



September 17th, 2025 EDITION

WEEKLY CONNECTION

Join Us Every Sunday at 10:30am
250 Bayview Drive Barrie, ON L4N 4Y8

www.christsaviourfellowship.com
info@christsaviourfellowship.com





help...

I'm STUCK

I love older cars, growing up we had a red and white mustang (year unknown) and a Chevy Chevelle. The mustang had a broken small window in the front and I don't think the heater worked because I remember being frigid cold in that car! There wasn't any thermometer, just dials of varying heat ... but nothing poured out other than the chatter of my teeth chattering together. The Chevelle, though,

packed us all in warm in the winter with the heat being pumped out. Yet in the summer, boy did I wish there was something like A/C that we have today! The sun would beam in through the large windows, the heat would be screaming at me and my dad would turn on the FAN, which just blasted warm air against me. Again, no gauges or thermometer to tell you ... IT'S TOO HOT ... for little ole' me that is!!



Come to think about it, in all older cars there really wasn't ANY warning gauges until it was too late! No digital temperature display for that exact comfort, no cameras to help with

reversing and seeing all around your car and changing lanes. Certainly there were no sensors and directional warning sounds like today's high tech vehicles. No, driving before all our gadgets today required an understanding of the vehicle and what was happening to it on the road and with care.

Part of the care was the maintenance, knowing when the oil had to be changed, when a tune up was needed and when gas was low! See, the little red dash on the gas gauge was a general guide to warn you "get gas now or else *you're stuck!!*" The only way to really find out was to test it! Drive to the point of the red line and then continue driving and measure the distance before the clucking and choking engine sound started! Then for certain you would know how far you can go before you were truly stuck. If you were sharing a vehicle, it would be critical with low gas levels that you had enough to make it to

the local gas station with the remaining amount, of which you would have to know the distance and trust that the odometer was accurate, otherwise it would be a march to the pump with the jerrycan and a march back to top up some fuel and carry on. It probably happened more than we realize, people with an absent mind, forgetful, *stuck* in the middle of somewhere.

It sounds simple enough and we think, how can one forget to top up or fill the gas? Well, it requires us knowing the car and *seeing the signs before we become stuck*. See, the gauges gave us an idea but we had to pay attention, know how much the car was used, the distances driven the levels remaining of fuel. With life happening all around and the stresses of a hurried life, work, finances, family and ... you name it, people become forgetful and distracted.

Luckily cars today have evolved to give us so much information we can just look at the

dashboard and see the estimated kilometers left. We actually get a steady warning with one hundred kilometers remaining so we can avoid the hazard of being stuck on the side of the road. Where one was not enough information, the other may be information overload. When one is *overwhelmed or feeling stuck in life, it all stems from distractions*.

As Christians we can become distracted from our faith. We read in the bible the product of sin and a life we that we were saved from - a life contrary to God.

"The acts of the flesh are obvious: sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God."

Galatians 5:19-21

It's important we pay attention to our gauges and warning signs as to how we are doing - are we stressed, panicked, too busy? Does the priority of the Lord seem like work or another thing to add to your schedule? This is an unhealthy place spiritually and should also be a warning sign of a distracted life. We are called to love the Lord above all things:

"Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength."

Mark 12:30

Yet, the love due to the Lord is compromised when we become distracted and feel stuck in life. It robs us of the joy of experiencing the love and fulfillment of serving our Holy God. So, how are we to know and what do we do before we get stuck?

Trust in the Lord and take care of ourselves by paying attention to warning signs and understand

our limits. We don't want to be taking on too much in life (which can happen very quickly) and we also don't want to have so much idle time that we aren't growing. Idle time can be just as dangerous and leaves room for many other things to distract us ...

"and do not give the devil a foothold."

Ephesians 4:27

Cars have varying gauges and warnings to signal a problem and get your attention, we have the Lord who directs us and speaks lovingly and guide our life. When we come before HIM, seeking His council and the will of the living God - our attention is fully on HIM.

No distractions, fully attentive in the presence of God is how we become unstuck.

See you Sunday at 10:30

Pastor Bhawani - Who will you invite?

Did You Miss Sunday?

We gather at 10:30 am every Sunday at the church to worship, praise and hear the Word of God.



Wondering what our Sunday services look like?

