

July 15th 2026 EDITION

CHRIST⁺ OUR
SAVIOUR
— FELLOWSHIP —

WEEKLY CONNECTION

www.cosfchurch.com
info@cosfchurch.com

Join Us Every Sunday at 10:30am
250 Bayview Drive Unit #4 Barrie, ON L4N 4Y8

PRAISE
sing
to the Lord.

Before I came to know our Lord Jesus, I listened to all kinds of music. Whether it was rap, rock, country, caribbean, house music, or those slow and emotional songs, I loved singing to them. But now looking back, I can see that many of these songs were full of all kinds of wickedness, filthiness and hatred. At this time, I also used singing as a way of expressing myself and my emotions. The kind of music I was singing was related

to how I was feeling at that moment. More often than not, it was singing to those slow, emotional and depressing songs, and as we can expect, these songs only drew me deeper into that pain and brokenness that left me feeling worse off than before. I was using my voice to sing the songs of this world and you can see I was giving my heart to them, satisfying and nourishing the carnal heart. But when I received Christ Jesus as my Saviour, this completely changed. In the first months of being saved, I was still listening and singing to the same songs of the world that I always had, satisfying that carnal desire, but also starting to listen to worship music. As the months went on and as I learned about God in His Word, my love for Him grew, and I found myself becoming unable to listen to the songs I used to enjoy so much. They made me so uncomfortable and I had to turn them off because every time I listened to them they made me want to crawl out of my skin.

They no longer satisfied, but the songs of praise did and filled me with joy as I sang about the Lord Jesus Christ. At first, I didn't understand what was going on, but then at some point I realized that the Lord was telling me to leave those things behind and He was setting me apart for Him, making my heart more like His. Since then, I have had no desire to listen to or sing a worldly song but have only had the desire to sing songs that glorify God.

Our voices and our hearts were not made to be given over to or to praise the things of this world, but to offer sacrifices of praise unto a Holy God, as we read in Hebrews,

“Through Him then, let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that give thanks to His name”

Hebrews 13:15

As a child of God, this is our sacrifice, and as we just read in the Scripture we are to give the Lord our praise continually. This means in

every moment and every circumstance, we praise our Mighty God and rejoice in Him, in the good times and in our trials. In the good times we sing to the Lord with thanksgiving in our hearts and we rejoice in His goodness. In the trials we are to do the same. It is no different, as we are instructed in James 1, *“Consider it all joy, my brethren, when you encounter various trials, knowing that the testing of your faith produces endurance. And let endurance have its perfect result, so that you may be perfect and complete, lacking in nothing”*

James 1:2-4

We use our voice to cry out in these times and pour out our hearts to our Heavenly Father, and when we don't have the words to do that, we can read His Word back to Him. In the Psalms we find so many verses of the Psalmists pouring out their sufferings before the Lord that can help us cry out to God when we don't know how to express our suffering or ask for His help. In Psalm 55 we read one of

the many cries,

“Give ear to my prayer, O God; and do not hide Yourself from my supplication. Give heed to me and answer me; I am restless in my complaint and am surely distracted”

Psalm 55:1-2

We see the Psalmist come before God with an honest and humble heart, recognizing his brokenness and need for the help of the Lord, which is the posture of heart we are to have continually as His children. We can also start singing unto the Lord when we don't have the words, when we become weary and see ourselves start to slip back to our old ways.



We have so many powerful hymns, songs and verses to sing back to God and glorify Him, to remember who He is and draw near to His Holy presence. You can always find a verse to sing, and the heart for God will seek it out until he finds sweet relief at the feet of our Lord Jesus. This is the heart of worship, the heart that knows that God is enough and only He can satisfy. And so we see, worship is more than just singing songs, it is intimate and draws us near to the Father, to adore Him, to give Him thanks for all He has done, to cry out to Abba, but also to rejoice with Him. As we come before the throne of God and sing to Him, He is not looking for us to hit all the right notes; he is not looking for our perfection.



Remember that we have been bought at a price and your voice, child of God, is precious to the Lord as it is, as you come before Him with love for God in your heart. So what are we using our voices for today? Are we singing the songs of this world, still singing to satisfy the desires of our own heart? Or are we using our voices to love God, to build an intimate relationship with the Father and to honour Him in all we do and say? As the first and greatest commandment says, “and you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength” (Mark 12:30)

See you Sunday @10:30.

