026 and the planning for the crusades in the local and tribal communities to preach the Gospel.



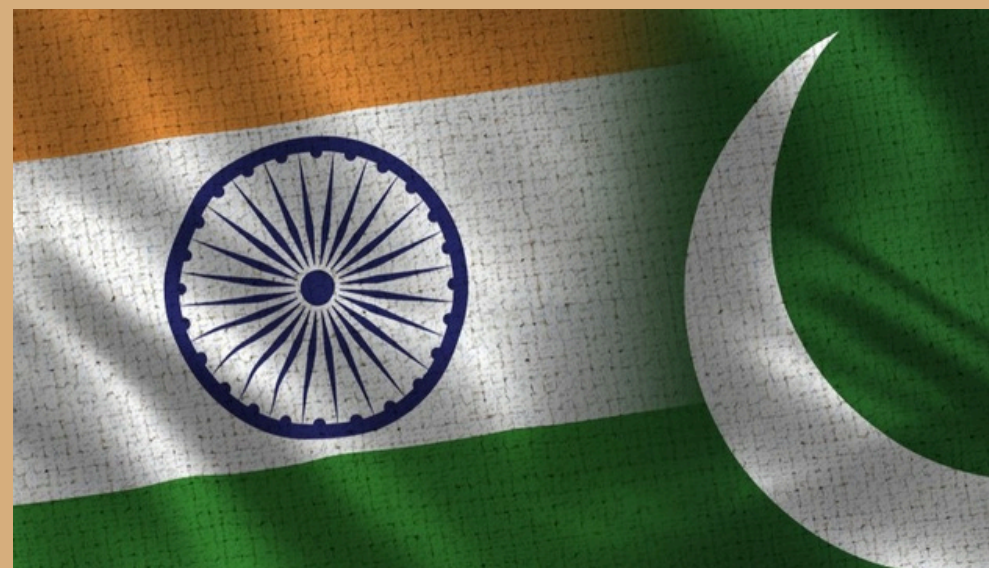
# COSF In-the-nations

## COSF Caribbean



The waters of baptism await as the Word is preached and hearts are turned by the grace of the Lord. Please pray the Lord continue to move in the hearts of those throughout the region.

**CHRIS**<sup>+</sup>**OUR**  
**SAVIOUR**  
— F E L L O W S H I P —



## COSF India & Pakistan Region

The Alpha Film Series will be launching in the coming weeks for those in the Pakistan /India region.



## COSF Central & South America



# COSF @ Home

# The Shepherd's Table

Our Shepherd's Table Ministry provides warm, nutritious meals for those in need locally and in the missions field where we are called.

We will be out this Saturday from 1:00-3:00.  
Thank you all for your support and participation in the street ministry in Barrie

Menu: LAST WEEK -Chilli  
Nov 8th -Pork n' Beans on Rice  
[Please click here to support](#)





*We have launched the right now media app. As we populate some of the rooms, you may receive an email asking you to download the app and join. If you are already using the right now media app (scan the QR code below) you can find the message rooms at the bottom in the message bubble. One of these groups is for Sunday transportation if you require a ride to Church on Sundays. Please let us know if you require a ride prior to Sunday as this will help us to coordinate things easier.*



Escanee el código QR para acceso GRATUITO

*Have you seen the COSF Library...*

# LEAD ME, HOLY SPIRIT



One of Stormie Omartian's (bestselling author of Lead Me, Holy Spirit) greatest desires is that we will come to know the Holy Spirit better, love Him more, and grow in that knowledge and love every day. When we follow the leading of the Holy Spirit in our lives, good things happen. Although, life is not perfect when you are led by God's Spirit, but the good news is you will always have the ultimate victory.

When we receive Jesus, He gives us the Holy Spirit of God to dwell in us. Obviously, we don't have Jesus living with us in the flesh, Jesus is at the right hand of His Father God, but we do have His Spirit in us now.

Each new day there is more that God wants us to pray about than we can even think of in our minds. That's why He gave us His Spirit to not only lead us to pray, but also to help us pray.

# Prayers For The Saints

Church Prayer - Tuesday Mornings both your pastors are praying for YOU during our church prayer time. If you have a specific need or request please email us at:

[info@christoursaviourfellowship.com](mailto:info@christoursaviourfellowship.com)

Please Pray For:

- pray for COSF Africa as we prepare to go forth after the discipleship course to share the Good News, the Gospel through the region. Also pray for the new Shepherd's harvest program as we prepare to launch this in the near future.

- Please pray for those participating in the leadership program that begins in the next few weeks. Pray the Lord uphold each of them, that they are successful in this:

Sandy, Laura, Robin, Ellie, Anna, Ted, Gina, Jacob, Noah, Emma, Gertie

- The Youth / Youth Group need prayer and support - please pray for the Lord to lead and create a weekly youth group beginning in October.