- 10:30 ~10:50 Worship & Praise
- 10:50 ~11:25 Sermon
- 11:25 ~ 11:40 Worship & Praise
- Closing prayer

To view the most recent Sunday service from Christ Our Saviour Fellowship, please click on the link / image above.

To view the service archives please click [HERE](#)



What's Happening at COSF?

Upcoming Events & Services

- COSF Summer Clean Up- underway
- COSF YOUTH Group- Fridays
- COSF Florida Nov 1st Service
"I AM...FAITHFULNESS"
 - *COSF FLORIDA has been granted FULL 501 (3) charity status*
- Exodus series continues
 - COSF build & move - construction begins Sept 19th

CHRIST OUR SAVIOUR
FELLOWSHIP
FLORIDA

**“I AM...
FAITHFULNESS”**

1251 MARLLO ROAD
KISSIMMEE, FLORIDA

NOV. 1st, 2025
4:00 - 6:00 PM

COSF Campaign:

Church Move & Build

We are into September and preparing for our move by October 1st to unit #4. In our planning we've broken down into teams for this labour of the Lord before us, and I would like to encourage you all to be involved in the blessing that is upon us through time, labour, and donations as each is called.

In our planning and design we have identified some areas of focus and need for the new Church location setup as follows:

Our work should begin in the coming days between packing, clearing, building, setting up and decorating. Please speak with Bhawani if you are interested in helping. We ask you to pray and believe the Lord will bless COSF with:

The overall campaign and project goal is \$17,500
CURRENT TOTAL \$10,000 / \$17,500

Media and Display :
computer
4k cameras x2
audio mixer
stage lights

Building & Design
wall build
stage and media setup
kitchen area
flooring



COSF ORIGINAL

Productions

In harnessing the latest media tools the COSF social media & production team, being led by the Holy Spirit, are overjoyed to share with you **COSF ORIGINAL** scriptural video productions! Our hope is these will touch the hearts of the people and be used globally to help lead people to the truths and glory of our Lord and Saviour Jesus Christ. Be sure to check back frequently as we are full steam ahead in production!



click here to see more

CLEANUP CREW

WE'VE STARTED the process of clearing out unneeded items in the house of the Lord. If you wish to participate and help itemize, move, or declutter, please speak with Anna.



WE'RE MOVING

#7



#

4

EFFECTIVE DATE : OCTOBER 1st, 2025

. Please speak to us to see how you can help in moving
and building the House of God!

NEW LOCATION: Unit #4



*Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.
2 Corinthians 9:7*

[CLICK HERE TO DONATE](#)

We thank the Lord for ALL He has done and the magnificent labour that we are being led to do in His righteous name. COSF continues the programs that we have been led to offer along side regular Sunday services.

- International / Local missions & revival events**
- Variety of classes and courses to strengthen God's people:**
 - Alpha film series, Alpha Youth, Conquer series**
 - Discipleship series, Mentorship-based Ministry Leadership Certificate**



YOUTH WALK

Jacob Martins & Laura Morris

Hello everyone! Jacob and Laura here. Last week, we spoke about a teaching of our Lord Jesus that He commands all of us to follow - do to others as you would have them do to you. When we wrote that message to you all, we didn't expect to witness a very real example of this scripture so soon after. As I'm sure you have seen on social media, last week, a fellow believer named Charlie Kirk was murdered. Charlie, like many of our fellow believers in Christ across the world, was persecuted and killed for what he believed. Now to make it clear, we don't take a political stance on any issues, we simply live by what the word of God says.

With that being said, it is a terrible, sad thing when we see this type of extreme violence and hatred on display and we mourn over the loss of Charlie's life. We have seen some responses on social media - celebrating the death of a man simply because they hated his viewpoints and opinions. As the Bible teaches us, these responses come from the same place of murder, as anyone who hates a brother or sister is a murderer in heart (1 John 4:20). We know that these types of events can be a lot to process. Whether you know a lot about Charlie or not, we can start to feel a sense of revenge and hatred in our own hearts or confusion at this injustice, whatever

"the emotion may be, we can easily let it consume us.

But Laura and I want encourage you all - what should we do with the hurt we may feel, the potential revenge or anger that rises up in our hearts when someone has acted in this evil way? Our Lord Jesus says in Matthew 5:44 "love your enemies and pray for those who persecute you." Rather than let ourselves be consumed by the same hatred, anger and violence that we have seen on display, we must pray for all those involved. We pray for everyone who persecutes those who believe in Our Lord Jesus and all believers who are suffering persecution, all across the world. It is through our collective prayerful response as the body of Christ that the love of God reigns. We know and trust that God will have the final say as we stand firm in His love and we pray that all would come to see the truth and repent of their wicked ways. God bless you all.