Emma Censoni- Worship Team Lead - Who will you invite?

*“Sing to the Lord a
new song;
Sing to the Lord, all
the earth.”
Psalm 96:1*

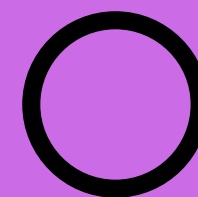
The COSF Hymnbook is here! We're excited to bring you the songs and hymns that we sing unto the Lord so that as a global church we can sing forth glorious praises to our Lord Jesus.

The book is set up in a digital format and also available on our website. Each song provides the lyrics and the musical key/chords for congregations and worship teams



CHRIST  **OUR SAVIOUR**
— FELLOWSHIP —
Hymn Book

Scan the QR code or click the link above to download

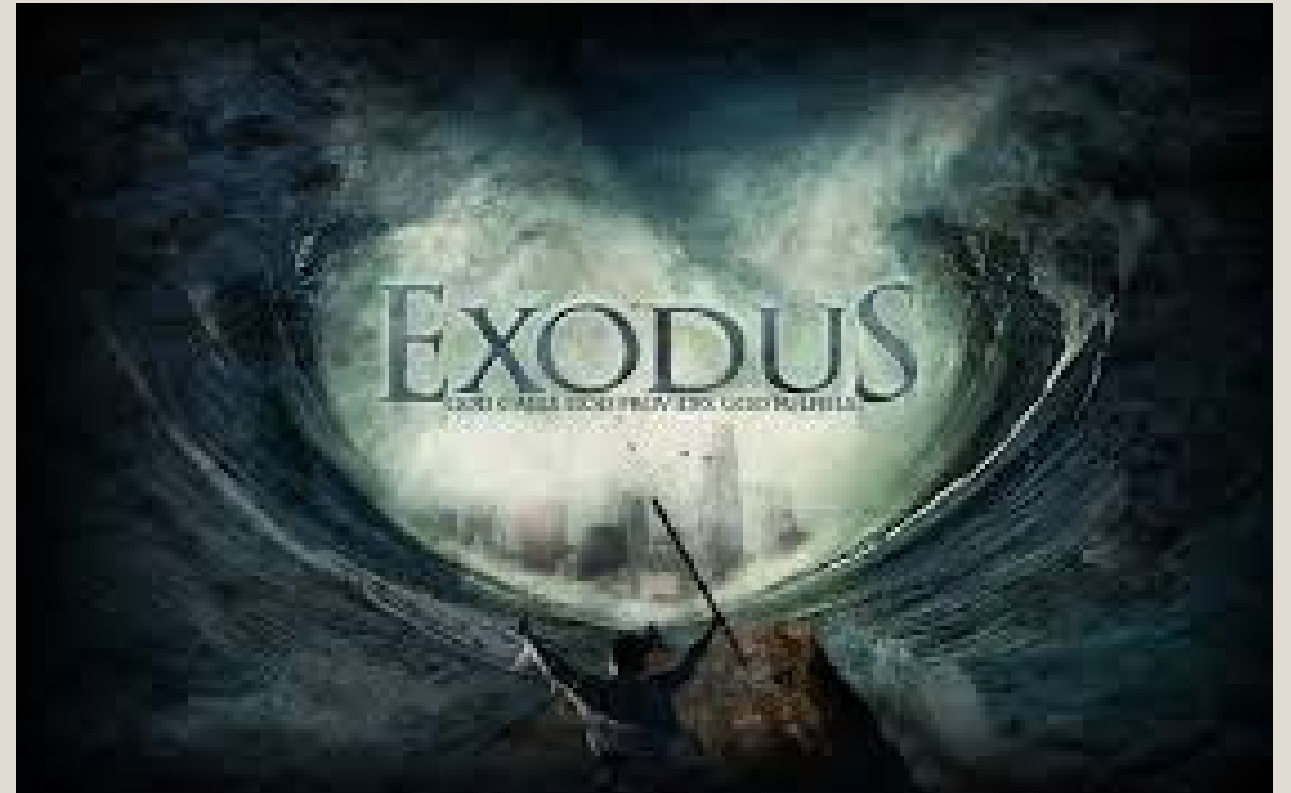


Did You Miss Sunday?