- Please pray for the street mission and continued support for feeding and providing for the Lord's people

- COSF Worship Service Dec 13/25. Please pray the Lord lead us in delivering His word to the people of Kissimmee Florida, safety and provision.

- Please pray for everyone in the congregation for help of the Lord to overcome challenges of the past, rebuke the lies of the evil one, grow in the Lord and to realize the glory of God in their lives.

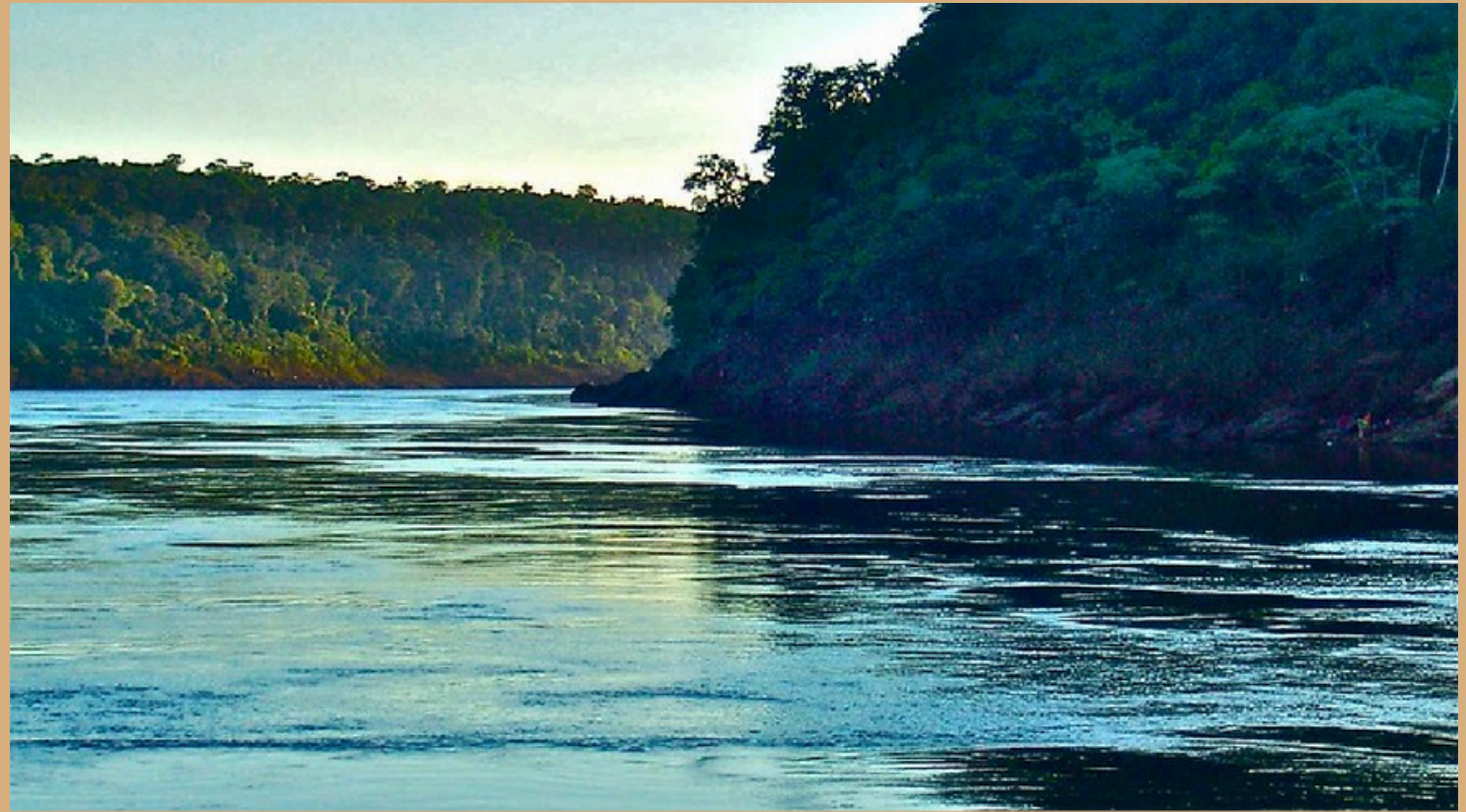


# Scripture Memory Verse

The Spirit of God

*“ Now we have received, not the spirit of the world, but the Spirit who is from God, so that we may know the things freely given to us by God,”*

*1 Corinthians 2:12*



Are you ready to accept our Lord Jesus Christ as your personal Saviour and be obedient unto His command of Baptism? Please speak with us.

1 CORINTHIANS 2:12

**“NOW WE HAVE  
RECEIVED, NOT THE  
SPIRIT OF THE WORLD,  
BUT THE SPIRIT WHO IS  
FROM GOD, SO THAT  
WE MAY KNOW THE  
THINGS FREELY GIVEN  
TO US BY GOD,”**