Highschool Faith

@COSF Youth Group:

We're so happy to be launching our youth group on October 3rd! This is a great opportunity to grow, support and share our faith with each other. As part of our group initiative we are launching "MADE FOR THIS", a national prayer for schools. We are focusing our efforts and prayers in the Barrie area. We welcome you to join us on this exciting journey!

**THEY ARE
MADE FOR
THESE TIMES.**

Curious, Driven, Energetic: Our high schools are filled with visionaries and dreamers who will transform our country.

This generation is our future
— let's come together to pray for them.



DON'T FORGET:

Friday Night Youth Group

Begins October 3rd 7:00pm

REGISTER HERE

Schools we're praying for:

St. Josephs High School

Eastview Secondary School

Barrie North Collegiate

École Secondaire Nouvelle-Alliance

St. Mary's Catholic School

Unity Christian High School

Innisdale Secondary School

Heritage Christian Academy

St. Joan of Arc High School

Bear Creek Secondary School

École Secondaire Roméo-Dallaire

St. Peters Secondary School

Maple Ridge Secondary School

classes & study

Alpha Film Series

The Alpha Film Series is emotive, engaging and epic in scale and scope. Nicky Gumbel and two new presenters, Toby Flint and Gemma Hunt, walk through the basics of the Christian faith in a way that everyone can relate to. The episodes feature inspiring stories and interviews from all around the world, as well as visual illustrations and motion graphics.

ALPHA film series - FALL Session

Tuesday October 7th 7:00pm

[REGISTER HERE](#)

Location: Christ Our Saviour Fellowship

Address: 250 Bayview Dr. Unit # 7,

Barrie ON

Cost : FREE



Alpha Youth Series is designed to engage students (11-18) in conversations about life, faith and Jesus. Discussion time is interspersed throughout the short talks to make it simpler for them to share their thoughts and questions.

**New session of Alpha YOUTH series
FALL COURSE - FRIDAY YOUTH GROUP**

**Location: Christ Our Saviour Fellowship
Address: 250 Bayview Dr. Unit # 7, Barrie ON
Cost : FREE**



Alpha YOUTH! Series

The PRE Marriage Course



The Pre-Marriage Course

The PRE - Marriage Course is an opportunity for you to invest in your relationship through five in-person or online date nights created to help you to learn to communicate well, understand and appreciate your differences, and prepare for potential challenges.

New Sessions Begins in 2025- stay tuned
Location: Christ Our Saviour Fellowship
Course Journal required: a free PDF provided OR
The Pre Marriage Journal available to purchase for \$15 each.

The Marriage Course runs over seven sessions, and each session begins with sharing dinner as a couple, followed by a fun, insightful video covering topics that are relevant for every couple like Good Sex or Resolving Conflict. In short? Your marriage. But better challenges.

New Sessions Begins in 2025- stay tuned
The Family Unit is vital and we're excited to introduce the Marriage course at COSF to help support the family unit! Please contact us if you are interested in participating in this course please contact us.

Location: Christ Our Saviour Fellowship
Cost: workbook approx \$18



The Marriage Course

The Marriage Course

Men's Conquer Series

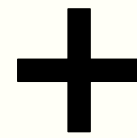
The Conquer Series is a powerful cinematic study that is transforming the lives of men around the world. Now in two action packed volumes, each containing Biblical teaching and proven principles to help men conquer porn and walk in freedom.

Men are finding freedom by the thousands. Dr. Ted Roberts, host of the Conquer Series, has personally counselled over 10,000 men with a 90% success rate. He's taken his proven Biblically-based process and incorporated it into the Conquer Series. We are now seeing thousands of men finding freedom from porn and remaining free for years!

2025 Course Dates - TBD

Contact us to find out more OR if you would like sign up for the upcoming course.