We gather at 10:30 am every Sunday at the church to worship, praise and hear the Word of God.

Wondering what our Sunday services look like?

- 10:30 ~10:50 Worship & Praise
 - 10:50 ~11:25 Sermon
- 11:25 ~ 11:40 Worship & Praise
 - Closing prayer



To view the most recent Sunday service from Christ Our Saviour Fellowship, please click on the link/image above.

To view the service archives please click [HERE](#)



What's Happening at COSF?

Upcoming Events & Services



- COSF YOUTH Group- Fridays 6:45pm
Psalm August
COSF Youth Summer Program
- COSF Florida Church plant
 - Growth Forward
- Mission Trip - South Africa, Kenya & Uganda
- COSF Alpha Course - Global courses

COSF ORIGINAL PRODUCTIONS



In harnessing the latest media tools the COSF social media & production team, being led by the Holy Spirit, are overjoyed to share with you COSF ORIGINAL scriptural video productions! Our hope is these will touch the hearts of the people and be used globally to help lead people to the truths and glory of our Lord and Saviour Jesus Christ. Be sure to check back frequently as we are full steam ahead in production!

click here
to see more



Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.

2 Corinthians 9:7

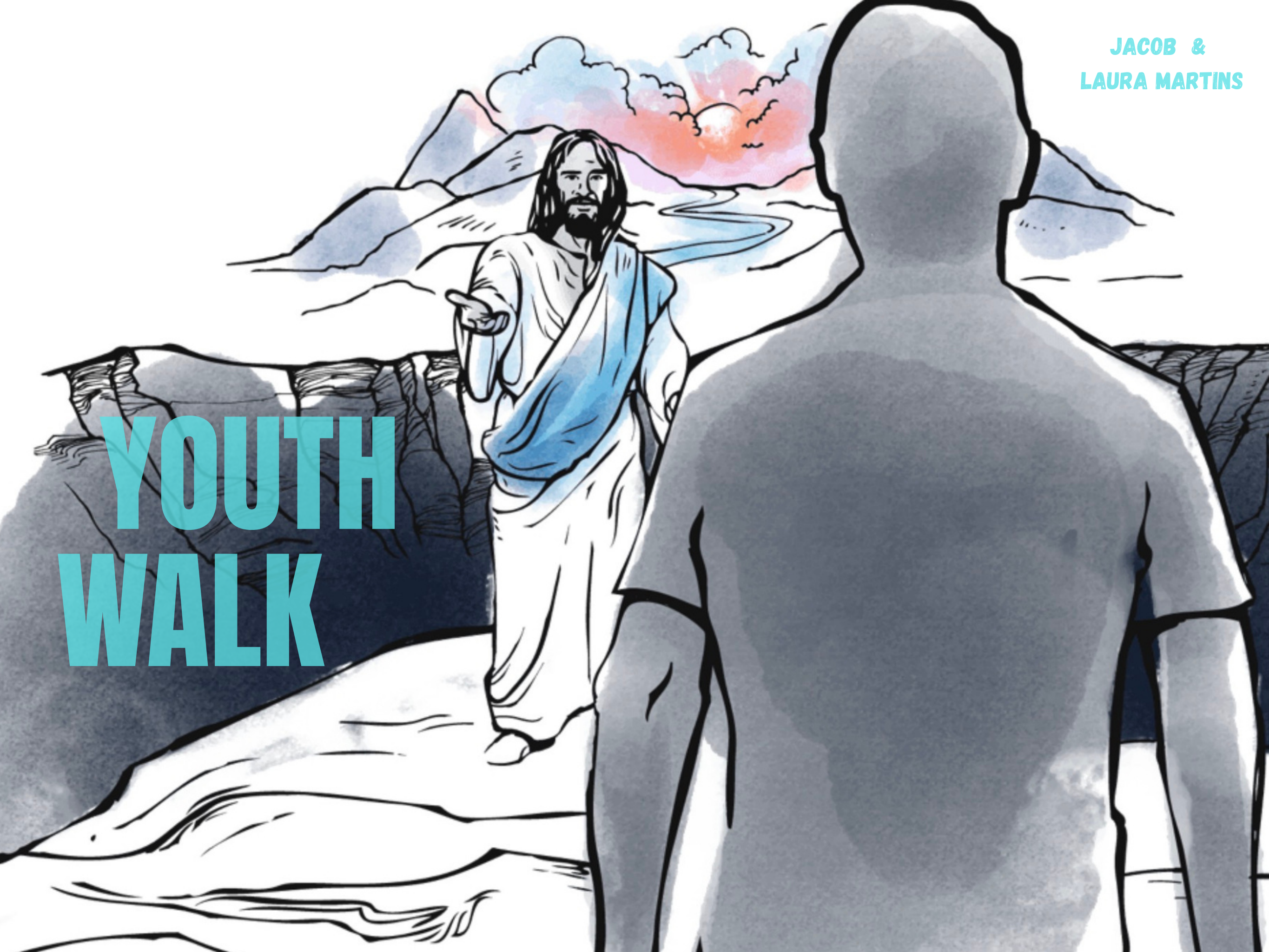
[CLICK HERE TO DONATE](#)

We thank the Lord for ALL He has done and the magnificent labour that we are being led to do in His righteous name. COSF continues the programs that we have been led to offer along side regular Sunday services.

- International / Local missions & revival events**
- Variety of classes and courses to strengthen God's people:**
 - Alpha film series, Alpha Youth, Conquer series**
 - Discipleship series, Mentorship-based Ministry Leadership Certificate**

JACOB &
LAURA MARTINS

YOUTH WALK



Hi everyone,
we hope your weeks are going well. This week we wanted to take a moment to reflect on how deeply and intimately our Heavenly Father knows each one of us. As I'm sure you all have experienced, our culture and the world we live in is all about creating a positive image and promoting oneself. Lots of people choose to show the highlights and the fun things of life, yet we can so easily hide what is under the surface. Sometimes it can feel like everyone around you has it all together and you are the only one secretly struggling. Promoting a positive image is a tireless pursuit. God never intended for us to be this way. While we all have fun and enjoy life, we aren't supposed to hide our real selves. God does not care about the image we portray on the outside, rather He cares about what is on the inside. We read in Psalm 139:1-4 "O LORD, You have searched me and known me. You know when I sit down and when I rise up; You understand my thought from afar. You scrutinize my path and my lying down, And are intimately acquainted with all my ways. Even before there is a word on my tongue, Behold, O LORD, You know it all." God sees our hearts and completely understands us far

better than we do ourselves. So often we are scared of admitting and confessing the broken parts of us. We believe the lie that the more presentable we are, the more liked we are and the better life will be. But the Lord doesn't look at us like the world does. He knows there is nothing good in us apart from Him. Even though he knows every detail, He invites us to Him with open arms. He desires for us to come and pour our whole hearts out in surrender to Him. There are 8 billion plus people in the world and God intimately knows and cares for you. You are wholly and completely known by our Heavenly Father. How incredible of a blessing that is! And when we come to the heart of it, we see that every single one of us is in need of salvation. God knows your struggles, He knows our sins and iniquities, He knows what each of us needs to grow and has a plan for our lives. He desires our best and He wants us to live freely with Him. We want to encourage each of you to pour out your hearts to our Heavenly Father. He loves you and desires for us to come to Him in honesty and humility. God bless you all and see you Friday
Jacob and Laura

Highschool Faith

@ COSF YOUTH GROUP :

THIS IS A GREAT OPPORTUNITY TO GROW, SUPPORT AND SHARE OUR FAITH WITH EACH OTHER. EACH WEEK WE GATHER TO LEARN OF THE LORD, PLAY GAMES AND SING WORSHIP. AS PART OF OUR GROUP INITIATIVE WE ARE LAUNCHING "MADE FOR THIS", A NATIONAL PRAYER FOR SCHOOLS. WE ARE FOCUSING OUR EFFORTS AND PRAYERS IN THE BARRIE AREA. WE WELCOME YOU TO JOIN US ON THIS EXCITING JOURNEY !

JOIN US FOR OUR EXCITING NEW SERIES ...