MINISTRY LEADERSHIP

2 YEAR DIPLOMA

DETAILS: 12 OR 20 COURSE PROGRAMS, EACH COURSE 8 WEEKS COMPLETED AT OWN PACE, ALL COURSES PER ROUTE COMPLETED WITHIN 2 YEARS

12 COURSES - CERTIFICATE OF COMPLETION

20 COURSES - DIPLOMA (ACCREDITED) WITH POTENTIAL TO BE APPLIED TOWARDS 25 COURSE DEGREE WITH KAIROS.

WHERE: ONLINE

MATERIAL: PROVIDED PER COURSE

COURSE DATES: BEGINS SOON - AUGUST 2025

COSF has partnered with ARTOS ACADEMY formerly Our daily Bread Ministries international institute to offer a mentorship-based 2 year ministry leadership certificate. By participating in this program, you are at the forefront global theological training for the nations! We thank the Lord for His leading in this!

UPDATES:

WE HAVE THE LOGIN AND REGISTRATION !!
WITH THE MOVE WE HAVE DESICED TO DELAY THE COURSE UNTIL WE HAVE SETTELED OCT 1ST IN THE NEW UNIT.

I WILL SEND AN EMAIL OUT REGARDING REGISTRATION, THE FEES AND HOW WE WILL PROCEED.

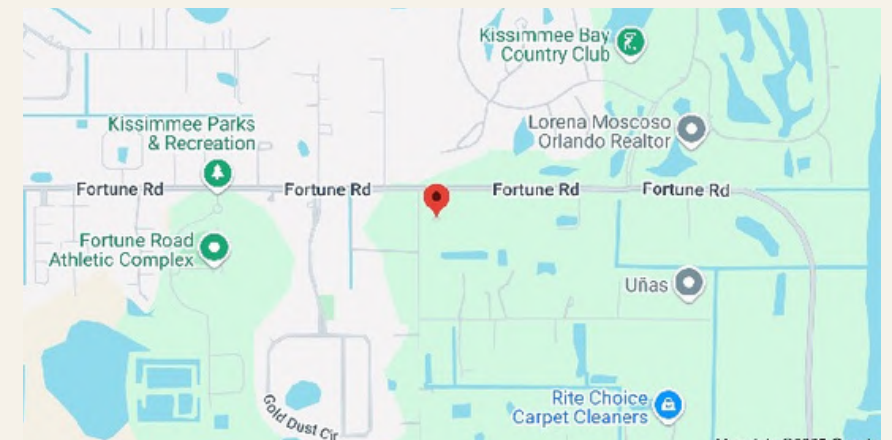
COSF

FIELD notes

Christ Our Saviour Fellowship Florida

"I AM FAITHFULNESS"

We are looking forward to our next service in Florida! As we seek the Lord for guidance and preparations are under way, please pray for those who are again going forth as we continue to preach through the series on Galatians 5.



Date: November 1st, 2025

Times: 4:00pm - 6:00pm

**Location: 1251 Marllo Road,
Kissimmee, Florida**

**[Click here to help support
COSF Florida Church](#)**



COSF Africa

COSF Africa - the discipleship course is almost complete and each person has persevered. Please pray for all those in Africa as we look towards establishing the Shepherd's harvest, and crusades for the Gospel.