DON'T FORGET:

FRIDAY NIGHT YOUTH GROUP

EVERY WEEK @ 6:45PM

LET US KNOW YOU'RE COMING HERE

SCHOOLS WE'RE PRAYING FOR:

ST. JOSEPHS HIGH SCHOOL

EASTVIEW SECONDARY SCHOOL

BARRIE NORTH COLLEGIATE

ECOLE SECONDAIRE NOUVELLE-ALLIANCE

UNITY CHRISTIAN HIGH SCHOOL

INNISDALE SECONDARY SCHOOL

HERITAGE CHRISTIAN ACADEMY

ST. JOAN OF ARC HIGH SCHOOL

BEAR CREEK SECONDARY SCHOOL

ECOLE SECONDAIRE ROMEO-DALLAIRE

ST. PETERS SECONDARY SCHOOL

MAPLE RIDGE SECONDARY SCHOOL

THE ^{IN} LIFE

Hello everyone, I hope you are all well. This week I have been speaking with a brother from Pakistan, who runs a small orphanage for young children. He has asked for prayer for the children, and for God's provision for them. Lord Jesus, Heavenly Father, we come to You now, in thanksgiving for You are so good. We magnify Your Holy name. Lord, I pray and lift up my brother in Pakistan, and the children that You have placed in his care. Would You provide all they need, for Lord, we know that they are Your children, and You love them. Would You show everyone in that community the life saving grace You have provided, and what the blood You shed for them means. Would You bless them, keep them, strengthen them, in Jesus' name, Amen!

Hello everyone,
This week I spoke with a sister who is asking for prayer for her family and she has also been facing a challenge. Please lift them up to the Lord and ask that He would continue to draw the family closer to Himself and that He would help our sister to call upon His Name and to keep her eyes upon Him and His Word in her challenge, for there is safety in our God. Our Lord Jesus Christ is everything we need, not only in all of our challenges, but every moment we need Him, every hour, He is everything.



Noah Martins

Emma Censoni

classes & study

Alpha Film Series

The Alpha Film Series is emotive, engaging and epic in scale and scope. Nicky Gumbel and two new presenters, Toby Flint and Gemma Hunt, walk through the basics of the Christian faith in a way that everyone can relate to. The episodes feature inspiring stories and interviews from all around the world, as well as visual illustrations and motion graphics.

ALPHA film series - IN PERSON

Begins MARCH 31st 7:30 pm

Location: Christ Our Saviour
Fellowship

Address: 250 Bayview Dr. Unit # 4,
Barrie ON

Cost : FREE

Alpha Film Series

EVER WONDER

The Alpha Film Series is emotive, engaging and epic in scale and scope. Nicky Gumbel and two new presenters, Toby Flint and Gemma Hunt, walk through the basics of the Christian faith in a way that everyone can relate to. The episodes feature inspiring stories and interviews from all around the world, as well as visual illustrations and motion graphics.

ALPHA COURSE COSF GLOBAL -ONLINE

India-Pakistan- Bangladesh Region

Course - Jun 2nd 6:30PM-IST English

Kenya Region

Course - May 5th 5:00PM EAT English

Uganda, Africa

Course - May 5th 5:00PM EAT English

Zambia Region

Course - May 5th 4:30PM CAT. English

Uganda & Kenya Pastors - May 8th 5:00PM EAT English

Alpha

Alpha

TryAlpha

**Swahili Class
starting soon!**

TryAlpha

TryAlpha

Alpha YOUTH! Series



The **2:7 Series** is a **discipleship** training curriculum with a proven track record. Each of its three workbooks is an 11-week course in a small discussion group format. The series leads participants through the fundamentals of discipleship to strengthen their daily walk with God.

Alpha Youth Series is designed to engage students (11-18) in conversations about life, faith and Jesus. Discussion time interspersed throughout the short talks to make it simpler for them to share their thoughts and questions.

**New session of Alpha YOUTH series
FALL COURSE - FRIDAY YOUTH GROUP**

**Location: Christ Our Saviour Fellowship
Address: 250 Bayview Dr. Unit # 4, Barrie ON
Cost : FREE**

**New session of the 2:7 Series will begin in 2026
SUMMER/COURSE - TBD**

**Location: Christ Our Saviour Fellowship
Address: 250 Bayview Dr. Unit # 4, Barrie ON
Cost : TBD**

2:7 Discipleship Series

The PRE Marriage Course



The Pre-Marriage Course

The PRE - Marriage Course is an opportunity for you to invest in your relationship through five in-person or online date nights created to help you to learn to communicate well, understand and appreciate your differences, and prepare for potential challenges.

New Sessions Begins in 2026- stay tuned
Location: Christ Our Saviour Fellowship
Course Journal required: a free PDF provided OR
The Pre Marriage Journal available to purchase for \$15 each.

The Marriage Course runs over seven sessions, and each session begins with sharing dinner as a couple, followed by a fun, insightful video covering topics that are relevant for every couple like Good Sex or Resolving Conflict. In short? Your marriage. But better challenges.

New Sessions Begins in 2026- stay tuned
The Family Unit is vital and we're excited to introduce the Marriage course at COSF to help support the family unit! Please contact us if you are interested in participating in this course please contact us.

Location: Christ Our Saviour Fellowship

Cost: workbook approx \$18



The Marriage Course

The Marriage Course

Men's Conquer Series

The Conquer Series is a powerful cinematic study that is transforming the lives of men around the world. Now in two action packed volumes, each containing Biblical teaching and proven principles to help men conquer porn and walk in freedom.

Men are finding freedom by the thousands. Dr. Ted Roberts, host of the Conquer Series, has personally counselled over 10,000 men with a 90% success rate. He's taken his proven Biblically-based process and incorporated it into the Conquer Series. We are now seeing thousands of men finding freedom from porn and remaining free for years!

2026 Course Dates - TBD

Contact us to find out more OR if you would like sign up for the upcoming course.





MINISTRY LEADERSHIP

2 YEAR DIPLOMA

DETAILS: 15 OR 20 COURSE PROGRAMS, EACH COURSE 8 WEEKS COMPLETED AT OWN PACE, ALL COURSES PER ROUTE COMPLETED WITHIN 2 YEARS

15 COURSES - CERTIFICATE OF COMPLETION

20 COURSES - DIPLOMA (ACCREDITED) APPLIED TOWARDS 25 COURSE DEGREE WITH KAIROS.

WHERE: ONLINE, MENTORED

MATERIAL: PROVIDED PER COURSE

COSF has partnered with ARTOS ACADEMY formerly Our daily Bread Ministries international institute to offer a mentorship-based 2 year ministry leadership certificate. By participating in this program, you are at the forefront global theological training for the nations!

We thank the Lord for His leading in this!

ENDING NOW - HOLISTIC THINKING

NEXT COURSE:

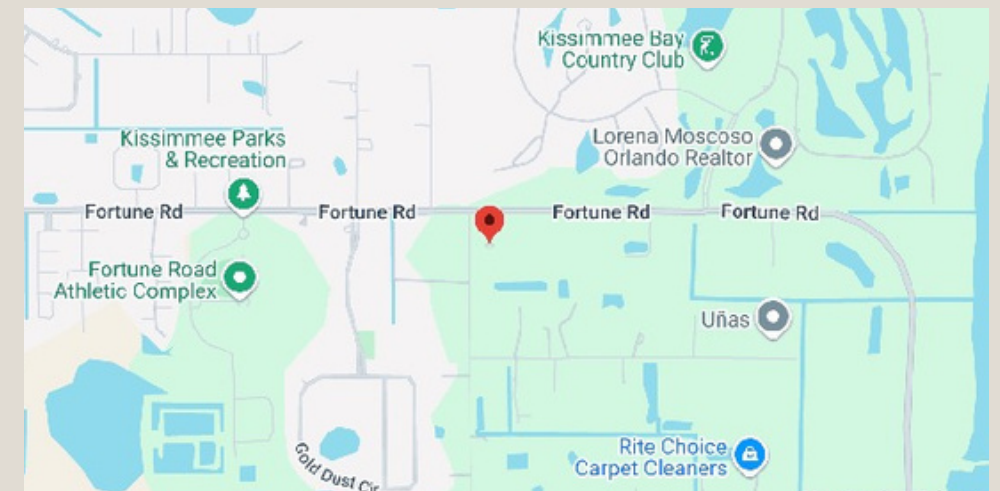
JULY 9TH '26 - GOD IN THE OLD TESTAMANT

COSF

Christ Our Saviour Fellowship Florida

FIELD notes

We have been called to plant and grow the church in the Kissimmee area of Orlando. The city is one of the top “post Christian” thinking cities with high levels of travellers from throughout the world. Please pray the Lord lead us in the building of HIS CHURCH!



***COSF Church Plant
Kissimmee, Florida***

***Click here to help support
COSF Florida Church***

CHRIS  **OUR
SAVIOUR**
— FELLOWSHIP —
FLORIDA

AFRICA MISSION

2026

Are you being
called?