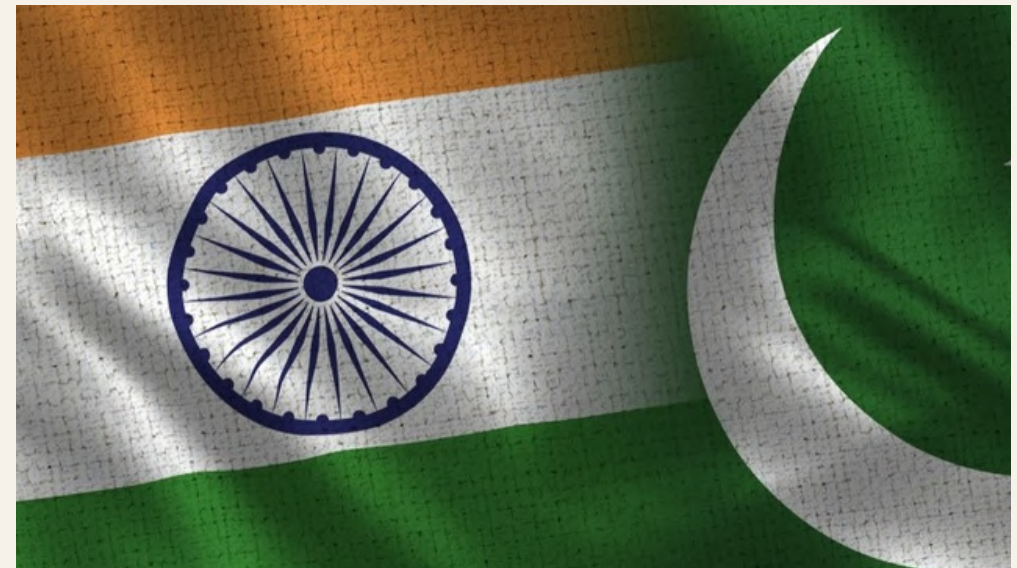
COSF In-the-nations

COSF Caribbean



The waters of baptism await as the Word is preached and hearts are turned by the grace of the Lord. Please pray the Lord continue to move in the hearts of those throughout the region.

CHRIS⁺**OUR**
SAVIOUR
— F E L L O W S H I P —



COSF India & Pakistan Region

The Alpha Film Series will be launching in the coming weeks for those in the Pakistan /India region.



COSF Central & South America

COSF @ Home

The Shepherd's Table

Our Shepherd's Table Ministry provides warm, nutritious meals for those in need locally and in the missions field where we are called.

We will be out this Saturday from 1:00-3:00.
Thank you all for your support and participation in the street ministry in Barrie

Menu: LAST WEEK - meatloaf, mashed pots, gravy

Sept 20th - grilled chicken, roasted pots & veg

[Please click here to support](#)

Need a Ride to Church?

**COSF &
Right Now
Media
Library**



We have launched the right now media app. As we populate some of the rooms, you may receive an email asking you to download the app and join. If you are already using the right now media app (scan the QR code below) you can find the message rooms at the bottom in the message bubble. One of these groups is for Sunday transportation if you require a ride to Church on Sundays. Please let us know if you require a ride prior to Sunday as this will help us to coordinate things easier.



Escanee el código QR para acceso GRATUITO

Have you seen the COSF Library...

GETTING UNSTUCK

We tend to think of success as a linear progression of unimpeded forward progress. But success isn't a straight line. Many of us feel confused, defeated, or discouraged as we work toward our goals. We feel stuck, but that doesn't mean we have failed. In this five-part series, speaker and bestselling author Nona Jones will unpack practical ways to get out of the emotional, mental, and intellectual ruts we often find ourselves in. It's time to get unstuck.



Prayers For The Saints

Church Prayer - Tuesday Mornings both your pastors are praying for YOU during our church prayer time. If you have a specific need or request please email us at:

info@christoursaviourfellowship.com

Please Pray For:

- pray for COSF Africa as we prepare to go forth after the discipleship course to share the Good News, the Gospel through the region. Also pray for the new Shepherd's harvest program as we prepare to launch this in the near future.

- Please pray for those participating in the leadership program that begins in the next few weeks. Pray the Lord uphold each of them, that they are successful in this:

Sandy, Laura, Robin, Ellie, Anna, Ted, Gina, Jacob, Noah, Emma, Gertie

- The Youth need prayer and support - please pray for the Lord to lead and create a weekly youth group beginning in October.

- COSF church location - The Lord has answered and blessed us with a new location! Please continue to pray for His guidance, provisions as we move to unit #4. With this move please pray for the Lord's provision for upgrades and building of \$17,500 for His church.

Please Pray to John and Rebecca that the Lord continue to use His servants for His will, that in this season there be a miraculous move of the Lord and healing in their lives.

- Please pray for Dina and John and the Lord's healing.

- Please pray for the street mission and continued support for feeding and providing for the Lord's people

- COSF Worship Service NOV 1/25. Please pray the Lord lead us in delivering His word to the people of Kissimmee Florida, safety and provision. The Lord has ANSWERED our prayers about location and Nov 1, Dec13th, Jan 31st is set!

- Please pray for everyone in the congregation for help of the Lord to overcome challenges of the past, rebuke the lies of the evil one, grow in the Lord and to realize the glory of God in their lives.

Scripture Memory Verse

I Can Do ALL Things

*“I can do all things through him
who strengthens me.”*

Philippians 4:13



Are you ready to accept our Lord Jesus Christ as your personal Saviour and be obedient unto His command of Baptism? Please speak with us.

PHILIPPIANS 4:13

**“I CAN DO ALL
THINGS THROUGH
HIM WHO
STRENGTHENS
ME THROUGH
SUFFERINGS.”**