CHRIS  **OUR SAVIOUR**
— FELLOWSHIP —
AFRICA

**Stay tuned and prayerful about the new mission field for COSF.
We will be involved in visitation to COSF Africa- Kenya & Uganda,
Durban South Africa camp, Biblical teachings for children and
more.**



As part of COSF Caribbean we are called to the area to help service through :

The Shepherds Table- feeding the poor and hungry

Preaching the Good news of the Gospel

Teaching and Discipleship - local body of Christ and future leaders

Upcoming events for 2026:

Nov 29th Church Service - Crusade & Shepherd's Table



Pastor David Brinard

Shalom!!! Greetings in the matchless name of our Lord and Saviour Jesus Christ. The Kingdom of God is endless and its progressive no matter what circumstances. The one who is in us is greater than the one who is in the world. His word never go in vain. We are pressing on to the goal to preach the good news of Jesus Christ and planting church. We need your prayers and support. Please do stand with us as a team of COSF to make the difference in the lives of these Indians and to expand the kingdom of God here in India..



MISSION FIELD

COSF @ Home

The Shepherd's Table

Our Shepherd's Table Ministry provides warm, nutritious meals for those in need locally and in the missions field where we are called.

We will be out this Saturday from 1:00-3:00.
Thank you all for your support and participation in the street ministry in Barrie.

Menu: LAST WEEK - Chinese Food
July 18th - Hot Dogs & Potato Salad
[Please click here to support](#)

Need a Ride to Church?

**COSF &
Right Now
Media
Library**



We have launched the right now media app. As we populate some of the rooms, you may receive an email asking you to download the app and join. If you are already using the right now media app (scan the QR code below) you can find the message rooms at the bottom in the message bubble. One of these groups is for Sunday transportation if you require a ride to Church on Sundays. Please let us know if you require a ride prior to Sunday as this will help us to coordinate things easier.

rightnow
MEDIA®



Have you seen the COSF Library...

Song of Songs



An often-misunderstood book, the Song of Solomon is a testament to God's concern for our relationships. Whether single, dating, or married, get a fresh perspective on how God's design for marriage is a reflection of His steadfast, cleaving devotion to us, His people. Join us as pastor Ranjit David unpacks this often-overlooked gem of Scripture to understand its timeless relevance for modern relationships.

For The Saints

Church Prayer - Tuesday Mornings both your pastors are praying for YOU during our church prayer time. If you have a specific need or request please email us at: info@cosfchurch.com

Please Pray For:

- Phil Taylor as he undergoes chemo and prepares for surgery to remove cancer.
- Gerald & family as they seek to follow in the directing of Lord for COSF, COSF Florida and the Global church.

Pray for all of the brothers in Africa for provision to take the leadership degree program

- for the COSF Church in Africa to be led by the Lord in His plan for evangelism of the communities

Healing for those in Africa- Mathias, Martin, Dan, James's Mother in law, support for the orphanage and COSF school for the poor and needy in Uganda

- Please pray for those participating in the leadership program. There are always challenges we face as we draw closer to the Lord: Please pray for: Laura, Robin, Anna, Ted, Gina, Jacob, Noah, Emma, Gertie, those in Africa

- Please pray for the street mission and continued support for feeding and providing for the Lord's people

- COSF Florida please pray for the growth and sustaining of the Church

Please pray for Selvan's ministry and all the Lord has called him to labour in for His name

Please pray for peace and strength for the people of the world to persevere in our Lord's name in trials they face: poverty, heath, homelessness, persecution

- Please pray for TRANSFORMATION of the hearts of everyone, for help of the Lord to overcome challenges of the past, rebuke the lies of the evil one, grow in the Lord and to realize the glory of God in their lives.

Scripture Memory Verse

“Through Him then, let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that give thanks to His name”

Hebrews 13:15



Are you ready to accept our Lord Jesus Christ as your personal Saviour and be obedient unto His command of Baptism? Please speak with us.

**“““THROUGH HIM THEN, LET US
CONTINUALLY OFFER UP A
SACRIFICE OF PRAISE TO GOD,
THAT IS, THE FRUIT OF LIPS THAT
GIVE THANKS TO HIS NAME””**

HEBREWS 13:15